The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay





Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We still need help — do think about volunteering if you can. Email us or use the QR code below to tell us how you might help. If you're not sure, we can find you a job!



TheLinkMagazine@outlook.com

Do get in touch with any comments or questions you may have and one of us will answer:

Many thanks,

David, Martin, Paula.

Views expressed in 'The Link'

are not necessarily those of the publishers or editors.

Front page photo Paula Thornley

Used with permission

We weren't sure how to tell you we need help...

...we've been saying that since we took over the magazine a year ago, but the reality is now, that if we don't find others to help, The Link magazine will stop being produced after the double December / January issue.

Apart from encouragement (which is kind of you, thank you) we've not had any concrete offers of help.

We would like to keep The Link going — and we think a good number of you do too.

What we need, in order to keep going is one or two people who can volunteer their time and skill to help put the magazine together on a computer.

We will give training, and support, and we're not going to walk away when someone volunteers, we'll be working alongside you, but just to be clear — if we don't get anyone stepping forward, we will have to step back, and The Link will stop being produced at that point.

Chris Jenkin, the previous editor, who produced 100 issues over

ten years, used to take about a week to put The Link together (and as a retiree, that was possible).

Even working as quickly as we can, The Link still takes about a day and a half to put together, and as some of you will have noticed, gets less care and attention than it deserves. That might not sound like a lot, but alongside a full time job and committed weekends, it means that it's often being produced late at night, rather too hastily.

So — just to remind you — unless you help us find one or two people, or volunteer yourself, we will — reluctantly — have to close the magazine after the next double issue.

If you're stirred to help, or connect someone else who can help — contact Martin on:

079900 39900

TheLinkMagazine@outlook.com

Thanks — Martin (and David & Paula)

If you're an advertiser, we'll be in touch if we can't find a way to keep things going, but we hope we can!

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THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy including advertising to: TheLinkMagazine@outlook.com

Payment for advertising: Linda Garrick, 015396 24262

We hope to give village addresses for dropping off copy, or phoning in, as we develop local links

There is no Link...

...this is what The Link Magazine will be in February if we don't find others to help produce it.

The next issue will be the last.

If you want to see The Link continue, please help make it happen — more details on the left hand page.

Newbiggin-on-Lune Village News & Events

MEN'S Meeting

WHEN Wednesday 2nd Nov, 7:30pm

WHERE Newbiggin-On-Lune Methodist Chapel

Brews, biscuits & Banter!

Gontact Jonny Gapstick for more info 01539623141

All ages welcome!

2^{to} NOV
Woodturning
talk and
demonstration
by Pete Osborn
(opportunity to buy
his handiwork)

Newbiggin-on-lune Chapel Harvest Festival weekend

A good weekend started off with a ceilidh on Saturday night led by Chris Bland, with all ages joining in with the dancing, a bring and share supper and Wilfred Capstick sharing God's word.

Celebrations continued on Sunday morning which was taken by John Fox of Quernmore, speaking on Elijah and his total reliance on God, followed with lunch. John again took our evening service and continued on Elijah and planting seeds.

An enjoyable weekend but most importantly a time of blessing and a time of challenge through the scripture. Food items donated to chapel will be given to the local food bank and also a sum of £228.50 was gifted over the weekend which will be donated to charity.

Lune Ladies

Last month we had an excellent talk and slides by Michael Beaty who shared his challenging trip to the Antarctica.

On Wednesday 2nd November 7.30pm It's Flowers with Daisy Rocke Newbiggin on Lune village hall.

All welcome.

December is our Christmas social which is going to be at The Black Bull Nateby 7pm.

Indoor Bowls Come and join us!

Friday night is Indoor Bowls night at Newbiggin-on-Lune

Starts at 7.30pm costs £2, (first night free) you don't need a partner, just turn up.

More information from 07880 706485 - see you there!



Newbiggin-on-Lune Public Hall

Chair Ian Clayton 015396 23226
Secretary Jim Wardrope 015396 23288
Treasurer Carl McLauglin 015396 23674
The Vicarage, Newbiggin-on-Lune, Kirkby Stephen
Caretaker Janet Brownrigg 015396 23689
All bookings should be made with the Caretaker
All payments should be made with the Treasurer

Facebook:

https://en-gb.facebook.com/NonLPublicHall

CHRISTMAS LIGHTS TURN ON

by Mrs. Fanny Jackson



NEWBIGGIN-on-LUNE PUBLIC HALL
5 PM SATURDAY 3rd December
CAROLS and READINGS, MINCE PIES,
MULLED WINE
COLLECTION IN AID OF CHARITY

Folk Dance Club

Our local club meets weekly in Newbiggin on Lune Village Hall

Thursdays evenings, 7.45 to 10pm September to April

Singles & Couples all very welcome.

Dancing is good for physical & mental exercise and for meeting new & friendly people.
All dances are walked through & called.
Beginners welcome, for any further details ring Chris on 015396 24258.

