

DIGITAL ISSUE

The Link

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



November 2020

**THE LINK IS PUBLISHED BY THE
PAROCHIAL CHURCH COUNCILS
OF ALL SAINTS', CHURCH, ORTON,
WITH ST JAMES' CHURCH, TEBAY,
AND ST OSWALD'S CHURCH,
RAVENSTONEDALE
WITH NEWBIGGIN-ON-LUNE**

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THE LINK DEADLINE IS THE 13TH OF EACH MONTH

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CHURCH LETTER

From the Revd. Philip Rigby, retired Methodist Minister

This is being written nearly a month before you will read it, and in the present circumstances it's hard to know how relevant anything I might say will turn out to be. But some things can be said, even in these strange times, when to a large extent we support and care for one another by staying away from each other!

When we are being very careful about being too close to other people who aren't part of our close household, so as to minimise the risk of transmitting infection, which we are told we may be carrying even if we are without symptoms, it's very easy to feel cut off from meaningful human contact.

We go to the shop, and rush in and out in the hope of reducing our risk to others as well as ourselves; we stay well apart in the pub, or outside the school gates, and in other places which in more normal times would be a natural gathering place.

Even in church, it's a strange experience to be part of a congregation carefully dotted about the building, sitting well apart, being unable to sing, and sometimes finding it hard to recognise someone behind their face mask, even though we might know them quite well!

These difficulties must be much worse for those who live alone and rely on such occasions as these for some

human contact which breaks up their isolation. If this is your circumstance, be aware that you are not forgotten, and please don't hesitate to use the telephone or other safe means to get in touch or keep in touch with other people.

For what we must not forget in all this separatedness is that we *are* all in this together. And that means doing all we can to support each other and look after each other through our thoughtfulness, sympathetic understanding and using our opportunities to offer practical help.

A few weeks ago I came across a reference to an African philosophy known as *Ubuntu*. This is sometimes summarised as "I am because we are" - and if ever there was a time when we needed to appreciate our interdependence, that surely is now. When we are all living under the same potential threat, this is surely the moment to turn aside from the "Us and Them" mentality that is so pervasive in our world.

This is our opportunity to learn once and for all that it is together that we can move forward, because then we pool our resources, learn from each other, share with each other, and so grow together.

Then we really can live in the hope, and see the tiny signs, of better things to come.

NOTE - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13th may be held over until the following month.

Next deadline - for the December 2020 / January 2021 issue: **13th November**
Front cover: Autumn Leaves by Diana Fothergill

SUNDAY SERVICES IN OUR CHURCHES FOR NOVEMBER 2020

<p>Sunday 1 November <i>All Saints Day</i></p> <p style="text-align: right;"><i>Sidesperson:</i> Rev 7: 9-end Hebrews 11:1-3,32-40,12:1-3</p> <p><i>White, or Gold</i></p>	<p>Orton, 10:30am Holy Communion <i>Alun Hurd</i></p> <p><i>Sidesperson:</i> Mary Jenkin Andy Glanville Chris Bland <i>Prayers:</i> Angela Milburn</p>	<p>Tebay, 10:30am Songs of Praise at the Methodist church</p> <p style="text-align: center;">Zoom meeting number: 842 9690 9437</p>	<p>Ravenstonedale, 10:00am All Age Worship <i>Fran Parkinson</i></p>
<p>Sunday 8 November <i>Remembrance</i></p> <p style="text-align: right;"><i>Sidesperson:</i></p> <p><i>Red</i></p>	<p>Orton, 10:55am Service of Remembrance <i>Alun Hurd</i></p> <p><i>Sidesperson:</i> Chris Bland Mary Jenkin Elizabeth Crossley <i>Prayers:</i> Chris Bland</p>	<p>Tebay, 10:55am Service of Remembrance <i>Diana Nicholson</i></p>	<p>Ravenstonedale, 10:55am Service of Remembrance <i>Chris Jenkin</i></p> <p style="text-align: right;"><i>Diana Fothergill</i></p>
<p>Sunday 15 November <i>2nd before Advent</i></p> <p style="text-align: right;"><i>Sidesperson:</i></p> <p>Zephaniah 1:7, 12-18 1 Thessalonians 5:1-11</p> <p><i>Red</i></p>	<p>Orton, 10:30am Holy Communion <i>Chris Jenkin</i></p> <p><i>Sidesperson:</i> Andy Glanville Jackie Huck Susan Basnett <i>Prayers:</i> Olive Bland</p>	<p>Tebay, 10:30am Service of the Word <i>Rosemary Campbell</i></p>	<p>Ravenstonedale, 10:00am Morning Prayer <i>Neil Hughes</i></p> <p style="text-align: right;"><i>Tim Parkinson</i></p>
<p>Sunday 22 November <i>Christ the King</i></p> <p style="text-align: right;"><i>Sidesperson:</i></p> <p>Ezekiel 34:11-16, 20-24 Ephesians 1:15-23</p> <p><i>Red or White</i></p>	<p>Orton, 10:30am Service of the Word <i>Lay Led</i></p> <p><i>Sidesperson:</i> Olive Bland Angela Milburn Olive Bland <i>Prayers:</i> Elizabeth Crossley</p>	<p>Tebay, 10:30am Holy Communion <i>Chris Jenkin</i></p>	<p>Ravenstonedale, 10:00am Holy Communion <i>Sandra Ward</i></p> <p style="text-align: right;"><i>Ian Torkington</i></p>
<p>Sunday 29 November <i>1st Sunday in Advent</i></p> <p style="text-align: right;"><i>Sidesperson:</i></p> <p>Isaiah 64:1-9 1 Corinthians 1:3-9</p> <p><i>Purple</i></p>	<p>Orton, 10:30am <i>United Service (on Zoom)</i></p>	<p>Tebay, 10:30am Service of the Word</p> <p><i>Fran Parkinson</i></p> <p style="text-align: center;">Zoom meeting number: 845 0152 6468</p>	<p>Ravenstonedale, 10:00am <i>United Service (on Zoom)</i></p> <p style="text-align: right;"><i>Richard Best</i></p>

