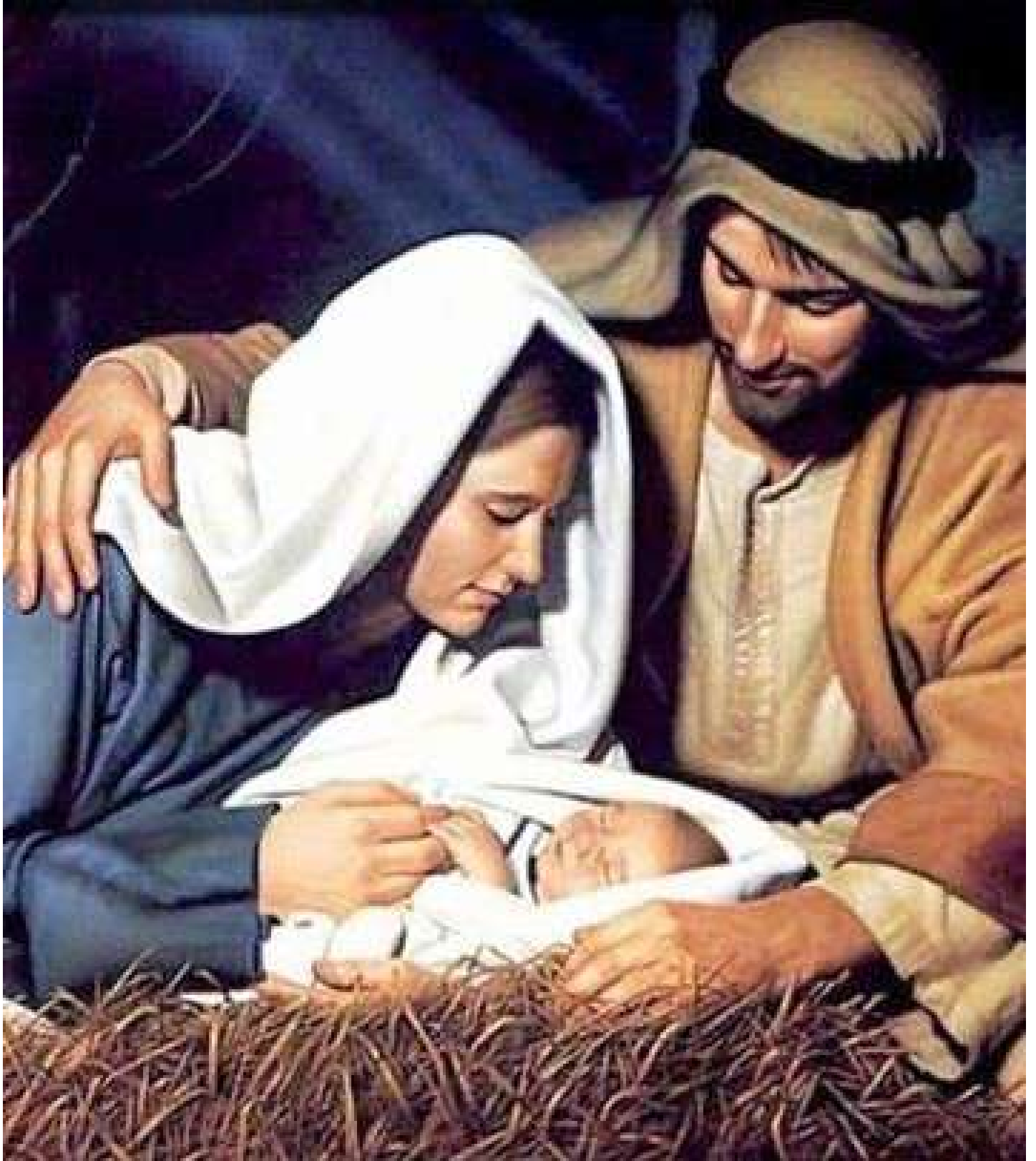




# *The Link*

THE PARISH MAGAZINE FOR ORTON, TEBAY AND RAVENSTONEDALE WITH NEWBIGGIN-ON-LUNE



***December 2020/January 2021***

**THE LINK IS PUBLISHED BY THE  
PAROCHIAL CHURCH COUNCILS  
OF ALL SAINTS', CHURCH, ORTON,  
WITH ST JAMES' CHURCH, TEBAY,  
AND ST OSWALD'S CHURCH,  
RAVENSTONEDALE  
WITH NEWBIGGIN-ON-LUNE**

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*Views expressed in 'The Link'  
are not necessarily those of the  
publishers or editors.*

## HURD THE WORD

*From the Revd. Alun Hurd*

'So, this is Christmas...' begins the John Lennon and Yoko Ono Christmas song, Happy Xmas (War is over) hitting No 4 in the singles charts of 1972.

They might be our words and thoughts as we contemplate what our Christmas will be like this year. And as I write no one can be quite sure what we will be allowed to do and where we can go during the Christmas season.

There is an uncertainty which the pandemic has brought to the UK and our planet that may be resolved with the advent of vaccines to combat the virus; we certainly hope so and pray for that to be the case.

Elsewhere in *The Link* I have written about the uncertainty of what our Christmas services will be like, and until we know what the Government and Church of England allow us to do that will remain unfortunately. But we are hoping that in addition to definite services like Midnight and Christmas Day there just might be a glimmer of opportunity for other things, plus of course some online events and activities, including an Online Carol service on Monday 21<sup>st</sup> December at 7pm.

However, Christmas has not and is not going away, it will just be different, and we will adapt, and as we reflect on the situation that we face, never more have we required a sense of hope.

That is one of the themes of Advent as we wait expectantly for the birth of Jesus Christ, the Saviour of humankind and the pinnacle and most profound expression of God's love for each and every one who God has created, even including me as imperfect as I am ...!!

The hope that comes with Jesus is a hope that points us in the right direction, to do the best we can and live lives to do justice to the gifts and abilities we have received, for the benefit of our fellow human beings.

Yes, the pandemic has changed everything and given us a year

with lockdown and restrictions like we could never have imagined. with lots of sorrow and sadness. We cannot ignore that, and even if has not affected us personally, we must bear the weight along, with the bereaved, of the tears and grief that engulf them and this planet.

I do not know what your Christmas will be like or mine, or if you will be able to be with loved ones or not. What I do know is that the human spirit will persevere eventually through most difficulties, and with God's Holy Spirit we can be encouraged and strengthened to be little lights of goodness and joy shining out into the communities we live in.

The John Lennon song I began with has a chorus that says:

*A very merry Christmas  
And a happy new year  
Let's hope it's a good one  
Without any fear.*

He looks to the future, and so do I in a different way through Jesus, and I pray for our people, our communities, our nation and our world that the coming year will be a better one, and that the fear of the virus that has enslaved many of us will finally be beaten and controlled and consigned to the bin.

*'May the God of hope fill you with all joy, and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit'. Paul's letter to the Romans ch15 v 13.*

This is my hope, a hope that has its foundation in the birth of Jesus and our celebration of Christmas.. I hope it is a good one for you with all God's blessings.

Alun

#### Advent Zoom Service

Sunday 29<sup>th</sup> November

From Tebay Church, 10.30 a.m.



Zoom number: 845 0152 6468

<https://us02web.zoom.us/j/84501526468>

**NOTE** - The management committee of *The Link* regret that it is unable to distribute literature for other organisations. Articles received after the 13<sup>th</sup> may be held over until the following month.

Next deadline - for the February 2021 issue: 13<sup>th</sup> Jan if printed, 26<sup>th</sup> Jan if digital

