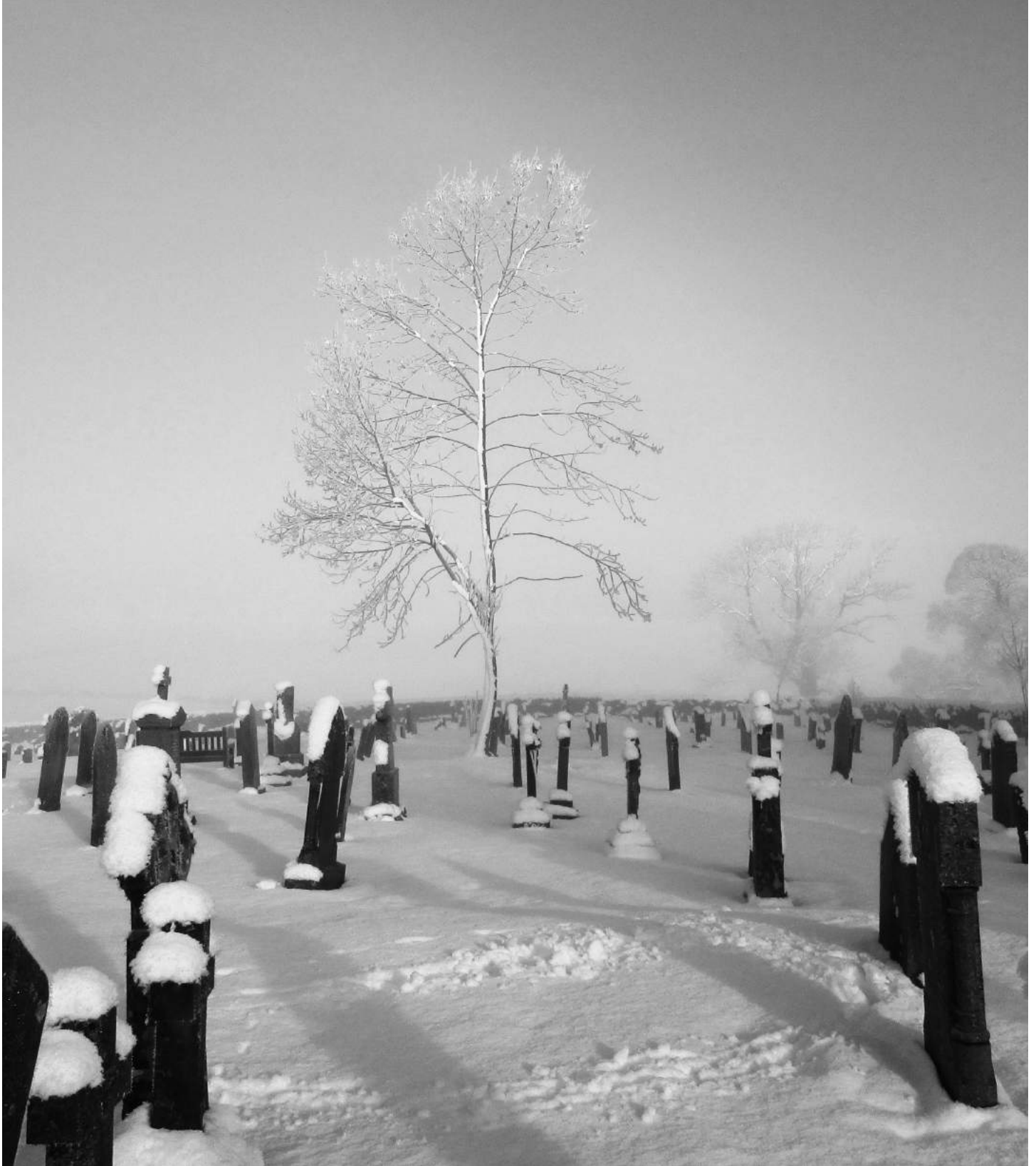


# *The Link*

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



*March 2019*

**THE LINK IS PUBLISHED BY THE  
PAROCHIAL CHURCH COUNCILS  
OF ALL SAINTS', CHURCH, ORTON,  
WITH ST JAMES' CHURCH, TEBAY,  
AND ST OSWALD'S CHURCH,  
RAVENSTONEDALE  
WITH NEWBIGGIN-ON-LUNE**

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*Views expressed in 'The Link'  
are not necessarily those of the  
publishers or editors.*

## **CHURCH LETTER**

*From Diana Nicholson, Reader, St. Patrick's, Bampton*

I am writing this letter at the beginning of February and I know that you will not read it until March, nearly four weeks away

I wonder what will have happened between now and then. Will we have had another "Beast from the East" as we did last year when snow and freezing weather came at the beginning of March, so bad that for the first time the World Day of Prayer service at Shap had to be cancelled?

What will have happened to the Brexit negotiations? Will there be any more certainty than there is now about the future relations between the EU and the UK? Will more international companies have decided to move their headquarters or some of their factories out of the UK?

Not even the weathermen can predict exactly what weather will come; there is nobody who can be sure what Brexit will bring and yet it is so easy to spend time being anxious about the future, our personal future as well as the future of our society. Of course we all have concerns but to be anxious about things which may not ever happen or about events over which we have no influence does us no good and stops us from enjoying the present.

Much of Jesus' teaching is about wrong priorities, about rich men spending all their time and energy to amass great fortunes only to die before they could enjoy them, about setting your heart on gaining riches, respect, influence in this world instead of loving God and your neighbour and giving really generously to the needy. The latter part of Matthew chapter 6 is all about trusting God to provide for your needs instead of spending all your time worrying about material things. In the King James Bible the last verse of this chapter reads "Take no thought for the morrow: for the morrow shall take thought for the things of itself. Sufficient unto the day is the evil thereof." The new translations put it differently.

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

I don't think that any of us would want to take no thought for tomorrow and what it may or certainly will bring. We pay into our pension schemes, pay our National Insurance so that we can provide for ourselves in later life; we write our wills so that our families can follow our wishes when we die. All these are sensible things to do. But in the more modern translations, which are closer to the original New Testament Greek, the emphasis is on not worrying about the future, rather than on not making sensible preparations for it.

Stress and worry are some of the major health problems of our day and age. Even in our primary schools children feel the pressure to succeed and feel stressed and worried. What is being introduced into many schools is the practice of "mindfulness", which encourages children to have times of stillness and calm when they can learn to be aware of their bodies, of the things around them, can learn to concentrate on the present and to acknowledge the thoughts and feelings they have without allowing these to overwhelm them. It's a practice which is helpful for everyone, but Christians can go beyond this by being conscious that they are being still in the presence of God.

The advocates of mindfulness stress the importance of practising it every day just as Christian teachers all emphasise the need for regular times of prayer if we are to grow in our faith. If our prayer starts by our being still, by acknowledging that God is with us, even if we do not feel this, by being mindful of our bodies and our surroundings, of the present, then perhaps we shall find it easier to be regular in prayer and to listen to God as well as to speak to God.

Shall we all, Christians and non-Christians alike, give mindfulness a go?

**NOTE** - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13<sup>th</sup> may be held over until the following month.

Next deadline: **13<sup>th</sup> March** for April 2019 issue.