SUNDAY SERVICES IN OUR CHAPELS FOR NOVEMBER 2020

		1 st	8 th Remembrance	15 th	22 nd Women against violence	29 th Advent
Tebay	10.30 a.m. 6.30 p.m.	OA S of P	P Rigby Zoom Connexion Service	J Worsfold	J Betts HC	S Thackray
Orton	10.30 a.m. 6.30 p.m.	LA	S Radford HC Zoom Connexion Service	P Keays OA	A Hurd OA	C Wightman OA
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	W Capstick OA	LA Zoom Connexion Service	A Pallister	S Radford HC	J Ousby
Ravenstonedale	2.00 p.m. 6.30 p.m.	S Radford	LA Zoom Connexion Service	A Pallister	S Radford HC	A Sterling

To receive details of KSAT services each Sunday email stephen.radford@methodist.org.uk
We will continue to provide online services until November. Here is the LINK to the Heart of Westmorland YouTube service:
<https://www.youtube.com/channel/UC6iZVadGymIBC04aEEOJryw>

Vineliflife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.

A VIEW FROM TEBAY

From Reg Capstick, Reader Emeritus

During my long (most of the summer) spell in hospital, I had ample time to consider various aspects of my life. One conclusion to which I came was how fortunate I have been to be able to do so many different things. Teaching was of course my main job for over 20 years, during the course of which I made many good friends, both colleagues and ex-pupils.

Having retired very early, I returned to my home village where, after being diagnosed with diabetes, I took up other work as a job, club leader amongst other things. During these initial years I also became very much involved in local football.

But one of the main things which happened was a renewal of my Christian faith in the form of becoming deeply involved with the local church. Although I am at present unable to attend services I pray in solitude and find great solace in Christian companionship. This, I am sure has enabled me to remain optimistic about life despite being more or less confined to the house. The support of good friends and neighbours has been wonderful, as has the reassurance of my Christian faith.

I realise that the Covid crisis is making life difficult for many people, and that despite the often bumbling attempts by the politicians, nobody can yet see a clear way out of the situation. We must remain as optimistic as possible and support each other in whatever way we can.

I am composing this article a day or so before the clocks go back signalling the official start of winter. For many of us, especially those of the older generation, the prospect of what my mum used to call 'the dark days before Christmas' is something daunting, but the support of good friends and the everlasting love of God should enable us to survive the winter and emerge into spring with renewed hope.

If by then some clear way out of the Covid crisis has been found, I hope most sincerely that all of us - young and old - will be inspired to offer thanks to all those who have done anything to help in any way and to give thanks to god for his constant support.

As I have said before, in the words of Tiny Tim in *A Christmas Carol*, 'God bless us, everyone!'



THE ARTS
SOCIETY
APPLEBY IN
WESTMORLAND

LECTURES AT HOME

FOR MEMBERS AND SUPPORTERS
OF THE ARTS SOCIETY

WITH ACCREDITED LECTURERS



GEORGINA BEXON
27 November 2020, 1pm
Indian Modern Art

MATTHEW DENNEY
18 December 2020, 1pm
Great Exhibitions and
the World's Fairs



Broadcast live on YouTube at
youtube.com/c/theartsociety

Train and railway enthusiasts

Can you help? I am looking for recordings of the Stainmore railway for use in an audio/visual project about the Tebay to Barnard Castle line, e.g. platform noise, steam/diesel trains, and similar.

I'm also interested in photographs and information and would appreciate any help people can give me.

Please email me at juliehoggarth34@gmail.com

Upper Eden Medical Practice

There are a limited number of Tuesday morning clinics at Tebay Surgery if patients do not want to travel to the Saturday clinics in Kirkby Stephen.

There are no more Saturday morning flu clinics scheduled but we do still have some weekday flu appointments at Tebay.

We are awaiting our next phased delivery of the under 65 vaccines which are due to be here by 13th November.

We are promoting the new online mental health service in North Cumbria: [Togetherall.com](https://www.togetherall.com) can be accessed by anyone aged 16 and over in our area simply by logging in and inputting your postcode. It is already being used in South Cumbria where the feedback has been very positive.

How we are booking appointments during Covid – please see link to our website.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

ZOOM Services

Every Tuesday there will be a short service of Morning Prayer on Zoom at 9.30 a.m. As usual it will include time to greet each other and chat, and share topics to pray about together.

Once a month (maybe more) the Sunday morning service will be sent out on Zoom from one of our churches to anyone who would like to take part.

To get an invitation email alunjurd@gmail.com

Open Churches

Our three parish churches are all open on **Wednesdays, from 2.0-4.0 p.m.** for private prayer or a quiet sit. Do come in, but you will need a mask!

Orton Surgery and Shap Medical Practice

APPOINTMENTS

Sadly it is not possible at the moment to book a face to face doctors appointment at Orton surgery. The doctors and nurses are continuing to operate a telephone first system at Shap Medical Practice. It is also possible to have a video consultation if you wish.

If a face to face consultation is needed, it will be arranged for you on the same day at Shap surgery. Some telephone and video appointments can be pre-booked online, otherwise contact the surgery at 8.30am to arrange one. Surgery attendance for appointments will be kept to a minimum to reduce the risk of infection to our patients.

Please check the NHS 111 website if you are unwell with cough, fever or change in sense of smell or taste symptoms.

FLU CLINIC

We have arranged a flu clinic for all eligible patients who have not yet had their flu vaccination and who live in the Orton/Tebay area, on the afternoon/early evening of **Thursday 26th November**. We are waiting to hear from NHS England about stocks of flu vaccinations for people who are over 50 with no underlying health problems and will be contacting people about these at a later date. It is really important that all eligible patients have their flu vaccine this year as it will help to rule out a flu diagnosis if COVID is suspected. The flu vaccine helps protect against the main types of flu viruses. If you do get flu after vaccination it's likely to be milder and not last as long. It will also stop you spreading flu to other people.