## SUNDAY SERVICES IN OUR CHURCHES FOR DECEMBER 2020


<b>Sunday 6 December</b> <i>Advent 2 / St Nicholas</i>  <i>Sidesperson:</i> <b>Isaiah 40:1-11</b> <b>2 Peter 3:8-15a</b> <i>Purple</i>	<b>Orton, 10:30am</b> <b>Holy Communion</b> <i>Ian Elliott</i> Andy Glanville Chris Bland Elizabeth Crossley <i>Prayers:</i> Angela Milburn	<b>Tebay, 10:30am</b> <b>Service of the Word</b> <i>Chris Jenkin</i>	<b>Ravenstonedale, 10:00am</b> <b>Tapestry Service</b> <i>Fran Parkinson</i>  Diana Fothergill
<b>Sunday 13 December</b> <i>Advent 3</i>  <i>Purple</i>	<b>Orton, 10:30am</b> <b>Family Service</b> <i>Neil Hughes</i> Olive Bland	<b>Tebay, 10:30am</b> <b>Christingle Service</b>	<b>Ravenstonedale, 10:00am</b> <b>Holy Communion</b> <i>Alun Hurd</i>  Michael & Sally Metcalfe
<b>Sunday 20 December</b> <i>Advent 4</i>  <b>2 Samuel 7:1-11,16</b> <b>Romans 16:25-27</b> <i>Purple</i>	<b>Orton, 10.30am</b> <b>United Family Carol Service at Orton Methodist Chapel</b> <i>(See page 13 - prior booking essential. Numbers limited)</i>	<b>Tebay, 10:30am</b> <b>Holy Communion</b> <i>Alun Hurd</i>	<b>Ravenstonedale, 10:00am</b> <b>Service of the Word</b> <i>Chris Jenkin</i>  Hilary Law
<b>Monday 21st December</b> <i>High Westmorland Parishes online Carol Service</i>	<b>7pm start. Livestreamed from St Michael's, Shap (but attendance online only)</b> On Zoom, meeting number: <b>832 5661 0364</b> On Youtube: <b><a href="https://youtu.be/xEHexoKlkc4">https://youtu.be/xEHexoKlkc4</a></b>		
<b>Christmas Eve</b>  <b>2 Samuel 7:1-5,8:11-16</b> <i>White</i>			<b>Ravenstonedale, 11.30pm</b> <b>Holy Communion</b> <i>Fran Parkinson</i> Ian Torkington
<b>Christmas Day</b>  <i>White</i>	<b>Tebay, 10:00am</b> <b>Holy Communion</b> <i>Alun Hurd</i>		
<b>Sunday 27 December</b> <i>St John the Evangelist</i>  <i>Sidesperson:</i> <b>Isaiah 61:10-62:3</b> <b>Galatians 4:4-7</b> <i>White</i>	<b>Orton, 10:30am</b> <b>Holy Communion</b> <i>Alun Hurd</i> Mary Jenkin Martin Lawson Andy Glanville <i>Prayers:</i> Chris Bland		

## SUNDAY SERVICES IN OUR CHAPELS FOR DECEMBER 2020

		6 <sup>th</sup> 2 <sup>nd</sup> Sunday of Advent	13 <sup>th</sup> 3 <sup>rd</sup> Sunday of Advent	20 <sup>th</sup> 4 <sup>th</sup> Sunday of Advent	27 <sup>th</sup>
Tebay	10.30 a.m. 6.30 p.m.	US at PC	W Riley	LA	J Betts HC SS
Orton	10.30 a.m. 6.30 p.m.	J Betts	P Rigby	S Radford Carols	At Tebay SS
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	S Radford	J Worsfold	LA	At Tebay SS
Ravenstonedale	2.00 p.m. 6.30 p.m.	S Radford	A Sterling	Carols OA	10.30 At Tebay SS

**Vinelifa Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.**

## SUNDAY SERVICES IN OUR CHURCHES FOR JANUARY 2021

<b>Sunday 3 January</b>  <i>Christmas 2</i>  <i>Sidesperson:</i> <b>Jeremiah 31:7-14</b> <b>Ephesians 1:3-14</b>  <i>White</i>	<b>Orton, 10:30am</b> <b>Holy Communion</b> <i>Ian Elliott</i> <i>Olive Bland</i> <i>Elizabeth Crossley</i> <i>Chris Bland</i> <i>Prayers: Angela Milburn</i>	<b>Tebay, 10:30am</b> <b>Songs of Praise</b> <b>at the Methodist church</b>	<b>Ravenstonedale, 10:00am</b> <b>All Age Worship</b> <i>Fran Parkinson</i>  <i>Diana Fothergill</i>	
<b>Sunday 10 January</b>  <i>Baptism of Christ / Epiphany 1</i>  <i>Sidesperson:</i> <b>Genesis 1:1-5</b> <b>Acts 19:1-7</b>  <i>White</i>	<b>Orton, 10:30am</b> <b>Family Service</b> <i>Lay led...</i> <i>Mary Jenkin</i>	<b>Tebay, 10:30am</b> <b>Holy Communion</b> <i>Fran Parkinson</i>	<b>Ravenstonedale, 10:00am</b> <b>Holy Communion</b> <i>Sandra Ward</i>  <i>David &amp; Caroline Morris</i>	
<b>Sunday 17 January</b>  <i>Epiphany 2</i>  <i>Sidesperson:</i> <b>1 Samuel 3:1-20, [11-20]</b> <b>Revelation 5:1-10</b>  <i>White</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Alun Hurd</i> <i>Andy Glanville</i> <i>Susan Basnett</i> <i>Mary Jenkin</i> <i>Prayers: Jackie Huck</i>	<b>Tebay, 10:30am</b> <b>Service of the Word</b> <i>Neil Hughes</i>	<b>Ravenstonedale, 3.00pm</b> <b>Service of the Word</b> <i>Ian Elliott</i>  <i>Hilary Law</i>	
<b>Sunday 24 January</b>  <i>Epiphany 3</i>  <i>Sidesperson:</i> <b>Genesis 14:17-20</b> <b>Revelation 19:6-10</b>  <i>White</i>	<b>Orton, 10:30am</b> <b>Service of the Word</b> <i>Rosemary Campbell</i> <i>Chris Bland</i> <i>Angela Milburn</i> <i>Olive Bland</i> <i>Prayers: Elizabeth Crossley</i>	<b>Tebay, 10:30am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>	<b>Ravenstonedale, 10:00am</b> <b>Holy Communion</b> <i>Alun Hurd</i>  <i>Tim Parkinson</i>	
<b>Sunday 31 January</b>  <i>Candlemas</i>  <i>Sidesperson:</i> <b>Malachi 3:1-5</b> <b>Hebrews 2:14-18</b>  <i>White</i>	<b>High Westmorland Parishes United Service</b> <b>From Bampton, 10:30am</b> <i>Alun Hurd</i>  <b>Zoom meeting number:</b> <b>884 5933 5788</b>			

## SUNDAY SERVICES IN OUR CHAPELS FOR JANUARY 2021

		3 <sup>rd</sup>	10 <sup>th</sup>	17 <sup>th</sup>	24 <sup>th</sup>	31 <sup>st</sup>
Tebay	10.30 a.m. 6.30 p.m.	J Law US	LA Cnnxn Svce	S Radford Cov HV	J Worsfold	LA
Orton	10.30 a.m. 6.30 p.m.	T Dent Cov HC	I Elliott OA Cnnxn Svce	W Riley	J Tebbutt HC	A Pallister
Newbiggin-on-Lune	10.30 a.m. 6.30 p.m.	R McGregor	B Staley Cnnxn Svce	P Rigby Cov HC	J Betts	W Ousby
Ravenstonedale	2.00 p.m. 6.30 p.m.	S Radford Cov HC	H Radford Cnnxn Svce	A Sterling	J Tebbutt	S Radford

**Vinelife Cumbria Fellowship: Every Sunday in Orton Market Hall, 10.30 a.m.**



## Yes! It's Tebay's Christingle time!



This time it will be different though...

Tebay School have kindly agreed to let the children make the Christingles in school. The children will all receive a Christingle bag so that they can make their own Christingles.

The candle collection boxes will be given out on Tuesday 1<sup>st</sup> December. Tebay School and the Churches support the work of The Children's Society. This society supports children in the UK who have got into difficulties through no fault of their own. Maybe they live in dire poverty, maybe they are caring for members of their family, or maybe they have been treated badly for various reasons. So The Children's Society can give them help and support and literally change their lives. Our gifts are so important at the moment when all charities are struggling to do their usual fund-raising. Please try to give generously (and it's good too for our own children to learn to give).

The boxes need to come back to school in time for a Christingle assembly in the last week of term. School will remind the children beforehand.

During the last week, a short assembly will be held – led by a video presentation and all the children will be able to give in their boxes and join in with a song and display their Christingles – before taking them home in the orange bags.

If anyone else would like to share in this, please let me know and I will arrange for you to receive a kit and a box.

Ronnie Elliott  
[iandelliott@tiscali.co.uk](mailto:iandelliott@tiscali.co.uk)  
015396 24441

## *The Link - Whether to print?*

*From the Editor*



Once again serious consideration has been given to the distribution of **The Link**.

There is a steady stream of complaints from people who really miss getting their printed copy.

Only last week I had an email - yes, from someone who *can* get the digital copy! - saying "I would like a printed copy and will pay!" And another lady, who uses email, said "I can't be doing with reading it on the screen!" And of course there are probably hundreds of people, mostly but not only older folk, who do not have email at all, and so haven't seen a **Link** since March.

So is there no way to supply printed copies again, while still keeping Covid-19 rules?