**Front Cover:** All Saints' Churchyard, 29<sup>th</sup> January 2019.

## SUNDAY SERVICES IN OUR CHURCHES FOR MARCH 2019

<b>Sunday 3 March</b> <i>Sunday next before Lent</i>  <i>Sidesperson:</i> <b>Exodus 34:29-35</b> <b>2 Corinthians 3:12-4:2</b> <i>Green</i>	<b>Orton, 10:30am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>  Chris Bland Chris Bland Andy Glanville <i>Prayers:</i> Elizabeth Crossley	<b>Tebay, 10:30am</b> <b>Songs of Praise</b> <b>at the Methodist church</b>	<b>Ravenstonedale, 10:00am</b> <b>All Age Worship</b> <i>Fran Parkinson</i>
<b>Wednesday 6 March</b>			
<b>Ash Wednesday, Holy Communion, Orton, 7.30pm</b>			
<b>Sunday 10 March</b> <i>1st Sunday of Lent</i>  <i>Sidesperson:</i> <b>Deuteronomy 26:1-11</b> <b>Romans 10:8b-13</b> <i>Purple</i>	<b>Orton, 8:30am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>  Jim Milburn Mary Jenkin <i>Prayers:</i>	<b>Tebay, 10:30am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>	<b>Ravenstonedale, 10:00am</b> <b>Holy Communion</b> <i>Bishop James</i>  Tim Parkinson
<b>Sunday 17 March</b> <i>2nd Sunday of Lent</i>  <i>Sidesperson:</i> <b>Genesis 15:1-12,17-18</b> <b>Philippians 3:17-4:1</b> <i>Purple</i>	<b>Orton, 10:30am</b> <b>Family Service</b> <i>Fran Parkinson</i>  Olive Bland	<b>Tebay, 10:30am</b> <b>Service of the Word</b> <i>Rosemary Campbell</i>	<b>Ravenstonedale, 10:00am</b> <b>Holy Communion</b> <i>Ian Elliott</i>  Richard Best
<b>Sunday 24 March</b> <i>3rd Sunday of Lent</i>  <i>Sidesperson:</i> <b>Isaiah 55:1-9</b> <b>1 Corinthians 10:1-13</b> <i>Purple</i>	<i>Orton joint with Tebay</i>  <b>Tebay, 10:30am</b> <b>Holy Communion</b> <i>Alun Hurd</i>  Followed by <b>Annual Church Meeting</b> at noon ( <i>all parishioners welcome</i> ) Followed immediately by a bring and share lunch		<b>Ravenstonedale, 3:00pm</b> <b>Evening Prayer</b> <i>Alun Hurd</i>  David Morris Caroline Morris
<b>Sunday 31 March</b> <i>Mothering Sunday</i>  <i>Sidesperson:</i>	<b>Orton, 10:30am</b> <b>Joint Service</b> <b>at the Methodist church</b>  <i>Led by Rev Mike Harrison</i>	<b>Tebay, 10:30am</b> <b>Mothering Sunday</b> <i>Ian Elliott &amp; Rose Campbell</i> <i>Start in the club</i> <i>with a bacon butty</i> <i>then a short service</i>	<b>Ravenstonedale, 10:30am</b> <b>All Age Worship</b> <i>Fran Parkinson</i>  Diana Fothergill

## SUNDAY SERVICES IN OUR CHAPELS FOR MARCH 2019

		3 <sup>rd</sup>	10 <sup>th</sup> 1 <sup>st</sup> Sunday in Lent	17 <sup>th</sup> 2 <sup>nd</sup> Sunday in Lent	24 <sup>th</sup> 3 <sup>rd</sup> Sunday in Lent	31 <sup>st</sup> 4 <sup>th</sup> Sunday in Lent Mothering Sunday
Tebay	10.30 a.m. 6.30 p.m.	S of P OA Cnxn Svce at N on L	T Taylor	W Capstick	To Orton CA	Family at PC
Orton	10.30 a.m. 6.30 p.m.	P Keeys OA Cnxn Svce at N on L	LA S Radford HC	J Betts D Thackray	T & F Parkinson CA T & F Parkinson CA	M Harrison OA FS S Radford
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	H Hutchinson OA Connexion Service	T Dent	J Worsfold Prayer and Share	J Betts	S Radford HC
Ravenstonedale	2.00 p.m. 6.30 p.m.	P Hilland Cnxn Svce at N on L	S Radford	A Collinson	S Radford HC	H Hutchinson

**Vineliflife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.**

## A VIEW FROM TEBAY

From Pam Lawson

As I write, the days are getting longer and the snowdrops are out in their full glory in the churchyard. The extra light and early signs of spring bring a sense of relief and hope... particularly after this winter, during which, probably for the first time ever, my car had told me it was -12 degrees when I started the engine! Although the snow, frost and ice of this winter were beautiful, normal life had to be put on hold for many of us whilst all was frozen solid. Winter may sometimes feel like a season of barrenness, emptiness or struggle for many of us. The days are long, dark and cold and we find ourselves longing for Spring.

Maybe you have felt a sense of hopeful expectancy walking through St James's churchyard at the start of the year, the snowdrops pushing their way through into a carpet that promises Spring. It will be several weeks before the daffodils find their way out of their winter hibernation, but you know that Spring will come.

It is worth reminding ourselves that Winter is an essential season of rest for the earth, a time of preparation for the growth to come. Small signs of Spring may take a while to appear, but we know they will come eventually, and when they do, we reminded of warmer, longer days to come.

Surely the same is true in life. The seasons come and go, and if we are wise, we will seek what we can be thankful for in every season. Even the barren, difficult, wintry seasons of our lives are there for a purpose, preparing us for the more fruitful seasons

ahead, if only we are willing to see what God might be wanting to teach us.

May he bless us as we enjoy the Springtime as it blossoms around us, and make us attentive to what he might be wanting to say to us at this time, whatever season of life we find ourselves in.

Pam Lawson

**THE HUB** Tebay Community Library and Drop In in the Hub, St. James' Church



Every Monday morning,  
10.00am - 12.00 noon

Refreshments  
Books to borrow and buy  
All ages welcome

### 'Twinkles'

**Tuesdays 9.30—11.30 a.m.  
at Tebay Methodist Hall**

**All welcome -  
with or without children**

**Voluntary run playgroup—**  
Activities changed on a weekly basis including painting, playdough, drawing, cutting, dressing up, slides, bikes, music, reading.

For more information contact  
**Pippa Smith**  
07487 776904 or 015396 24367

### "2 Till 4"

*Do you enjoy  
Knitting/Sewing/  
Crafts?*



*Do you need a helping  
hand?*

*Join us at Tebay  
Methodist Hall every  
Tuesday afternoon  
for a cuppa and a chat  
while crafting*



*Call Dennis on 015396 24445  
Or just come along.  
Everyone welcome*

## Tebay Surgery

The surgery in Church Rise (run from the Upper Eden Medical Practice, Kirkby Stephen) is open on  
**Tuesdays, 9 a.m. to 12 noon**  
and  
**Thursdays 3.0 - 6.30 p.m.**  
01768 371369

Tebay Methodist Church

## WOMEN'S BRIGHT HOUR

**Wednesday 6<sup>th</sup> March, 2pm**

**Speaker: DIANA NICHOLSON**  
from Bampton

**All Ladies Welcome**

Tebay Methodist Church

## SOUP AND SWEET

**Saturday 9<sup>th</sup> March**

**12 noon - 1.30 p.m.**

**£6.00**

*COME AND ENJOY!*

## Tebay Lunch Club

**2<sup>nd</sup> Wednesday of every month  
at the Old School Tea Room**  
**12.0 noon: £8.00**

Contact Bernard or Muriel:  
015396 24272

## 'J'Unction'

Christians from both Church and Chapel meet on the **first Tuesday of every month** from 7.30 to 8.30 pm. to pray for the community of Tebay in the Hub at Tebay Church. So please join us on **Tuesday 5<sup>th</sup> March** and **Tuesday 2<sup>nd</sup> April**.

All welcome !





**ROLL UP! ROLL UP!**



Start your **Mothers' Day** celebrations by joining us for bacon butties (or veggie alternative) at Tebay Social Club on **Sunday 31<sup>st</sup> March from 10.30 a.m.**

Then a joint Mothers' Day service in St James' Church.

Come on your own or as a family! No charge.

All done by 11.45 a.m.

All welcome!



## **Coffee Morning**

**Saturday 23<sup>rd</sup> March**

**10am – 12 noon**

**Tebay Methodist Hall**

Raffle      Tombola  
                 Stalls

Children's activities

*All proceeds to be split between*

**Friends of Tebay School**

and

**Twinkles Playgroup**

*Everyone welcome!*

## **CHURCH LEADERS' LENT WALKS**



During March, leaders of the Churches in Cumbria (the Rt. Revd. James Newcombe, Bishop of Carlisle, the Revd. Richard Teal, chair of the Cumbria Methodist District, and the Revd. Sarah Moore,

President of the United Reformed Church Cumbria Area) will be undertaking a series of walks in different parts of the county.