MEDICATION

Prescriptions will be available for collection from the Orton Village Hall between 10am and 11am on TUESDAYS. Any not collected will be returned to Shap.

If you are shielding or have difficulty collecting your prescriptions please let us know. We can arrange delivery or refer to the 'Good Sam' Service for help.

If you have internet access then please check the practice website and Facebook pages for updates.

Dr. McCabe Dr. Woodstrover Dr. Kehoe

and all the staff 01931 716230

<https://www.shapmedicalpractice.co.uk/>

The Link - Whether to print?

From the Editor



As I write this, a day or two before I expect to email this issue out to nearly 300 email addresses, serious consideration is being given to the future distribution of **The Link**.

We have heard quite a number of complaints from people who are not on email about the lack of printed copies; and we are very aware that, despite kind comments about the digital version, most recipients probably only open it once (if at all), whereas people who received printed copies (back in the day) would leave it on the coffee table and different members of the household might have a look several times in the month, and refer back to adverts or announcements of events.

So is there no way to supply printed copies again, while still keeping Covid-19 rules?

1. It has been pointed out that post office mail is still being delivered, and newspapers are still reaching our shops. Why is **The Link** different and apparently more dangerous?
2. It has been suggested that we could just print perhaps 25 copies for each village, leaving them in some public place e.g. Post Office, for people who want one to help themselves.
3. Another suggestion has been mailshots - companies who deliver advertising material to millions of front doors. We are exploring this seriously, and awaiting quotations from such companies; it would cost a good deal more than our usual locally-printed copies, delivered free by volunteers, but we have had no printing bills for eight months, so should we maybe spend more on getting at least the December/January issue printed and delivered this way?
4. Some mailshot companies require actual names and addresses (a massive operation, even if within Data Protection guidelines); others seem willing to deliver to every home in a district.



We will explore very carefully what is the right way forward.

Christopher C. Jenkin

TEBAY PRIMARY SCHOOL

Class 1

The Class have been looking at 'Superheros', we have read 'Superpotato', 'Superworm' and 'Charlie's Superhero Underpants'.

We have been busy looking for worms and made a wormery.

'We have finished the wormery and have 6 worms living in it. Today we made some wiggly worms. We drew eyes and lines on them.

We have been practising counting and ordering our worms'.



Class 2

Class 2's topic is transport, the children have been observing the types of transport that can be seen in Tebay and thinking about which direction you can travel.

Art - the children have created art work in the style of Mondrian, who used only primary colours in a lot of his pieces.

Literacy - the children are looking at the work of the author Eric Carle and using his books as an inspiration for their own writing.



Class 3

What a busy start to the term.

The children have loved their History topic of Ancient Egypt and making diary entries from the perspective of Howard Carter on the discovery of Tutankhamun's tomb.

The children have enjoyed exploring what makes a rainforest and the layers of a rainforest in Geography.

Science has been learning about living things and the habitats of different animals and ecosystems what harm they can do and how we can help.

We have started netball sessions with Lucy Potter from Eden Valley Sports Partnership and enjoyed cross country and orienteering in PE. After half term we will be having some hockey coaching.

Whole School

Huge thanks to everyone who donated clothes/shoes etc for our Bag2school collection, we raised £168.00..... there was over half a tonne loaded onto the van!

We would like to use this money to buy some lunch time play equipment. Thanks to Friends of Tebay School and Tebay community for their ongoing support to the school.



Tebay Primary School has places for children in Nursery for January, April and September 2021.

We can offer COVID secure school visits for potential new starters.

Contact 015396 24239 or email admin@tebay.cumbria.sch.uk to arrange a visit.

Please visit our website www.tebay.cumbria.sch.uk for up to date information and newsletters.

Find us on Social Media: Facebook - www.facebook.com/TebayPrimarySchool Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland. School Administrator.
Tebay Primary School. Tel: 015396 24239
admin@tebay.cumbria.sch.uk



THE END OF SUMMER

Tuesday, 20th October 2020

Like the last game of the cricket season, nothing signifies more the end of summer than the cows going home. For five months, the small herd of various beef breeds has roamed the fell-side fields next to our hill farm. They were juveniles when they came in May, youngsters who kicked up their heels with joy at their freedom. They patrolled their wide boundary and trampled fences to further their grazing rights. They found the best places to rest and chew their cud, growing slowly on the poorer pasture of the fell. Fired up with curiosity, they chased the dog, but soon learned that neither the dog nor I was a threat, but more of a daily fixture as we walked across their territory. Towards the end of their stay, we could quite comfortably walk around them without eliciting much more than a second glance and a sideways shuffle from them.

Today, looking strong and healthy with their bright eyes and shiny coats, the cows trundled off the fell and, in the glow of the autumn morning, they ambled up our farm track, snatching mouthfuls of grass and wondering why they hadn't been offered this treat before. At the end of the lane, without any fear or fuss, they were guided into the cattle pen and calmly strolled into the waiting trailer, their heavy hooves clanking and rattling on the metal ramp. I said a silent 'goodbye' as I watched them leave for their winter quarters.

I shall miss their lamp-lit eyes, spooky watchers of woman and dog, on a night-time walk by the wood. I shall miss just watching their behaviour; the

blue grey who was quite bossy and the white one who stood apart from the rest, as if given the cold shoulder. And I will remember the morning when they gadded about the field, like children in a playground, to regroup in a corner where there was an insubstantial gate. They stopped their jostling and larking when one barged through the gate to freedom. Where one goes the others follow, and they trotted down our farm track towards the farm yard, except for the white one. A few minutes later



he came trotting rapidly towards his mates, mooing loudly as if to say, "Where are you? You've left me behind." Order was restored quickly and they settled into another field.

