

The Church & Community magazine for Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay





Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is currently being put together by a group of willing volunteers in our villages.

If you would like to advertise, or share an event, we would love to hear from you.

Do email us with any ideas, comments or questions you may have and one of us will answer:

TheLinkMagazine@outlook.com

Many thanks ,

David, Emma, Jess, Martin, Paula & Sophie.

If you want to help, fill in this form: <u>https://is.gd/LinkHelpers</u> or scan the code below with your phone



Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo credit: Diana Fothergill 'Nativity Rocks in Newbiggin'

Let's keep talking...

Thank you to all of those who have fed back to us since we took over the editing of *The Link*.

Thanks as well for bearing with us as we continue to work out how to best do things. We've had some positive feedback, and some constructive criticism. All sorts of feedback is really useful to us so do keep it coming. The simplest way to do that is by email: <u>TheLinkMagazine@outlook.com</u>

Re-ordering, re-organising, re-working

As you will have seen, we've had a bit of a shuffle of content our goal is to make the magazine accessible and interesting to all. We're still working on that, but if you can't find something, many of the key areas and items will feature in the index on page three.

You'll see us trying things out as well — the recipe was an idea, suggested by someone who responded to our survey, so we've tried that (it may not always be there). We're also doing a bit of formatting and re-organising, so do let us know how you want to see things, and what would work best for you.



Finances and advertising

For the last few years, *The Link* has been financed by individual donation and by advertising, and underwritten by the Anglican churches in our villages.

We're planning to continue with that sort of pattern, but as we work to expand the articles and events being publicised, we will also be working on the advertising, and will be talking to advertisers, organisers and individual supporters ahead of the February issue, as we look again at that balance of making a magazine that pays it's own way, that is genuinely useful and interesting to the communities it serves, and which works for the businesses and organisations who use it to communicate with the 1000+ people who receive **The Link**.

Sending us material

Thanks to all those who have sent stuff for this issue — there are a few bits we weren't able to fit in, but we've tried to get most of it in. You can send stuff whenever you have it: the next issue is February 2022, but send it when it's ready.

We're aware some people sent us items for this issue that weren't received—we think that's to do with our mailing list software (which doesn't like attachments). If you use our email address directly it should always reach us!

Thanks again — See you in the New Year! The Link Editors

THE LINK DEADLINE IS THE 13TH OF EACH MONTH

Please send all copy including advertising to: TheLinkMagazine@outlook.com

We hope to give village addresses for dropping off copy, or phoning in the next issue

Advertising (finance only): Linda Garrick, 015396 24262

Christmas Letter

Rev. Fran Parkinson

I don't know about you, but the older I get the more childish I become about Christmas! From the moment that we change the clocks, the nights draw in and there's a nip in the air, I start to wonder how long I have to wait before I can listen to Christmas music and watch Christmas movies. I'm like Buddy in the film ELF who gets mega excited about everything Christmassy-related and starts shouting "SANTA!! Santa's coming, I know him!" at the top of his voice! Or perhaps you resonate more with Mr Scrooge and are a bit more "BAH Humbug!" about the whole thing!

And it seems that Christmas isn't just a day anymore, it's a whole festive season! But regardless of whether you're an Elf or a Mr Scrooge (you know who you are!) there is something very magical about this season. We know that what we really want for Christmas doesn't come wrapped in a ribbon, and yet, we still become like little children and enter this other world, a world of enchantment, where dreams can come true and love really is everywhere.

We do believe, if only for a moment, in the miracle of Christmas!

Except the trouble with Christmas is that it isn't just when the crackers appear, it's also when the cracks appear. It can often be a time when the gaping holes in our lives and our relationships are most keenly felt. The truth is, for many of us, Christmas will be messy, because life is messy. And we only need to think about the difficult year that we've had coping with Covid, and the struggles around the world that we hear in the news, or the anxieties around climate change and injustice, and that can make us feel less joyful and more hope-less.

We know that the love, joy, peace, and hope that we long for won't be found under a Christmas tree. We know too that what we need this Christmas isn't really another visit from Santa. What we really need is a Saviour. That's why, I believe, the Christmas story can bring us the hope that we truly long for. One of the

bible writers, a guy called Luke, says it like this . . .

And in the same region there were shepherds out in the field, keeping watch over their flocks by night. And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with great fear. And the angel said to them, "Fear not, for I bring you good news of great joy that will be for all people. For unto you is born this day in the city of David, a Saviour, who is Christ the Lord.

In the Church we have just entered the season of Advent when we celebrate that this Saviour has come, that 2021 years ago, this man we call Jesus Christ, broke through into human history.



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photos and more local news — you can help with that!

continues on page 4...

...from page 3:

He was spoken of by the prophets as a coming King, yet he was a King like no other. He didn't come sporting palaces, wealth, and titles; rather he came in humility, grace and truth. He didn't come and sit in power on a golden throne; he came, instead, right into the mess and the brokenness of our world proclaiming good news for the poor, sight for the blind, release for prisoners and freedom for the oppressed. He was nothing that people had expected, yet everything they had hoped for. No wonder that the angels were singing!

And he is the reason why we will have joy this Christmas season, because, at the heart of Christmas of Christmas, there is a Saviour.

So do join us, if you can, to celebrate the birth of Jesus in our Christmas services. Details can be found on page 25

Rev. Fran Parkinson, Curate for the High Westmorland Parishes



Climate Emergency!

After meeting with the pilgrims on the Comino to COP, I challenged myself to find something I could do to contribute in the fight against climate change.

What can a 14 year old living in a rural, Cumbrian village do to make a difference?

When I investigated I found that Cumbria County Council has not yet declared a climate emergency, which is something I am trying to change. Declaring climate emergency means that Cumbria County Council acknowledges that climate change is a bad thing. Climate change is a huge issue everywhere (including here in Cumbria) and we need to start working to fix it.

To start my task, I decided to send each county council member a personal email discussing the matter. I have asked them to meet on the subject and declare an emergency. Although I have had many positive responses, many of the council members have said that they will do it once (insert individual excuse) has happened. However, we need to act now. Others say that it would be a waste of time to do something that doesn't have an immediate effect on the environmental situation, but it isn't about the effect on the climate itself, it's about awareness. Not everyone knows about the incredible job we are doing with our zero-wastegoes-to-landfill system or that we have secured $\pounds 228,000$ for reforestation projects, because they don't actively advertise it. How can you



lead by example when no-one knows what you're doing?

And this is what declaring a climate emergency would be. Publicly declaring that we care about the environment without spending a

The Link — your local church & community magazine

single penny. All they need is one meeting. Declaring a climate emergency may seem like just so many words but I feel that it is an essential starting point. This is a view shared by 75% of councils. Cumbria is already doing a lot of action against climate change, the county council seem to acknowledge the seriousness of the crisis we all face, although they do seem wary to declare it.

On top of sending and responding to emails, I am also intending on talking about the matter at a county council meeting in the new year.

If you want to support me in my project you can write emails to the county councillors, details can be found at the council website, <u>www.councilportal.cumbria.gov.uk</u>, and go to your councillors.

Jony



Our live orchestral concerts are back! Kendal's Westmorland Hall

Saturday 22nd January 2022

Lakeland Sinfonia featuring Noriko Ogawa on piano

Saturday 19th February 2022

Royal Northern Sinfonia featuring Mariam Batsashvili on piano

www.lakelandsinfonia.org.uk For details and to download the brochure

Watch this space for more concerts from March to May 2022

Westmorland Dales: Apprentice Update

In August I started an apprenticeship with the Westmorland Dales, working towards becoming a qualified Countryside Worker. The goal of the apprenticeship is to learn practical methods and techniques of conservation; both those rooted in heritage and new, often experimental, techniques.

Our supervisor, Belinda Lloyd, has been sure to keep us busy and has already taught us an array of new skills. In the last few months we have covered everything from drystone walling, and tree seed collection, to sphagnum moss translocation. We have already done a fair bit of work on Tebay Fell, and will be doing much more in the future, focusing on habitat regeneration and slowing the flow of water down the valley. Our work with sphagnum moss covers both of these, as it helps to retain water on top of the fell, as well as helping to create more peat which traps huge amounts of CO2. We'll also be building and maintaining leaky dams, to keep the water in the peat bogs and prevent flooding further down.

We've worked with all sorts of wonderful organisations, including Friends of the Lake District, The Woodland Trust, The North Pennines AONB, and The Cumbria Wildlife Trust. We have been given an insight into the fantastic work all these organisations are doing, and how and why we're doing it, all whilst gaining the skills to do so ourselves in the very near future!