They will be in our district on **Saturday 23<sup>rd</sup> March**

- walking in the Appleby area between 10.00 am and 12.00 noon,
- coming to Tebay Social Club for a light lunch at 12.30 pm, and
- walking in the Shap area (St Michael's Church > Shap Abbey > Keld Chapel > St Michael's Church) between 2.00 and 4.00 pm, before going on to
- Ravenstonedale for Evening Prayer at 5.00 pm.

Anyone is welcome to join in either of the walks (details from the Revd Alun Hurd), to attend the service at St Oswald's, and/or to come to lunch at Tebay Club. Please let Ian and Ronnie Elliott know (24441) if you would like to come for the lunch as we will need to have an idea of numbers for catering.

## Tebay Community Choir

Saturday 2<sup>nd</sup> March



Members of Tebay Community Choir invite you to join them in St James' Church, Tebay, for coffees, teas and light lunches from 11.00 until 2pm; all proceeds to the Choir.

## Letter from Sandra Ward

Dear Friends,

It is good to be able to thank you at last for all your good wishes on my move to Lorton and Loweswater with Buttermere and say how much I am missing the High Westmorland Benefice. I have to say that I was certainly not expecting to break my leg in three places the day after I moved and spend the first months confined to the vicarage. However, I have been overwhelmed by the warmth and care that I have received from the Churchwardens, congregations, neighbours and people from the valley. Not forgetting the local Mission Community ministry team and retired clergy who have assisted with covering services. They are very much like High Westmorland Benefice. Also I cannot thank **you** all enough for **your** visits and very kind gifts and cards. They have been appreciated and most welcome. You have not forgotten me as I have not forgotten you. You are often in my thoughts and prayers.

"A new command I give you. Love one another. As I have loved you, so you must love one another. By this all people will know that you are my disciples, if you love one another." (John 13: 34-35)

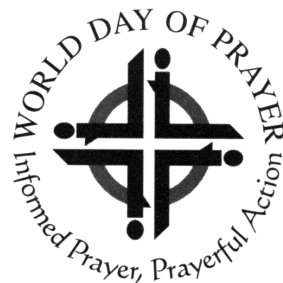
When I am able to drive again I hope to visit you and I am pleased to say that the plaster was removed yesterday and with physiotherapy the consultant feels that it will not be long before I can walk independently and drive again. However, I was given a rather enigmatic phrase recently, "Give time time". I must be patient.

Thank you all for your continued love and care and I hope to be able to visit you again soon.

God bless!

*Rev. Sandra Ward*

## WOMEN'S WORLD DAY OF PRAYER (A WOMEN-LED, GLOBAL, ECUMENICAL MOVEMENT)



**Come – Everything is Ready!  
Friday 1<sup>st</sup> March, 2.0 p.m.  
Tebay Methodist Church**

Everything is ready and the invitation is for everyone - men, women and children of all ages to join this Day of Prayer.\* Women of Slovenia, one of the smallest and youngest countries in Europe, have prepared this year's service and they encourage us to reflect on the barriers they have faced since the end of the Second World War when their country was a part of Yugoslavia, a Marxist socialist republic. They share the challenges they have met and the hopes they have for the future.

**World Day of Prayer** is an international, inter-church organisation which enables us to hear the thoughts of women from all parts of the world: their hopes, concerns and prayers. The preparation for the day is vast. An international committee is based in New York and there are national committees in each participating country. Regional conferences meet to consider the service and then local groups make their plans.

In our area, at **Tebay Methodist Church at 2pm on Friday 1<sup>st</sup> March 2019** people will gather to celebrate the service prepared by the women of Slovenia.

The Day of Prayer is celebrated in over 120 countries. It begins in Samoa and prayer in native languages travels throughout the world --- through Asia, Africa, the Middle East, Europe and the Americas before finishing in American Samoa some 38 hours later.

\*For further information see the WDP website:

[www.wwdp.org.uk](http://www.wwdp.org.uk)



## Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**

# TEBAY PRIMARY SCHOOL



Friends of Tebay School held their 'Winter Warmer' on Saturday 9<sup>th</sup> February. Soup, bacon or sausage bun and a cake were enjoyed by families and friends of the school. FOTS raised an amazing £421.00. Thank you to everyone who donated soup and cakes; a big thank you to Westmorland Services for donating the sausage and bacon, and to everyone who supported the event in any way.

The next fundraising event is a **coffee morning** to be held in Tebay Chapel Hall on **Saturday 23<sup>rd</sup> March** from 10:00am to 12:00pm.

## *Dates for your diaries:*

*Wednesday 6<sup>th</sup> March* – Table tennis training with Mr Sunderland at after school club for 3 weeks.

*Thursday 7<sup>th</sup> March* – World Book Day.

*Friday 8<sup>th</sup> March* – Class photographs.

*Wednesday 20<sup>th</sup> March* – Hunters Hall Cross Country. Parents evening.

*Saturday 23<sup>rd</sup> March* – FOTS coffee morning 10am to 12pm in Tebay Chapel Hall.

*Friday 29<sup>th</sup> March* – Break up.

*Monday 15<sup>th</sup> April* – Back to school.

*Friday 19<sup>th</sup> April* – Good Friday (off school).

*Monday 22<sup>nd</sup> April* – Easter Monday (off school).

## Twinkles visit to school for 'messy play'



Twinkles playgroup visited Tebay Primary School on Tuesday 29<sup>th</sup> January for a session of 'messy play'. Parents braved the snowy weather to join the Nursery and Reception children for a fun filled morning.

## Bags2school

*(A fund-raising initiative - parents were asked to bring to school shoes (tied together), belts, purses, handbags and other soft bags, to be recycled)*

The bags were collected on Thursday 31<sup>st</sup> January. All bags were weighed before being loaded onto the van. The school collected a whopping 520kg (which is over half a tonne!!!!). We received a cheque for £208.00 for the collection.



*Amazing support from everyone in school and the community, huge thanks to anyone who brought bags into school for the collection, the driver was amazed on how many we had from a little school.....'a little school with a big heart'.*

Please visit our website:

[www.tebay.cumbria.sch.uk](http://www.tebay.cumbria.sch.uk) for lots of useful information, pictures and up to date newsletters.

If anyone would like to look around the school, please telephone or email Mrs Tracy Morland in the school office to arrange a convenient date and time 015396 24239 [ad-min@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

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## Tuesday Morning Prayers in Churches

9.30 a.m.

All welcome to join us for a time of worship and prayer

### Dates, venues and leaders for March

5 <sup>th</sup>	Orton Church, with Chris Jenkin
12 <sup>th</sup>	Bampton Church, with Neil Hughes
19 <sup>th</sup>	Ravenstonedale Church, with Fran Parkinson
26 <sup>th</sup>	Shap Church, with Alun Hurd

## Orton Church Exhibition and Village Scarecrow Competition

Sunday 25<sup>th</sup> May to Sunday 2<sup>nd</sup> June

If you would like to help with the Exhibition please contact Brenda Iveson (24617) or Helen Wearmouth (24066).

The Scarecrow Competition is open to anyone living in Orton Parish, and any child attending Orton School.

The theme is **Jobs, Professions and Trades**.

For more information contact

Marion Robinson 24384 – Brenda Iveson 24617

## The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

### NEXT MEETING:

Thursday 14<sup>th</sup> March: The Revd.

Stewart Fyfe. Everyone welcome for lively Christian worship and fellowship, in the Appleby Hub (Centre 67), Chapel Street, Appleby.

7.30 for 8.0 p.m.

<http://www.thefillingstation.org.uk>



## Barry Hawthorne Ministries

Igniting the fires of Faith for Revival!

New season of meetings

with Barry and Karen Hawthorne

### FAITH - HEALING - HOLY SPIRIT

Thursday 7<sup>th</sup> February at 7pm

Appleby Hub (Centre 67), Chapel Street, Appleby

Praise and worship led by Karen

followed by ministry of the word of God.

<http://www.barryhawthorneministries>  
info@barryhawthorneministries.com



## Orton and Tebay Local History Society

Next Meeting:

Thursday 21<sup>st</sup> March, 7.30 p.m.

Hilary Wilson - "Wartime Farming in the Howgills"

Tebay Methodist Church.