The fields are quiet, but not empty. Pheasants have flown over to escape from a nearby shoot. The Jack snipe rises rapidly from the bog where he has been feeding. Scat is found in prominent positions marking a fox's territory. Summer has ended, but the cycle of life continues.

©Felicity Lawler October 2020



Open The Book We are still taking the Bible stories into our schools!

The team of about a dozen valiant volunteers can no longer go into schools to act and tell Bible stories - something which the children really enjoyed. However we have found a different way!

We are producing short video films to present Bible stories, filmed outside. The story of the Lost Sheep was filmed at Intake Farm, near Tebay, with real sheep and a real shepherd, Ines Carradice - when she called the missing sheep, it came running to her! The story of the

Widow's Coins (traditionally, widow's mites) was filmed at the porch of All Saints' Church, but the Pharisee and the Tax Collector were filmed (with suitable social distancing!) inside the church.

For the start of three Christmas films, three teenagers joined the cast to show the angel telling Mary she was to bear God's Son - and then they (and others) were seen knocking on "Inn" doors to be told "No room!" (That film involved splicing together 19 sections!) We are now working out how to film the angels visiting the shepherds by night (to be filmed on the fell), and then the final one will show the wise men visiting the Christ Child.

So far schools have responded enthusiastically!

tearfund

Online event



SATURDAY 14TH NOVEMBER 6.30PM – 8PM

BRING YOUR OWN PUDDING!

Suitable for all ages

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or point your phone's camera at this →



FAMILIES **ADVENT**URING Together in Tebay & Orton

EVENTS THROUGHOUT NOVEMBER AND DECEMBER

- see our Facebook page for more details

ADVENTure with us to celebrate, play games and share Christmas hope in dark times.

Sign up for a FREE Advent Challenge Box containing everything you need to create your window nativity, *plus* each week a different challenge for you to try at home alone or with your family.

Order your box on our Facebook page  FamiliesTogetherTebayOrton
or by emailing us at Families_Together@googlegroups.com ★
or by phoning Mary on 015396 24410

Look out for: Sunday 29th November, online, 4pm - more details soon...

WALKING, TALKING & GIVING together ON OUR WAY TOWARDS CHRISTMAS

Orton

Christingle 2020

So many people say that Christmas will not happen this year. Of course we will celebrate the birth of the Saviour of the world, and one way we usually do this is to hold a Christingle service.

It will be different this year, but in Orton we are still going to collect money for The Children's Society which supports children and young people in the U.K. Some of these youngsters are living in dire poverty, others are runaways as a result of physical or sexual abuse, and others are caring for disabled parents and have no real childhood at all. There are many, many reasons why the



Children's Society gives them help and we are asked to support them – especially this year when charitable giving has dropped considerably.

So in Orton we will be delivering to school, in the first week of December, 'candle' collecting boxes and asking each family to try and put something in their candle each day. During the last week of term each child in school will receive a Christingle bag – in which there will be the materials to make a Christingle – instructions included! We would like to suggest that at 5pm on Christmas Eve you go outside, as a family, with your Christingles and sing the carol "Away in a Manger".

Arrangements for Tebay School are not yet in place but will be in the December issue of *The Link*.

If you do not have a child or grandchild at Orton school but would like a Christingle DIY bag, please let me know and I will get one delivered to you.

Mary Jenkin
(maryjenkin@gmail.com).
Phone: 015396 24410

Orton Farmers' Market



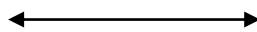
At the Orton Farmers' Market on **Saturday 14th November**, an ensemble of six players from the Appleby Town Band (which has been heard in recent months practising in Orton!) will be playing a variety of music, including several pieces with a "Remembrance" theme.



There will be an opportunity to donate to the Royal British Legion - though too late to buy poppies!

Christmas Stall

Come and support the Christmas stall at the November and December Farmers' Markets, outside in the Market Square. All proceeds will go to Orton Parish Church (with permission from the Orton Farmers' Market Committee).



December Farmers' Market Saturday 12th December

We hope too that at the December Farmers' Market six members of the Appleby Band (not necessarily the same six as in November) will be playing Christmas music!



Orton and Tebay Local History Society

Orton and Tebay History Society obviously have not been able to hold any meetings this year as a result of Covid-19.

The committee initially asked all the booked speakers if they would transfer their dates to the 2021 programme. However, we then concluded that this too seemed unfair on those who had been booked, so all speakers for 2021 were cancelled.

The position as we see it now is that the History Society will be suspended until further notice. The bank accounts will be kept open and a decision as to the future of the Society will be made, in conjunction with the current membership, in due course.

Thank you for your support in the past and you will be given more information when we all know how Covid-19 will continue to affect our lives.

Mary Jenkin
(on behalf of the Committee)

New address and phone number for

The Rev. Alun Hurd

Vicar of the High Westmorland parishes
(Bampton, Shap, Orton, Tebay, and Ravenstonedale)

3 Crown Inn Fields,
Morland, CA10 3EB

01931 714812

Please correct your records

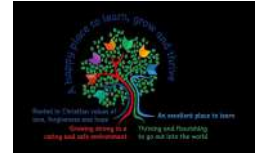
(NB: corrected postcode from last month's notice.)

News from rton School

Welcome to our November Page
We made it to half term safely.

Thank you to everyone for helping keeping us all as safe as possible.

We really appreciate everything our families
and community have done to support us.



Wear it Pink Day was well supported again
this year with children in all Bubbles coming to
school wearing something pink.

An important day as it raises awareness
of breast cancer and
raises funds for Cancer Research.

Below you can see Class 1 in their pink clothes.
Looking at their smiley faces they obviously had a
fun day wearing pink. We will update on the
school website how much we raised for Cancer
Research, Class 1 look to have made a fantastic
start looking at the pink dish in the front of the
photo.