> Liberty Firby-Fisk Countryside Worker Apprentice

For more information about the Apprenticeship Project please contact Belinda Lloyd at: <u>Belinda.Lloyd@yorkshiredales.org.uk</u> or call 01539 756620 www.thewestmorlanddales.org.uk



NORTH WESTMORLAND ARTS

All concerts at 7:30pm in Appleby Public Hall

Tickets at the door and online

Sun 27th Feb: BOGLARKA GYORGY & AMY BUTLER (violin/piano) - £15
Sun 3rd Apr: MELIORA COLLECTIVE (strings, flute, harp, clarinet) - £20
www.appleby-concerts.org.uk E-mail: enquiries@appleby-concerts.org.uk Tel: 017684 83777
Supported by Westmorland Arts Trust, Hadfield Trust, Bryan Lancaster Trust

Newbiggin-on-Lune Village News & Events

The Big Quiz Night, bringing together eleven teams in person and on Zoom — including a team from Newbiggin — raised nearly £500 for work with communities most affected by climate change around the world. Well done all!







Friday night is Indoor Bowls night at Newbiggin-on-Lune

Starts at 7.30pm costs £2, (first night free) you don't need a partner, just turn up.

More information from 07880 706485 - see you there!



Newbiggin-on-Lune Public Hall

Enquiries: Ian Clayton (23226), Anne Brownrigg (23594), Jim Wardrope (23288)

Facebook: https://en-gb.facebook.com/NonLPublicHall We need to hear from you if you live in or near Newbiggin-on-Lune and can contribute village news, events, articles, etc. Send us an email!

Nativity Rocks

The Nativity Rocks will be out again this advent, help find the 11 Nativity scene stone characters hidden around the village and return them to the stable outside the chapel!

> Hospice at Home Carlisle and North Lakeland Local Care for Local People

Christmas Concert

St Lawrence Church, Appleby Saturday 4th December 2021, 7pm

Featuring:

Appleby Town Band, Guests Michael Cave and Brian Tanner, Local Soloists and Ensembles Samantha and Millie Shepherd and Juliet Golding. Accompanied by Linda Bainbridge.

Tickets £10

To include a glass of wine and a mince pie (£1 for school children) Available from: Appleby Tourist Information Centre Tel: 017683 51177 or on the door

All proceeds to Hospice at Home Carlisle & North Lakeland For more information about the charity please visit www.hospiceathome.co.uk or call 01768 210719 Registered Charity Number: 1095708 Please war a face mask

The Link — your local church & community magazine

Ravenstonedale Village News & Events

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 15TH DECEMBER 2021

7.30 PM

RAVENSTONEDALE HIGH CHAPEL COMMUNITY & HERITAGE CENTRE



SEASONAL REFRESHMENTS

(Bring & share)

Bring your own Mulled Wine or Soft Drink

PLUS

AN HISTORICAL PLAY

"CRINOLINE

HAUTE COUTURE OR HOT UNDERWEAR?"

BASED ON A NEWSPAPER REPORT FROM THE 19TH CENTURY

Admission: Members £2.00 Non Members £3.00 For more information contact Val Fermer on 07798 688057 or leave a message on www.ravenstonedalehistory.org.uk

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Please COME and JOIN US on

Sunday December 19th at 2.00pm

The congregations of St Oswald's and Ravenstonedale Methodist are planning a service of Christmas Readings and Carols at

Ravenstonedale Methodist Church led by William Ousby.

Everyone is invited to join us to celebrate Christmas, followed by light refreshments and a chat.

DO COME ALONG

There will be a collection for SIGHTSAVERS, a tradition started by Ravenstonedale United Reformed Church many years ago

Spotted any mistakes, or typos? Let us know and we'll try and make sure we don't repeat them next time — our email address to get in touch with us is at the bottom of every page. The Vagabonds theatre company were reunited at the end of the last FOSO production #FindCinderella, in 2019, but then the pandemic struck them - as well as us - so they have been unable to put on a production.

Now, as lockdown eases they get together on Zoom to discuss their next play, for Christmas 2021.

Inevitably, things don't quite go as planned...

Join us for an entertaining and sociable evening with a pay bar (cash only) and a party box of snacks at St Oswald's Church on **Friday 3rd and Saturday 4th December**.

Measures will be in place to comply with Covid safety, including ventilation so wear warm clothing, all tickets must be booked and paid for in advance.



Many thanks to our printers:



BURNS FOR BEGINNERS

AN EVENING OF ENTERTAINMENT IN HIS WORDS & MUSIC (WITH NO BORING BITS)

SATURDAY, JANUARY 29TH 2022 7pm for 7.30pm

RAVENSTONEDALE COMMUNITY & HERITAGE CENTRE

Welcome drink

Celebratory Haggis, Neeps and Tatties Whisky Toast

Roasted topside of Beef, whisky peppercorn sauce.

Oven Baked Scottish Salmon, vermouth and white grape cream sauce

Traditional Scottish Cranachan

-

Selection of Scottish Cheeses

Vegetarian options available

DRESS CODE - A TOUCH OF TARTAN

E25.00 PER PERSON PAY BAR (Cash only)

NUMBERS STRICTLY LIMITED TICKETS AVAILABLE FROM ANNE 07974 151390



GARDEN ALLOTMENTS IN RAVENSTONEDALE

There are two garden allotments available with immediate effect in Ravenstonedale. If you are interested in taking on one (or both of them!) do please contact Michael Metcalfe-Gibson, Town Head House by phone on either number: 015396 23646 or 07980 979721.

The rent is not extortionate and an annual charge of \pounds 1 per allotment is levied. They can be viewed any time.



RAVENSTONEDALE PARISH HISTORY GROUP PROGRAMME OF TALKS FOR 2021-2022 all at 7.30pm VENUES WILL BE NOTIFIED NEARER THE TIME

THE CURIOSITIES OF CASTLE DESIGN

A light-hearted delve into garderobes, staircases, turrets etc. with Pete Brummitt Wednesday 19th January, 7.30pm Newbiggin Village Hall

16th February – Maurice Hall History of Common Land

16th March – Jackie Wedd Parish Millennium Projects – part 2 To include the four Parish Millennium Embroideries (which it is hoped to reunite for the evening)

20th April – Les Neal Further Histories of Quaker Families in Ravenstonedale

A BIT OF A DO!

It all started in lockdown:

'Won't it be great when this is all over and we can all get together again?'

It certainly wasn't – isn't – all over, but we did manage to get together.

On October 16th, around 60 guests gathered in the Ravenstonedale Heritage and Community Centre for '**A Bit of A Do**'.

Lockdown was not all bad, as it has brought an extension to the Centre so that it now has toilets and disabled access, plus a revamped kitchen. A perfect venue for the first social event in the village since ... I think we have all forgotten.

Champagne and canapes on arrival, a delicious meal (provided by Kevin Hillyer, our very local caterer – he lives only a few hundred yards up the road) and an impressive array of cheese and desserts, proving that the Ladies of the Parish have not lost their baking skills.

There was music, courtesy of Tim Parkinson's sound system, while Fran provided her irresistible Curate's Playlist. The small dance floor heaved, admittedly more with enthusiasm than with grace or artistry. But who cared? We were all having such a wonderful time.

The event was organized by a pop-up (non-) committee consisting of Anne Asquith, Joan Barnard, Bev Brummitt and Hilary Law (with other halves roped in where required). The aim was simply to get the community together, and it was particularly good that so many of the new arrivals in the village attended. We decided that if we happened to make a profit, this would go to Hospice at Home (Carlisle & North Lakeland). As it turned out – probably mainly due to brisk business at the bar – a donation of $\pounds500$ was made.



So, in answer to all the people who asked 'When are we doing this again?', here are some dates for the diary:

Saturday, January 29th 2022 Burns for Beginners An evening of entertainment in his words and music – see details elsewhere in this issue

Wild Wanderings/Wonderings



On Sunday 7th November we set off from Tebay Chapel for Wild Wanderings through the village and over the fell. We were blessed with beautiful, autumnal weather with the Howgills glowing in the golden light of the afternoon's sunset. It was lovely to share the walk with friends old and new and discussions ranged far and wide.

After the walk, which lasted about an hour, we met at the chapel with others who hadn't been able to Wander with us, for refreshments. Our Wonderings covered the world in which we live, our place within it and our impact upon it. Inspired by the pilgrims who passed through on their way to Glasgow and by the COP26 negotiations,

We discussed how we connect with the world around us, whether we reflect on those connections and what those reflections are. Then we looked at what actions we can take as individuals and as a community. Jony told us about an email campaign he has started to encourage Cumbria County Council to declare a climate emergency (see his article on page 4). As a group we decided that we would support Jony adding our voices to his. We shared a few minutes of silence, walking, contemplating and enjoying the landscape without distraction.



