

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



July/August 2019

SUNDAY SERVICES IN OUR CHURCHES FOR JULY 2019

| | | | |
|--|--|---|---|
| <p>Sunday 7 July</p> <p><i>Trinity 3</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Chris Bland</p> <p style="text-align: center;">2 Kings 5:1-14</p> <p style="text-align: center;">Galatians 6:1-6,7-16</p> <p><i>Green</i></p> | <p>Orton, 10:30am</p> <p>Holy Communion</p> <p><i>Diana Nicholson</i></p> <p><i>Chris Bland</i></p> <p><i>Iris Wilding</i></p> <p><i>Michael Heywood</i></p> <p><i>Prayers: Elizabeth Crossley</i></p> | <p>Tebay, 10:30am</p> <p>Songs of Praise + Baptism</p> <p><i>Chris Jenkin</i></p> | <p>Ravenstonedale, 10:00am</p> <p>All Age Worship</p> <p><i>Fran Parkinson</i></p> |
| <p>Sunday 14 July</p> <p><i>Trinity 4</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Jim Milburn</p> <p style="text-align: center;">Amos 7:7-17</p> <p style="text-align: center;">Colossians 1:1-14</p> <p><i>Green</i></p> | <p>Orton, 8:30am</p> <p>Holy Communion</p> <p><i>Alun Hurd</i></p> <p><i>Jim Milburn</i></p> <p><i>Angela Milburn</i></p> <p><i>Prayers:</i></p> | <p>Tebay, 10:30am</p> <p>Holy Communion</p> <p><i>Neil Hughes</i></p> | <p>Ravenstonedale, 10:00am</p> <p>Holy Communion</p> <p><i>Chris Jenkin</i></p> <p><i>Caroline Morris</i></p> <p><i>David Morris</i></p> |
| <p>Sunday 21 July</p> <p><i>Trinity 5</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Mary Jenkin</p> <p style="text-align: center;">Amos 8:1-12</p> <p style="text-align: center;">Colossians 1:15-28</p> <p><i>Green</i></p> | <p>Orton, 10:30am</p> <p>Informal Communion</p> <p><i>Alun Hurd</i></p> <p><i>Mary Jenkin</i></p> <p><i>Prayers:</i></p> | <p>Tebay, 10:30am</p> <p>Service of the Word</p> <p><i>Fran Parkinson</i></p> | <p>Ravenstonedale, 10:00am</p> <p>Holy Communion</p> <p><i>Lee Townend</i></p> <p><i>Richard Best</i></p> <p><i>Anthony Metcalfe Gibson</i></p> |
| <p>Sunday 28 July</p> <p><i>Trinity 6</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Andy Glanville</p> <p style="text-align: center;">Hosea 1:2-10</p> <p style="text-align: center;">Colossians 2:6-15, 16-19</p> <p><i>Green</i></p> | <p>Orton, 10:30am</p> <p>Morning Prayer</p> <p><i>Rosemary Campbell</i></p> <p><i>Andy Glanville</i></p> <p><i>Elizabeth Crossley</i></p> <p><i>Mary Jenkin</i></p> <p><i>Prayers: Jackie Huck</i></p> | <p>Tebay, 10:30am</p> <p>Service of the Word</p> <p><i>Martin Lawson</i></p> | <p>Ravenstonedale, 6:00pm</p> <p>Evening Prayer</p> <p><i>Diana Nicholson</i></p> <p><i>Tim Parkinson</i></p> <p><i>Diana Fothergill</i></p> |

SUNDAY SERVICES IN OUR CHAPELS FOR JULY 2019

| | | 7 th | 14 th Action for Children Sunday | 21 st | 28 th |
|-------------------|-------------------------|---------------------------------|---|----------------------|--|
| Tebay | 10.30 a.m. 6.30 p.m. | S of P at PC | J Law 5.30 Cnxn Svce at Brough | C Capstick | LA Connexion Service at Appleby |
| Orton | 10.30 a.m. 6.30 p.m. | C Dickinson OA G Crippen | LA 5.30 Cnxn Svce at Brough | S Radford HC | D Law Connexion Service at Appleby |
| Newbiggin-on-Lune | 10.30 a.m. 6.30 p.m. | D Thackray OA Prayer & Share | Open Air on Village Green 5.30 Cnxn Svce at Brough | LA Prayer & Share | S Radford HC Connexion Service at Appleby |
| Ravenstonedale | 2.00 p.m. 6.30 p.m. | A Sterling HC | H Radford 5.30 Cnxn Svce at Brough | S Radford | K Coward Connexion Service at Appleby |

Vineliflife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

SUNDAY SERVICES IN OUR CHURCHES FOR AUGUST 2019

| | | | |
|--|---|--|---|
| <p>Sunday 4 August <i>Trinity 7</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Chris Bland Hosea 11:1-11 Colossians 3:1-11</p> <p><i>Green</i> <i>Prayers:</i> Elizabeth Crossley</p> | <p>Orton, 10:30am Holy Communion</p> <p><i>Phil Rigby</i></p> <p><i>Sidesperson:</i> Jim Milburn John Dunning</p> <p><i>Prayers:</i></p> | <p>Tebay, 10:30am Songs of Praise at the Methodist church</p> | <p>Ravenstonedale, 10:00am All Age Worship <i>Fran Parkinson</i></p> |
| <p>Sunday 11 August <i>Trinity 8</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Jim Milburn Isaiah 1:1,10-20 Hebrews 11:1-3,8-16</p> <p><i>Green</i> <i>Prayers:</i></p> | <p>Orton, 8:30am Holy Communion</p> <p><i>Phil Rigby</i></p> <p><i>Sidesperson:</i> Jim Milburn John Dunning</p> <p><i>Prayers:</i></p> | <p>Tebay, 10:30am Service of the Word <i>Fran Parkinson</i></p> | <p>Ravenstonedale, 10:00am Holy Communion <i>Diana Nicholson</i></p> <p>Jane Parsler Hilary Law</p> |
| <p>Sunday 18 August <i>Trinity 9</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Mary Jenkin Isaiah 5:1-7 Hebrews 11:29-12:2</p> <p><i>Green</i> <i>Prayers:</i></p> | <p>Orton, 10:30am Service of the Word <i>Fran Parkinson</i></p> <p><i>Sidesperson:</i> Mary Jenkin</p> <p><i>Prayers:</i></p> | <p>Tebay, 10:30am Service of the Word <i>Rosemary Campbell</i></p> | <p>Ravenstonedale, 10:00am Holy Communion <i>Alun Hurd</i></p> <p>Michael Metcalfe-Gibson Sally Metcalfe-Gibson</p> |
| <p>Sunday 25 August <i>Trinity 10</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Andy Glanville Jeremiah 1:4-10 Hebrews 12:18-29</p> <p><i>Green</i> <i>Prayers:</i> Chris Bland</p> | <p>Orton, 10:30am Morning Prayer</p> <p><i>Andy Glanville</i></p> <p><i>Sidesperson:</i> Michael Heywood Iris Wilding</p> <p><i>Prayers:</i> Chris Bland</p> | <p>Tebay, 10:30am Holy Communion <i>Chris Jenkin</i></p> | <p>Ravenstonedale <i>Time & venue to be confirmed</i></p> |
| <p>Sunday 1 September <i>Trinity 11</i></p> <p style="text-align: center;"><i>Sidesperson:</i> Chris Bland Jeremiah 2:4-13 Hebrews 13:1-8,15-16</p> <p><i>Green</i> <i>Prayers:</i> Angela Milburn</p> | <p>Orton, 10:30am Holy Communion <i>Ian Elliott</i></p> <p><i>Sidesperson:</i> Chris Bland Jackie Huck Elizabeth Crossley</p> <p><i>Prayers:</i> Angela Milburn</p> | <p>Tebay, 10:30am Songs of Praise at the Methodist church</p> | <p>Ravenstonedale, 10:00am All Age Worship <i>Alun Hurd</i></p> |