Thank you everyone for being so generous.



The whole school has taken part in
a mental health awareness morning.

In class 4, we were thinking of
ways that we could be kind to
ourselves and others.

We made kindness calendars and
wrote down something we could do
every day to improve our wellbeing
and the wellbeing of our
friends and family.

We also focused on positive think-
ing and giving everything a go to
the best of our ability!

Class 4 have also taken part in an
alternative inter-school
netball competition!

Miss Lucy Potter from the
Eden Valley Sports Partnership
has visited local primary schools to
get children in KS 2 to take part in
timed netball activities.

Orton's score will be compared with
the other schools to see who has won!

All of the children in class 3 and 4
worked their socks off and made all
the school staff proud.

<https://www.ortoncofeprimary.co.uk/>

Collective Worship Although we haven't been able to get together as a whole school
for our daily worship we have been able to continue with whole school worship using
Zoom. We have been supported so well by Rev Alun, Rev Stephen, Ruth Evans, Fran

Parkinson, Kristy Pattimore and Open the Book.

Thank you all so much for adapting to our new ways, your support has been so welcome
and we look forward to working with you next half term too.

Health and Heritage walks in the Westmorland Dales

Please come along and enjoy our circular weekly walks around the Westmorland Dales on Wednesday mornings from 10am-12pm. These walks are aimed at local people only to avoid unnecessary travel and will be limited to 6 including a guide and will follow Covid-19 secure procedures. They will take in fabulous views, history and wildlife and be approximately 4 km.



The next walk will take place from Orton on 4th November and weekly thereafter. Booking is essential. If you would like to register your interest in these walks please contact the Westmorland Dales Team. If demand is high we may add in additional walks.

If you would like further information visit our events page at

www.thewestmorlanddales.org.uk

or email : westmorlanddales@fld.org.uk

or phone: 01539 756624.



AFTER SCHOOL CLUB STAFF

ORTON CE PRIMARY SCHOOL

Our After School Club runs from 3.30pm - 5.30pm Monday to Friday during term time. Our Club provides a vital service to many of our families.

We are looking for some additional After School Club Staff to join our established team.

If you might be interested in working in our After School Club either every day, some days or be available for cover should the need arise please get in touch for an informal discussion.

Ideally, we are looking for people who have experience working with 3 – 11 year olds. NVQ – Level 3 in child care or equivalent preferred

Orton CE Primary School is committed to safeguarding children. Any appointment will be subject to enhanced DBS checking and references will be taken up.

Contact Telephone – 015396 24268 admin@orton.cumbria.sch.uk / head@orton.cumbria.sch.uk



Full-Time Teaching Assistant (SEN) Maternity Cover & After School Club Leader

Orton CE School is

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The Governing Body of Orton CE School is looking to appoint a committed and passionate teaching assistant to support a child with an EHCP in Year 2.

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Per annum pro rata term time only.

For further information and an application form please see the school website or contact school.

www.ortoncofeprimary.co.uk

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Closing date: 12 noon Friday 6th November 2020

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on Wednesdays

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10.00 – 11.30am

For access (meeting

ID) contact . .

Alun Hurd – alunjhurd@gmail.com or

Fran Parkinson – curate.hwparishes@gmail.com

Bring your own refreshments!!

*The churches of High Westmorland



Sorry, I can't remember who sent this lovely photograph of cattle on the fells! Thank you, anyway!

WESTMORLAND DALES APPRENTICES UPDATE

Another busy month for us apprentices. We've built a hand gate for one of the footpaths in Tebay and we hopefully will get it hung soon; this will make the gate so much easier to use so hopefully everyone will enjoy it.



Also Billy and Sarah have added some steps along the path near Roundthwaite which is now strimming back and got way marking posts in as well.

We've completed our spraying theory and application course which we all passed with flying colours.

We've done a fair bit of work improving the byway at Birkett which involved resurfacing with stone and then putting a pipe in across the byway as well.

Then I got the chance to be a Youth Ambassador at the Landscapes for Everyone conference on the 13th of this month. This was a great experience and even though it was "virtual" it was great to be able to network with the other youth ambassadors and those doing presentations as well.

Abbi Woof (Countryside worker apprentice)

Countryside Worker Apprentice

For more information about the Apprenticeship Project please contact Belinda Lloyd at:

Belinda.Lloyd@yorkshiredales.org.uk

or call 01539 756620

www.thewestmorlanddales.org.uk



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Shopping if self-isolated

If you have been advised to self-isolate due to Covid 19, we will be happy to deliver any shopping you need. This service is free to the Orton village area.

Orton.village.stores@btinternet.com

Changed (temporary) opening hours

Post Office		Shop	
Mon:	CLOSED	Mon:	9-6
Tues:	9-5	Tues:	8-6
Wed:	CLOSED	Wed:	8-6
Thurs:	9-5	Thurs:	8-6
Fri:	CLOSED	Fri:	8-6
Sat:	9-4	Sat:	8-5

Orton Post Office will NOT close for lunch on Tuesdays, Thursdays and Saturdays.

Tebay Post Office will be open as at present on Mondays, Wednesdays and Fridays, closing for lunch between 1 and 2 p.m.

This means that you will have access to an open Post Office six days a week.



News from All Saints' Church, Kasese, Uganda
(parish linked with All Saints', Orton)

WhatsApp messages from the Rev. Nelson Walima, vicar:

8th October: My wife Melina and I have been busy during lockdown in our family garden. We grow egg plants, cassava, banana stems, maize, G-nuts, pumpkins and beans. Thank you for your prayers and support.

18th October: Kindly pray for rains upon our crops because they are drying up due to lack of rainfall. There is very little rain in some parts of Kasese district. During your worship today pray with us so that we get rains.



(We passed on this message, and included prayer for rain in the service at All Saints, Orton. We told him we had done so.)