We also heard about the park project with it's aim to increase habitat for wildlife and improve the area as a community space including a garden, orchard and vegetable patch. There was some discussion of community composting which requires more research, and the amount of litter in the village. Overall, this was a lovely way to spend an afternoon walking, eating delicious, homemade cakes, reflecting and planning. Watch out in the Link for the next event.

Orton Village News & Events





Cobweb Orchestra, Tebay

Conducted by Roland Fudge, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

So, if you have ever played an orchestral instrument, or would like to play a different instrument, we have an instrument bank from which you can borrow an instrument for a modest fee.

You will receive a warm welcome if you come along to Tebay, so dust the cobwebs off your instrument and join us!

For more information go to our web site

www.cobweborchestra.org.uk or ring Richard Best for more details: Phone 07939 540139



Orton's baby and toddler group

Every Thursday from 10am - 12 noon Methodist Chapel, Orton, CA10 3RG See our facebook page for the latest information *Tiny Hillbillies Baby and Toddler Group, Orton* Or contact Pat 07790 700401 or Jo 07837 767442

CHRISTINGLE SERVICE



ALL SAINTS CHURCH

TUESDAY 14th December at 6.30pm. with Rev Sandra Ward Everyone very welcome Donations to CHILDRENS SOCIETY.



Here at Orton we had a fantastic first half term! We are now well into our second half term with lots and lots of exciting events coming up. Including; school trips, visitors in school, pantomimes, celebrations and of course Christmas with an exciting Nativity in development!

OCT BER







Our Christian Value this term is...



Diwali

We have spent sometime learning about this special Hindu festival. All the children made beautiful contributions that we shared as a school.





Remembrance Day

Our children led our Remembrance Day worship; with all four classes making their own version of the poppy.







www.ortoncofeprimary.co.uk



Orton Christmas Events

Note: Any new official rules for Covid may necessitate changes.



Christmas Day Family Communion 10.00 a.m. at St. Oswald's, Ravenstonedale



Orton Methodist Chapel Invite you to a Family Carol Service



Sunday, 19th December 10.30am Led by Rev Stephen Radford



We look forward to welcoming you Really kick off Christmas with Carol Singing on Christmas Eve



Come along to the village Christmas tree in Orton, (next to the Chocolate Factory) between 6.30 and 7pm on Friday, 24th December Everyone is warmly invited to come and join in! Carol sheets provided

As in previous years, we will be collecting for **National Children's Homes** (Action for Children) and the **Children's Society**. A collecting box will also be at the Village Shop, should you wish to give at another time other than on Christmas Eve.

Enquiries to Rowland and Rachel Woof – 24372 or John and Ruth Bainbridge - 24278

Look out for the life-size Nativity Scene as it begins to take shape in the Chapel grounds, with different characters arriving to take their place during the month of December!

As Covid is still quite prevalent in our area, we are asking people to kindly wear a face mask (unless medically exempt) when moving around our Chapel, removing it once sat down for the Service. We also ask that when in the Chapel, you give consideration to space between yourself and other households. Thank you

Christmas Tree Festival at All Saints', Orton

Thanks to all those who have responded positively to the proposed Christmas Tree Festival, and we now confirm that this will go ahead.

The trees will be in place for the December Orton Famers Market on the 10th December.



Do please come along to our coffee morning that day and enjoy the creativity which our Christmas Tree 'Festifullers' have employed!!

The trees will remain in place until after Christmas Day and we look forward to seeing them.

All those who have said they would like to take part will have received an email by the time you read this, but if you haven't please contact me - Mary Jenkin - on 015396 24410.



Full-Time Nursery Places Available

Did you know that Orton CE Primary School can offer Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time. Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child. We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268 or email: <u>head@orton.cumbria.sch.uk</u> <u>https://www.ortoncofeprimary.co.uk</u>

Orton CE School is a happy place to learn, grow and thrive.

Orton Farmers' Market Coffee Morning

The next two Farmers' Market Coffee Mornings at All Saints will be on:



Saturday 11 December -Christmas event



with children from Orton School singing, and carols led by the combined churches choir!





(And come and see the Christmas Tree Festival!)



and Saturday 8₅January 2022

Join us in church for refreshments and a chat in a friendly atmosphere.

At the November meeting we raised **£610** to help us continue God's work at All Saints. Many thanks for your continued support.



An appeal for volunteers – Orton Market Hall

Orton Market Hall is run as a charity by a small team of volunteers, relying on local use and bookings for income.

As we emerge from the pandemic, the Hall is in the very fortunate position of having qualified for grants from Eden District Council since March 2020. Some of this money is being spent on maintenance tasks to ensure that the building is watertight – a couple of window frames replaced and maintenance of the lead flashing on the roof – and we have invested in Wifi connectivity for the Market Hall.

WE WANT TO DO MORE AND NEED YOUR HELP.

- Orton Market Hall was built in 1865 and refurbished in 2000 but we are competing for customers with other local halls, many refurbished or even rebuilt in recent years.
- Volunteers have researched the requirements of current users and we know that improvements are needed. We want to be a preferred venue.
- We've done copious research on suppliers and prices for improved insulation and heating, a new kitchen and other priorities but the list of possible projects is long.

COULD YOU HELP US TO MAKE THINGS HAPPEN?

If you could help in any way and might be interested in joining the team, please get in touch with the current chair, Carola Frank, via <u>carolaffrank@aol.com</u> or on 24326. And, if you know of neighbours or others who might want to get involved, please let them know too.

We need volunteers on the committee who will help in making the right decisions. Join us!



COFFEE MORNING AT THE CHAPEL SCHOOLROOM We are open Wednesdays 10.30 - 12.00

ORTON

DROP-IN

Everyone welcome! Come and meet new friends! FREE! (Donations welcome)

We are an independent and non-profit community service for anyone who would like to meet up and chat every Wednesday morning. Any donations for drinks and cake will go to local charities

ORTON MARKET HALL ANNUAL GENERAL MEETING

The Trustees of Orton Market Hall invite members of Orton Parish to attend their AGM

To be held on Monday, 10th January, 2022 At 7.30pm In Orton Market Hall.

The new **HIGHLIGHTS** team will give a presentation of forthcoming productions and their future plans .

The agenda for the meeting will be published on the Parish notice board two weeks before the meeting.

Anyone wishing to stand for election to the board of Trustees please contact the secretary:- Felicity Lawler - falawler@gmail.com

Open House is back on the 1st Monday of the month at Ravenstonedale Community & Heritage Centre, 10 - 12 am Join us for coffee and a chat. All welcome!

Upper Eden Rotary Club Collecting Redundant Disability Equipment

Upper Eden Rotary Club has started a project of collecting redundant disability equipment for shipping overseas to help people with disabilities.

Working with the "PhysioNet Foundation" who are a national charity working throughout the UK, volunteers assist with the identification, collection, repair and packing of equipment before it is shipped, usually in 40 ft shipping containers, to countries around the world. In 2019, there were 14 direct container shipments to 7 different countries around the world with almost 8000 items. These shipments consisted of physiotherapy / pediatric equipment, wheelchairs, mobility items and some hospital hardware that would have normally ended up in landfill.

Rotarian Tony Taylor is also looking to roll this out across other Rotary Clubs in the district.

For more information on the charity please see <u>www.physionet.co.uk</u> and to donate any redundant or surplus equipment, please contact Rotarian Tony Taylor on 017683 42702 or email <u>revtt@hotmail.com</u>.



January 6th and 20th February 2nd and 17th March 3rd, 17th and 30th April 7th and 21st

For more details please contact Felicity Lawler Email:- <u>fglawler@gmail.com</u>



The Square, Orton, CA10 3RX 015396 24225

Your local one stop shop – we stock: Large selection of general grocery items including your favourite branded items Bread and cakes Fruit and vegetables Milk, butter, cream and yoghurts Sandwiches - freshly made and savouries - baked daily Sliced beef and ham Cheeses including local Piper Hole Farm goat cheese Slack's bacon, sausage, black pudding and gammon Farrer's coffee - freshly ground to order Romney's Kendal Mint Cake and weigh-out sweets Bowness Bay Brewing bottled beers Greetings cards including selections from various local artists Floral displays from Lavish Flower House **Cumbrian Honev** Souvenirs: "Coast to Coast" items from Wolfe & Wood Carola Frank Handmade Fused Glass The Village Stores & Post Office fridge magnets, key rings, mugs and notelets

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 2 pm

Opening Hours – Post Office

(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive – see separate entry for Tebay Post Office opening hours, below)

		Last Collection
Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Additional information:

Opening Hours – Tebay Post Office (015396 24967)Monday9 am to 1 pm and 1:30 pm to 5:30 pmWednesday9 am to 1 pm and 1:30 pm to 5:30 pmFriday9 am to 1 pm and 1:30 pm to 5 pmThis means there is access to an open Post Office six daysa week.