SUNDAY SERVICES IN OUR CHAPELS FOR AUGUST 2019

| | | 4 th | 11 th | 18 th | 25 th |
|-------------------|-------------------------|--------------------------------|--|----------------------------------|------------------|
| Tebay | 10.30 a.m. 6.30 p.m. | S of P OA | P Rigby Connexion Service | S Radford HC | LA OA |
| Orton | 10.30 a.m. 6.30 p.m. | LA | M Scott OA Connexion Service at Tebay | T Dent HC | J Fox OA |
| Newbiggin-on-Lune | 10.30 a.m. 6.30 p.m. | H Hutchinson Prayer & Share | A Palister Connexion Service at Tebay | D Lawrinson OA Prayer & Share | LA OA |
| Ravenstonedale | 2.00 p.m. 6.30 p.m. | T Dent | S Radford HC Connexion Service at Tebay | A Collinson | LA |

Vinelife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
WITH ST JAMES' CHURCH, TEBAY,
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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Cumbria Vinelife Fellowship, Orton

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015396 24253

THE LINK DEADLINE IS THE 13TH OF EACH MONTH

**Please send all copy including
advertising to:**

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015396 24410**

**Email:
linkpines@hotmail.co.uk**

**Advertising (finance only):
Linda Garrick, 015396 24262**

Small display ads are £45 p.a.

*Views expressed in 'The Link'
are not necessarily those of the
publishers or editors.*

HURD THE WORD

From the Revd. Alun Hurd

The Women's Football World Cup, the One Day International Cricket World Cup followed by the Ashes, the US Open Golf Tournament, Wimbledon, the Formula One Grand Prix motor racing, the Tour de France cycling, even the Stanley Cup in Hockey. All sports that have taken, are taking or will be taking place during this summer season and perhaps many others too.

For a sports fan possibly absolute paradise, for the rest possibly misery or indifference and certainly an excuse to go out or find something else to do for a while....

Well, I'm not going to blab on about any of the above in particular, but I'd like to consider the fact that all of the above are competitive and will mean that someone or a team will win the event or competition in question. As many of you will know, it is great if you win but not so good if you lose. Yes, there is always another day, another year, another final or competition for many of those taking part - but not always, and there may only be that one opportunity.

Life can also seem a bit like that too sometimes, and given that there are many billions of humans on this planet, the chances and opportunities may be limited for each one of us.

Paul the apostle makes the point in 1 Corinthians 9: 24-25:

*'In a race all the runners run,
but only one gets the prize. Run
in such a way as to get the prize*

*..... They do it to get a crown
that will not last; but we do it to
get a crown that will last for
ever.'*

The gift or prize that God offers in the human race is for all to receive, and the only condition of that prize is to do our best to be a disciple (learner) and follow Jesus as our example and way of living, and to love one another. This is not easy to do, but like any athlete or sportsperson some preparation is required to get the body in shape, to 'run with perseverance the race marked out for us' (Hebrews 12: 1). We can do the same spiritually, giving ourselves time and commitment to achieve what God wants for and from us, 'fixing our eyes on Jesus, the one who began our faith ...' (Hebrews 12:2).

The reward is great, as Paul writes 'the (victors') crown lasts for ever' and is a source of joy, peace and comfort. It leads to eternal life, looks beyond the here and now and is the fulfilment of God's love. It is a prize that you and I can grasp, and I invite you all to share that prize with me.

Whatever the ups and down of whichever team or sportsperson you follow, in Jesus we are on to a winner now and for ever.

God bless you all, and maybe I'll see you at the Tebay & Orton Families Together Sports Day on the 7th July.

Alun

NOTE - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Next deadline: **13th August** for September 2019 issue.

Front Cover: Stephen Dickinson's Rough Fell tups at Greenholme Show

A VIEW FROM TEBAY

From Rosemary Campbell

By the time you read this Summer will be here – well, I hope so!

As I write this we are in the middle of watching various people with a lot of air time vying to be the new prime minister. There has also been a lot of emphasis on the concept of climate change. We had a great evening this week at the Club. The Community Choir sang and a lady spoke about the local Food Bank at Appleby. The church and chapel contribute to this and items are always welcome at the Hub on Mondays 10 -12 along with a welcome and cup of coffee. The library is available, second hand books for sale and jam, chutney etc. This week we had some lovely rhubarb available.

The highlight for me at the Club concert was the young people's band. They had written a brilliant song about the current problems in the environment. (See later page in *The Link!*) It was so good that I gave a copy to a friend who works in the area of wind farms and is very involved with environmental issues including the Penrith Repair Cafe (see details on Facebook). It is well worth a visit - the next one is being held on Saturday 13th July, and then one on 13th August from 10am in the old Fire Station (next to the hospital).

THE HUB



Tebay Community Library and Drop In in the Hub, St. James' Church

Every Monday morning,
10.00am - 12.00 noon

Refreshments
Books to borrow and buy
All ages welcome

Coffee and homemade cakes are available. It prevents items being sent to land fill. Our church vacuum cleaner was mended there and a CD player. Bikes can be repaired and sewing repairs etc. It's fascinating. Those of us who are Christians are advised in the Bible that we are stewards of creation and hopefully we can help preserve the environment in some way

There is a big gap in High Field, Sew and Sew, Shap Charity Shop, Bingo etc in the loss of Tricia Wolstenholme. She was a great character and full of fun. She had a great gift of making things out of things no longer of use to folks. The pew cushions in church were made by her and a lot of us have draught excluders etc made by her and she was a dab hand at alterations. She made exquisite beaded jewellery too. We extend our sympathy to her family and many friends.