1. We did hope briefly to be able to use Royal Mail Door-to-Door, who - we were told - would deliver bare copies to every postcode, and **The Link** covers 98 postcodes. But then we found they would only deliver to *part* of the postcode - just to "CA10 3..." or "CA17 4..." - which includes about 5000 homes! Back to the drawing board....
2. So why not just print perhaps 50 or 100 copies for each village, leaving them in some public place e.g. Post Office or church porch, for people who want one to help themselves? This method is not recommended by central and diocesan church authorities, as it carries an element of risk of infection. (And how would people know it was there?)
3. So we approached a Mailshot company, Baker Goodchild of Birmingham, who will print *in full colour*, insert in translucent, biodegradable bags, and arrange delivery by post to all addresses in the 98 postcodes of the usual **Link** delivery area. This is very expensive, and can only be considered for this single issue; but we have money in the funds from saving on printing this year, and we feel that at Christmas it is worth it to communicate with all our parishioners, not just those with email access.



So that is how you have got your copy! (We will also send it by email, to those who prefer to read it on screen! Yes, many people do!)

Enjoy!

*Christopher C. Jenkin*

*The Revd. Alun Hurd explains this year's*

# CHRISTMAS SERVICES

*in the Anglican Churches of High Westmorland*

As we go to press and await the outcome of the lockdown, our Christmas services are difficult for us to plan in the way that we would usually do. My colleagues and I within the Appleby area are all holding fire to decide what we may do, until we have a clearer idea from the Government, Church of England and Diocese of Carlisle, what we will be allowed to do in our church buildings or attempt to do - if anything - outside in our local communities.

Our popular **Christingle services** in support of the Children's Society are already happening via the schools and in the community under a different form. (See pages 5,6 for Tebay, and page 12 for Orton)

Carol services and Golden Oldies are unlikely to happen either, even under the old pre-lockdown advice.

However, we are waiting, like the theme of Advent and the Coming Christ Child, to see what light on these things may come our way.

If the news is good we will use all the means at our disposal to inform you of anything going on, plus of course word of mouth, which is often the best form of communication.

What I can tell you is that in the area that is covered by **The Link**, in addition to our usual Sunday services up to the 20<sup>th</sup> December as shown on page 3 in the magazine, we are planning an



## Online Carol Service

*but without a congregation.*



**Monday 21<sup>st</sup> December at 7pm**

On Zoom - <https://us02web.zoom.us/j/83256610364>

On YouTube - <https://youtu.be/xEHexoKlkc4>



Then there will be a

**Midnight Communion at St. Oswald's Church, Ravenstonedale  
at 11.30pm on Christmas Eve, Thursday, 24<sup>th</sup> December**

*and a*

**Family Communion at St James' Church, Tebay,  
at 10am on Christmas Day.**



We would love you to join us to celebrate the birth of our Saviour Jesus Christ.

You will of course under current regulations have to wear a mask and there may be limits on the number of people we can accommodate with social distancing.

*Best wishes, Alun*

## Daily Prayer

A simply 10 minute act of daily prayer is available every day at 12.00noon. It is accessible to anyone, even if they have no experience of prayer or the Christian faith. It is a moment of serenity and spiritual companionship in your day. Feel free to join us:-

via Zoom:

[https://us02web.zoom.us/j/86989102044?](https://us02web.zoom.us/j/86989102044?pwd=YlJscWUyQ2MxOUU0TW1RTXJvcHo3QT09)

[pwd=YlJscWUyQ2MxOUU0TW1RTXJvcHo3QT09](https://us02web.zoom.us/j/86989102044?pwd=YlJscWUyQ2MxOUU0TW1RTXJvcHo3QT09)

Meeting ID: 869 8910 2044 - Passcode: 062367

or Facebook:

<https://www.facebook.com/groups/534511427253635/>

(If you miss us at noon, you can watch it on Facebook at any time that works for you)

# TEBAY PRIMARY SCHOOL

## Upper Eden Food Bank.



Tebay Primary School are supporting Upper Eden Food Bank by holding 'Tebay Tin Tuesday'. A wheeled bin is placed outside the school every Tuesday morning and taken in at the end of the school day. Pupils, staff and members of the community are invited to leave items for the food bank.

We were overwhelmed with the generosity in the first week the bin was outside.....thank you.

## Whole School.



The whole school once again has supported Boxes of Hope, Cumbria.

This local shoebox charity visit Romania every year to distribute the boxes to children.

A lot of thought was put into what children thought the children in Romania would like, toys, pencils as well as practical things like toothbrushes and toothpaste, also having discussions in class about the importance of giving to those less fortunate.

*'A small school with a big heart'.*

## Jacob's fundraising makes over £2000.



Tebay Primary School pupil Jacob Haygarth has been raising money by selling cakes for a donation outside his home in Tebay. Jacob decided to raise money for Leukaemia and Myeloma Research in memory of his Uncle Kevin Haygarth.

This weekend because of the ongoing pandemic Jacob held his first 'click and collect cakes to order' sale and has smashed his target of £2000 raising over £2015 to date.

Jacob's mum Cassandra Haygarth said 'We are beyond thrilled and so proud of him, this money can do so much to help other people who have Leukaemia, our dream is that one day everyone will survive it and the only way to make that possible is through research & treatments'.

Jacob would like to thank everyone who has supported his fundraising

WELL DONE JACOB FROM ALL AT TEBAY SCHOOL!  
WE ARE ALL VERY PROUD OF YOU.



TEBAY PRIMARY SCHOOL

The school supported this year's Children in Need appeal by inviting children and staff to come to school in their pyjamas; all donations received were sent to this year's appeal.

**ON BEHALF OF EVERYONE AT TEBAY PRIMARY SCHOOL WE WOULD LIKE TO SAY A BIG THANK YOU TO EVERYONE FOR THEIR SUPPORT. MERRY CHRISTMAS AND A HAPPY NEW YEAR TO YOU ALL.**

*Tracy Morland.* School Administrator.  
Tebay Primary School. Tel: 015396 24239  
[admin@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)







## Open The Book

We are still taking the Bible stories into our schools!

Last month I told readers how the Open The Book team were making short video films to take Bible stories into our schools. We had just completed the first instalment of the



Christmas story, with the angel visiting Mary, and then Mary and Joseph in Bethlehem knocking on doors to try to find somewhere to spend the night, and for Mary to have her baby.

The night before the latest lockdown, the team were up at Intake Farm above Tebay, to film the story of the shepherds - first being visited by the angel (and then the multitude of the heavenly host!), and then finding the stable, with a real manger, where the Baby was laid.

This involved filming after dark, with the shepherds sitting around a fire (yes, a real fire, not like the cardboard one we would have had in school!). Then the angel



appeared, shimmering (in car headlights!), her white robes blowing gently in the breeze.



How do you do a heavenly host? We found an image in the editing app, to fill the sky, while a choir sang part of "Hark! The Herald angels sing". It was judged "very atmospheric" by some viewers!

Filming in the stable, with real goats in attendance, was cramped, and we had to avoid mixing more than two



households. So one shy and reluctant shepherd entered the stable after the others had left, after they had given a (real) sheepskin to Mary to keep the baby warm.

It was a challenge, but enormous fun.

As soon as Lockdown ends, we plan to go up on the fell again at night, to film Wise Men studying the stars, and then seeing THE star of wonder.

Will we be able to borrow a camel? Do we film them finding the Baby Jesus in the stable, in accordance with Nativity Play tradition - or in a house, as the Bible actually says? Wait and see!



## ZOOM Services

Every Tuesday there will be a short service of Morning Prayer on Zoom at 9.30 a.m. As usual it will include time to greet each other and chat, and share topics to pray about together.

Once a month (maybe more) the Sunday morning service will be sent out on Zoom from one of our churches to anyone who would like to take part.

To get an invitation email [alunjhurd@gmail.com](mailto:alunjhurd@gmail.com)

## Open Churches

Our three parish churches are all open on **Wednesdays from 2.0-4.0 p.m.** for private prayer or a quiet sit. Do come in, but you will need a mask!



## Full-Time Nursery Places Available

Did you know that Orton CE Primary School can offer Part-Time, Flexible or Full-Time Nursery Places for children from their 3<sup>rd</sup> Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - [head@orton.cumbria.sch.uk](mailto:head@orton.cumbria.sch.uk)  
<https://www.ortoncofeprimary.co.uk>

Orton CE School is a happy place to learn, grow and thrive.

## WESTMORLAND DALES APPRENTICES UPDATE

The Westmorland Dales apprentices have had a busy autumn. After celebrating my 18<sup>th</sup> birthday with my favourite job of drystone walling, we helped the rangers with a resurfacing job at Hell Gill and have started improving the 2 mile long Ravenstonedale Moor byway.



We have been getting involved with the Crosby Ravensworth Tree Project again, preparing hedgerows for gapping up and fencing hedgelines for planting. We are looking forward to helping the volunteers to plant in winter.



Happy Christmas!