Subscriptions for 2019 will be received.

At the beginning of the meeting, there will be a 15-minute presentation on the Westmorland Landscape Partnership Scheme.



## Farfield Mill Exhibitions

### Much More Than Meets The Eye!

James Owen Thomas: 1 March - 28 April

James is a new young artist who creates his art from things others cast aside. 'From an early age, I always preferred to see litter in bins rather than it is spoiling the countryside, parks and seashore. I later realised how some of it can be recycled and this developed into a special interest exploring my own ideas in art.'

### Forgotten Landscapes, Hidden Secrets

Andrew Burns Colwill: 1 March – 7 May

A painting exhibition from Bristol based artist Andrew Burns Colwill. "From stony riverbanks, ageless roots and mossy blankets rise minerals, meadows and gentle slopes supporting mighty peaks dotted with silver dwellings and streaked with grey stone walls. A timeless landscape rich in history, forgotten stories and hidden secrets.'

## NORTH WESTMORLAND ARTS

Spring 2019 Concert Season

All concerts are at 7:30pm in

Appleby Public Hall.

Tickets £12 at the door.

Sunday 10<sup>th</sup> March: Delta Piano Trio

[www.appleby-concerts.org.uk](http://www.appleby-concerts.org.uk)

Email: [enquiries@appleby-concerts.org.uk](mailto:enquiries@appleby-concerts.org.uk)

Tel: 017684 83777

Supported by Westmorland Arts Trust,  
Hadfield Trust, Bryan Lancaster Trust

## Parish Registers

### Baptism:

Matilda Elizabeth, daughter of Thomas and Kimberley Jackson, was baptized at St. James' Church, Tebay on Sunday 17<sup>th</sup> February 2019.

## Church Websites for Orton and Tebay

Entry in the Church of England's "A Church Near You" directory  
Orton's entry: <https://www.achurchnearyou.com/church/12220/>  
Tebay's entry: <https://www.achurchnearyou.com/church/12223/>

## Facebook pages

Orton's page: <https://www.facebook.com/AllSaintsOrton/>  
Tebay's: <https://www.facebook.com/groups/stjamestebay>



# Orton

## Orton Farmers' Market

The next two Farmers' Market Coffee Mornings will be on  
**Saturday 9<sup>th</sup> March**  
and  
**Saturday 13<sup>th</sup> April**

Join us for refreshments and a chat in a friendly atmosphere.

At the February meeting we raised **£388.40** to help us continue God's work at All Saints.

Many thanks for your continued support.

**You are invited to join us at Orton Methodist Chapel to celebrate our Chapel Anniversary on Sunday, 24<sup>th</sup> March at 10.30am**

**Followed by a lunch for all**

**and also at 6.30pm**



**with music, singing and word from Tim and Fran Parkinson at both services**

## **ALTAR FLOWERS** IN ALL SAINTS' CHURCH, ORTON

Throughout the year flowers are placed at the Altar, apart from the times of Lent (six weeks before Easter) and Advent (four weeks before Christmas).

It is becoming difficult to maintain this tradition as fewer people are prepared to add their names to the Flower Rota.

Fancy flower arrangements are not expected or needed. Simple bunches of flowers or just greenery is saying you care. You may be remembering loved ones, or a special occasion.

Flowers are a way of saying this ancient church is special and you wish to see it beautiful.

Perhaps you no longer attend church on a regular basis, but putting flowers on the Altar is a quiet way of showing that your faith is still there and you wish to share it with others. Whatever the reason, your best is acceptable. Just have a go.

If you feel you would like to put flowers in church, but prefer to use vases rather than the candle holders, they are available.

The Flower Rota is displayed at the back of the church, next to the door. Please consider adding your name. If you would like more information telephone Angela Milburn. 015396 24382.



All Saints' Church



*This is Charlie!*

## **Charlie's Church**

*(formerly Pram Service)*



**Tuesday 19<sup>th</sup> March, 9.45 a.m.**

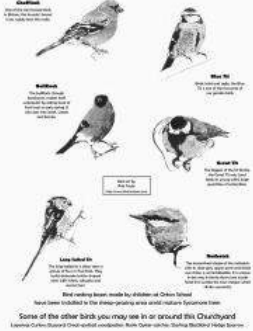
Class 1 of Orton School invite all pre-school children and parents or carers to join them!



# All Saints' Church, Orton, Churchyard Conservation Project

*I lift up my eyes to the hills; where does my help come from? My help comes from the Lord, the Maker of heaven and earth. Psalm 121*

## BIRDS



## TREES

We have planted native trees to replace those felled



Other trees already growing in or near the Churchyard

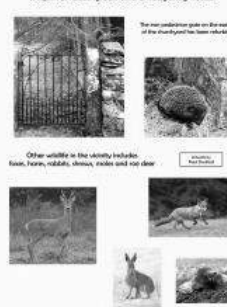
## BATS

A full Bat Survey was carried out in the church and churchyard  
 For details see inside the Church



## OTHER WILDLIFE

To encourage wildlife we have placed  
 a squirrel feeding box and a hedgehog house



## GRAVESTONES

A comprehensive survey has been completed with photographs  
 and inscriptions of all headstones in situ up to May 2017  
 See inside the church for the full record



For the whole Churchyard project,  
 over thirty volunteers have given their time,  
 expertise, skills and hard labour,  
 for which our church and community give grateful thanks.  
 Some of these volunteers have committed themselves  
 to continue to care for the churchyard in the future.

This board is sponsored by Orton Manor Court

## Orton Churchyard Project

We hope, by the time you read this, that our interpretation board concerning the project in All Saints' Churchyard, which began in September 2016, will have been erected in the church porch! It has been good to see the fruition of the work taken on by no less than 45 volunteers.

Some of these volunteers have given their professional skills such as art work, construction, and the bat survey, but also there has been a small army of local people who have willingly given their time and labour just steadily working away in the churchyard. Clearing debris – the result of tree felling, sawing logs, taking away bags and bags of wood chippings, sweeping leaves, and planting and caring for the new trees; supervising children at Orton School making bird boxes and later erecting them on the trees, and helping Tiny Hillbillies and Class 1 from school to plant bulbs; re-furbishing the benches which I know are used - especially in Summer- by those visiting the area.

Many, many hours were spent photographing all the headstones in both parts of the churchyard, and together with a transcript of the inscriptions these are now printed into a book which is kept in Church for anyone to look at or use in conjunction with family history research.

Several headstones that have become unstable have also been reset by volunteers as well as some broken ones being mended. Other headstone repairs have been carried out by professional memorial masons as being beyond the capabilities of our team. It is actually the responsibility of the descendants to repair headstones and two families kindly paid for this work to be done on their ancestors' stones.

Donations of wood for bird boxes, the hedgehog house and a squirrel feeder were also made. One of our village families is caring for the bird feeding station which was made locally and donated too.

Sedbergh Young Rangers came to re-instate the footpath pointing towards Shap from the wooden stile to the stone style in the wall.

We have created a small stumpy garden in the east corner of the churchyard in order to make use of the large stumps that we were unable to dispose of in any other way.

I have deliberately not mentioned any names here, as people who have worked on this project have done so without expecting any reward – except of course for coffee and cake in our break time on work days! – but I do wish to thank and acknowledge each and every one of you for your unselfish support for this project. Some of the “labourers” involved have said that they are willing to continue to look after the churchyard as far as they can in the future. The ‘old’ churchyard is a closed area and as such the grass cutting is done by Eden District Council but there will be other work to do, perhaps three times a year.

There have been others who donated money to buy new trees, plus donations given to support the work that we have carried out. Although we did have a grant from the Yorkshire Dales Sustainable Development Fund we needed to provide a proportion of that ourselves, and with these cash donations and “time and skills” gifts we have been able to meet our obligations in this respect.

I hope you will all approve of the new look churchyard which I gather is now more like the “old” look churchyard (which older residents remember playing in as children), and that you will take the time to come up to All Saints and look at the board – kindly paid for by Orton Manor Court - in the porch and wander around to see the new trees and the garden and bulbs and other plants that will make their appearance as the warmer weather sets in.