We also remember those who live with illness and disability, and as it has been recently Carers Week we remember those who support friends and families. It can be lonely, tiring task. We especially remember those who live alone too.

Wishing you a good summer and some sun!!

"2 Till 4"

*Do you enjoy
Knitting/Sewing/
Crafts?*



*Do you need a helping
hand?*

*Join us at Tebay
Methodist Hall every
Tuesday afternoon
for a cuppa and a chat while
crafting*

Call Dennis on 015396 24445

*Or just come along.
Everyone welcome*

'J'Unction'

Christians
from both
Church and
Chapel meet on



**Tuesday 2nd July, Tuesday 6th
August and Tuesday 3rd
September** from 7.30 p.m. to
8.30 pm to pray for the
community of Tebay. So please
join us in the Hub at Tebay
Church!

All welcome !

'Twinkles'

**Tuesdays 9.30—11.30 a.m.
at Tebay Methodist Hall**

**All welcome -
with or without children**

Voluntary run playgroup—
Activities changed on a weekly
basis including painting,
playdough, drawing, cutting,
dressing up, slides, bikes, music,
reading.

For more information contact
Pippa Smith
07487 776904 or 015396 24367

Tebay Surgery

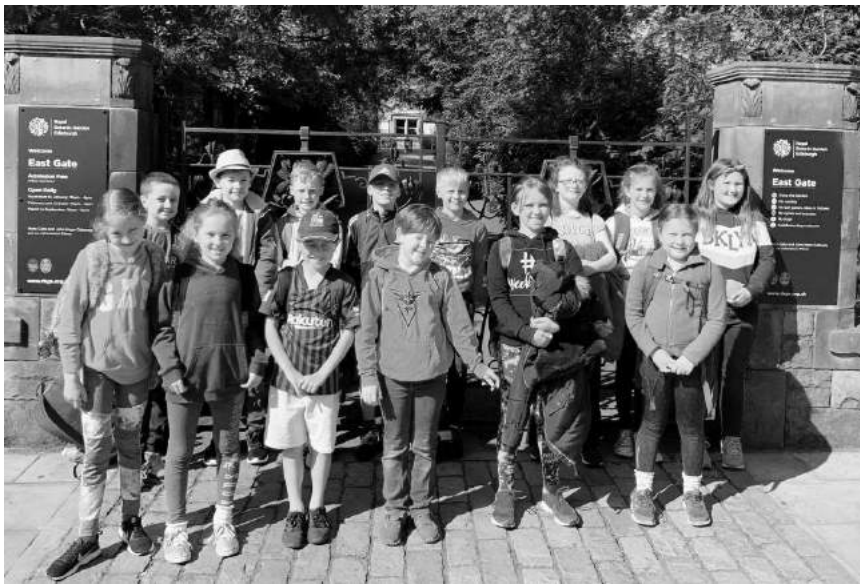
The surgery in Church Rise (run
from the Upper Eden Medical
Practice, Kirkby Stephen) is open
on **Tuesdays, 9 a.m. to 12 noon**
and
Thursdays 3.0 - 6.30 p.m.
01768 371369

Tebay Lunch Club

**2nd Wednesday of every month
at the Old School Tea Room**
12.0 noon: £8.00

Contact Bernard or Muriel:
015396 24272

TEBAY PRIMARY SCHOOL



Trip to Edinburgh

Class 3 accompanied by Mrs Bland, Miss SB and Miss Fisher travelled to Edinburgh on Monday 3rd June.

They visited Dynamic Earth, Holyrood and Scottish Parliament, Botanical Gardens, Scottish National Gallery, and the National Museum of Scotland.

They took part in a Silent Disco Adventure, before travelling home on Wednesday 5th June.

'We had a wonderful, action packed 3 days on our residential in Edinburgh'

An Amazing Achievement

Year 2 pupil Jacob Haygarth raised £1205.91 by selling cakes for a donation over a 6 week period on a Sunday.

He was helped by family, friends and members of the community who donated cakes each week.

Jacob decided to raise money for Leukaemia and Myeloma Research in memory of his Uncle Kevin Haygarth.

Well done Jacob, we are all very proud of you.



Dates for your diaries:

Tuesday 9th July to Friday 12th July – Whole school swimming at Penrith Leisure Centre.

Thursday 18th July – Sausage making with David Morland, Head of Butchery at Westmorland Ltd.

Friday 19th July – 1:30pm Leavers assembly. Break up from school. FOTS BBQ from 6:00pm at Tebay Club.

Friends of Tebay School

Summer Draw – Raffle tickets available from school or FOTS members with a chance to win £100.00, (this will be drawn at the Summer Fair).

Summer Fair – Friday 28th June 3:00pm to 4:30pm all welcome.

Summer BBQ – BBQ and disco on Friday 19th July to celebrate the end of term. This is a ticket event, £5 per adult £3 per child, tickets available from school or any member of FOTS. If anyone would like to look around the school, please telephone or email Mrs Tracy Morland in the school office to arrange a convenient date and time 015396 24239 admin@tebay.cumbria.sch.uk

Rounders at Brough Primary School, Friday 7th June

Class 3 were invited to play rounders at Brough Primary School along with other schools from Eden. Mrs Bland and Miss Fisher accompanied the children. They enjoyed a picnic lunch and great games of rounders. Thank you to Brough Primary School for hosting the event.



The school has once again signed up for the Bags2school collection. Bags will be delivered to school in July and the collection will be in September. Please tell family and friends to save their unwanted good quality clothes, paired shoes, handbags, household linen, curtains, towels etc. Bags can be stored in school at any time, contact Tracy Morland at school.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**

JUMBLE SALE

HOW CAN YOU HELP?

**Contribute to our Jumble sale.
(Bric a Brac, CLOTHES,
SHOES AND BAGS)**

**Please start putting these items to
one side.**

**(We will pop a bag through your door
a few days before,
along with details on collection).**

**The Jumble sale will be held at
Tebay Chapel Hall
Saturday 12th October,
11am till 3pm.**

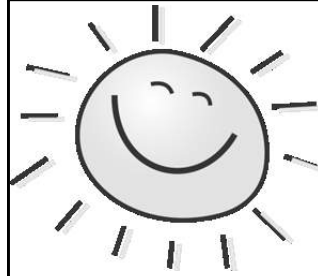
**Come to the jumble sale with your
family and friends.**

**Tea, coffee and cake,
light refreshments available.**

**We will collect the bags on
Friday 11th October.**

**Alternatively
please deliver it to us at
Tebay Chapel Hall on the
Friday evening or Saturday morning.**

**We look forward to seeing you on the
12th October. All money raised will go
towards the Annual Luncheon and Day
Trip for the senior citizens of Tebay.**



You are invited to a

Summer BBQ

At Tebay Sports and Social Club

Friday 19th July

starting at 6pm

followed by a disco

£5 per adult, £3 per child

This is a ticket only event so
make sure you get your tickets
by contacting

Tebay Primary School

015396 24239

admin@tebay.cumbria.sch.uk



All proceeds to go to
Friends of Tebay School



SAVE THE DATE!