Later that day:

Thanks for the prayers upon our lack of rains. God has answered immediately, it is raining now in the municipality, and we are getting good news that it is also raining at our garden (30km away from Kasese). This is a good testimony from both of us, I led the session of praying for rainfall at all 6 services, while Rev. Sandra led the same prayer at your place of worship. Thanks so much - continue!

20th October: We have had two overnight rains since you joined us in prayers for Kasese rains.

20th October: Kindly hear another good story. At our Diocesan Staff Meeting on 10th September, they have promoted me to the office of Archdeacon, about 6km from where I am serving. I will be in charge of 6 parishes (which he names, including his present parish in Kasese). These parishes together have 46 congregations. I will be an Overseer to all these congregations. This Office is to begin 1st January 2021. This again shall require your continuous prayers....

(Our reply: What a huge responsibility! Will there be another person to minister at All Saints. Kasese - a curate?)

His reply: Yes, they will send another Priest here to minister. I shall introduce her/him to you in January. She/he will be giving reports to me as an Overseer.

Traditional Farm Building Conservation Grant

A new grant scheme has been launched by the Westmorland Dales Landscape Partnership and Yorkshire Dales National Park Authority offering financial support to local landowners and farmers within the Westmorland Dales to carry out conservation work on a number of traditional farm buildings. These buildings are a distinctive feature of the Westmorland Dales landscape but they are also one of the most vulnerable types of historic building in the area. With dramatic changes in farming practices over the last 50 years, many farm buildings are now redundant and have therefore been demolished, left to decay or converted to other uses. A small number of grants are now being made available to assist with restoration work to save these important cultural assets, raise their profile and help to reveal their importance to the heritage of the Westmorland Dales.

The Traditional Farm Building Conservation Grant scheme is now open for expressions of interest, with a deadline of Friday 4th December 2020. Visit the website www.thewestmorlandadales.org.uk for guidance on grant criteria, application forms and contact information. If you would like to discuss this further, please get in contact with Hannah Kingsbury, Cultural Heritage Officer, on 01539 756624 or Hannah-Kingsbury@fld.org.uk

Love your Landscape Grant

This small grants scheme is aimed at local organisations, schools or community groups within the Westmorland Dales to deliver small scale landscape and heritage projects. Grants are available for any projects which will help enhance and safeguard the landscape, environment and cultural heritage of the area. Anything that can demonstrate a clear and positive benefit may be eligible for awards from £500 up to £3,000.

The next deadline for applications is Friday 27th November 2020 but there will be plenty of opportunity to apply afterwards as well. In light of the corona virus restrictions any applications to Love Your Landscape will be assessed in a more flexible manner. Please don't let the CV19 restrictions put you off enquiring or making an application. Visit the website www.thewestmorlandadales.org.uk for guidance on grant criteria, application forms and contact information. If you are interested and would like to talk through your ideas please contact David Evans at david-evans@fld.org.uk.

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Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here: linkpines@hotmail.com

Influence!



Write words beginning with each letter to show what makes someone a good influence.

I
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c
e

1 Thessalonians 1:1-10

Paul writes to the Thessalonians encouraging them to be a good example to others.



Have a read of these verses. Use [Bible Gateway](http://BibleGateway.com) online if you don't have a bible to hand. The Message is an easy version to understand.



Choose one person who has been a positive influence on you and write down a profile about them.

NAME	AGE
DRAW THE PERSON HERE	
STRENGTHS	
INFLUENCE	
INTERESTS	
WHY I CHOSE THIS PERSON	



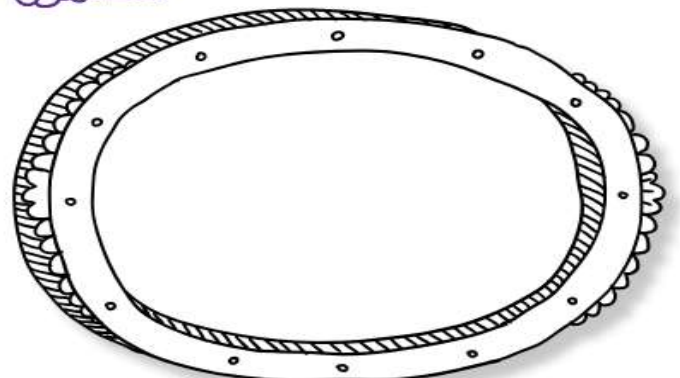
Talk What are some of the things that have been handed down through your family that influence you?

Do Look in a newspaper, magazine or watch the news and find out about someone who is being a positive influence now.

Pray This letter begins with 'Grace to you and peace'. At the end of every family mealtime this week, pray this simple prayer together.



Look in a mirror and draw a picture of your reflection here.



Ravenstonedale

A tale of house mysteries launches 'live audience' Ravenstonedale History talks

With the generous support of the Newbiggin-on-Lune public hall committee and a grant from the Westmorland Dales Landscape Partnership, Ravenstonedale Parish History Group (RPHG) were able to entertain members to the first live history talk since February 2020. Newbiggin-on-Lune public hall ensured social distancing rules were strictly adhered to and Westmorland Dales Landscape Partnership provided a grant to support costs incurred in the use of the hall, allowing the event to go ahead despite limitation on the numbers able to attend.

An audience of 14 members attended Val Fermer's talk 'Who used to live in your house'. In her talk, Val presented history for five houses located in Ravenstonedale Parish. The history spanned from 1500 to the point when current occupiers became the latest owner of the property. The talk was developed by linking findings from a range of different historical sources including the unique references that are held by RPHG in their archive, located at the Ravenstonedale Community and Heritage centre.

These references include original sales prospectuses which are the details prepared by the auction house responsible for the sale of the property and they are extensive printed documents, containing maps, a detailed description of the property and can be cross referenced to other local history sources such as census records which can confirm identity of owner and if different the occupier.