*Billy Capstick, Countryside Worker Apprentice*

For more information about the Apprenticeship Project please contact Belinda Lloyd at:

[Belinda.Lloyd@yorkshiredales.org.uk](mailto:Belinda.Lloyd@yorkshiredales.org.uk)

or call 01539 756620

[www.thewestmorlanddales.org.uk](http://www.thewestmorlanddales.org.uk)



## Orton Surgery and Shap Medical Practice

### COVID VACCINATIONS

The news about a COVID vaccine is very welcome and very hopeful. We anticipate that the GP practices in Eden will be working together to deliver a vaccination programme, once there is a licensed vaccine available. We will be contacting you once we know more details about a vaccination programme. At the moment we have been told the vaccines will need to be given from "a central location" due to the cold storage required. We hope it will be possible to offer a vaccination programme as close to our own area as possible but are awaiting further instructions from the Department of Health and the North Cumbria Clinical Commissioning Group. We intend to keep everyone fully informed when we know more about the plans.

### APPOINTMENTS

Sadly it is not possible at the moment to book a face to face doctor's appointment at Orton surgery. The doctors and nurses are continuing to operate a "telephone first" system at Shap Medical Practice. It is also possible to have a video consultation if you wish.

If a face to face consultation is needed, it will be arranged for you on the same day at Shap surgery. Some telephone and video appointments can be pre-booked online, otherwise contact the surgery at 8.30am to arrange one. Surgery attendance for appointments will be kept to a minimum to reduce the risk of infection to our patients.

Please check the NHS 111 website if you are unwell with cough, fever or change in sense of smell or taste symptoms.

### MEDICATION

Prescriptions will be available for collection from the Orton Village Hall between 10am and 11am on TUESDAYS. Any not collected will be returned to Shap.

If you are shielding or have difficulty collecting your prescriptions please let us know. We can arrange delivery or refer to the 'Good Sam' Service for help.

If you have internet access then please check the practice website and Facebook pages for updates.

### FLU VACCINATIONS

We put in an application for use of the 'Melissa' bus so that we could do vaccinations from the bus which would be more Covid-safe - Didn't think we would get this but we have! So we are now having to reschedule the flu clinic from Orton to Tebay social club as it has a large area for the bus to park in and room for awnings at the side for us to give the vaccines from.

We will be contacting eligible patients directly.

Dr. McCabe Dr. Woodstover Dr. Kehoe  
and all the staff 01931 716230

<https://www.shapmedicalpractice.co.uk/>

# FAMILIES **ADVENT**URING Together IN Tebay & Orton

LOOK OUT FOR EVENTS THROUGHOUT  
NOVEMBER AND DECEMBER

ADVENTure with us to celebrate, play games and share Christmas hope in dark times.

Sign up for a FREE Advent Challenge Box containing everything you need to create your window nativity, *plus* each week a different challenge for you to try at home alone or with your family.

Order your box on our Facebook page, or by emailing us at [Families\\_Together@googlegroups.com](mailto:Families_Together@googlegroups.com) or by phoning Mary on 015396 24410.  FamiliesTogetherTebayOrton



**A date for your diary:**

Sunday 29<sup>th</sup> November, online, 4pm

- *more details soon...*

**WALKING, TALKING & GIVING** together  
ON OUR WAY TOWARDS CHRISTMAS

The link for the 29<sup>th</sup> November zoom: <https://us02web.zoom.us/j/88018274839?pwd=bUdyM2ZvTkwxekxqRFFVaHRXUzB6dz09>  
Meeting ID: 880 1827 4839. Passcode: FTTO.

# Orton

## Christingle 2020

So many people say that Christmas will not happen this year. Of course we will celebrate the birth of the Saviour of the world, and one way we usually do this is to hold a Christingle service.

It will be different this year, but in Orton we are still going to collect money for The Children's Society which supports children and young people in the U.K. Some of these youngsters are living in dire poverty, others are runaways as a result of physical or sexual abuse, and others are caring for disabled parents and have no real childhood at all. There



are many, many reasons why the Children's Society gives them help and we are asked to support them – especially this year when charitable giving

has dropped considerably.

So in Orton we will be delivering to school, in the first week of December, 'candle' collecting boxes and asking each family to try and put something in their candle each day. During the last week of term each child in school will receive a Christingle bag – in which there will be the materials to make a Christingle – oranges and instructions included! We would like to suggest that at 5pm on Christmas Eve you go outside, as a family, with your lighted Christingles and sing the carol "Away in a Manger".

If you do not have a child or grandchild at Orton school but would like a Christingle DIY bag, please let me know and I will get one delivered to you.

Mary Jenkin

([marypienkin@gmail.com](mailto:marypienkin@gmail.com)).

Phone: 015396 24410

## Orton Farmers' Market

The December Farmers' Market is due to take place on Saturday 12<sup>th</sup> December, but this depends on Government Covid rules at that time - and on whether, as in November, they move the market to Shap! **We hope not...** Make your representations to Leanne, Market Coordinator - 07969 335598 [info@ortonfarmers.co.uk](mailto:info@ortonfarmers.co.uk)



**IF** it is in Orton we hope that six members of the

Appleby Town Band will be playing Christmas music.

We hope too that there will be a

### Christmas Stall

outside in the Market

Square, with all

proceeds going to

Orton Parish Church

(with permission from the Orton Farmers' Market Committee).

## Open Air Carols - maybe!

We hope to have a half-hour open-air carol singing time in Orton, with some of the Appleby Band, one evening near Christmas.



It depends on (a) Covid rules at the time and (b) weather.

**IF** it looks possible on both counts, we will email and phone round everyone we can think of, a day or two in advance, and invite you and your family to join us.

We will tell you **where** and **when**.

You will need to wrap up warm, and bring a torch or lantern; and of course social distancing will be needed.

## FAMILIES ADVENTURING TOGETHER IN Tebay and Orton

### Save the date:

Final celebration of the Advent Challenge - Sunday 20<sup>th</sup> December at 4pm, online. *Details later!*

## ORTON MARKET HALL TRUSTEES

NOTICE OF ANNUAL  
MEETING TO BE HELD ON  
MONDAY, 11<sup>TH</sup> JANUARY, 2021,  
AT 7.00PM  
IN ORTON MARKET HALL  
(Covid restrictions permitting)

All Orton parishioners are invited to attend the meeting to accept the Chairperson's report, a financial statement from the Treasurer, and the Accountants' report. Resolutions may be proposed and voted on, and all matters except amendments to the constitution will be decided by a simple majority of those present and voting.

Nominations for the appointment of new trustees will be proposed at this meeting.

Please would potential nominees forward their names, by Monday 28<sup>th</sup> December 2020, either in writing or by email to the Secretary:

Mrs Felicity Lawler,  
Dyke Farm, Greenholme,  
CA10 3TA

Email:- [fglawler@gmail.com](mailto:fglawler@gmail.com)

-----  
Orton Market Hall is a charity. Our aim is "to ensure the provision of public hall space to all the inhabitants of the civil Parish of Orton and the neighbourhood thereof" and "to advance education and to provide facilities in the interests of social welfare for recreation and other leisure time occupation with the object of improving the condition of life for the said inhabitants".

Even though the Market Hall has been closed throughout much of this coronavirus pandemic, the Trustees have been busy to ensure that the hall is safe for use and that we abide by the Government's restrictions for Covid-19. We would welcome, therefore, additional Trustees to help us maintain the objectives of the charity.



# Orton Methodist Chapel

invite you to a

## Family Carol Service

**Sunday, 20<sup>th</sup> Dec. 10.30am**

We would love to see you at this year's Carol Service, assuming we are not in lockdown and are able to be open.

The Chapel is following the Government Guidelines for churches and we wish to ensure everyone is as safe as possible.


In order for us to do this, if you wish to attend, please pre-register your wish to attend the Service with Rachel Woof via e-mail at [randrwoof@talktalk.net](mailto:randrwoof@talktalk.net) or telephone 015396 24372

Please give details of how many from your household wish to attend and a contact number and e-mail address if you have one.

*Everyone will be seated within household groups.*

*For everyone's safety, please ensure you wear a face mask, unless you are medically exempt or under the age of 11, throughout your time within the Chapel.*

### We look forward to welcoming you



Join us for  
Mothers'  
Union's  
Nine  
Lessons  
& Carols

**Thursday 17th December at 7.30pm**

Pour yourself a cup of tea or glass of mulled wine and join us from the comfort of your own home for an evening of Christmas tradition and celebration.

With a selection of carols, choral pieces and hymns interspersed with Bible lessons and readings, this promises to be a truly special way to mark the end of the vastly different year that has been 2020!

The service will be broadcast on the Mothers' Union Facebook page and YouTube channel.

[www.youtube.com/MothersUnion](http://www.youtube.com/MothersUnion)

**Mothers UNION**  
Christian care for families



# News from rton School

Hello Everyone, we have been so busy in school since the last Link. As you can see we have still managed to hold lots of events in our 'Bubbles' . Helping charities and raising money for our school.