As part of our Golden
Wedding celebrations
over this summer we
are planning an
evening at Tebay
Sports and Social Club
on

Friday 27th September

featuring 'Errant Thieves' (a subgroup of the Penrith
Group 'Beyond the Beacon' who played at The Old
Courthouse in Shap earlier in the year).

We would love as many friends as possible from
Orton, Tebay and surrounding areas to join us for
this occasion, so please note the date in your diaries
and look out for further details in the September
Link.

Ian & Ronnie Elliott

Fabric Sale

Huge Fabric Sale to be held

Saturday 28th September

10am – 2pm

Tebay Methodist Church Hall

Fabric sold off the roll

Fat ¼ s

Jelly rolls

Threads

plus lots more

FAMILIES TOGETHER IN Tebay & Orton

...ALONG WITH OUR FRIENDS...

PRESENTS

Community Sports Day and BBQ



Sunday 7th July

3pm – 5.30pm

Tebay Recreation Ground

CAKE AND DESSERT COMPETITION

BRING YOUR ENTRY! GREAT PRIZES TO BE WON!

Then we will all enjoy eating what everyone has made!!

CAN YOU HELP *with the Sports Day?*

1. **Practical help:** Last year this was a really happy and successful event, and we hope it will be even better this year. One reason why it went so well was all the help we received from members of the community, both beforehand and on the day. So all offers will be warmly welcomed!
2. **Money:** An event like this has many expenses, and last year we really appreciated gifts from groups and individuals. Donations, large and small, will be most welcome this time too!

With any offers, please contact:

ORTON: Roland and Rachel
Woof - 015396 24372.

TEBAY: Pam Lawson - 01539
267575

All Saints' Church, Orton

Charlie's Church



Tuesday 2nd July, 9.45 a.m.

Class 1 of Orton School invite
all pre-school children and parents/carers
to join them!

Children and Religion

I had been teaching my three-year old daughter, Caitlin, the Lord's Prayer for several evenings at bedtime; she would repeat after me the lines from the prayer. Finally, she decided to go solo. I listened with pride as she carefully enunciated each word right up to the end of the prayer: "Lead us not into temptation," she prayed, "but deliver us some E-mail."

**DEAR GOD,
THANK YOU FOR ANOTHER DAY.
PLEASE WATCH OVER MY
FAMILY AND FRIENDS.
THANK YOU!
AMEN.**



Tuesday Morning Prayers in Churches

9.30 a.m.

All welcome to join us for a time of worship and prayer

Dates, venues and leaders for July

| | | |
|--------------------|----------------|------------------------------|
| 2 nd : | Orton | Chris Jenkin (NB: 9.15 a.m.) |
| 9 th : | Ravenstonedale | Fran Parkinson |
| 16 th : | Shap | Alun Hurd |
| 23 rd : | Tebay | Rosemary Campbell |
| 30 th : | Bampton | Diana Nicholson |

(No meetings in August)



Orton and Tebay Local History Society

Next Meetings:

Thursday 18th July

"The History of Spinning" with Anne Taylor

August: No meeting

7.30 p.m. at Tebay Methodist Church
Visitors always welcome - £3.00 per person

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

NEXT MEETING: Thursday 11th

July, with Maria Taylor (Mission worker in Tanzania and Ruanda). Everyone welcome for lively Christian worship and fellowship, in the Appleby Hub (Centre 67), Chapel Street, Appleby. 7.30 for 8.0 p.m.

<http://www.thefillingstation.org.uk>



Barry Hawthorne Ministries

Igniting the fires of Faith for Revival!

New season of meetings
with Barry and Karen Hawthorne

FAITH - HEALING - HOLY SPIRIT

Thursday 4th July at 7pm
Appleby Hub (Centre 67), Chapel Street, Appleby
Praise and worship led by Karen
followed by ministry of the word of God.

<http://www.barryhawthorneministries.com>
info@barryhawthorneministries.com



Time To Change

A song about the Climate Change Crisis, to the tune of "Defying Gravity" from the musical "Wicked" (by Stephen Schwartz). This song was conceived and written by the Tebay Kids' Band, and performed at the Tebay Community Choir Concert on 10th June 2019.

Antarctica is dying 'cause we don't care enough
We need to save the planet so let's fight and be tough

We need to change the system and start to think real fast

It will take some courage but it's not too late to act.

And now it's time to change mentality

Don't say goodbye to our humanity

And now it's time to change the way we think

It's not too late!

The plastic in the oceans is causing fish to die
These mountains of pollution are reaching to the sky
We need to change the system and start to think real fast

It will take some courage but it's not too late to act.

Extinction's running riot, wildlife's declining fast
Unless we change our diet what on earth will last?
We need to change the system and start to think real fast

It will take some courage but it's not too late to act.

It hits the poorest hardest though it is not their fault
Our leaders turn a blind eye and they won't break the mould

We need to change the system and start to think real fast

It will take some courage but it's not too late to act.

I'm through ignoring the truth, it's right there in our face

We cannot ignore climate change, it will put us in our place

We need to change the system and start to think real fast

It will take some courage but it's not too late to act.

Upper Eden Foodbank: The concert was in aid of the Upper Eden Foodbank. 10 bags of donations of food items were collected and in addition £150 in cash was raised. Hazel and Margaret, Foodbank reps, attended the Concert.

Church Websites for Orton and Tebay

Entry in the Church of England's "A Church Near You" directory
Orton's entry: <https://www.achurchnearyou.com/church/12220/>
Tebay's entry: <https://www.achurchnearyou.com/church/12223/>

Facebook pages

Orton's page: <https://www.facebook.com/AllSaintsOrton/>
Tebay's: <https://www.facebook.com/groups/stjamestebay>

Orton

Orton Farmers' Market

The next two Farmers' Market
Coffee Mornings will be on

Saturdays 13th July and 11th August

Join us in church
for refreshments and a chat
in a friendly atmosphere.

At the June meeting we raised **£335.94** to
help us continue God's work at All Saints.

Many thanks for your continued support.



ORTON DROP IN

EVERY WEDNESDAY
10.30 – 12.00
AT CHAPEL SCHOOLROOM

EVERYONE WELCOME
FRESH COFFEE AND HOMEMADE CAKES

ORTON

ALL PROCEEDS GO TO CHARITY

SUMMER FETE

**FREE
ENTRY!**

TRACTOR PULL NINJA WARRIOR
HOOK A DUCK TOMBOLA
NERF GUN ALLEY SPLAT THE RAT
RIDE ON TRACTOR BARBEQUE
BOUNCEY CASTLE REFRESHMENTS
FACE PAINTING GLITTER TATTOOS
PLUS MUCH MUCH MORE.....