Christmas is nearly upon us and have you forgotten to make your Christmas cake?

If so this can be made and be ready in time for the festive season.

Heather Ballantyne

Ingredients

- 2lbs/900g mixed dried fruit (dates, prunes, apricots, sultanas, currants etc – whatever dried fruit you like) - well washed
- 1/2 pt/300ml dry cider (You can use alcohol free)
- Grated rind and juice of 1 lemon and 1 orange
- 6 oz/170g nuts: almonds, hazelnuts, and pecans (whatever is in the cupboard)
- 8oz/225g butter
- 8oz/225g soft brown sugar
- 4 large eggs, beaten
- 8oz/225 g plain flour
- 1 tsp cinnamon
- 1 tsp mixed spice
- 1/2 tsp ground nutmeg
- 6 tbs (approx) apple brandy

Method

- 1. Chop up the bigger pieces of dried fruit so it's all to the size of a raisin.
- 2. Put all the fruit in a pan with the cider, bring to the boil and cook for 2-3 minutes. Allow it to cool. The fruit should absorb all of the liquid, but if there's any left, drain it off.
- 3. Cream the butter and sugar with the finely grated rinds of the orange and lemon. Add the treacle if you are using it. A great tip is to grease your spoon with a little vegetable oil so the treacle doesn't stick to it. Add in the beaten eggs and mix well.
- 4. Sift the flour with the spices and fold into the mixture with the soaked dried fruit, the chopped nuts some of the juice from the orange or lemon to produce a soft dropping consistency.
- 5. Line an 8in/20cm cake tin with two layers of greaseproof paper. Wrap a thick layer of brown paper or newspaper around the tin and secure with string. Place the tin on a baking sheet with more brown paper between the baking sheet and the cake tin.
- 6. Spoon the mixture into the tin and smooth it down with a wet hand (that will stop your hand from sticking to the mixture). Shape a shallow hollow in the middle so that as the cake cooks it will rise evenly, giving a flat top. If the cake is not to be covered in marzipan and iced, decorate the top with almonds and add a sprinkling of demerara sugar.
- 7. Put in the oven and bake for 3-4 hours at 150C, checking half way if the top is getting too brown, cover the top of the cake with a layer of brown paper.
- 8. When the cake is cooked, prick it all over with a fine skewer and pour over the apple brandy. Leave for a further two hours to completely cool before removing from the tin.

Save some almonds to decorate the top of the cake if you are not going to ice it! Enjoy!

Don't feel like cooking?

There are several local businesses who deliver hot food to our area, either coming with their van to a place you can collect from, or delivering to your door.

The Link is featuring some of these, both to encourage such businesses developing their market in a difficult context, and to inform our local residents where and when they can obtain tasty food, as a change from home cooking.

Why not try one out?

THE SHOW MUST GO ON!

A group of us are getting together to bring further live arts performances to Orton's Market Hall in 2022.

If you'd like to help then we'd love to hear from you!

Contact: Charles Fox.

Tel: 01539 624856

Email: <u>cfox5858@gmail.com</u>

ighlights

rural touring scheme

Tebay Village News & Events



ROYAL BRITISH LEGION

ROYAL BRITISH LEGION CENTENARY Saturday 4th December 2021 1 - 4pm, Tebay Sports and Social Club

Tebay Royal British Legion invite everyone to join in our celebrations. The Royal British Legion is 100 years old - and Tebay Royal British Legion is 77 years young. **Refreshments Available.**

Card / Craft / Christmas / Jewellery Stalls etc., are welcome. Please call Alison on 01539 624762 for further information.





Tebay Sports & Social Club

Sat December 18th, 1pm

Please give names to Keith and Liz on 015396 24566 by December 10th

CHRISTINGLE SERVICE St James' Church

Sunday 12th December Activities and Teas from 3pm Service at 4pm



Come and join us to celebrate this special part of Christmas and help us raise awareness of the work of the Children's Society

> Tebay Kids Christmas Choir

> Come and join us to sing this Christmas!

We need kids (aged 6+) to sing for:

Christingle sun 12th Dec, 4pm St James's Church, and/or

Tebay Community Choir Concert Mon 13th Dec, 7.30pm, Tebay Club, and/or Tebay Christmas Carol Service Sun 19th Dec, 10.30am, Tebay Chapel Rehearsals: Mon 29th Nov, Mon 6th Dec, 6-6.45pm; Sat 11th Dec, 9.15-10.30 (including brunch!) Please contact Pam for more details on 07552 405500 or pam@lawsons.org.uk

The Link — your local church & community magazine

Fly-tipping update

from Environmental Protection, Eden District Council

Fly-tipping is a blight on the towns, villages, recycling centres and countryside of Eden. The Environmental Enforcement Team at EDC have long been aware of a regular fly-tipping problem at Tebay recycling centre. Whilst investigating a recent incident there, it came to light that, rather than individuals dumping their own waste, this was a person, possibly for a fee, collecting other people's waste and dumping it in Tebay in significant amounts.

Enforcement action was taken against the offender, but in these circumstances there is also a legal duty of care on those householders and businesses who allow their waste and/or scrap metal to be taken, whether money changed hands or not.

The Environmental Enforcement team want to pursue and take action against those who offer to empty your garage for a small fee, then dump the contents as fly-tipping, and the unlicensed scrap dealer who picks up your old washing machine or rusty bike, which have been left outside, as a favour. However, if evidence is found which links the waste to you then we can take enforcement action against you for not making sure your waste has been disposed of properly and legally.

To protect yourself please make sure that you:

- DO ensure that anybody who takes away your household waste has an upper tier WASTE • CARRIER'S licence.
- DO check that they also have a permit to dispose of waste at the tip.
- DON'T take their word for it-no legitimate operator will object to you asking to see these. •
- DO keep a record/receipt of the name, business and vehicle registration plate of the person • collecting your waste.
- DON'T leave scrap metal items outside your house unless you have arranged for a licensed scrap metal dealer to collect them.
- DON'T allow your scrap to be taken by anybody who doesn't have a Scrap Metal Licence with Eden District Council (it should be on display in their windscreen).
- DON'T take their word for it-no licensed scrap dealer will object to you asking to see it or checking their windscreen.
- DON'T risk your safety-report it to the police on 101 or 999 if there is a theft in progress.
- DO be aware that YOU could be prosecuted if you do not ensure that your waste is being taken by a correctly licensed and permitted person, because it could end up being fly-tipped.

There is more information in the leaflets which will be distributed around Tebay soon, or call the Environmental Enforcement team on 01768 212490.

Friends of Tebay Primary School would like to thank everyone in the community who donated cakes to support the Cake Stall at the British Fell Relays in October. We raised an amazing £1,200 which has allowed us to subsidise the whole school trip to Manchester in January. Thank you for all your support. Thanks also go to Westmorland and Morrisons for their support of the event.

Our advertisers

Please support our advertisers, and when you phone one to ask for their services,

Please tell them that you saw their advert in The Link!

Get in touch with us if you want to advertise!



to connect with and where the divine uncertain. to reflect on where we are a who we are called to be or stay and prepare. to not together to create the change we want to see

Walk with us, refreshments for later

Still trying something new for our community, for people of any age and background A local walk - about an hour, whatever the weather - come dressed appropriately, with a torch! There will be time for reflection, discussion, planning practical action for our local environment Please bring a pizza to share and we'll put it in the oven for when you get back from your walk!



Do you want to improve your mental and physical health?

Would you like to meet new people?

If the answer to either of the above questions is "Yes", why not try singing in a choir?

Singing with others can help breathing, posture and muscular tension. It can help to relieve stress and other emotional pain and can improve your mood and sense of well-beina.

TEBAY COMMUNITY CHOIR is a friendly group of singers. There is no audition — everyone is welcome. You do not need to commit to attend every single week.

We meet in Tebay Social Club on Mondays during school term time from 7.30pm until 9pm (with a refreshment break in the middle - very important!).

If you would like to find out more, please email Alison on alison@mott.me.uk or ring her on 07964 978961.