Via Zoom we were able to share together with Reverend Alun, our Remembrance Service.

We have had workshops with the Westmorland Dales Project, pictures will be on school website soon.

Also please keep looking in the local paper and vote for your favourite Christmas card design.

Well as this is our last page this year we would all like to thank you all for your continued support.

This hasn't been the easiest of years but we feel we have risen to the challenge and the children have so enjoyed being back in school.

Christmas is our next Christian Celebration and we are working hard to make this a special time to remember the Birth of Jesus...as well as the usual chaos of glitter and fun!



Class 2... have begun learning about The Great Fire of London in both their English and History lessons! Did you know that a MP called Samuel Pepys buried his wine and cheese in his garden to protect them from the fire?

...have been joined by Miss Murphy for the last couple of weeks. She has been helping us with our learning - we think she is lovely!

...have enjoyed learning about Poppies before Remembrance. We have made a beautiful display with the title "Live On" to remind us that the fallen from the wars must live on in our hearts and minds forever.



Bag2school  
raised  
£130.50  
Thank you  
Everyone.



Class 3...have been writing with a purpose... 'For the Fallen' - a poem to share in our Remembrance Service, prayers of creation and thankfulness and letters to our friend, Sam, in Canada.

We spent a day thinking about Healthy Minds, in connection with World Mental Health Day, we did some PE with Jo Wickes and made and decorated Gratitude Hearts which celebrated everything that we love and are grateful for.

We had everything from pets and family to chocolate and the countryside!

We have enjoyed a morning participating in the Westmorland Dales landscape art project and produced an amazing piece of artwork outside. On Friday we came to school wearing spots, ate cakes and played spotty bingo to raise money for Children in Need.



30 Boxes of Hope are on their way to children in Eastern Europe.



Join us\* on ZOOM for a



Christmas  
Coffee Morning

Wednesday 23<sup>rd</sup> December

Drop-in from 10.00 – 11.30am

*Bring your own seasonal refreshments and  
don't forget your Christmas jumper!!*

For a ACCESS (meeting ID) Contact . .

Fran Parkinson – [curate.hwparishes@gmail.com](mailto:curate.hwparishes@gmail.com)

\*The churches of High Westmorland

A liturgy for handwashing  
during a pandemic

Wes Vander Lugt



As I wash my hands today  
wash my heart from fear, I pray.  
wash my mind from needless fret  
wash the world from deadly threat  
wash the needy with your grace  
wash me as I seek your face  
wash me, Jesus, every part.  
wash me: body, mind and heart



THE ARTS  
SOCIETY  
APPLEBY IN  
WESTMORLAND

Lectures at home for members and supporters  
of THE ARTS SOCIETY  
broadcast live on YouTube at  
[youtube.com/c/theartsociety](https://youtube.com/c/theartsociety)

**18 DECEMBER 1PM MATTHEW DENNEY:**

**Exhibition History: The history of Great Exhibitions,  
Expos and World's Fairs, 1851 to Present,  
the British Contribution**

From the very first Great Exhibition in London held in the magnificent Crystal Palace, to the awe-inspiring events in Paris, New York and across the world there have been many exhibitions that we would consider Great Exhibitions or World Fairs. In this talk we will consider the most important exhibitions such as London 1851, Paris 1900 and 1925, Brussels 1958 and New York 1964. Tracing the development of Great Exhibitions from their birth in London in 1851 at the heart of a thriving Empire, to Europe, in particular Paris, across the Atlantic to America and New York in the post-war period and further East to China, Japan and beyond, these events tell of a city and people at a certain moment in history holding a huge and elaborate fair for the world to attend.

Matthew has worked with the fine and decorative arts all his life. He has worked as an auctioneer and is currently a senior valuer and head of department with one of the country's leading provincial auctioneers. Matthew has also worked in Higher Education and taught on a range of subjects including furniture, silver art and design history. Matthew loves to give talks on the fine and decorative arts, which have been well received by a number of groups over recent months.

**Handwashing:** This little prayer was found on a card, above a friend's washbasin. Why not do the same?

Anna Mawson with the only friend she doesn't need to social distance from. Photograph by Mark Mawson





Winter Warmth Appeal

## My Winter Fuel Allowance

Recently I received the letter from the Pension Service about my Winter Fuel payment, and thought to myself, "Honestly, I don't really need this! I have an adequate occupational pension as well as the state pension, and I almost feel guilty for taking more money from the taxpayer. There must be some way of passing my allowance to someone who really does need it." (I expect many people always do this, but I need a nudge!)



I remembered that a year ago I put an item in *The Link* about the Winter Warmth Appeal of the Cumbria Community Foundation, so I looked it up for the details, and also emailed them to update the information. I wanted to put an item in *The Link* again, both for people who would like to give all or some of their

Winter Fuel payment to those who need it more, and for people – and I am sure there are many readers of *The Link* like this – who would really appreciate a bit more help to keep warm in winter.

### How to apply for a grant

Call Becky Graham, 01228 536673

### How to make a donation

You can donate online using this link: <https://www.cumbriafoundation.org/winter-warmth-fund/give-to-the-winter-warmth-fund>.

We also accept donations by cheque or phone. To make a phone donation, please ring 01900 825760.

### And you can double your gift!

Any money donated between **Monday 16<sup>th</sup> November and midday Monday 14<sup>th</sup> December** to the Winter Warmth Appeal will be automatically doubled thanks to generous match funding from: John Laing Charitable Trust, WCF Ltd, The Hadfield Trust, The Johnson Fund and The Roselands Trust. The match funders have pledged a total of £50,000 to the 'Winter Warmth Match Funding Challenge' meaning that donations during that time will be worth £100,000.

## FOR SALE



ALPACA POO – VERY GOOD FOR GARDENS (HARDLY ANY SMELL)

WILL DELIVER ORTON, TEBAY, RAVENSTONEDALE

RING 24311      £1.50 per bag

ALL MONEY TOWARDS ALL SAINTS' CHURCH, ORTON FUNDS



*The Square,*  
**Orton, CA10 3RX**  
**015396 24225**

**Shopping if self-isolated**

If you have been advised to self-isolate due to Covid-19, we will be happy to deliver any shopping you need. This service is free to the Orton village area.

[Orton.village.stores@btinternet.com](mailto:Orton.village.stores@btinternet.com)

**Changed (temporary) opening hours**

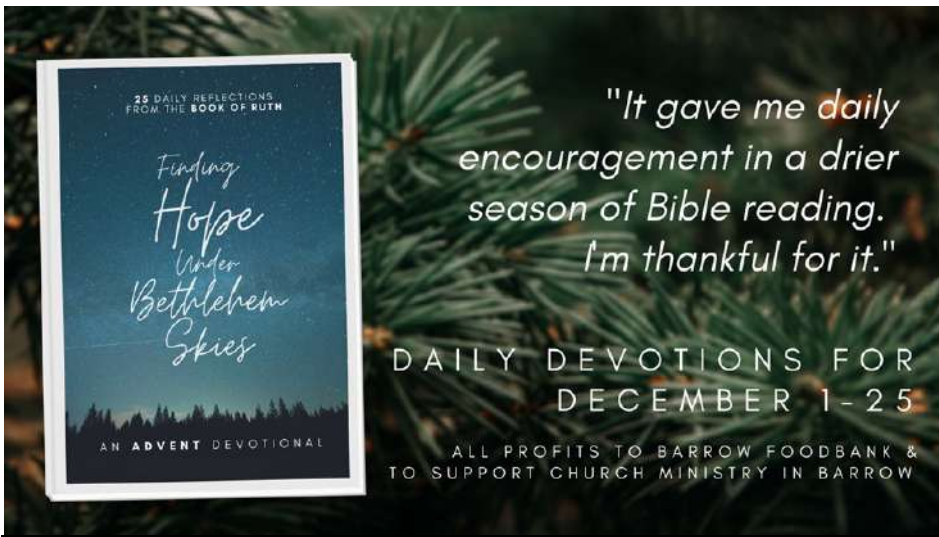
Post Office		Shop	
Mon:	CLOSED	Mon:	9-6
Tues:	9-5	Tues:	8-6
Wed:	CLOSED	Wed:	8-6
Thurs:	9-5	Thurs:	8-6
Fri:	CLOSED	Fri:	8-6
Sat:	9-4	Sat:	8-5

**Orton Post Office** will NOT close for lunch on Tuesdays, Thursdays and Saturdays.

**Tebay Post Office** will be open as at present on Mondays, Wednesdays and Fridays, closing for lunch between 1 and 2 p.m.

This means that you will have access to an open Post Office six days a week.