Many, many thanks to all those who have given of their skills, labour, time and cash donations to support our village church.

Mary Jenkin

The Friends of Orton School

invite you to.....

## Spring Hanging Basket Workshop



In association with

**The Flower Shop, Kirkby Stephen**

at

**Orton C of E School**

**Thursday 21<sup>st</sup> March at 7pm**

**£35 per person**

*Create your own hanging basket using spring bulbs and plants. Learn how to care for your plants and how to choose the best bulbs for your display.*

*The evening includes teas & coffees and delicious homemade cakes. Plus take home your very own homemade hanging basket.*

*To book your ticket call Julie Watson on  
07792-742715*

*The Friends of Orton School: Reg Charity 1048683*

## Foster

and help us to change  
young lives

Become  
part of  
Cumbria's  
biggest  
family

Right now across Cumbria there is an urgent need for more foster carers to provide supportive, safe and happy homes for children.

If you have room to spare in your home and a lifestyle that has room for a child, then why not become part of Cumbria's biggest family?

Cumbria County Council already support over 200 foster families, but with close to 700 children needing foster families, they are always looking for more people to join in.

From short-term or respite fostering to offering a permanent home to a child, there are many ways in which you could make a difference to the lives of children in your local area.



Solicitors Rob and Christine Mason, from Penrith, have been fostering a brother and sister (aged 10 and 14) since they were approved to foster nearly three years ago.

Christine said: "I was working in Penrith and every day I saw the fostering advert on my parking disc and eventually we decided to give the number a ring. From then on it all moved quite quickly.

"They got us straight onto a training course and then our application went in. We were not left to drift, we were well supported by the assessment worker, who's a good friend now!"

Fostering more than one child was an easy decision for the couple. Rob said: "We decided early on we'd like to foster siblings and that we could manage at least two. We were shown a profile of the kids and at that point we started to get excited, all of a sudden these were real children we were talking about. They did a great job matching us."

Now they cannot imagine life without their children. Christine said: "This is their home now and it's like they've always been here. It's been an amazing experience for us, so if you are thinking about fostering, make a call today – it might just change your life."

For further information call 0303 333 1216 or go to [www.cumbria.gov.uk/fostering](http://www.cumbria.gov.uk/fostering).



The Arts Society Appleby  
in Westmorland

### The History of Walnut

A lecture by Janusz Karczewski-Slewikowski  
given at Appleby Market Hall

**11 am on Wednesday 13<sup>th</sup> March**

Coffee served from 10.15 am. £8 on the door.  
Members free. For more information and to see  
our 2019 programme visit  
[www.taswestmorland.org.uk](http://www.taswestmorland.org.uk)

## Orton Manor Court

Abridged Minutes of the Committee Meeting held on  
Monday 4<sup>th</sup> February 2019

1. **PRESENT:** 12 members, with one apology.
2. **Minutes:** The Minutes of the Committee Meeting held on 5<sup>th</sup> November 2018, were agreed and signed.
3. **Matters Arising:** None
4. **Meldykes:** Details of the terms of a Letting Agreement had not yet been worked out and will remain on the Agenda for a future meeting.
5. **OMC registered land:** The Committee were shown maps and documents with the precise details of OMC registered land.
6. **Treasurer's report:** Current Account: £5,870.93.  
Savings Account: £8,740.38.
7. **Handrails for West End steps:** under construction.
8. **Any Other Business:**
  - a. **Dame School:** It was reported that the window sill in the Dame School was very wet and it had been suggested that air bricks should be inserted in the building. This being problematic in a listed building, instead the front door should be kept two inches ajar using the hook and hasp, to allow for better ventilation.
  - b. **Electric cables in Knott Lane area:** The chairman had been approached by the electricity board, who intended to put cables in the area near the Gamelands Stone Circle underground; the committee was shown a map of the proposed changes. In principle it was agreed that the cable should be buried in Knott Lane, so long as it was resurfaced properly.
9. **Date of next Meeting:** Monday 29<sup>th</sup> April 2019.

## Orton Manor Court

### Grass Lettings

1<sup>st</sup> May 2019 – 1<sup>st</sup> April 2020

- Howes Quarry – approximately 6 acres
- Small parcel of land at Field Head, Park Lane

Sealed bids to : Brenda Iveson, Treasurer to Orton  
Manor Court, Street Farm, Orton  
before Friday 5<sup>th</sup> April 2019.

### Orton Surgery

Orton Surgery is open every week from 9.15 to 10.30am on Tuesdays and from 4.00 to 5.45pm on Thursdays. Thursday 14<sup>th</sup> March: we will be closed as it is a Cumbria wide staff training day. There will be no provision of medication on this day either.

Shap Practice: 01931 716230  
Out of hours: 03000 247 247



# WALK THROUGH BIBLE

## Bringing the Bible to life

Have you ever wondered how events in the Bible fit together?

Here's your chance to learn more about the Bible, its events, geography and characters in a fun and interactive way –

At Orton Methodist Church, we are pleased to have Paul Keeyes return, having brought, in 2016, Walk Thru the Bible Old Testament.

Paul regularly brings Walk Thru to events such as Spring Harvest, Keswick Convention and Capernwray College.

Helping you to see the big picture in just one day, Paul will present the newest version of "Walk Thru' the Bible New Testament"

– so well, you will be able to tell it to your friends!

*Do not miss out on this fantastic day  
Suitable for adults and secondary school children  
(who must be accompanied by an adult)*

### The Detail:

Saturday, 2<sup>nd</sup> March at Orton Methodist Church

Registration and Coffee 9am

Start 9.30am - Finish @ 3pm

Please bring a packed lunch

All other refreshments and drinks at breaks will be provided

*The cost of the event is £7.50 per adult if booked in advance*

*and is subsidised by the Methodist Church  
(Cost includes Walk Thru the Bible – New Testament handbook)*

*If you turn up on the day, the charge is £14,  
which is the normal fee*

*Secondary school children are free if accompanied  
by a paying adult (not suitable for under 11s)*

*Please book in advance with Rachel Woof  
015396 24372, 07929 371054  
or [randrwoof@talktalk.net](mailto:randrwoof@talktalk.net)*



# ORTON DROP IN

**EVERY WEDNESDAY 10.30 – 12.00  
AT CHAPEL SCHOOLROOM**

**EVERYONE WELCOME**

**FRESH COFFEE AND  
HOMEMADE CAKES**

## SIGN UP !!

**For all  
All Saints' and  
St James' Church  
Members**



The church membership list (Electoral Roll) of every Church of England parish has to be redone this year. Please pick up an application form from church (or ask Ronnie Elliott) and bring it back **before** Friday March 8<sup>th</sup> if you want to be included as a member. If you consider yourself a member of one of our churches and have not signed up before then this is the time to do it! Thank you. (Any questions - please contact Ronnie Elliott - 24441)

**Annual Parochial Church Meeting  
for All Saints', Orton, with St. James', Tebay  
Sunday 24<sup>th</sup> March at 12 noon**  
after 10.30 a.m. joint morning service  
at St. James' Church, Tebay,  
followed by bring-and-share lunch.

### CHURCH BELL RINGING IN THE LOCAL AREA

#### **All Saints' Church, Orton**

Band practice every Friday  
night 7.30pm - 9pm.  
(followed by tea and cakes)  
For further information

contact Julian or Susan Thorpe 015396 24166

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#### **St Lawrence's Church, Appleby**

Band practice every other Monday night 7.30pm – 9pm  
(alternating with Shap Church)

For further information contact the Tower Captain Jim  
Archibald 017683 54194

\*\*\*\*\*

\*\*\*\*\*

#### **St Michael's Church, Shap**

Band practice every other Monday night 7.30pm – 9pm  
(alternating with Appleby Church)

For further information contact the Tower Captain Jan  
Labram 01931 716311



*Everyone welcome from complete  
beginners to experts (age 9+)  
Full training will be given.  
Come and give it a try – it's great fun  
for the whole family.*



**Resuscitation Council (UK)**

### DID YOU KNOW ...

- That anyone can use the Defibrillator Heart Restarter that's now in the telephone box opposite The George?
- That there are also "Defibs" in Raisbeck and Greenholme as well as Orton CofE School?
- That the machine is designed to be accessed once you've called 999?
- That it actually tells you what to do, giving instructions as it senses what's happening to your casualty?