TEBAY COMMUNITY CHOIR CHRISTMAS CONCERT

MONDAY 13TH DECEMBER 7.30 PM **TEBAY SOCIAL CLUB**

Come along and get into the festive mood with carols and other seasonal entertainment!

teleteleteletele $m{x}$ and $m{x}$

The Christmas Concert will be presenting a mixture of traditional carols and other pieces which the choir has been working on since reconvening post Covid at the beginning of September 2021.

There will be an opportunity for the audience to join in carol singing with the choir and festive refreshments will be served. There are strict guidelines about group singing and Covid safety, with ventilation being very important so bring a coat & warm clothes.

Everyone is welcome, regardless of experience and ability, including children from the age of 7; those under the age of 16 should be accompanied by an adult. There is a weekly voluntary subs of £2 to cover costs.

A recent new member describes the choir as being very therapeutic in terms of their recovery from Long Covid and a welcome opportunity for social interaction with other villagers, much missed during the pandemic.

The choir leader is Alison Mott, previously from Shap but who now lives in Carlisle and travels to Tebay each week to give her time freely for choir practice. She has been teaching music for many years and has been the leader of the Community Choir since its foundation in 2013.

The choir members are very grateful for Alison's expertise & time, & also that of her husband Stephen who provides piano accompaniment each week.

At present the choir borrows an electronic piano each week for practice but would be arateful if anyone has an electronic piano to rehome which could be donated to the choir.

The choir very much hopes you will join us for carolling & possibly some yodelling on 13 December!



Tebay Community Library and Drop In in the Hub St. James' Church, Tebay

Every Monday morning, 10.00am - 12.00 noon

Refreshments - Books to borrow and buy.

All ages welcome

TEBAY PRIMARY SCHOOL

Bikeability training.

Class 3 have taken part in Bikeability training. Year 3 and 4 did their Level 1 training on the school yard and Year 5 and 6 have had their level 2 training all week.

Thanks to Steve and Barry for teaching the children valuable skills and how to keep safe whilst out on their bikes both instructors said 'the children were a credit to the school'. Thanks also to Eden Valley Sports Partnership for organising the training.

Each child who took part received a certificate and badge in Friday morning's assembly.



TWINKLES

Unfortunately due to low numbers, Tebay Primary School is no longer able to run Twinkles playgroup.

If anyone would like to take this on, school facilities are available, please contact the school office.

Boxes of Hope – Cumbria Appeal.

Once again this was well supported with 12 boxes wrapped up and ready to be collected to give to those children less fortunate. Tebay Primary School has been supporting this charity for a long time and the children love to fill the shoeboxes with presents. Last year the appeal sent 7,606 shoeboxes to Romania! Its great to know Tebay School was part of this wonderful amount of shoeboxes.

Tebay Primary School has places for children in Nursery for January, April and September 2022. We can offer COVID secure school visit's for potential new starters contact 015396 24239 or email admin@tebay.cumbria.sch.uk to arrange a visit.

> Visit our school website: <u>www.tebay.cumbria.sch.uk</u> **Find us on Social Media:** Twitter: @TebaySchool — Facebook:

www.facebook.com/TebayPrimarySchool



Cross Country at KSGS.

Year 1, 2 and 3 children were invited by Eden Valley Sports Partnership to take part in their Cross County competition held at Kirkby Stephen Grammar School on Thursday 16th September, after an early lunch the children joined Yanwath Primary School travelling to Kirkby Stephen. All children did amazing and Miss Chapman commented on how well behaved all our children were......well done Team Tebay!!

Fundraising

What a fabulous month of our community pulling together to help the village school.

The **Bag2school** collection was so well supported, the driver could not believe how many bags we had for collection from a small school, we managed to raise $\pounds 228.00$ collecting three quarters of a tonne.

Big thanks to everyone who donated.

We asked the community if they could help the school in baking cakes and biscuits that could be sold at the local fell race on Saturday 16th October, again the support was immense. Members of FOTS and their children manned the stall all day and managed to raise over £1,100, once again a big thank you to everyone who donated the cakes/ biscuits.

On Sunday 31st October Tebay Club organised a Halloween Party. They had prizes for the best fancy dress and the best pumpkin, raising **£100** for Friends of Tebay School.

Thank you to all at Tebay Club that helped organise the event.

MacMillan coffee morning.



Thank you to everyone who came to our coffee morning in aid of MacMillan Cancer Support. Big, big thank you to those that sent in cakes and biscuits, we managed to raise **£235.00**. The Year 6 children did a wonderful job of looking after everyone and making sure they had plenty of cake, thank you Year 6's.

Melody Makers Brass

Wednesdays at the Methodist Chapel in Tebay just got a lot busier, as a welcome crowd of new players has joined the team!

With some fabulous parents in support and the invaluable assistance of Liz Birbeck, from Kirkby Stephen Silver Band, we are now looking forward to our first Christmas – the time to shine for brass bands.

And we will be performing on Monday December 13th as part of the Community Choir Concert at St James Church. You might catch us at the Tebay Christingle too.



Music Reading Badge awards

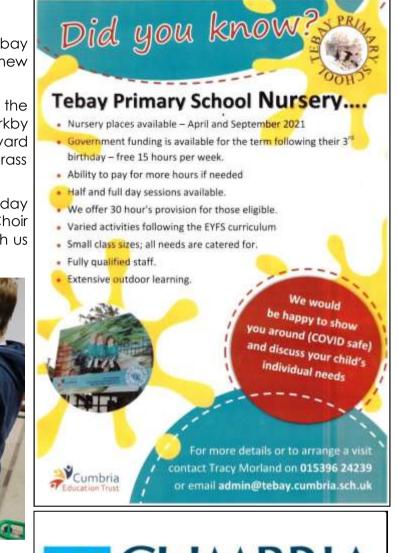
To get ready, our players are working incredibly hard to learn the skills of playing and reading music. We use a lot of games in our weekly sessions, and we award badges to mark achievements. These include things you would expect such as Music Reading, but also things like Composing and Community.

You would all agree I think that brass bands are part of the community, bringing people together and marking the seasons. So whether you come and see us play on 13th, or catch Appleby Band or Kirkby Stephen Silver Band or any other bands, do take pictures and say hi! If you use Instagram, tag them #drumandbrass or even send them to me, julie@drumandbrass.co.uk. We will then make a collage to celebrate our local musicians this Christmas.

Happy Christmas all!

Regards, Julie

We meet weekly during term-time at the Methodist Chapel in Tebay, Wednesday at 4.15 pm – 5.15pm (a bit earlier than billed). New players are always welcomed. **Call me on 07866 378392**





The annual **Winter Warmth Appeal** makes sure that older people who may have to choose between heating and eating, can stay warm and well throughout the colder months. The recent increase in energy prices and cost of living make our appeal even more important.

Last winter, we distributed £192,800 and by working with our partners at Age UK and Copeland Age & Advice Service, 1,538 older people living on low incomes and with chronic health problems benefitted from your generosity.

You can give to the appeal, or you can apply for help — find out more: <u>www.cumbriafoundation.org</u>

Any money donated between **Monday 15th November and midday Monday 13th December** to the Winter Warmth Appeal will be automatically doubled thanks to generous match funding from: WCF Ltd, John Laing Charitable Trust, Roselands Trust, The Johnson Fund, Brian and Ann Clark Fund, Harvey Family Fund and a private donor.

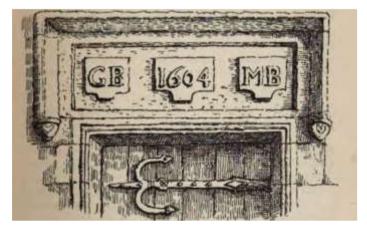
Potted History of Petty Hall Orton

Everyone who lives in Orton, and most people who visit, will know where Petty Hall is situated in the middle of the village.



By the end of the Elizabethan period the Birkbecks were the most influential family in Orton having bought land from the Dacres. This grand old building was owned, if not built or rebuilt, by George Birkbeck and his wife Margaret in 1604 in the reign of James I of England James VI of Scotland.

So why is it called Petty Hall? It wasn't, it was called Orton Hall. George and Margaret had three sons called Bryan, Thomas and Edward and at that time George and his wife lived at Coatflatt Hall. Bryan, who was the eldest, had only a daughter called Elizabeth and therefore renounced his succession to Coatflatt Hall during his father's life. The second son Thomas had no children and therefore the third son, Edward, succeeded to Coatflatt and married Isabel, the second daughter and heiress to Thomas Wharton.