### ***This Advent, come on a journey . . . !***

*We all know the Christmas story, but do you know the story behind the story?*

*The book of Ruth is a story much like ours today, with sadness, tears and even of death. But it's also a story where hope is found, even in the midst of darkness.*

*"Finding Hope Under Bethlehem Skies" is an advent devotional which journeys through the story of Ruth, with readings for every day throughout Advent.*

*We invite you to join us on this amazing journey by reading the devotionals together and with an opportunity to gather, when you can, on the Wednesday's through Advent at 7pm on Zoom, for prayer and reflection (that's Wed 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup>).*

*For further information, including how to get your copy of the book, please contact Alun Hurd ([alunjhurd@gmail.com](mailto:alunjhurd@gmail.com)) or Fran Parkinson ([curate.hwparishes@gmail.com](mailto:curate.hwparishes@gmail.com))*



### **News from All Saints' Church, Kasese, Uganda** *(parish linked with All Saints', Orton)*

WhatsApp correspondence with the Rev. Robert Zziwa



7<sup>th</sup> November: "Thanks to your prayers, I have enrolled for a Bachelor of Divinity course at Uganda Christian University.... Keep me in prayer to achieve my dream.

With love, Robert"

*(He attached a formal letter from the University, starting "I am happy to inform you that you have been selected for admission", and spelling out the costs and fees, including books, totalling about £350 per semester.*

*We asked him:*

*"Will you still continue your parish ministry? During Covid I expect you will study online, but when 'normal' returns will there be residential times? How many semesters each year?"*

*He replied:*

*"The course will take 2 years, with 2 semesters a year.*

*Yes, I will continue my parish ministry.*

*If we get free from Covid, we shall appear on campus for a month at the beginning of every semester, and 3 weeks at the end."*

*I said some of us would like to support him with the fees etc., and added,*

*"Congratulations on being selected for this course. Anna must be very proud of her husband!"*

### **Our advertisers**

Please support our advertisers, and when you phone one to ask for their services, please tell them that you saw their advert in **The Link!**



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here: [linkpines@hotmail.com](mailto:linkpines@hotmail.com)

## Upside-Down!



### Family time

**Talk** Turn over a series of small objects and discuss together what they look like upside-down.

**Do** Create your own collage of Mary and angel pictures, perhaps using Christmas cards as you receive them or old ones from last year. Stick it onto your fridge until Christmas day to remind you of the way this ordinary girl helped God to turn the world upside-down.

**Pray** Make up an acrostic prayer together using the words 'upside-down'.

Have a read of these verses. Use [Bible Gateway](http://BibleGateway.com) online if you don't have a bible to hand. The Message is an easy version to understand.



### Luke 1.26-38

God chooses an ordinary girl for the extraordinary job of being the mother of Jesus.



### Jesusdove Write

Can you unscramble the message to work out what the angel said?



### Puzzle

Try to write your name upside-down in the box.



'Uyo lwil cebmoe  
rgenptan dna gvei  
htirb ot a nso.'

-----  
-----  
-----  
-----  
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If you like singing, look [here](#) for some brilliant free resources. You will also find great ideas for families to do together at home as you reflect on some of life's bigger questions.



## 106 Bus Partnership Welcomes a New Chairman

Steve Simpson has headed the 106 Bus Partnership since it began in 2014 when the County Council withdrew support for subsidised bus services. The Partnership, which is a registered charity, operates a bus service between Kendal and Penrith two days per week, providing an essential service so isolated rural residents can access shops and services. The bus route serves the parishes of Eamont Bridge, Clifton, Lowther, Hackthorpe, Thrimby, Shap, Orton, Tebay and Grayrigg.

Unfortunately Steve has been unwell over the past 18 months and so has decided to step down from the role, although he will stay on as a trustee of the charity.

At the Annual General Meeting of the Partnership this week, John Owen was elected as the new chair of the partnership. John is a well known public figure through his work as a former local police officer, former president of the Rugby Football Union and in a consultancy role with Penrith Rugby Club. Latterly John has been a councillor on Eden District Council.

Trustee of the 106 Bus Partnership, Libby Bateman said, "I want to record my gratitude to Steve Simpson for the determination, courage and leadership he has given to the 106 Bus Partnership through its inception and beyond for the past six years. Together we have achieved an innovative and sustainable model of delivering public transport to a rural area, we have faced many challenges but we are still going strong and providing a vital service for communities that would be completely cut-off without the bus.

"We're very grateful to John for stepping forward to take up the role of Chair and we are very much looking forward to working with him as we recognise him as somebody with excellent leadership skills and a genuine passion for improving the sustainability and vitality of our rural communities."

John Owen commented, "I'm looking forward to working with the 106 Bus Partnership to ensure the bus service remains sustainable into the future for the benefit of people living along the route who don't have access to a car. It's really important that people can maintain their independence and get into Penrith and Kendal to access service, go shopping and meet with friends."

[www.106bus.co.uk](http://www.106bus.co.uk)

# The 106 Partnership

Communities in support of our local buses

## Tree Planting

Some of you will have heard that we are planning to plant a few trees on the Glebe land in Orton. This land belongs to the Diocese of Carlisle (not the local church) and at last we have got the go ahead from them.

So we hope that the first phase will happen before Christmas with planting on the glebe next to Beckside Barn.



The Woodland Trust have been very much involved in this project and will supply the trees and help pay for tree cages. We do not yet have a date for planting, but if you would like to be involved please let me know; if you would like to help financially please also contact me.

Mary Jenkin

[maryjenkin@gmail.com](mailto:maryjenkin@gmail.com) Phone: 015396 24410



## Saturday 14<sup>th</sup> November on Zoom

My name is Joseph and I am 13 years old. Our team consisted of my Mum, Dad, Gran, Grandad and my brother George. We were very fortunate with the all-round questions and the wide range of ages helped, even my younger brother got some random questions correct!

We had a fun night, the quiz worked well on zoom and it was great to be in a team with my grandparents who haven't seen much of us this year. We hope that everyone enjoyed taking part and that Tearfund raised lots of money.

Thank you very much to the organisers!

Joseph Lamb

Joseph and his brother George (10) took part with their parents, Daryl and Joanne, and grandparents David and Linda Garrick of Gaisgill. **And they won!!!**

The Big Quiz Night is a nationwide event on behalf of TearFund, an international aid agency.

Altogether some 70 people took part in our local Zoom quiz, with family members from all over the country and abroad joining their Cumbrian family members - mostly grandparents!

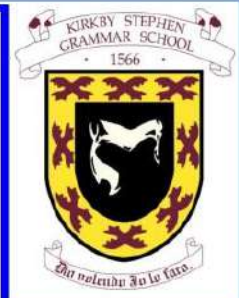


# Kirkby Stephen Grammar School

A co-operative Academy

## NEWS

[www.ksgs.cumbria.sch.uk](http://www.ksgs.cumbria.sch.uk)



Unbelievably we are fast approaching Christmas already. It has been fantastic to have all of the students back in school and to deliver a full curriculum to them. They have adapted amazingly well to the new Covid regulations and seem very happy to be back at school judging by the really high whole school attendance (over 95%).

Year 7 have settled in very well to their new school and wider range of subjects and teachers, despite missing out on the usual transition activities and events. Otherwise it is business as usual for our GCSE and A level students, who are doggedly preparing for their end of year exams. Also Year 9 and Year 11 are beginning the process of choosing their GCSE and A level options.

£154.00 was raised on Non uniform day, donated to the Royal British Legion & Upper Eden Food bank.

***Please check out our website for more information.***

Head Boy & Head Girl, Morgan & Isaac laid the wreath at KS memorial



Year 7's enjoying PE



Alex Cottrell (Y13) was interviewed by Border TV because she has written a novel during the first lockdown.



Year 7 enjoying science



# Ravenstonedale

## Broadband Fibre



Fed up with slow and erratic broadband internet connections? Peter Cotterill and Andrew Forsyth in Weasdale are working with B4RN to pull together interest for a bid to bring fibre-based broadband services into Ravenstonedale and Newbiggin-on-Lune and the outlying communities. Unlike BT offerings, this will bring a fibre optic directly into the home with a speed

of around 1Gb/second.

There is a funding package which lapses at the end of March 2021 and so some fast footwork will be required to attract enough interested parties to make this project viable.

To help speed progress, a new community volunteer website: [www.ravenstonedalefibre.com](http://www.ravenstonedalefibre.com) has been created and you are invited to visit this and complete a simple on-line survey which will only take a few minutes to complete. From here, you will be able to watch the (hopefully) climbing numbers towards the critical target and share in the progress of the whole project.

A similar scheme was recently completed very successfully in Raisbeck & Sunbiggin and this one will also rely upon a proper shared community effort to bring it to fruition. Another project is already well underway for properties on the north side of the A685 and this one hopes to encompass a span from The Fat Lamb to Artlegarth, Ravenstonedale, Newbiggin on Lune, Weasdale and all points in between. If enough properties in Bowderdale are also engaged, then it will be a relatively easy jump to extend the line there.