### IF NOT, YOU CAN FIND OUT MORE

Following on from the demonstrations of how to use the defibrillator at the February Farmers' Market, **a training**

**session is planned in Orton in the coming weeks.**

If you would be interested in the training session, please contact Menna Lewis, Sally Seed (24732) or Paula Coward in the Village Store and give an email or telephone

number before the end of March. You will then be contacted about the best date and time to include as many people as possible. Thank you.

*Menna writes:* We had a very successful day at the market. We gave many demonstrations; answered lots of questions; and I think demystified the fear around using a defibrillator. We also got fifteen more contacts to add to Paula's list. So, all systems go!



## Notes from the Herald, March, 1919

Stormy start then mixed till 19<sup>th</sup>, then very cold and snowy.

Orton The East Westmorland R.D.C. (in Kirkby Stephen) needs to build two new cottages in Gaisgill and Longdale; six in Newbiggin on Lune; eight or ten in Tebay – none in Orton itself.

Died at Front Street, on 23<sup>rd</sup> March, Alice Stubbs, 83, buried at Orton on 26<sup>th</sup>.

Tebay held a concert for the Tebay War Memorial Fund in the Market Hall on Friday, 28<sup>th</sup> February, the Vicar in Chair. Supper was included and a lot were there.

Ravenstonedale Newbiggin-on-Lune Primitive Methodists were given permission by their Circuit's quarterly meeting to raise funds for a new church and schoolroom. Ravenstonedale has been discussing what to get for its War Memorial. Ideas include a Monument, electric light, a District Nurse, a tennis court.

Late in March Newbiggin-on-Lune held its P.M. Chapel Christian Endeavour Concert in its Chapel. By 29<sup>th</sup>, Ravenstonedale had chosen its War Memorial. It's to be a District Nurse, funded by public subscription NOT by frivolities such as dances or whist drives.

Died at Elm Lodge, on the morning of Friday 7<sup>th</sup>, Mr. T.A. Metcalfe-Gibson, second son of the late Mr. Anthony Gibson, Park House. He was a stockbroker in the City but fell ill after seven years there and came North. His family includes the Yorkshire Melcalfes, the Bampton (Westmorland) Atkinsons and the Gibsons of Oddendale.

Joke She: Why is this U.S. bacon so salty?

He: Too few ships. They have to tow it!

**Thank you to Jeremy Godwin for the Notes.**

## PRIZE BINGO

We would like to thank you for coming to our last Bingo in February; we raised £175 for Orton Market Hall.

### Our next Bingo

Friday 1<sup>st</sup> March, Orton Market Hall, 7.30 pm  
All welcome. Good prizes. In aid of Bolton school.  
Hope to see you there! Thanks.

*Jillian and Sharon*



Orton Methodist Chapel and All Saints' Church invite you to a joint

## Mothering Sunday Service for all the family

**Sunday, 31<sup>st</sup> March**  
**10.30am**

**Orton Methodist Chapel**

Led by Rev Mike Harrison



Posies

**Coffee afterwards**

**EVERYONE WELCOME**

**highlights**  
rural touring scheme

## Remi Harris Duo - Friday 22<sup>nd</sup> March

Swapping worldwide touring for a series of intimate village hall gigs, extraordinary guitarist, Remi Harris is joined by double bassist, Simon Smith for an eclectic mix of music at Orton Market Hall on Friday 22<sup>nd</sup> March.

Remi's music draws from gypsy swing, blues, rock, jazz and world music and he has been described by Jamie Cullum as an 'extraordinary musician and incredible guitarist'. His live set includes original compositions, improvisations, jazz standards and new arrangements of



musical masters ranging from Django Reinhardt and Jimi Hendrix to Wes Montgomery and Charlie Parker. Remi plays a variety of acoustic and electric guitars and his show is interspersed with commentary about the history of the music and instruments he plays.

Remi has toured worldwide including performances at Buckingham Palace and the BBC Proms at the Royal Albert Hall.

**Tickets:** £9 adult. £5 for under 16s; family ticket for £20

**Bookings:** Contact Sally on 24732 or tickets are available from Orton Village Store or online from Highlights at [www.highlightsnorth.co.uk](http://www.highlightsnorth.co.uk)



## Ancient Egypt

Our class 4 history project for this term is Ancient Egypt we learned about how to mummify tomatoes and we learned about their writing called hieroglyphics and an Egypt adventure story. We made Canopic jars then we painted them; we watched videos about the discovery of King Tutankhamun's tomb.

BY

**Ben Percival, Tyler Hale and Nathan Mawson**

## Safer Internet Day

On Tuesday it was **Safer Internet Day**.

Safer Internet Day is all about knowing how to be safe online.

The internet can be very dangerous, that is why you should never give away personal information to anyone online. If anyone that you don't know contacts you online or on social media you should always tell a trusted person and then you should block and report them!

Information you should never give away online is:

1. Address
2. Phone number
3. Name
4. Other peoples personal information without consent
5. And what school/ University you go to.



**Safer Internet Day 2018** | Tuesday 6 February

Let's be safe online!

By Cristina

Orton School raised money for the Great North Air Ambulance Service at our school Christmas play. Due to your generous donations we raised £274.33. Miles the Bear, the mascot, came to collect our cheque.

**BY FRANKY D AND MOLLY S**



## EDEN ROCK

Recently we went to Eden Rock. 6 people went we had an amazing time. We went with 2 adults, Miss Potter and Mrs Pomfret.

We came 6th out of 40!

There was some very hard climbs and some not so hard but *the whole time we supported each other.*

**By Lily and Morland**

## Swimathon

Last Saturday we swam a challenging swimathon at Penrith Leisure Centre. We had two teams Orton Sharks and Orton Dolphins. Orton Sharks swam 110 lengths and Orton Dolphins swam 96 lengths. The teams were made up of children and grown ups.

**By Caitlyn**

## SPLASH!!

Last year, we came to school dressed as a wild animal raising money for WDC which stands for Whale and Dolphin conservation.



WDC found a whale that had swallowed over thirty plastic bags. Did you know that Ganges River Dolphins have dark brown skin, which becomes lighter as they grow older. When baby dolphins or whales are born they are called calves. WDC sent us some wonderful magazines about whales and dolphins and the whole school can't wait to look through them all.

**Thank you WDC for these inspirational magazines**

**By Bicci Clark and Kate Wharton**



## Student Teacher

Miss Sian Marie Gilgeous is helping to teach in class 2

Likes: mountain climbing, Skiing and CAKE.

Dislikes: Coffee, rain and cats.

She has one dog and a baby.

She is here for 7 weeks and she likes it here a lot. Her favourite subject to teach is English

**By Niamh and Poppy**

## Spuds and Puds

One Saturday there was an exiting event called Spuds and Puds.

We asked some of the children what they thought of it and they said...

Callum said "it was great", Roman found it "super"

Anna had a unicorn cake and Toby had fun.

Mrs Pomfret said that she saw lots of smiles.

Thank you if you donated cakes and puddings.

They were delicious.

Everyone had fun.

**By Emily and Madison**

## Swimming Gala

In January 2019 Orton Primary school went to a swimming gala. We swam a lot of strokes.

We were there for 3 hours and 5 minutes with our lunch! We were very tired when we got back.

We were very talented swimmers!

**By Lucas and Suzanne**

## Starting a new school

2 weeks ago I started at Orton School. When I arrived everybody was very friendly. At first I was quite nervous but then when I made some friends I was fine. The teachers are very nice and so are all of the Pupils. When I heard that they were doing about Ancient Egypt in topic I was very excited.