SUNDAY 14TH JULY 11AM-4PM

ORTON SCHOOL AND PLAYING FIELD
THE FRIENDS OF ORTON SCHOOL REG CHARITY 1048683

Orton Village Scarecrow Festival

Thank you to everyone who made
scarecrows! It was great to have
more this year, and we hope you
enjoyed taking part. The scarecrows
withstood the weather remarkably
well. There were many favourable
comments from the numerous visitors to Orton.



Results of the 2019 Scarecrow Competition

Adult Scarecrow:

- 1st: **WON'T START** – Rowland Woof
- 2nd: **THE CUMBRIAN VET** – Emma Thorpe
- 3rd: **POSTMAN PAT** - The Coward family.

Primary School Children's Scarecrow:

- 1st: **WHEN I GROW UP** - Orton School
- 2nd: **ORTON GARAGE** – Jake Potter
- 3rd: **FARMER FINN** - Finn Mounsey

PRIZE BINGO

We would just like to thank you all for coming to
our last bingo in May; we raised £507 for Hospice at
Home. Our next bingo -

Friday 6th September
Orton Market Hall, 7.30 pm
All welcome
Good prizes - In aid of Orton School
Hope to see you there – thanks,
Jillian and Sharon

Orton Surgery

Orton Surgery is normally open every week from
9.15 to 10.30am on Tuesdays and from 4.00
to 5.45pm on Thursdays.

There will be no Orton surgery nor medication
collection on Thursday 11th July as it is a protected
learning day.

There will be no Orton surgery on Tuesday
27th August (day after a Bank Holiday) but
medication will be available for collection between
10am and 10.30am.

Shap Practice: 01931 716230
Out of hours: 03000 247 247

*Thank
you*

**Thank you to all
from
ALL SAINTS'
CHURCH**

We wish to invite the community to an
OPEN EVENING in church
on Wednesday 10th July from 7pm.
Light Buffet available.

Please feel welcome to come along, especially if you help with the Church in any way at all, whether inside or outside the building or also with making Scarecrows for the Exhibition/Festival. Helpers of all ages, and their spouses/partners, are very welcome.

This event is to show our gratitude to everyone who contributes to the life of our Church in many and varied ways. We all have different gifts with which to "serve".

Please come along to chat and share an enjoyable evening with friends.

The Arts Society Appleby in Westmorland



People, Places and Piazzas

The Life and Art of Charles H Mackie
Pat Clark

This lecture is to be held at Appleby Market Hall at 11 am on Wednesday 11th September.

This lecture will give an overview of his life, work and contribution to Scottish and British Art.

Pat Clark is a retired head teacher with a passion for Charles Mackie, a neglected figure in Scottish Art.

Members are free,
there is a small charge of £8.00 to guests.

For more information and to see our 2019 programme visit www.taswestmorland.org.uk



Voluntary Social Car Scheme
Cumbria County Council

The Voluntary Car Scheme provides transport to members of the community of any age (under 18's must be accompanied by an adult) who cannot make their journey by public or private transport. Typical journeys include getting to the shops, doctors, dentists, making public transport connections and visiting friends.

Passengers pay a contribution towards the cost of the transport. If two people or more travel then the fare is shared between them. Journeys are available depending on volunteers' availability. You may be asked to share transport and you may need to be flexible about the times you travel.

If you would like to make use of this service or are interested in driving for the scheme, in the first instance please contact Michael Heywood 015396 46601.

Serving the people of Cumbria cumbria.gov.uk/voluntarycarscheme

CHRISTIAN AID



Following a very successful Coffee Morning at Beckside, Orton, when people met, had an enjoyable time and returned their donation envelopes we have ended up with **£1,071** donated to Christian Aid. This was donated by Orton, Tebay and Ravenstonedale parishes so a BIG thank you to everyone who donated. Also a special thank you to Chris and Mary Jenkin for offering their home and garden as a venue for this event. Of the sum given, £790 was gift aided so that will increase the total substantially.

Thank you again: Olive & Chris Bland

Postscript from Chris and Mary:

We really want to thank all those who helped with the coffee morning – serving the refreshments, providing cakes, and manning the stalls and raffle. We couldn't have done it without you!

ORTON CHURCH EXHIBITION

Well done and a really big THANK YOU

to everyone who helped with our annual Church Exhibition & Scarecrow Festival.

As is always the case, it was a "real team effort", from the scone makers to the washers-up, and it was lovely to see families working together both in church and making the scarecrows. Can we say very special thanks to all those who came up with the ideas for the theme of this year's exhibition and then also had the skill and commitment to bring it all to fruition.

From listening to people's comments in church it was very evident that the theme and the displays were very much appreciated. I heard numerous people say, "I don't know where they get their ideas from". We also need to thank everyone who helped practically to set up the displays in church, which includes setting out all the boards on the pews and then creating the "shop windows" and also the art gallery.

In connection with the catering, there are all the waitresses, the kitchen staff, and all the bakers. There are all the stewards on the door, and at the end of the day there are the cleaners, and actually quite a lot of people are very versatile and actually multi-task... Apologies if any groups have been omitted!

We also are very grateful to everyone who made Scarecrows to display. Our numbers were actually up on last year which was much appreciated by everyone. If you did not make one this year then could you perhaps give it some thought and see if you might "have a go" next year. Honestly it is NOT very difficult, and if you make one then it is perfectly feasible to "recycle" them and re-use them the following year. Scarecrows are actually very green - just give them a fresh set of clothes from the charity shop and they can come to life in a new guise!

Our annual Exhibition and Scarecrows event is well established in the village calendar and is a big plus for our village and community, but it does need a lot of work and commitment to make it so successful. We have a very dedicated team who put a lot of effort into making it work, but new volunteers are always welcome so please give it some thought and **maybe you** have some gifts which you can offer.

There is no doubt that there is a lot of hard work involved with the whole event but several members of the team have actually said to me that

there is also "a lot of fun" as well, so why not come and join the fun.

"Working together" is always much better than working individually. If we work together then we need to take into account the thoughts and needs of other people and not just our own. And by working together we have raised over **£7500** for our parish church.

Angela Milburn & Chris Bland (Churchwardens)

ORTON PARISH COUNCIL

The Annual General Meeting of Orton Parish Council took place on 20th May and was well attended by 50 or so parishioners. Mr. John Dunning opened the meeting and spoke about the changing nature of farming and how such change impacts upon the local landscape. He introduced Mr. David Evans who talked about the work of the Westmorland Dales Landscape Partnership Scheme and how this might affect the village and its surrounding hamlets. The Scheme will run for four years and has funding of £3.45 million. He mentioned that the Partnership was opening an office in Tebay where work would begin on the various projects including cultural heritage projects; projects concerned with sustainable farming; improving rights of way and access and supporting the tourism industry.