Even if you are not serious internet users now, it is inevitable that future occupants of your property will value internet speeds that will be the envy of many. With more and more employees now working from home, streamed entertainment services being delivered by the internet and telephone services moving to the internet, a sound, fast internet service has never been more important.



You can reach Peter on 07887 897577 or Andrew on 015396 23246.



The PCC of St Oswald's Church would like to thank everyone who helped to organise the collection for the Great North Air Ambulance. It was a great success and although they are not picking up the bags until after this edition of the Link has gone press they are aware that there are a large quantity of bags to collect and have expressed their thanks to all who have contributed.

## O Come All Ye Faithful for Cumbria's Big Carol Sing

A challenge has been set to create Cumbria's biggest socially-distanced Christmas carol sing-along.

The Diocese of Carlisle is working in partnership with BBC Radio Cumbria and other churches across the county to run

### Cumbria's Big Carol Sing on Sunday 20<sup>th</sup> December.

The radio station will broadcast a special programme from 6pm that evening, with as many people as possible being asked to



sing the carol "Silent Night" on their doorsteps at 6.15pm.

Carol singers will be encouraged to share selfies and videos of their rendition of Silent Night on various social media channels under the hashtag [#cumbriasbigcarolsing](https://www.instagram.com/cumbriasbigcarolsing).

## Newbiggin-on-Lune Chapel Candlelight Carol Service

Sunday 20<sup>th</sup> December, 6:30pm, led by Dave Thackray

### 'Nativity Rocks' hunt

(painted stones hidden around the village)

Can you help find the 11 nativity characters lost around the village and return them to the stable outside chapel?



# IT'S TIME TO ACT

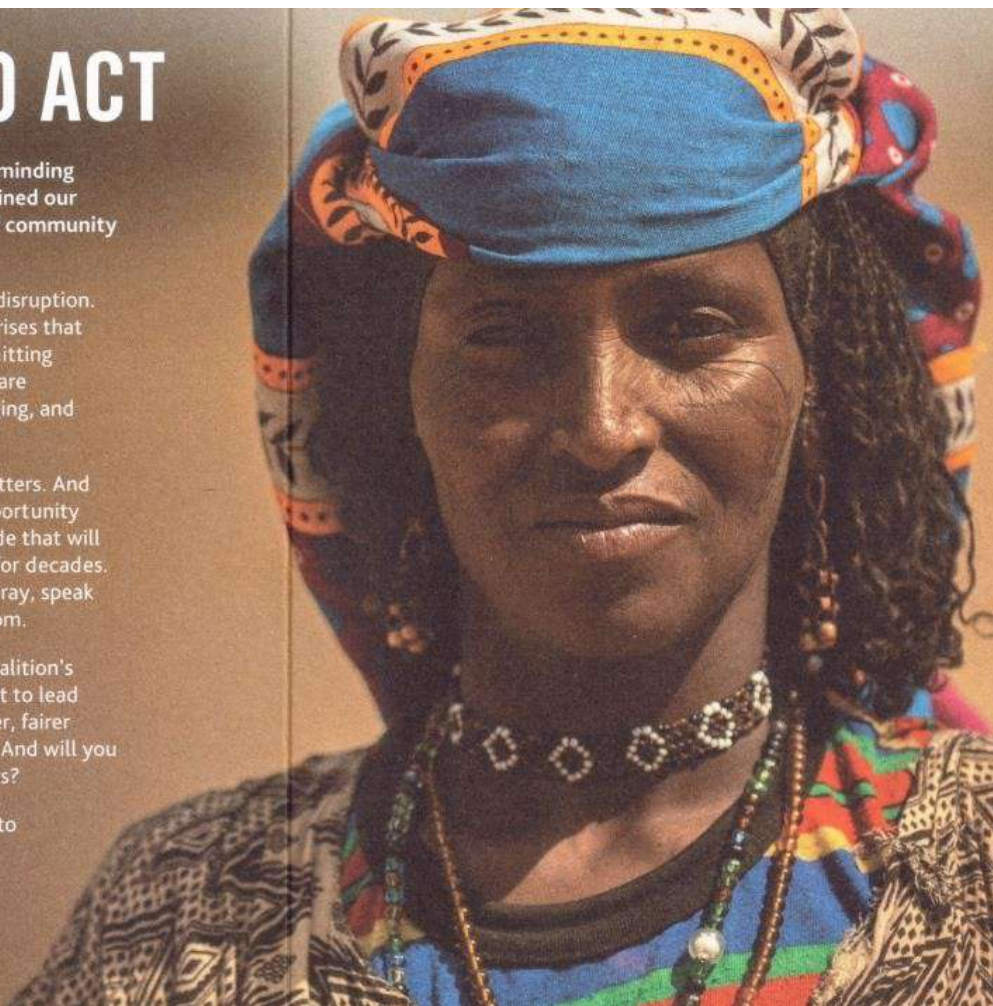
Coronavirus has disrupted the world, reminding us of the fragility of life. It's also underlined our dependence on God and the strength of community as we tackle challenges together.

The climate crisis threatens even greater disruption. We are on course for global temperature rises that will put millions of lives at risk – and it's hitting the poorest first and worst. More people are going hungry, weather patterns are changing, and communities are being displaced.

Every fraction of a degree of warming matters. And right now we have an unprecedented opportunity to change course: decisions are being made that will shape our economy, society and climate for decades. The church has a vital role to play as we pray, speak up and live out the values of God's kingdom.

Will you join us in signing The Climate Coalition's declaration, calling on the UK government to lead the world in delivering a healthier, greener, fairer recovery, which limits warming to 1.5°C? And will you commit to praying about the climate crisis?

Let's stand together in prayer and action to see a breakthrough in the climate crisis.



Join us in calling on the UK government to lead the world in delivering a healthier, greener, fairer recovery which limits warming to 1.5°C.

*Dear Prime Minister,*

The time is now to lead the UK towards a healthier, greener, fairer future. Ahead of hosting the United Nations climate summit in Glasgow in 2021, we can build back better together if we:

- **Leave no one behind** by increasing support to those most vulnerable to the impacts of climate change, and by scaling up investment in renewable energy in developing countries
- **Unleash a clean energy revolution** that boosts jobs across the UK, making our transport, power and housing fit for the future
- **Protect, restore and expand our green and wild spaces**, allowing nature to thrive, taking carbon from the air and boosting health

The UK must lead the world by ensuring our recovery gets us on track to net-zero emissions and limits the rise in global temperature to 1.5°C. Our best chance of building a resilient economy goes hand in hand with tackling climate change.

We are ready to play our part, and we call on you to join us.

- » To make your voice count, please provide your name and address, and return to:  
Tearfund, 100 Church Road, Teddington TW11 8QE.

[www.tearfund.org/action](http://www.tearfund.org/action)    [campaigns@tearfund.org](mailto:campaigns@tearfund.org)

## ADD YOUR VOICE HERE

Title and full name:

Address:

Postcode:

Email address (optional):

Phone number (optional):

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202352



# Newbiggin-on-Lune Advent Calendar

Join in the Advent trail around the village.

Each day in December until Christmas Eve a new picture or scene will be revealed, based on the Christmas Mystery by Jostein Gaarder. A map showing the locations will be in the Village Hall porch.

Every evening at **5.30pm** a chapter of the book (lasting 10-15 minutes) will be read out on Zoom:

Join Zoom Meeting

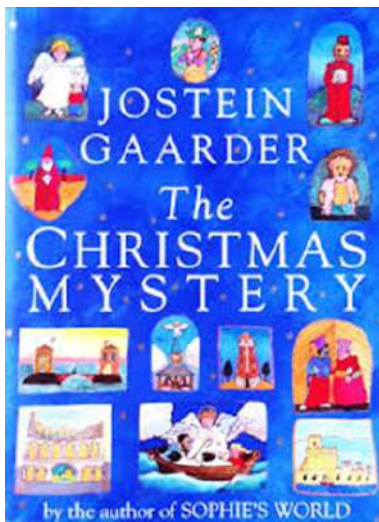
<https://us02web.zoom.us/j/86817201959?pwd=RmhlZnpjTTg3RTQ2bjhmNDY5aThhUT09>

Zoom Meeting ID: 868 1720 1959

Passcode: 434509

Everyone is welcome to listen whether you live in the village or not! If you want the link emailed to you please email:

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## Shut Down and Still Sewing

*"In Flanders Fields the Poppies Grow"*

My journal quilt journey has taken me to Flanders this month. I was the daughter of a Royal Air Force man and as such we always remembered the people who had given their lives on Remembrance Sunday. My father joined the Royal Flying Corps in 1925 as an aircraft hand and, after training and becoming a military policeman in 1930, he transferred to M.A.E.E. Felixstowe where he met my mother and was in the service until they closed the base in 1956. This obviously meant that every November no matter what the weather was we had to attend the service at Felixstowe war memorial. This was based on the sea front and there was always a bitterly cold wind blowing off the North Sea. I wish I knew more about his life in the service but as he was working at an experimental establishment I don't suppose he could tell me as he had signed the secrecy declaration. We now should remember everyone who gave their lives for our country.