From a woodcarving

Elizabeth Birkbeck, Bryan's daughter, inherited Orton Hall and she married Christopher Petty in 1629, and it then became Petty property, and it was then that it became Petty Hall. Christopher and Elizabeth Petty had 5 children -4 daughters and 1 son. Three daughters died in childhood and their eldest Mary married a Robert Wilkinson.

Their son, Christopher Jnr, married twice, his second marriage to a Mary Wilkinson. When Christopher Jnr died Petty Hall was held onto by his wife Mary for their son, also called Christopher, who was only 8 years old. This Christopher became a lawyer and lived, prior to his death, at Skipton castle where he died in 1728. The hall then passed to a branch of the Garnett family (Who built the adjoining barn) It was the Garnett family who sold Petty Hall to Dr. Thomas Gibson.

When Dr. Gibson owned Petty Hall he was said to have a piece of oak which was supposed to be from a pew in Orton Church that was carved with B. B. above E and C.P. above E. which were thought to be for Bryan Birkbeck and his wife Elizabeth and Christopher Petty and his Wife Elizabeth.

Is this piece of oak pew still in Orton?

Yorkshire Dales National Parks Authority Parish Forums

The Yorkshire Dales National Park Authority recently held its first Parish Forum since its meetings were suspended last year due to Covid-19.

Representatives from all 99 Parish Councils/ Meetings in the National Park were invited, and those who attended discussed issues ranging from road traffic speed and noise to visitor management, sustainability and dark skies.

Yorkshire Dales National Park Authority Chair Neil Heseltine said:

"I particularly welcomed the important discussion around sustainability and the challenge from parishes for the Authority to be a leader and exemplar for what a modern sustainable National Park should be, providing expertise and advice locally, and not being afraid of bold and radical solutions to deal with the climate emergency.

"It's clear that, in order for North Yorkshire and Cumbria to become a carbon negative region by 2040, the scale of the change will be breathtaking, requiring huge cultural shifts. And as a new National Park Management Plan starts taking shape in the coming 18 months we will look to be even more ambitious".





Hope you enjoy this page-let us know if you have any ideas of what else you would like to see here: TheLinkMagazine@outlook.com

Read the Christmas story from the Bible in Luke 2, v 1-20. You can find an online Bible here: https://www.biblegateway.com/

> Here are some of the words from the Christmas story, describing what Jesus'

then write the words on the stars.

birth brings. Unscramble the letters and

IT'S CHRISTMAS!

Some ideas for you and your family to do and talk about on Christmas day or over the festive period.

Talk What brings you the most joy this Christmas? What do you most hope for in the new year?

Do Make simple place cards and write the names of family and friends on them. Even if they cannot be with you for Christmas day, place the cards somewhere when you eat food together today, and thank God for the people you have named.

Pray Look out at the night sky and the stars. Remember that our family and friends are all under the same sky, even if we cannot be together, God makes us one family and brings us together. Ask God to bless and protect all those you care for, and all who care for you.



Can you find all the words below?

donkey	m	Х	a	Z	M	v	с	s
angel Mary	M	а	y	0	a	m	r	h
stable	q	а	n	u	r	S	е	е
shepherd manger	b	k	n	g	у	р	g	р
ioy	d	0	n	k	е	y	n	h
	1	n	t	d	0	1	a	е
	w	е	r	j	r	q	m	r
	h	S	t	a	b	1	е	d

capee rpaies

rwnoed

voel

ehpo

oui

hfita





These lights symbolise the light which Jesus brings, and a way in which we can celebrate his birth. Draw items that help you to celebrate Christmas.



The Art of Vermeer

Jan Vermeer (1632-1675) lived his whole life in Delft in what is now Holland. He married at 21, fathered 15 children of which 11 survived, died at 43 and only left about 30 paintings for us to judge his work by. Thus began Mike Fossey's deeply revealing and entertaining lecture on Vermeer to Appleby Arts Society in November.

Holland at that time was a rich mercantile society with a newly affluent middle class who desired to ape the upper classes by having many paintings on their walls. It was a good time to be a painter then, or an art dealer and Vermeer was both. These were also turbulent times between Catholics and Protestants; Vermeer a Protestant, married into a Catholic family and moved into his wife's family house. He probably did all his paintings there.

I think we would all recognise Vermeer's lovely painting of 'The girl with the pearl earring', but he also painted landscapes, street scenes of Delft and some twenty paintings of interiors like the one shown here, called '**The glass of wine**'.



It seems to depict a simple, calm room in a house with perhaps a husband and wife sharing a drink beside a lovely open window whose light is illuminating the scene. Not so- for this painting is full of emblems or symbols as warnings of sin. The woman wears red, symbolic of passion; there is not just a glass but a flask of wine which for a woman at that time was symbolic of drunkenness. There is a lute on the chair which means that the two have been playing music alone together which was regarded as lustful at the time and what is that depicted on the stained- glass window? It is the Goddess of Temperance. This painting is seething with meaning and warning to this deeply divided religious society.

Mike shared with us many such paintings by Vermeer and others which were popular at the time. There was an Emblem Book which could be consulted as to meanings. An apple with a bite out means that a woman has given into lust, a letter in a picture always means illicit love and if the woman is wearing yellow she must be a whore. Pearls seem to signify wealth and vanity, which perhaps is the sole symbol in his gorgeous 'Girl with the Pearl Earring'.

In the Glass of Wine painting are also several of Vermeer's props-items which crop up in many of his paintings. The chair with the lions' heads, the tapestry cover on the table, the diamond patterned floor covering and the other picture on the wall. It is safe to say we will never look at Vermeer's paintings in the same way again.

The next meeting is on December 8th and features Shirley Smith on Nativity Paintings. For more information go to <u>www.taswestmorland.org.uk</u>

An uplifting insight into the history of graveyards

Bev Brummitt opened her talk to the October 2021 meeting of the **Ravenstonedale Parish History Group** (RPHG), by explaining the title of her talk, 'Musings of a Taphophile'.

Taphophile describes someone who is an enthusiastic explorer of graveyards, which for Bev are uplifting places to visit and learn from.

The talk covered the history of formal burials, headstone design and headstone wording. At the outset Bev shared the origins of her interest including early memories of regular visits to family graves in the Churchyard in North Staffordshire and exploring the graves in the graveyard opposite her childhood home. The experience was educational and fascinating and has remained an everyday interest which informed the October lecture.

The history spanned early references to formal burial, beginning in 3000 BC, with the first

gravestones or grave markers placed by both Roman and Celtic cultures. By exploring definitions, Bev shared the distinctions between graveyards, cemeteries and burial grounds, including the early origin for the word 'cemetery' which derives from the Greek word 'koimeterion', meaning 'a sleeping place'. The Greeks also influence another important aspect of a graveyard, as they are credited with the founding of the tradition of flowers as a form of remembrance.



Working along a timeline, Bev covered key events in the evolving story of graveyards, from 3000 BC to the 7th and 10th Centuries and then in more recent history from the 1600s to 1800's, arriving in an era which introduced many of our more familiar traditions and graveyard customs that are associated with the Victorians, including the emergence of the first cemeteries, notable of which was the largest, Brookwood Cemetery in Surrey, which was accessed via a dedicated railway for the transport of coffins and included three classes of carriage for the transport of passengers.

In introducing headstone design, Bev began with definitions, initially categorised by date, to confirm the evolving styles of gravestones from the early 18th Century onwards and the point at familiar designs which including double headstones and box tombs appear. Bev also explained the reasons for the modern dominance of granite over marble and the historical context of the trend towards reduction in size of memorial stones over time.

Finally an introduction to inscriptions formed the last section of the presentation. The influence of regulations, for example those in use in Churchyards, to ensure inscriptions are reverent and the information that is distinct on war graves. Examples of adornments (inevitably unregulated), were illustrated including that adorning the grave of a famous rock musician. Piles of drumsticks were among examples shown as being left by respectful fans as simple testament to the former Led Zeppelin drummer, John Bonham.

An entertaining dimension to the talk was the inclusion of quiz questions at regular intervals during the talk, to provide an opportunity for audience participation and to reinforce the insight learned up to that point. Laughter also emerged as an important aspect of the talk, with slides on interesting 'trivia' notes and grave inscriptions that offered a witty epitaph in memory of the departed occupant.

The talk concluded with confirmation of the many reference sources interrogated to bring the talk together, including churchyard diocesan regulations, maps, vestry minutes, burial board minutes, burial registers, local newspapers and seventeen separate Burial Acts spanning from 1847 to 1981.

RPHG warmly applauded Bev, who joins the local parish faculty of enthusiastic speakers, who bring former experience of public speaking along with a passion for historical topics to support the group by volunteering to develop and prepare these monthly lectures.