RPHG has its own 'searchable' excel file which is an extraction of electoral registers that are cross referenced with sales prospectuses. Similarly sales prospectuses are cross referenced to the Poor Law Returns. Also known as rate returns, these were local taxes which used the valuation of freehold property, administered by parish, introduced as a tax in 1834 to enable the rising cost of caring for the poor to be financed. Local press reports, held by RPHG in collected scrapbooks of newspaper cuttings give an insight into the lives lived by the owners and occupiers, for example Joseph Ewbank, a butcher and for 60 years a Methodist preacher.

In some cases the property was occupied by the same family for almost 100 years, from 1585 to 1669. Tales from the house histories included tales of an 1876 legal dispute involving Ruth and Jane Scarborough, (an original photo of one of the sisters was presented), the scandal of the postman and his landlady (which led to their marriage in 1943) and a Gretna Green elopement (and a party to celebrate the marriage at a Newbiggin-on-Lune pub). In the case of the elopement, two versions of

the story exist in RPHG archives, one from an 1851 newspaper cutting and the contradictory report from a personal recollection collected in a published history of the Ravenstonedale Hewetson family.

The properties were owned by local landowners, distant landlords, included one who died at King's Lynn in Norfolk and another who was the founder of Kendal's former Crewdson and Wakefield Bank. William Wakefield died in a hunting accident in 1889, leaving a fortune of over £9 million (today's valuation).

In her vote of thanks, Diana Fothergill made mention of the huge amount of work that the compilation of the talk will have involved, and Val Fermer was delighted to finally have the opportunity to present her findings to the RPHG members, in person, to a live audience and in a safe situation.

Oh Dear, Still Staying in and Sewing

I think by now we all hoped that the worst of this would be over and life would be getting back to nearer normal, but that is not the case. For October's journal I have gone back to my early life in Suffolk and have a thatched cottage. Not in the traditional Suffolk pink as I never liked the colour.

October was the time for the home harvest to be processed. Fruit was bottled or made into jam for the winter. Runner beans were salted and put into an earthenware jar and others were pickled or put into the vegetable clamp and covered with the old rag rug to keep the frost off. Apples were wrapped in old newspapers and put into cold storage and you hoped the mice didn't get to them.

Then it was time to sit in front of a log fire and start making Christmas presents. Some of those would have been from the fruit bottled but they all needed special labels and there were only two months to Christmas so no time to waste. Maybe this year people will start thinking about making presents as we all spend more time at home.

Take care and keep safe.

Heather Ballantyne



COLLECTION FOR AIR AMBULANCE



There will be a collection for **the Great North Air Ambulance** on Wednesday 18th November 2020

The following items will be welcomed:

Bedding (NOT duvets or pillows), Blankets, Curtains, Towels, & Clothes.

Good shoes in pairs, Handbags and Belts.

Books (Please place in a separate bag)

They do NOT take Toys or Bric-a-brac

The event is being organised by volunteers from St Oswald's Church but we welcome contributions from anyone in the area.

Last Year Great North Air Ambulance raised £378,200 from such collections and are in desperate need of funds this year to keep flying, as so many events have been cancelled. **PLEASE HELP TO KEEP THEM FLYING!**

Because of the Covid restrictions bags will need to be collected at central collection points at least 72 hrs before the 18th Nov., so we have arranged for 2 collection points to be open between **10am – 4pm on SATURDAY 14th NOV:**

1. The side entrance to Newbiggin -on-Lune Village Hall. Bags to be placed on the stairs inside the entrance.

2. The entrance foyer of the Community Centre in Ravenstonedale (High Chapel)

Both venues will be open for the collection on the Wednesday.

Please observe social distancing when bringing your bags, wear a mask, and do not enter until the person before you has left.

Air Ambulance bags are available if required and can be delivered to and collected from your home beforehand if you cannot undertake this yourself.

If this service is required please ring Hilary on 015396 23215

Affinity Credit Union



Like many parish clergy, we used to get people coming to the door asking for money or food or a bed for the night. 30 years ago, or even 20 years ago, the typical person knocking would be a "gentleman of the road"; we would give them a mug of tea and a sandwich – though I remember one man complaining that the bread was stale – to which my response was that it was what we were eating!

But more recently, and more distressingly, the typical customer became a young woman who had bought Christmas presents for her children from a so-called catalogue, and got into debt; our response changed too – I would take them to Tesco to do an essentials shop and then drive them home.

I hope this short story brings home to you, as it did to me, the problem of debt and the danger of pay day loan sharks. So when Credit Unions got going – in many places with huge support from church members – I was delighted and excited. The Bible has a lot to say about debt and high interest rates – all of it highly critical; so Christians and others doing something about it seems to me to be the sort of active obedience we need to follow. Credit Unions are for everyone and provide affordable loans. Their customers include people of no interest to high street banks because the loans are too small or they don't meet their lending criteria.

Did you know that in Cumbria, a number of Credit Unions have amalgamated into Affinity Credit Union, which covers the whole county? www.affinitycu.co.uk.

During the pandemic, as so many businesses are struggling, and so many more people are becoming unemployed or are on reduced wages, I think the need for Affinity will increase hugely.

We can do two things:

- First, we can volunteer with Affinity (look under Careers!); they offer training and structure to their volunteers and you would be making an important difference at a critical time;
- Secondly, we can pass the message on, making sure that lots of people know they can borrow safely from Affinity, and not get trapped in spiralling debt with extortionate interest rates.