Mr. Kyle Blue (chairman) mentioned the various activities of the Parish Council over the year including the provision of two additional defibrillators, work to maintain and upgrade the children's play area and further work to improve the community parkland. The Parish Council had taken over the footway lights from Eden District Council during the year, and would continue to maintain the public toilets. He thanked the volunteers who assisted with the annual village litter pick and also the Speedwatch volunteers who have worked hard to reduce the speed of traffic through the village.

The July meeting of the Parish Council will take place on Monday 15th July at The Market Hall at 7.30pm.

Apprenticeships in the Westmorland Dales

If you would like to get a job working outdoors in the countryside, while getting a vocational qualification, this may be the opportunity for you. This apprenticeship will provide you with the chance to develop a wide range of skills in countryside management, plus a **Level 2 Worker Apprentice**.

ABOUT THE APPRENTICESHIP

- **Apprenticeship:** Level 2 Countryside Worker
- **Work base:** Tebay
- **Expected duration:** 18 months
- **Working week:** 37 hours
- **Salary:** £4.50 per hour in year 1, rising to National Minimum Wage in year 2
- **Positions:** 4 available in 2019, and another 4 in 2021
- **When to apply:** 1st to 11th July 2019

For more information phone Belinda Lloyd on 07971 528776. To apply visit: www.yorkshiredales.org.uk/jobs



Just a few of the "High Street" shops at the Orton Church Exhibition



News from rton School

Welcome to our last Link page for this academic year.

Years 5 and 6 normally write our Link page but they are learning how to keep safe on the roads on their bikes. Year 4 are also taking part in the 'Bike-a-bility' training.

Year 3 overheard Mrs Green saying that she was going to write our news this month and asked if they could do it.

We think you will be impressed at their first year 3 Link page!

Well done Jake, Finn, Ella, Lilly Grace, Sam and Sean.

In May 8 children went to tennis with some other schools. It was a lot of fun and we really enjoyed it. Group A came 1st and went to the next round which will be the school games.

A BIG thank you to Miss Lucy Potter who came and helped us to improve our tennis. **Sam**

LAST WEEK CLASS 4 WENT ON RESIDENTIAL TO YORK FOR 1 WEEK. THEY WENT AND CAME BACK ON THE TRAIN.

THEY WENT TO A MUSEUM AND HAD ICE CREAMS.

LILLY-GRACE

GREENHOLME SHOW 2019

On the 8th June some people went to Greenholme Show. In the tent the children's trophy for the most points went to Finn Mounsey and the most points in the for the teenagers trophy went to Jenny Mounsey An artist sold the picture of a tent for 40 pawnd. In the ruff fell sheep Robe Stedman nearly won every category but some people did win him! In the end other breed trophy went to the Potters.

Jake and Finn

Bike a bility

On Monday in the morning class 4 did bike a bility they did some bice practise and then after lunch year 4 did bike a bility they also did some training exercises.

Ella

In May some people out of class 3 went to tennis. The boys and the girls were in separate teams. Some were A some were E. Both teams played a few games. Then we went back to school. Then we finished school and we went back home.

Sean

We have had another fun and busy year, please visit our website to find out what we have been up to

<http://www.ortoncofeprimary.co.uk/> .

Have a lovely Summer.

We shall be back in September with more news!

The Scarecrow Competition. **By Finn**

There were 50 scarecrows in the village. In the children's category 1st place went to the Orton School, 2nd went to Jake Potter and 3rd went to Finn Mounsey. In the adult category Mr and Misis Wuff. came 1st and Emma Thorpe came 2nd.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**

Yoga at Newbiggin

Tuesday evenings 18th June to 23rd July

Initial Course supported by ACT Cumbria

Cost £6 for 6 session course

7.30 pm in Newbiggin Public Hall

Bring Mat, blanket and thin cushion.

If interested contact Paula Marshall-Brownrigg

07951 523433



Summer Tea Party

Saturday 13th

July at
Newbiggin
Methodist,
2-4pm

£5 for adults,
£3 for under 12yrs



All Welcome

Notes from the Herald, July 1919

Mostly fine, drought. Haymaking by 5th but grass hit by drought.

Orton wrestlers went to the Rushbearing Sports at Warcop on 29th June as did some from Tebay, Keswick and Carlisle.

Peace was signed with Germany and celebrated nationally this month unless (as at Orton) haymaking came first. Orton's do will be in August.

Dentistry Mr. C.W. Robinson, Kirkby Stephen, visits Orton (Waverley Hotel) every Friday, 5-8pm and Ravenstonedale (Greenside) every Thursday 12-3pm.

Auction at the Market Hall, Tebay on 24th; 1. Town Foot, Tebay, house and 67 acres, sold for Mr. H. Moser, Kendal, to Mr. Thomas Stainton, Tebay for over £2,350; tenant is Mr. S. Jackson. 2. Bybeck Farm, 115 acres, sold for £3,000 to Orton Hall's owner. 3. Scarside, Orton, house and 30 acres sold to Mr. George Little its tenant for £810 (his rent is £28 p.a.) 4. House and shop in Church St., Tebay.

Died at Mount Pleasant, Tebay, last week, Mr. W. Ruddick, 70, farmer. In his youth he was a well-known wrestler. He farmed at Grayrigg Tarn Farm thence

Harvest Thanksgiving Weekend

Orton Methodist Chapel
invite you to an evening with
Martin and Pam Lawson
(Tebay)

where they will share about
their life and work in Tunisia

on Saturday, 28th September
7pm, at the Chapel

Collection for a charity
whose work is based in North Africa
Refreshments afterwards

HARVEST THANKSGIVING
CONTINUES -

Sunday, 29th September
10.30am Family Service

led by Rev Marc Jackson (Kendal)
Coffee and refreshments after the service

And Evening Service at
6.30pm

led by Rev Marc Jackson

A warm welcome to all

Townhead Farm, Tebay. One son, a Sgt. Major, was slain in the Dardanelles, 1915. (Obituary, 26th July).

Tebay's Mr. S. Jackson made the Brough Primitive Methodist Circuit's presentation to its minister, the Rev. F.A. Young, at Kirkby Stephen. He moves to Goole Circuit now, has been at Kirkby Stephen for seven years. Four speakers, no 3 being Mr. W. Bainbridge, Newbiggin-on-Lune. The shop and house in Church St., Tebay (rent £20 p.a.) was sold by auction on 24th to Tebay Co-op for £340. Longdale School is celebrating the Peace on the national weekend this month.