For more information go to <u>www.ravenstonedalehistory.org.uk</u>

Join us* in person or on zoom for a . . .



On Wednesday 15th December at the Abbey Kitchen, Shap drop in from 10am.

There will be free mince pies and cups of tea! And don't forget your Christmas jumper!!

For the Zoom link Contact: Fran Parkinson – <u>Curate.hwparishes@gmail.com</u>

*The Churches of High Westmorland

Send us your contributions — TheLinkMagazine@outlook.com

Church contacts and News

Church Contacts

VICAR

Vacancy

Mission Community Administrator Joyce Keetley 07741 327318 Email: applebymc@carlislediocese.org.uk

Curate Fran Parkinson 23393 Email: <u>curate.hwparishes@gmail.com</u>

Retired clergySandra Ward24213(Penrith Hospital Chaplain)Christopher Jenkin24410

ORTON with Tebay

24258
24262
26028

PCC SECRETARY Susan Thorpe 24166 Email: <u>s.thorpe669@btinternet.com</u>

24465

TREASURER Bill Lawler

LOCAL LAY MINISTER Rosemary Campbell 24837

RAVENSTONEDALE with NEWBIGGIN-ON-LUNE CHURCHWARDENS Ann Brownrigg 23594 Martin Windle 07899 907958

SECRETARY Suesi Windle <u>suesi.windle@googlemail.com</u>

TREASURER Tim Parkinson

Methodist Church Revd Stephen Radford, 50 South Road, K. Stephen, CA17 4SN. 017683 71202. Email: stephen.radford@methodist.org.uk

23393

Roman Catholic Church Fr Peter Houghton, Church of Our Lady of Appleby 017683 51244

Cumbria Vinelife Fellowship, Orton Colin Cox, 2 Ashfield Court, Orton 015396 24253

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies. Thursday 9th December 7.30pm Appleby Hub

Chapel Street, Appleby-in-Westmorland www.thefillingstation.org.uk

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches of the benefice, please contact the **Curate, Rey, Fran Parkinson**

> — tel. 015396 23393. Email:

curate.hwparishes@gmail.com If you would like to ask about a wedding or funeral, please in the first instance contact the

> Mission Community Administrator,

Joyce Keetley, on 07741 327318

or applebymc@carlislediocese.

<u>org.uk</u>.

Services in our Methodist Chapels

	2021/ 2022	5 th December	12 th December	19 th December	26 th December	2 nd January	9 th January	16 th January	23 rd January	30 th January
		2 nd Sunday of Advent	3rd Sunday of Advent	4th Sunday of Advent						
* Tebay M P 1-1300 M H B	10.30	S Radford US at PC	A Burton	Carol Service OA	At N on L SS	LA OA	A Pallister	D Thackray	P Rigby Cov	LA
	6.30		t.		1		CS at Sands			
Shap (Class of Tebay)	10.30	J Betts				S Radford COV				Y.
#Orton M P Complete M H B	10.30	A Hurd OA	W Ousby	S Radford Family Carols	At N on L SS	LA	A Rowell	K Speck OA	S Radford Cov	J Worsfold
PB EW	6.30			Candlelight Service @ All Saints			CS at Sands			
#Newbiggin On Lune M P 1-1250 + More on screen	10.30	W Riley	S Joel OA		R McGregor SS	OA	S Joel OA	S Radford Cov	OA	OA
мнв	6.30			Candlelight Carol Service			CS at Sands			T
*Ravenstonedale M P 1-1144 M H B	2.00	H Radford	A Sterling	Carols OA	10.30am At N on L SS	T Dent	S Radford Cov	A Sterling	W Ousby	S Radford
H&P	6.30						CS at Sands			

Se	rvices in our An	iglican Churche	€S	
Sunday 5 December 2nd Sunday in Advent Sidesperson: Malachi 3:1-4 Philippians 1:3-11	Margaret Longworth	Tebay, 10:30am Holy Communion at the Methodist church	Ravenstonedale, 10:00am All Age Worship Fran Parkinson Diana Fothergill	
	Angela Milburn			
Sunday 12 December 3rd Sunday in Advent Sidesperson: Zephaniah 3:14-20 Philippians 4:4-7 Purple Prayers:	•	Tebay, 4pm Christingle Service	Ravenstonedale, 10:00am Holy Communion Chris Jenkin Ian Torkington	
Tuesday 14 December	Orton, 6:30pm Christingle Sandra Ward			
Sunday 19 December 4th Sunday in Advent Sidesperson: Micah 5:2-5a Hebrews 10:5-10 Purple		Tebay, 10:30am Carol Service at the Methodist church	Ravenstonedale, 2:00pm Carol Service at Newbiggin-on-Lune	
Tuesday 21 December			Ravenstonedale, 7:00pm Carol Service	
Friday 24 December Christmas Eve Sidesperson:	Orton, 11:30pm Midnight Communion Fran Parkinson Mary Jenkin	Tebay, 10:30am Family Service at the Methodist church		
Saturday 25 December Christmas Day Isaiah 60:1-6 Ephesians 3:1-12		Tebay, 10:30am Christmas Celebration at the Methodist church	Ravenstonedale, 10:00am Family Service (HC) Fran Parkinson Tim Parkinson	
White	1			
Sunday 26 December 1st Sunday of Christmas	High Westmorland Parishes United Service 10:30am, <u>Online</u> Zoom Service - a short thanksgiving for Christmas Fran Parkinson, and friends from around the world			
White	Zc	oom - Meeting ID: 857 7193 48.	15	
	ellowship: Everv Su	nday in Orton Mark	et Hall, 10.30 a.m.	

Sunday 2 January	Orton, 10:30am	Tebay, 10:30am	Ravenstonedale, 10:00am		
The Frinkany	Holy Communion	Songs of Praise	All Age Worship		
The Epiphany	Sandra Ward	at the Methodist church	Lay led		
Sidesperson:	Chris Bland				
Isaiah 60:1-6	Margaret Longworth		Michael Metcalfe-Gibson		
Ephesians 3:1-12	Keith Capp		Sally Metcalfe-Gibson		
White Prayers:	Elizabeth Crossley				
Sunday 9 January	Orton, 10:30am	Tebay, 10:30am	Ravenstonedale, 10:00am		
Bantism of Christ	Service of the Word	Holy Communion	#N/A		
Baptism of Christ	Team	Fran Parkinson	#N/A		
Sidesperson:		with Burial of Ashes			
Isaiah 43:1-7			Hilary Law		
Acts 8:14-17					
White Prayers:					
Sunday 16 January	Orton, 8:30am	Tebay, 10:30am	Ravenstonedale, 3.00pm		
	Holy Communion (BCP)	Service of the Word	Evening Prayer		
Epiphany 2	Chris Jenkin	Rosemary Campbell	Neil Hughes		
Sidesperson:					
Isaiah 62:1-5	Mary Jenkin		Richard Best		
1 Corinthians 12:1-11					
White Prayers:					
Sunday 23 January	High Westmorland Parishes United Service (HC)				
Creinhany 2	Orton, 10:30am				
Epiphany 3	Chris	Ienkin, Rachel Milburn & Pam	Lawson		
Sidesperson:	Mary Jenkin				
Nehemiah 8:1-3, 5-6, 8-10	Martin Lawson	Zoom meeting number:			
1 Corinthians 12:12-31a	Andrea Dutton	834 2647 7216			
White Prayers:	Olive Bland				
Sunday 30 January	Candlemas at the Cathedral				
Candlemas					
	The plan is	to go to the cathedral as chur	2		
Sidesperson:					
	We'll m	ake details known once this is	organised		
White Prayers:					



WhatsApp messages & emails

From Rev. Nelson Walina:

From 25th-31st October, we had a Mission from home to home and person to person. It went well. At our Door to Door mission we had a time of prayer and the Power of the Holy Spirit was working in the people of God.

committed their lives to Christ. The Bishop came and confirmed 84 and not schooling. Christians.



Those you see in white stand before the Bishop; they repented after the Bishop's sermon to be saved; the Bishop is praying for them.

From Rev. Robert Zziwa:

We had a Youth Conference at St. Paul's Cathedral, Kasese.

Thanks for your prayers for our These of 9-15 years old learning Mission. At least 318 Christians how to make liquid soap during this time when they are at home



My little son, Elisha, has had pneumonia. He has been on medication for the last five days. (Several people from Orton and district were praying for him.) Elisha was discharged — he's steadily. We improving SO appreciate so much endless prayers from you!

Upper Eden Medical Practice

Covid Vaccinations update

We are no longer giving first vaccines here at the Surgery. We have now attempted to contact all patients who are due their second vaccines. If anyone feels they may have been missed then they need to contact us urgently.