**By Amelia**

# Ravenstonedale

## Forthcoming events

### Spring 2019

#### Tuesday 12<sup>th</sup> March

7.30 p.m. Bible Discussion Group at Manor House

#### Wednesday 20<sup>th</sup> March

7.30 p.m. Ravenstonedale Parish History Group  
History of Shorthorn Cattle in Ravenstonedale

#### Thursday 21<sup>st</sup>, Friday 22<sup>nd</sup> and Saturday 23<sup>rd</sup> March

7.30 p.m. Lune Spring Players production, 'Last  
Tango in...?' at Newbiggin Village Hall

#### Easter Saturday, 20<sup>th</sup> April

Charity Coffee Morning

10.00am-12.noon

St Oswald's Church, Ravenstonedale

#### Sunday 28<sup>th</sup> April

Annual Parochial Church Meeting

### FOR YOUR DIARY

#### Advent Sunday, 1<sup>st</sup> December

Kirkby Stephen Silver Band Concert

St Oswald's Church, Ravenstonedale 3.00pm



SAINT OSWALD'S CHURCH, RAVENSTONEDALE.

## St Oswald's Parish Church Revision of Electoral Roll and Annual Parochial Meeting Sunday 28<sup>th</sup> April

The Roll is revised every 5 years; if you still wish to be on the Roll, or want to be added to the Roll, please contact Anne Brownrigg (Church Warden) 23594 or Diana Fothergill (PCC Secretary) 23288 who can provide a form. Forms must be returned by 14<sup>th</sup> April.

## *Don't miss!* Lune Spring Players' forthcoming production of **'Last Tango in...?'**



### **An evening of short plays**

Performance at 7.30 pm  
**Thursday, Friday & Saturday  
21<sup>st</sup>, 22<sup>nd</sup> and 23<sup>rd</sup> March**  
at the Public Hall, Newbiggin-on-Lune

To reserve tickets (£6) phone  
David Morris 015396 23308 or  
Liz Hutchinson 015396 23552

### **RAVENSTONEDALE VILLAGE 'OPEN HOUSE'**

Continues EVERY WEDNESDAY from 10.30am to 12  
noon in the METHODIST CHURCH

Do come along and meet friends and make new ones,  
and enjoy a cup of coffee, tea or juice, with biscuits and  
sometimes scones or cake.

Everyone is welcome -

locals, walkers, cyclists, passers-by!

There is no charge but donations are welcome and any  
surplus goes to good causes, we have recently supported  
the Great North Air Ambulance, Eden Animal Rescue and  
Shelter Box.



### **Bible Discussion Group**

Manor House,  
Ravenstonedale,  
Tues. 12<sup>th</sup> March, 7.30 p.m.

Led by Fran Parkinson

The discussions are friendly and informal and often wide  
ranging. It does not matter whether you are a regular or  
irregular church/chapel attender or have never been in  
years, you are all most welcome

Further information - 015396-23308

### **Our advertisers**

Please support our advertisers, and when you phone one to ask for their services,  
please tell them that you saw their advert in **The Link!**

## Quilting Exhibition at Hawes

Striking homemade quilts – which covered the beds of Dalesmen and women before the coming of the duvet – are to go on display at the Dales Countryside Museum in Hawes. A new collaborative exhibition with The Quilters' Guild of the British Isles, "Colour and Comfort", will run until 8<sup>th</sup> May.

It will showcase pieces from the collections of The Quilters' Guild and the Dales Countryside Museum.

Visitors will, for instance, be able to see an 1890 Swaledale farm quilt



saved from being used as a cover for a tractor; an unusual patchwork coverlet made in the mid-twentieth century by Norah Worth of Gayle; and a 120-year old black cotton quilted skirt worn by one Mary Metcalfe of Stalling Busk.

Museum Manager Fiona Rosher said: "The variety of patchwork and quilting styles in this exhibition shows the changing fashions in the nineteenth and twentieth centuries.

"Some pieces are purely decorative, made from



expensive materials and indicate the type of patchwork that would have been made in higher class households of the Yorkshire Dales. But many of the pieces on display are practical quilts and

demonstrate the need for a warm, comforting layer to soften the harsh conditions of rural, working life."

As part of the exhibition, a demonstration on quilting will be given by Kate Trusson between 1-4pm on Saturday 13<sup>th</sup> April. Entry to the demonstration will be included in museum admission (£4.80 adults, children free, or £9 annual pass).

### *What is a quilt?*

A quilt consists of three layers: a top layer that can be plain or pieced, a central layer for warmth, and a backing. These three layers are joined together by stitches, either decorative or simply even spaced knots, known as quilting.

References to quilts can be found in inventories and wills of the wealthier classes from the 13<sup>th</sup> century. They were treasured possessions in a household, often worth more than the bed itself.

In the 18<sup>th</sup> century there was a move away from the use of silks towards the new and fashionable cotton fabrics used for both dress and furnishings. By that time, quilting was being used for fashionable garments such as jackets, waistcoats, nightcaps and hats. The wearing of quilted petticoats may have been quite commonplace in winter in the Dales, perhaps long after the general fashion for wearing them in more urban areas had gone.



**Easter Saturday 20<sup>th</sup> April**

10.30-12 noon

**Coffee Morning**

in St Oswald's Church

ALL VERY WELCOME

## Friends of the Settle-Carlisle Railway

Here is the latest from the England's most beautiful railway line. Local difficulties are resolved for now so we look forward to a super 2019 season of activity with trains every day.

We enjoyed the spectacular return to the main line after 25 years of Jubilee 'Bahamas', seen here at Ais Gill Summit last Saturday as darkness was falling:



**RAVENSTONEDALE PARISH HISTORY GROUP**

**WEDNESDAY 20<sup>TH</sup> MARCH at 7.30PM**

Ravenstonedale High Chapel  
Community and Heritage Centre

**THE RISE AND FALL:  
A HISTORY OF THE SHORTHORN CATTLE BREED  
IN RAVENSTONEDALE**  
With STEVE FERMER

Admission: Members £2.00 Non Members £3.00  
including refreshments

For more information contact Val Fermer on 07798  
688057 or leave a message on  
[www.ravenstonedalehistory.org.uk](http://www.ravenstonedalehistory.org.uk)



# Newbiggin-on-Lune

## Newbiggin-On-Lune Methodist Chapel

Please feel free to come along  
and join in our fellowship.

**Every Sunday at 10.30am**

Every Tuesday we have our coffee morning from  
10am – 12 noon.

Plus various other events either weekly or monthly  
Sunday School – all ages, Youth Fellowship – ages 11  
plus, Lunch Club, Fellowship, Men's meetings, Bible  
Studies, Worship Band Practices,  
Ignite Bible Study ages 16 plus and Ladies meetings.

**All welcome**

For more information please call Wilfred on 23600  
or Angela on 07980 418078

## Newbiggin-on-Lune Baby and Toddler Group

Every Friday morning (term time) 9.30am - 11.45am  
Methodist Chapel Schoolroom  
Children under 6 months - free  
Children over 6 months - £1.50

First session is free (includes a  
healthy snack)

Just turn up, or for more details  
contact **Chairperson** : Fi  
017683 71921



## Ravenstonedale Folk Dance Club

**Thursdays, 7.45 p.m.**

**at Newbiggin-on-Lune Village Hall.**

We meet weekly; everyone is very welcome.

For more information ring Chris Bland - 24258.

Are you interested in  
**Sewing / knitting / quilting /  
sharing skills and chat ?**

Please ring Ann Wappett on 015396 23565

## Newbiggin-on-Lune Public Hall

**Contacts:**

**Chairman** : Ian Clayton Tel: 015396 23226

**Secretary**: Jim Wardrope Tel 015396 23288

**Treasurer** : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

**Caretaker** : Anne Brownrigg Tel: 015396 23594

**All bookings should be made with the Caretaker**

**All payments to the Treasurer.**

## LUNE LADIES SPRING PROGRAMME

**6<sup>th</sup> March** Dr. Hannah Ashley – her work in  
Sierra Leone.

**19<sup>th</sup> March (Tuesday)** PLANNING MEETING 2.30pm at  
BROWBER FARM

**3<sup>rd</sup> April** Pamela Clarke – Garden ornaments to  
make at home.

**8<sup>th</sup> May** Fashion Show by “Kitty Brown  
Boutique” of Carnforth. Refreshments will be  
provided. Charity Open Meeting everyone welcome.