Ravenstonedale's oldest inhabitant, Mrs. Mary Handley, Bridge House, died aged 94 after being ill for four years. She died on 2nd July there. Her late husband, Mr. Isaac Handley of Northwaite, died over 55 years ago trying to save a neighbour who had fallen into the river (with horse and cart) at Northwaite Bridge. Since then she lived in Graham Street, Penrith for several years, then moved to Darlington, then moved back to Ravenstonedale. (Obituary and photo of her, 5th July, page 5). She has one daughter, now in Darlington. Mary's son, Thomas of Park House, predeceased her.

Thanks to Jeremy Godwin for the Notes

Ravenstonedale

Forthcoming events - Summer 2019

Saturday 29th June, 2 p.m.

Ordination of Fran Parkinson in Carlisle Cathedral

Sunday 30th June, 10.30 a.m.

United Benefice service at St. Oswald's, followed by & Share lunch at Newbiggin Village Hall

Saturday 6th July, 7.30 p.m.

Warehouse Blues Band at Newbiggin Village Hall - fund-raiser for St. Oswald's organ restoration

Wednesday, 17th July

Ravenstonedale Parish History Group
Walk round Ravenstonedale with Steve & Val Fermer

Advent Sunday, 1st December

Kirkby Stephen Silver Band Concert
St Oswald's Church, Ravenstonedale 3.00pm



Put the date in your diary now!

22nd and 23rd November

#FindCinderella

will be the next production from the team that brought you "Norman's Christmas Special" and "From Westmorland to the Western Front"

Boon Day

Thanks to all who came to St Oswald's Boon Day in June. The church yard looks very tidy.

Please come again on Wednesday 4th September!

RAVENSTONEDALE PARISH HISTORY GROUP

Come along on Thursdays 2.00pm - 4.00pm to **High Chapel Community & Heritage Centre** (other times by arrangement) to view Transcribed Parish Registers, 1650 - 1826 Poor Relief Returns for 1780, 1856, 1867, 1869, 1871, 1878/9 showing occupiers and owners of properties
Transcribed census returns 1841-1911
Many old photos and newspaper reports
AND MUCH MUCH MORE!

For more information contact: Val Fermer on 07798 688057 or leave a message on ravenstonedalehistory.org.uk

RAVENSTONEDALE VILLAGE 'OPEN HOUSE'

Continues EVERY WEDNESDAY from 10.30am to 12 noon in the METHODIST CHURCH

Do come along and meet friends and make new ones, and enjoy a cup of coffee, tea or juice, with biscuits and sometimes scones or cake.

Everyone is welcome -

locals, walkers, cyclists, passers-by!

There is no charge but donations are welcome and any surplus goes to good causes; we have recently supported the Great North Air Ambulance, Eden Animal Rescue and Shelter Box.



Our advertisers

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**

St. Oswald's Makeover

The redundant, trip hazard central heating pipes have been removed and the joinery made good, and a beautiful new carpet fitted thanks to funding by the Friends of St Oswald's.



Thanks go to Richard Best for draining the boiler and Chris Thornton who removed the pipes, Joiner Graham Alderson for woodwork and staining, cleaners Bell Cleaning Services, Carpet fitters Capsticks and members of the congregation who tidied up before, during and after!

RAVENSTONEDALE PARISH HISTORY GROUP

RAVENSTONEDALE TALES AND TRAILS

WEDNESDAY 17TH JULY

Meet 7.30pm car park

by Biggins Nursery, Ravenstonedale

£2 for members, £3 for non members

For further information check on
www.ravenstonedalehistory.org.uk
or ring 07798 688057

FUNDRAISER FOR RESTORATION OF ORGAN AT ST OSWALD'S CHURCH, RAVENSTONEDALE

AN EVENING OF LIVE MUSIC AT
NEWBIGGIN-ON-LUNE PUBLIC HALL

THE WAREHOUSE BLUES BAND

SATURDAY, JULY 6th

FROM 7.30PM

LICENSED BAR & FOOD
AVAILABLE

BOUND TO BE A RAFFLE!

PLEASE COME ALONG AND HELP RAISE
FUNDS FOR THE RESTORATION OF THE
ORGAN AT ST OSWALD'S, WHILE HAVING
A BOP AND A GOOD TIME!!

£3 ENTRY FEE PLUS "ORGAN DONATIONS"
ENCOURAGED!!

Newbiggin-on-Lune Methodist Chapel Events

- Saturday 13th July - Afternoon Tea
- Saturday 16th November - Autumn Fair

Newbiggin on Lune Public Hall

- McMillan Coffee Morning - Friday September 27th 10am-12noon.

Church Registers

WEDDING

The wedding of James Daniel Woodcock and Eleanor Louise Selina Dinnes took place at St. Oswald's Church, Ravenstonedale, on Saturday 25th May 2019.

Newbiggin-on-Lune

Newbiggin-On-Lune Methodist Chapel

Please feel free to come along
and join in our fellowship.

Every Sunday at 10.30am

Every Tuesday we have our coffee morning from
10am – 12 noon.

Plus various other events either weekly or monthly
Sunday School – all ages, Youth Fellowship – ages 11
plus, Lunch Club, Fellowship, Men's meetings, Bible
Studies, Worship Band Practices,
Ignite Bible Study ages 16 plus and Ladies meetings.

All welcome

For more information please call Wilfred on 23600
or Angela on 07980 418078

Newbiggin-on-Lune Baby and Toddler Group

Every Friday morning (term time) 9.30am - 11.45am
Methodist Chapel Schoolroom
Children under 6 months - free
Children over 6 months - £1.50

First session is free (includes a
healthy snack)

Just turn up, or for more details
contact **Chairperson** : Fi
017683 71921



Ravenstonedale Folk Dance Club No meeting till September

For more information ring Chris Bland - 24258.

Are you interested in
**Sewing / knitting / quilting /
sharing skills and chat ?**

Please ring Ann Wappett on 015396 23565

Newbiggin-on-Lune Public Hall

Contacts:

Chairman : Ian Clayton Tel: 015396 23226

Secretary: Jim Wardrope Tel 015396 23288

Treasurer : Carl McLaughlin Tel: 015396 23674

The Vicarage, Newbiggin-on-Lune, Kirkby Stephen

Caretaker : Anne Brownrigg Tel: 015396 23594

All bookings should be made with the Caretaker

All payments to the Treasurer.

LUNE LADIES SUMMER PROGRAMME

Wednesday 3rd July

Visit to Himalayan Garden, Ripon.
Leave Village Hall 9am.

Wednesday 7th August

Visit to Kiplin Hall, Richmond.
Leave Village Hall 10am.