*"At the going down of the sun and in the morning,  
we will remember them"*

Stay safe and keep well

*Heather Ballantyne*



*Note from Heather*

I would like to thank the publisher of **The Link** for allowing me to take space every month with my journal quilts, and also the kind remarks from people who have enjoyed my journals. This will be the last one for, although I will do one for December, it seems silly to put that in February's **Link**. I hope that maybe one person has been inspired to have a go.

*Heather Ballantyne*

## A CHRISTMAS LETTER

Dear Family and Friends,

Another year, another letter, and still the same message is needed – "Let there be peace on earth, and let it begin with me." It seems that, if we don't express our feelings by becoming angry, rude, use foul speech etc, we are weak, meek and unable to alter anything. We can post online, use Twitter and Facebook to say things we would never say to people face to face. Where have dignity, graciousness and self-control gone? "Where, oh where, is love?"

"Love came down at Christmas – love all lovely, love divine." Jesus, God's gift of love, came to teach us how to love – and the Holy Spirit gives us the power to live a life worthy of that love.

"What can I give him, poor as I am?  
If I were a shepherd, I would bring a lamb.  
If I were a wise man, I would do my part.  
Yet what I can I give him –  
Give my heart."

Anon

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Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

## THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.07	16.30
Shap	10.45	15.57
Orton	11.10	15.37
Mount Pleasant bus stop, Tebay	11.18	15.26
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
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## TUESDAY ROUTE 569:

### Ravenstonedale to Hawes

July to end of October	Outward	Return
Departs Bus Depot	10.30	15.50
Ravenstonedale School	10.40	15.40
Kirkby Stephen Station	11.10	15.40
Kirkby Stephen Square	11.20	15.30
Arrives Hawes	12.25	14.30

## WEDNESDAY ROUTE 572:

### Kirkby Stephen to Barnard Castle

#### NEW TIMINGS from 08/01/20 Summer Winter

Departs Bus Depot	09.20	09.20
Ravenstonedale School	09.30	09.30
Kirkby Stephen Station	09.40	09.40
Kirkby Stephen Square	09.50	09.50
Brough Clock	10.00	10.00
Middleton in Teesdale	10.40	
Barnard Castle	11.20	10.45
Barnard Castle	14.40	13.20
Brough Clock	15.15	14.02
Kirkby Stephen Square	15.28	14.15
Kirkby Stephen Station	15.38	14.25
Ravenstonedale School	15.46	14.33
Depot	15.58	14.45

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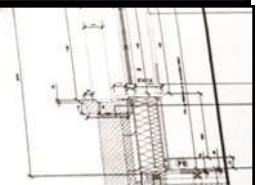
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We trust that all our regular customers remain well and safe and we very much look forward to welcoming you back to the hotel.

Unfortunately, we are currently unable to take Sunday lunch bookings but please call to confirm before setting off, as all bookings must be pre-booked.

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# Contact List

(Phone area code: 015396, unless shown otherwise)

## For children and young people

Orton C. of E. School: Headteacher, Mrs. Emma Pomfret  
Office: Vicky Percival: 24268  
Friends of Orton School: Julie Watson, 07792 742415  
Tebay Primary School: Headteacher: Mrs. Lisa Bland  
Office: Tracey Morland: 24239  
Friends of Tebay School: Claire Penhallurick 07986 692527  
Catchment Area Secondary School:  
Kirkby Stephen Grammar School: 01768 371693  
For Little Children:  
Tebay: "Twinkles": Pippa Smith: 24367 /  
07487 776904 (*currently suspended*)  
Orton: Tiny Hillbillies: Pat Alexander: 24303  
Ravenstonedale: Biggins Nursery: Samantha  
Alderson: 23670  
Newbiggin Baby & Toddler group: Fi: 017683 71921  
Scout Group – Scouts, Cubs, Beavers  
Shap area: Jackie Wright: 01931 716490  
Kirkby Stephen: Lois Wiseman: 01768 341107  
Appleby Guides: Leagh Wilkinson: 07869 078977  
Appleby Brownies: Alison Taylor: 01768 361241,  
Emma Williamson 07800564170  
Appleby Rainbows: Sue Grainger: 07876 403895  
Kirkby Stephen Brownies and Guides: Audrey Gray: 07889  
093848  
Northern Inter-Schools Christian Union (NISCU):  
Ruth Evans, [ruth.evans@niscu.org.uk](mailto:ruth.evans@niscu.org.uk)  
Appleby Deanery Network Youth Church Pioneer Minister:  
Rachel Milburn, [Rachel.Milburn@carlisle-diocese.org.uk](mailto:Rachel.Milburn@carlisle-diocese.org.uk)  
Families Together in Orton and Tebay: Pam Lawson: 26028  
Tebay Kids' Band: Pam Lawson: 26028

## Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900  
Orton Market Hall Bookings: Julie Renwick-Smith: 24796  
[ortonmarkethall@outlook.com](mailto:ortonmarkethall@outlook.com)  
Upper Eden Medical Practice, Kirkby Stephen : 01768  
371369 (with Surgery in Tebay)  
Shap Medical Practice: 01931 716230  
(with Surgery in Orton)  
Vets: Kirkby Stephen: 01768 371359  
Appleby: 017683 51507  
Shap: 01931 716024

## Adult groups

Archaeological Society: Jan Hicks: 01931 714122  
Arts Society, Appleby: Gillian Stoddart: 01768 862501  
Badminton: Richard Percival: 24352  
Band: Appleby Town Band: Chris Jenkin: 24410  
Kirkby Stephen Silver Band: Caroline Souter:  
017683 72376  
Bell Ringers: Julian Thorpe: 24166  
Bingo: Jillian Hewitt: 01931 715000  
Boccia: Felicity Lawler: 015396 24465  
Book Club: Sally Seed: 24907  
Bowls at Newbiggin: Stephen Dickinson: 07766 833500  
Combined Churches Choir: Chris Jenkin: 24410  
Community Choir: Alison Mott: [Alison@mott.me.uk](mailto:Alison@mott.me.uk)  
Concerts:  
Appleby: North Westmorland Arts: 017684 83777  
Kendal: [contact@lakelandsinfonia.org.uk](mailto:contact@lakelandsinfonia.org.uk)  
First Responders: Steve Dunkinson: 24286  
Folk Dance Club: Chris Bland: 24258  
Greenholme Show: Keith Golding: 01931 715446  
Heating Oil Syndicate: Chris Jenkin: 24410  
Howgill Harriers Running Club:  
[Admin@howgillharriers.co.uk](mailto:Admin@howgillharriers.co.uk)  
Local History Societies:  
Orton and Tebay: Mary Jenkin: 24410  
Ravenstonedale: Val Fermer: 07798 688057  
Lunch Clubs:  
At the George Hotel, Orton: Bronagh: 24071  
At Old School Tea Room, Tebay: Bernard Thornborrow:  
24272  
Men's Meeting, Newbiggin: Jonny Capstick: 23141  
Orchestra: Cobweb Orchestra: Richard Best: 23470  
Quiz Team, Orton: Sally Seed: 24907  
Sew and Sews, Orton: Gillian: 23653  
Volunteer Social Car Scheme: Dennis Humphreys:  
26052  
Women's Groups:  
Orton: Pat Alexander: 24303  
Lune Ladies: Carole Clayton: 23226  
Women's Institute: Jackie Huck: 24266  
Mothers' Union: Angela Milburn: 24382

## Websites

### Church Websites:

High Westmorland parishes: <http://hwparishes.org.uk>  
Entries in the Church of England's "A Church Near You" directory  
Orton: <https://www.achurchnearyou.com/church/12220/>  
Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>  
Tebay: <https://www.achurchnearyou.com/church/12223/>  
Orton Community Website: <https://ortoneden.co.uk>  
Orton Parish Council: <https://ortonpc-eden.org.uk>  
Tebay Parish Council: <https://tebaypc.org.uk>  
Ravenstonedale village website: <https://www.ravenstonedale.org>  
Ravenstonedale Parish Council: <https://www.rdalepc.uk>

### Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>  
Tebay: <https://www.facebook.com/stjamestebay>  
Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>  
Families Together in Tebay and Orton  
<https://www.facebook.com/FamiliesTogetherTebayOrton/>  
[Families\\_Together@googlegroups.com](mailto:Families_Together@googlegroups.com)