The following information is on our website:

COVID vaccination certification

We are unable to issue this certificate at the practice. Please see the <u>Gov.uk website</u> for further information. Proof of your vaccination status will be available on the **NHS app**, which is also valuable for accessing your health records and ordering repeat prescriptions. Alternatively, you can call the NHS helpline on 119 and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine, the letter may to take up to 5 days to reach you.

Shingles vaccination

Patients become eligible for routine vaccination against shingles when they become 70 years of age and all those aged up to and including 79 years are now eligible to receive the vaccine until they become 80 years of age. Individuals who were eligible for the Shingles vaccination programme who turned 80 years during the COVID-19 pandemic and missed the opportunity to be vaccinated, either due to lockdown or because they were shielding at home and unable to attend their general practice, can continue to be vaccinated up to 31st July 2021.

Please contact the Surgery to book an appointment.

Seasonal flu/Covid booster vaccination information:

This year the Practice will be contacting all eligible patients for their flu vaccination and likely Covid booster to be given at the same time.

Patients will be contacted in eligibility order and given an appointment time.

Please can we ask patients to **wait for the Practice to contact them** as we are still awaiting information regarding the Covid vaccine boosters.

https://www.upperedenmedicalpractice.co.uk/News/ a778c2d8-e6e9-49a0-a0cf-ba9191fb6**90b**

2: 017683 74015



Orton Surgery and Shap Medical Practice

Current Procedures

The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face to face consultation is necessary the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment. Surgery appointments remain being kept to a minimum to reduce the risk of infection to our patients and staff. Please do not attend the surgery without an appointment and please check the NHS111 website if you are unwell with coronavirus symptoms. When attending an appointment at the Practice, face masks must be worn at all times within the building, unless you are exempt due to medical reasons. Hand sanitisers are placed throughout the building and we request for all patients to utilise these.

Online Consultation

We still offer online consultations using the eConsult. Please check the practice website

www.shapmedicalpractice.co.uk to find out more about this.

Orton Surgery

There continues to be no Doctor's appointments at Orton Surgery for the time being.

Dispensary

Shap medication continues to be collected from the Dispensary window, and medication is available for collection at Orton every Tuesday between 10am and 11am.

COVID Vaccinations Update

This vaccination hub at Penrith Hospital has now finished vaccinating, however the various larger vaccination sites, including Kendal and the Auction Mart in Penrith, are still vaccinating for the foreseeable future.

Keep an eye on our Facebook page (<u>@shapmedicalpractice</u>) for updates on COVID boosters.

Flu Clinics

The flu vaccination is available every year on the NHS to help protect adults and children who are at risk from flu and its complications. This year the flu vaccination is being offered on the NHS to:

- adults aged 50 and over
- people under 50 in the clinical at-risk group
- pregnant women
- children aged 2 and 3 on the 31st August 2021
- children in primary school
- frontline health care workers

Further information will be posted when flu vaccine appointments are available to book.

Dr. McCabe Dr. Woodstrover Dr. Kehoe and all the staff 01931 716230 <u>https://www.shapmedicalpractice.co.uk/</u>

Useful Contacts

For children and young people

Orton C. of E. School: Headteacher, Mrs. Emma Pomfret Office: Vicky Percival: 24268 Friends of Orton School: Sharon Potter: 07500 956899 shazzaboomw@yahoo.co.uk Tebay Primary School: Headteacher: Mrs. Lisa Bland Office: Tracey Morland: 24239 Friends of Tebay School: Claire Penhallurick 07986 692527 Catchment Area Secondary School: Kirkby Stephen Grammar School: 01768 371693 For Little Children: Tebay: "Twinkles": Tebay School: 24239 Orton: Tiny Hillbillies: Pat Alexander: 24303 Ravenstonedale: Dinky Dales Nursery Ltd: Julie Procter and Keeley Morland: 23670 Scout Group – Scouts, Cubs, Beavers Shap area: Jackie Wright: 01931 716490 Kirkby Stephen: Lois Wiseman: 01768 341107 Appleby Guides: Leagh Wilkinson: 07869 078977 Appleby Brownies: Emma Williamson 07800 564170 Appleby Rainbows: Sue Grainger: 07876 403895 Kirkby Stephen Brownies and Guides: Audrey Gray: 07889 093848 Northern Inter-Schools Christian Union (NISCU): Ruth Evans, ruth.evans@niscu.org.uk Appleby Deanery Network Youth Church Pioneer Minister: Rachel Milburn, Rachel.Milburn@carlislediocese.org.uk Families Together in Orton and Tebay: Pam Lawson: 26028 Miscellaneous Orton/Tebay Parish Clerk: Margaret Longworth: 24900 Orton Market Hall Bookings: Julie Renwick-Smith: 24796 ortonmarkethall@outlook.com Upper Eden Medical Practice, Kirkby Stephen : 01768 371369 (with Surgery in Tebay) Shap Medical Practice: 01931 716230 (with Surgery in Orton) Vets: Kirkby Stephen: 01768 371359 Appleby: 017683 51507 Shap: 01931 716024

Adult groups

Archaeological Society: Jan Hicks: 01931 714122 Arts Society, Appleby: Gillian Stoddart: 01768 862501 Badminton: Richard Percival: 24352 Band: Appleby Town Band: Chris Jenkin: 24410 Kirkby Stephen Silver Band: Caroline Souter: 017683 72376 Bell Ringers: Julian Thorpe: 24166 Bingo: Jillian Hewitt: 01931 715000 Boccia: Felicity Lawler: 015396 24465 Book Club: Clare Fox: clarefox59@gmail.com Judith Cattermole: judithcattermole2@gmail.com Bowls at Newbiggin: Stephen Dickinson: 07766 833500 Combined Churches Choir: Chris Jenkin: 24410 Community Choir: Alison Mott: Alison@mott.me.uk Concerts: Appleby: North Westmorland Arts: 017684 83777 Kendal: contact@lakelandsinfonia.org.uk First Responders: Steve Dunkinson: 24286 Folk Dance Club: Chris Bland: 24258 Greenholme Show: Keith Golding: 01931 715446 Heating Oil Syndicate: Chris Jenkin: 24410 Howgill Harriers Running Club: Admin@howgillharriers.co.uk Lakeland Sinfonia concert series in Kendal, www.lakelandsinfonia.org.uk Local History Society, Ravenstonedale: Val Fermer: 07798 688057 Lunch Clubs: At the George Hotel, Orton: Bronagh: 24071 At Old School Tea Room, Tebay: Bernard Thornborrow: 24272 Men's Meeting, Newbiggin: Jonny Capstick: 23141 Orchestra: Cobweb Orchestra: Richard Best: 23470 Quiz Team, Orton: Louis Cotter: Ifc@Ifcotter.plus.com Sew and Sews, Orton: Gillian: 23653 Volunteer Social Car Scheme: Dennis Humphreys: 26052 Women's Groups: Orton: Pat Alexander: 24303 Lune Ladies: Wendy Dickinson 07766 833500 Women's Institute: Jackie Huck: 24266 Mothers' Union: Angela Milburn: 24382

Church Websites:

High Westmorland parishes: http://hwparishes.org.uk Entries in the Church of England's "A Church Near You" directory Orton: https://www.achurchnearyou.com/church/12220/ Ravenstonedale: https://www.achurchnearyou.com/church/12221/ Tebay: https://www.achurchnearyou.com/church/12223/ Orton Community Website: https://ortoneden.co.uk Orton Parish Council: https://ortonpc-eden.org.uk Tebay Parish Council: https://tebaypc.org.uk Ravenstonedale village website: https://www.ravenstonedale.org Ravenstonedale Parish Council: https://www.rdalepc.uk

Websites

Churches' Facebook pages

Orton: https://www.facebook.com/AllSaintsOrton/ Tebay: https://www.facebook.com/stjamestebay Ravenstonedale: https://www.facebook.com/ StOswaldRavenstonedale/

Families Together in Tebay and Orton

https://www.facebook.com/ FamiliesTogetherTebayOrton/ Families_Together@googlegroups.com

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	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garahill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart Blackhall Road layover 1.45 hours	13.15	

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETUR
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart Blackhall Road layover 1.45 hours	13.15	

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	UTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

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5-617 - \$1.15-6419es4	to Pennith	to Kendal Tues/Fri	to Penrith
Kendal	10.00	14.05/13.35	15.30
Tebay Mt Pt	09.32	13.28/12.58	16.02
Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
Penrith	10,30	12,30/12,00	17.00

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