Wednesday 4th September

Visit to Saltaire, UNESCO World Heritage Site.
Leave Village Hall 9am

Wednesday 2nd October

Dewley Cheese & Barton Grange Garden
Centre. Leave Village Hall 10am.

I hope you will be able to join in the visits we have
chosen. Routes will be available on the day.



Newbiggin-on-Lune BOWLS CLUB

Fridays at 7.30 p.m.

All welcome - first night FREE!
For details contact Stephen Dickinson
(17766 833 500)

LUNE SPRINGS LUNCH CLUB

Lune Springs Lunch Club welcomes anyone who
would like some company and a meal. It is held on
the **second Monday of each month**

at Norman Ousby's Garden Centre and Café
at Newbiggin-on-Lune.

The cost is **£10.00** for a main course, sweet,
and coffee or tea.

It would be lovely to welcome new people - we are
a friendly group and there is quite a lot of chatter!

Please let Sally Cannon know
if you are able to come
(015396 23230 or 07531 544048)
as the meal is prepared specially for us.
We should be very pleased to see you!

Newbiggin-On-Lune Men's Meeting

No meeting till October

Contact Jonny Capstick for details - 015396 23141

Shap

The Old Courthouse, Shap

13th July – 4th August "The life and source of the Lowther Valley" - Paintings, photography, ceramics and glass work by local artists.

'Steam over Shap' - special events in Shap

Shap Local History Society present at The Heritage Centre, The Market Cross, Shap. An exhibition to mark the 175th anniversary of the commencement of construction of the Lancaster and Carlisle Railway. Railway archive including records, images, newspaper cuttings and recollections.

Open 1 - 4.00pm each weekend in July and August (other times by arrangement). Donations appreciated

10th August to 1st September

Shap Community CIO present an Exhibition of Railway Art and Photography at The Exhibit 'A' Gallery, The Old Courthouse, Shap. Paintings and photographs by past and present day artists. Admission Free Donations appreciated

Weekdays – Mon 10 -2, Tue 2 – 5, Wed 12 – 2, Thu 2-5, Fri 2-5

Weekends – Saturdays 10am – 2pm

Sundays 2 – 5pm

Saturday 10th August 7.30pm 'Steam over Shap' talk by Jean Scott-Smith at The Old Courthouse, Shap. Places limited. Please book in advance.

Tickets: £3

Sunday 18th August 10.30am – 4.30pm Model Railway Exhibition at Shap Memorial Hall

Admission: £3 16 and under FREE

Layouts, static models, hands-on opportunities for children.

Saturday 24th August 2.30pm 'Railway sites in Shap' – a guided walk with Jean Scott-Smith

Meet at The Old Courthouse. Places limited. Please book in advance.

'Close Shave' - Barber's Shop Quartet, Shap Memorial Hall, Saturday 6th July

Admission Adults: £5

Accompanied children free

Proceeds for St Michael's Church

Shap Village Show - Saturday 31st August

Open to the public from 12.30pm, auction of produce 2.30pm. Schedules available at The Old Courthouse & Andersons Newsagents

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Weekends 12-2pm then from 5pm

We now have an exciting **NEW MENU!!**
Contact info@kingsarmsshap.co.uk for a copy.

Upcoming events

Saturday 20th July - Shap Rollicking Fun Run
raising funds for Cancer Research UK
followed by quiz at night
£10 per adult £5 per child
Contact [07488 377821](tel:07488377821) to register

Save the Date ...

King's Arms Beer Festival: 2nd, 3rd and 4th August

THE CROSS KEYS INN, TEBAY

16th Century Coaching Inn



New small dishes menu available

Monday to Thursday 12-3 / 5-7

We are launching a new seasonal menu for the summer time!

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Double Room from £69.00

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The new summer terrace is getting ready to enjoy the sunshine !!!!

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CumbriaClassicCoaches.co.uk

MONDAY ROUTE 571: Brough to Kendal

| | OUTWARD | RETURN |
|--|-------------|----------------|
| Brough Clock | 10.05 | 16.15 |
| Kirkby Stephen | 10.20 | 16.06 |
| Kirkby Stephen West Station | 10.30/10.35 | 15.53/16.00 |
| Ravenstonedale School | 10.43 | 15.44 Garshill |
| Newbiggin on Lune village hall | 10.48 | 15.40 on A685 |
| Junction 38, Tebay | 11.00/11.15 | |
| Mount Pleasant bus stop, Tebay | 11.18 | 15.26 |
| Barnaby Rudge bus stop, Tebay | 11.20 | 15.27 |
| Kendal Morrisons bus stop | 11.45 | 15.00 |
| Stricklandgate | 11.51 | |
| Blackhall Road | 11.55 | 14.55 |
| <i>Morrisons layover 1.30 hours depart</i> | 13.15 | |
| <i>Blackhall Road layover 1.45 hours</i> | | |

THURSDAY ROUTE 570: Shap to Kendal

| | OUTWARD | RETURN |
|--|---------|--------|
| Ravenstonedale School | 10.10 | 16.35 |
| Shap | 10.45 | 15.57 |
| Orton | 11.10 | 15.37 |
| Mount Pleasant bus stop, Tebay | 11.18 | 15.26 |
| Barnaby Rudge bus stop, Tebay | 11.20 | 15.27 |
| Kendal Morrisons bus stop | 11.45 | 15.00 |
| Stricklandgate | 11.51 | |
| Blackhall Road | 11.55 | 14.55 |
| <i>Morrisons layover 1.30 hours depart</i> | 13.15 | |
| <i>Blackhall Road layover 1.45 hours</i> | | |

TUESDAY ROUTE 569:

Ravenstonedale to Hawes

| Easter to end of October | Outward | Return |
|--------------------------|---------|--------|
| Departs Bus Depot | 10.10 | 16.30 |
| Ravenstonedale School | 10.23 | 16.25 |
| Kirkby Stephen Station | 10.40 | 16.15 |
| Kirkby Stephen Square | 10.50 | 16.10 |
| Arrives Hawes | 11.50 | 15.10 |

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

| | Summer | Winter |
|------------------------|--------|--------|
| Departs Bus Depot | 10.10 | 10.10 |
| Ravenstonedale School | 10.23 | 10.23 |
| Kirkby Stephen Station | 10.35 | 10.35 |
| Kirkby Stephen Square | 10.45 | 10.45 |
| Brough Clock | 11.03 | 11.03 |
| Middleton in Teesdale | 11.45 | |
| Barnard Castle | 12.25 | 11.40 |
| Barnard Castle | 15.30 | 14.30 |
| Brough Clock | 16.05 | 15.05 |
| Kirkby Stephen Square | 16.15 | 15.15 |
| Kirkby Stephen Station | 16.22 | 15.22 |
| Ravenstonedale School | 16.30 | 15.30 |
| Depot | 16.40 | 15.40 |

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