Do please be in touch with Affinity: just phone them on 01768 890065 (Penrith) *Richard Pratt, Archdeacon of West Cumberland*

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***Some pictures from Fran's Ordination as Priest
at St. Oswald's Church, Ravenstonedale,
on Sunday 27th September 2020***

Ordination Prayer

*A special prayer for all our ordinands this year and all those who
have been called to ordained ministry in the years before...*

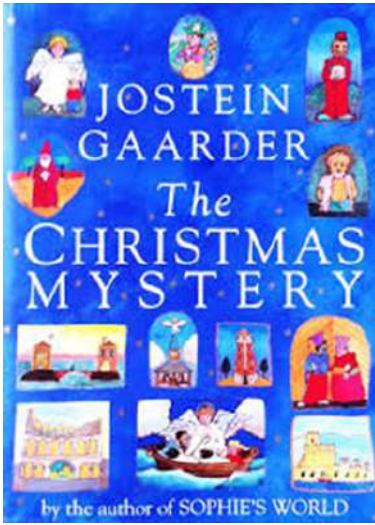
Creator, Redeemer and Sustainer God
you call your faithful people into a life of service;
help us to nurture and hold in love
all those who were ordained at this time in the life of your Church.

Teach us your ways,
that we might recognise your Mission in the world,
your compassion in caring for others,
and your love deep within every human heart.

We ask this in your Holy Name,
as one undivided Trinity of love,
now and for evermore. **Amen**

Newbiggin-on-Lune Advent Calendar

Sadly this Christmas is likely to be a bit different so I thought it may be good to have an Advent trail around the village. Each day a new picture or scene will be displayed based on this story:



If your house has an easily viewed window would you be willing to join in? Each day the picture to be revealed is based on the story (you can see some examples on the cover).

You can devise your own picture or make up a scene to fit, cover it up with the number and reveal it on the correct day. Alternatively I will print off a picture and number for you. If you would like to look at the book I have several copies that I can lend out.

I hope that the story will be read out each day via Zoom for those who want to listen, and there will be a map showing where the windows are for those who want to follow the trail.

If you would like to help by displaying a picture or reading a chapter on Zoom please email djfothergill@gmail.com or ring/text 07974 716621

THANK YOU!

Diana Fothergill



Telephone: 015396 24481

Email:

klvenning@klvenningslaters.co.uk

KL Venning Slaters Ltd of Raisbeck is an approved installer for the Green Homes Grant. We can install loft insulation during roofing works as part of this scheme through our accreditation with Trustmark. Please contact us for advice.

What is the Green Homes Grant?

If you're a homeowner or residential landlord you can apply for a Green Homes Grant voucher towards the cost of installing energy efficient improvements to your home. Improvements could include insulating your home to reduce your energy use or installing low-carbon heating to lower the amount of carbon dioxide your home produces.

You must redeem the voucher and ensure improvements are completed by 31st March 2021.

How much you can get?

Vouchers will cover two-thirds of the cost of eligible improvements, up to a maximum government contribution of £5,000.

If you, or someone in your household, receive certain benefits you may be eligible for a voucher covering 100% of the cost of the improvements. The maximum value of the voucher is £10,000.

Landlords are not eligible for low income support.

Eligibility

You may be eligible if you live in England and:

- you own your own home (including long-leaseholders and shared ownership)
- you own your own park home on a residential site (including Gypsy and Traveller sites)
- you're a residential landlord in the private or social rented sector (including local authorities and housing associations)

You cannot get the Green Homes Grant for newly built homes which have not been previously occupied.

Check if you're eligible for a Green Homes Grant @ www.gov.uk and search Green Homes Grant



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	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.07	16.30
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Revised 02-01-2020

Tel: 015396 23254

Ravenstonedale, Cumbria CA17 4NL
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TUESDAY ROUTE 569:

Ravenstonedale to Hawes

July to end of October	Outward	Return
Departs Bus Depot	10.30	15.50
Ravenstonedale School	10.40	15.40
Kirkby Stephen Station	11.10	15.40
Kirkby Stephen Square	11.20	15.30
Arrives Hawes	12.25	14.30

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

NEW TIMINGS from 08/01/20 Summer Winter

Departs Bus Depot	09.20	09.20
Ravenstonedale School	09.30	09.30
Kirkby Stephen Station	09.40	09.40
Kirkby Stephen Square	09.50	09.50
Brough Clock	10.00	10.00
Middleton in Teesdale	10.40	
Barnard Castle	11.20	10.45
Barnard Castle	14.40	13.20
Brough Clock	15.15	14.02
Kirkby Stephen Square	15.28	14.15
Kirkby Stephen Station	15.38	14.25
Ravenstonedale School	15.46	14.33
Depot	15.58	14.45

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Tebay Primary School: Headteacher: Mrs. Lisa Bland
Office: Tracey Morland: 24239
Friends of Tebay School: Claire Penhallurick 07986 692527
Catchment Area Secondary School:
Kirkby Stephen Grammar School: 01768 371693
For Little Children:
Tebay: "Twinkles": Pippa Smith: 24367 /
07487 776904
Orton: Tiny Hillbillies: Pat Alexander: 24303
Ravenstonedale: Biggins Nursery: Samantha
Alderson: 23670
Newbiggin Baby & Toddler group: Fi: 017683 71921
Scout Group – Scouts, Cubs, Beavers
Shap area: Jackie Wright: 01931 716490
Kirkby Stephen: Lois Wiseman: 01768 341107
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Northern Inter-Schools Christian Union (NISCU):
Ruth Evans, ruth.evans@niscu.org.uk
Appleby Deanery Network Youth Church Pioneer Minister:
Rachel Milburn, Rachel.Milburn@carlisle-diocese.org.uk
Families Together in Orton and Tebay: Pam Lawson: 26028
Tebay Kids' Band: Pam Lawson: 26028

Miscellaneous

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Volunteer Social Car Scheme: Dennis Humphreys:
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Women's Groups:
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Women's Institute: Jackie Huck: 24266
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Websites

Church Websites:

High Westmorland parishes: <http://hwparishes.org.uk>
Entries in the Church of England's "A Church Near You" directory
Orton: <https://www.achurchnearyou.com/church/12220/>
Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>
Tebay: <https://www.achurchnearyou.com/church/12223/>

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

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Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>
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