Lune Ladies meet in Newbiggin-on-Lune Village Hall on the  
first Wednesday in the month (*usually*) at 7.30pm. We enjoy  
a chat, cup of tea or coffee and listening to our invited  
speakers. We are always pleased to welcome new members;  
subscription is £10 annually, guests £3, to cover the cost of  
speakers and the hire of the Hall. Do come along and join  
us - you will be most welcome!



## Newbiggin-on-Lune

### BOWLS CLUB

Fridays at 7.30 p.m.

All welcome - first night FREE!

For details contact Stephen Dickinson  
(17766 833 500)

## LUNE SPRINGS LUNCH CLUB

Lune Springs Lunch Club welcomes anyone who would  
like some company and a meal. It is held on the  
**second Monday of each month**  
at Norman Ousby's Garden Centre and Cafe  
at Newbiggin-on-Lune.

The cost is **£10.00** for a main course, sweet,  
and coffee or tea.

It would be lovely to welcome new people - we are a  
friendly group and there is quite a lot of chatter!

Please let Sally Cannon know  
if you are able to come

(015396 23230 or 07531 544048)

as the meal is prepared specially for us.

We should be very pleased to see you!

## Newbiggin-On-Lune Men's Meeting

Held in Newbiggin-on-Lune Chapel Hall at 7:30pm

**Wednesday 6<sup>th</sup> March**, 7:30 p.m. : David Gambles will  
be speaking on the packaging industry.

All men welcome; contact Jonny Capstick for details  
015396 23141



# Shap

Contact Janet Wood, 01931 716273 or [janet@theoldcourthouse.org](mailto:janet@theoldcourthouse.org)

## Events at The Old Courthouse

**Friday 1<sup>st</sup> March:** 'Under Milk Wood' Poetry Evening, 7pm

**Wed. 20<sup>th</sup> March:** 1-2pm 'Spring Sights and sounds' Rucksack of Rhymes, children age 0-5

**Fri. 15<sup>th</sup> March:** 7.30pm "Lock-Up" - music & poetry - Beyond the Beacon Band - interesting local characters!

**Sat. 30<sup>th</sup> March:** Writing Workshop with Susan Allen, Wordsworth Trust  
**1<sup>st</sup>-31<sup>st</sup> March** - Exhibition of artwork including puppets based on 'Beyond the Beacon' characters

## St Michael's Church, Shap

**Sun. 24<sup>th</sup> March, 3pm:** The Herdwyck Consort presents 'I Sing of a Maiden' - music for the Annunciation

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Chicken Goujons  
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**Sides - £2.70**

Garlic Bread  
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**Extra Side - £1.00**

Mushy Peas  
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Gravy  
Salad

Bring your own plate **Sunday Roast** available every Sunday, 12pm-2pm

## Other Events

**Saturday 3<sup>rd</sup> March :** Our next Bingo night - Cash Prizes  
**Saturday 16<sup>th</sup> March:** Quiz Night with Raffle raising money for Shap Village Hall  
Raffle prizes greatly appreciated

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## MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.05	16.15
Kirkby Stephen	10.20	16.06
Kirkby Stephen West Station	10.30/10.35	15.53/16.00
Ravenstonedale School	10.43	15.44 Garshill
Newbiggin on Lune village hall	10.48	15.40 on A685
Junction 38, Tebay	11.00/11.15	
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

## THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.10	16.35
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

## TUESDAY ROUTE 569:

### Ravenstonedale to Hawes

Easter to end of October	Outward	Return
Departs Bus Depot	10.10	16.30
Ravenstonedale School	10.23	16.25
Kirkby Stephen Station	10.40	16.15
Kirkby Stephen Square	10.50	16.10
Arrives Hawes	11.50	15.10

## WEDNESDAY ROUTE 572:

### Kirkby Stephen to Barnard Castle

	Summer	Winter
Departs Bus Depot	10.10	10.10
Ravenstonedale School	10.23	10.23
Kirkby Stephen Station	10.35	10.35
Kirkby Stephen Square	10.45	10.45
Brough Clock	11.03	11.03
Middleton in Teesdale	11.45	
Barnard Castle	12.25	11.40
Barnard Castle	15.30	14.30
Brough Clock	16.05	15.05
Kirkby Stephen Square	16.15	15.15
Kirkby Stephen Station	16.22	15.22
Ravenstonedale School	16.30	15.30
Depot	16.40	15.40

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# Contact List

(Phone area code: 015396, unless shown otherwise)

## For children and young people

Orton C. of E. School:  
Headteacher, Mrs. Emma Pomfret  
Office: Vicky Percival: 24268  
Friends of Orton School: Julie Watson, 07792 742415  
Tebay Primary School:  
Headteacher: Mrs. Lisa Bland  
Office: Tracey Morland: 24239  
Friends of Tebay School: Helen Smith: 24235  
Catchment Area Secondary School:  
Kirkby Stephen Grammar School: 01768 371693  
For Little Children:  
Tebay: "Twinkles": Pippa Smith: 24367 /  
07487 776904  
Orton: Tiny Hillbillies: Pat Alexander: 24303  
Ravenstonedale: Biggins Nursery: Samantha  
Alderson: 23670  
Newbiggin Baby & Toddler group: Fi, 017683 71921  
Scout Group – Scouts, Cubs, Beavers  
Shap area: Jackie Wright: 01931 716490  
Kirkby Stephen: Lois Wiseman: 01768 341107  
Appleby Guides: Jean Truman: 07799 505723  
Appleby Brownies: Alison Taylor: 01768 361241,  
Kate Mulholland: 07948 201685  
Appleby Rainbows: Sue Grainger: 07876 403895  
Kirkby Stephen Guides: Audrey Gray: 07889 093848  
Northern Inter-Schools Christian Union (NISCU):  
Ruth Evans, [ruth.evans@niscu.org.uk](mailto:ruth.evans@niscu.org.uk)  
Families Together in Orton and Tebay: Olive Bland: 24258  
Tebay Kids' Band: Pam Lawson: 26028

## Miscellaneous

Orton/Tebay Parish Council Clerk: Margaret Longworth,  
24900  
Upper Eden Medical Practice, Kirkby Stephen : 01768  
371369 (with Surgery in Tebay)  
Shap Medical Practice: 01931 716230  
(with Surgery in Orton)  
Vets: Kirkby Stephen: 01768 371359  
Appleby: 017683 51507  
Shap: 01931 716024

## Adult groups

Archaeological Society: Jan Hicks: 01931 714122  
Arts Society, Appleby: Val Gornell: 24123  
Badminton: Paula Coward: 24225  
Bell Ringers: Julian Thorpe: 24166  
Bingo: Jillian Hewitt: 01931 715000  
Book Club: Sally Seed: 24907  
Bowls at Newbiggin: Stephen Dickinson: 07766 833500  
Community Choir: Alison Mott: [Alison@mott.me.uk](mailto:Alison@mott.me.uk)  
Concerts:  
Appleby: North Westmorland Arts: 017684 83777  
Kendal: [contact@lakelandsinfonia.org.uk](mailto:contact@lakelandsinfonia.org.uk)  
First Responders: Steve Dunkinson: 24286  
Folk Dance Club: Chris Bland: 24258  
Greenholme Show: Keith Golding: 01931 715446  
Heating Oil Syndicate: Chris Jenkin: 24410  
Howgill Harriers Running Club:  
[Admin@howgillharriers.co.uk](mailto:Admin@howgillharriers.co.uk)  
Local History Societies:  
Orton and Tebay: Mary Jenkin: 24410  
Ravenstonedale: Val Fermer: 07798 688057  
Lunch Clubs:  
At the George Hotel, Orton: Bronagh: 24071  
At Lune Springs, Newbiggin-on-Lune: Sally Cannon:  
23230  
At Old School Tea Room, Tebay: Bernard Thornborrow:  
24272  
Men's Meeting, Newbiggin: Jonny Capstick: 23141  
Quiz Team, Orton: Sally Seed: 24907  
Sew and Sews, Orton: Gillian: 23653  
Sewing and knitting group, Newbiggin-on-Lune:  
Ann Wappett: 23565  
Women's Groups:  
Orton: Pat Alexander: 24303  
Lune Ladies: Carole Clayton: 23226  
Women's Institute: Jackie Huck: 24266  
Mothers' Union: Angela Milburn: 24382