N.S. P.C.C. Coffee Morning

Newbiggin on Lune

Саке

Raffle

Sat 5th November

Bring 4
Buy

stall

10:30~12:00pm

(Including Refreshments)

No set entry charge ~ Donations accepted.

VILLAGE AUCTION

Newbiggin-on-Lune Public Hall

SATURDAY 26th November 2022

VIEWING 6 PM AUCTION STARTS 7PM

Entry £1 (Includes tea/coffee/biscuits)

DONATIONS WELCOME

SMALL HOUSEHOLD ITEMS, TOYS, BOOKS, BRIC A BRAC, TOOLS

Please bring to Hall between 1pm-5pm on 26/11/2022

Large furniture - send a photograph by 19th November to nonlpublichall@gmail.com.

Do not bring to Hall!

Buyer to collect from seller's home.

We are unable to accept electrical items.

Enquiries Ian Clayton 07831 445520

NEWBIGGIN-ON-LUNE CHAPEL SUNDAY SERVICES 10.30AM Every Sunday

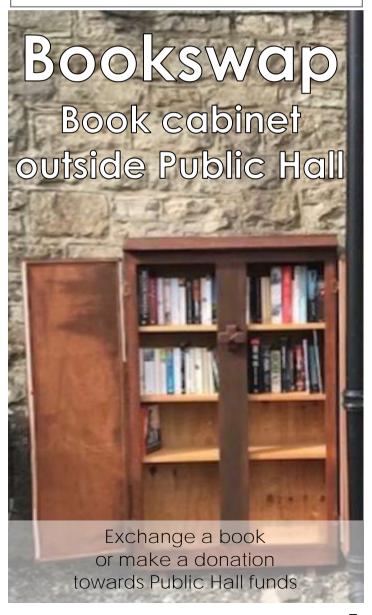
Tea and Coffee to follow the after the service.

A Warm Welcome to Everyone.

Also we have the following meetings at different times please contact us for further details.

Coffee Morning, Prayer & Share Sunday School, Bible Study Men's Meeting, Ladies Meeting

For further information please contact
Wilfred – 015396 23600
or
Angela – 07980 418078



Ravenstonedale Village News & Events



RAVENSTONEDALE PARISH HISTORY GROUP ARCHIVES

Come along on Thursdays 2.00pm – 4.00pm to High Chapel Community & Heritage Centre (other times by arrangement)

If you are researching your family tree, we have Transcribed Parish Registers from 1650 – 1826 old school photos with pupils named plus other old photos

& if you are interested in the history of your house, we have Sales Prospectuses for farms etc from at least 1879

Original OS map from 1859 & other old maps, showing many properties

Official Returns not available on-line for 1780, 1856, 1867, 1869, 1871, 1878 & 1879 showing occupiers and owners of properties in the parish

Changing display of copies of local photos AND MUCH MUCH MORE!

For more information: Contact Val Fermer on 07798 688057 or post a comment at www.ravenstonedalehistory.org.uk

A panoramic 12 month journey along **Hadrian's Wall**

Maurice Steele, drove for two hours from the Western lakes to Ravenstonedale to present his film to the October meeting of the Ravenstonedale Parish History Group (RPHG), 'Walking through history, Hadrian's Wall from Wallsend to Bowness-on-Solway'. Over 30 RPHG members and guests demonstrated their appreciation of his journeys, both his journey on Wednesday to Ravenstonedale and the twelve month journey he took to gather the visual material that became his very entertaining film.

The film documented the route along the Hadrian's Wall National Trail which follows the line of the Hadrian's Wall UNESCO World Heritage Site, passing through some of the most beautiful parts of England – from rolling fields and rugged borderlands to the vibrant cities of Newcastle and Carlisle – with dozens of sights of historical interest along the route. Using still photography, painstakingly edited into many transitions, with a soundtrack, the film was a picturesque and thoroughly entertaining presentation.

As the photographs were collected over twelve months, the seasons came alive with vibrant spring flower, snowy scenes and the warmth of summer illustrating the highlights of the walk, along with interesting deep dives into historical stories, related to the Roman and other centres of interest encountered when travelling from East to West.

In addition to professionally rendered voiceovers, the soundtrack featured good use of various musical clips. These included background instrumentals as the route traversed each season and longer complete musical contributions pertinent to sights visited and explained in more depth, including the Blaydon Races and the folk song 'Flowers of the Forest' which perfectly supported a remembrance day scene.

The many scenes of interest celebrated in the film included an early stop on the route which introduced the history of Vickers Armstrong, formed when Vickers merged with the Tyneside based engineering company of Armstrong Whitworth founded by William Armstrong to become Vickers-Armstrong. Armstrong Whitworth and Vickers had developed along similar lines, expanding into various military sectors and produced a whole suite of military products. Armstrong Whitworth were notable for their artillery manufacture at Elswick and shipbuilding at a yard at High Walker on the River Tyne.

Further on, Stephenson, forever associated with the global phenomenon of railway transportation, who was illiterate up to the age of 18, and self-educated himself to enable his engineering career. His birthplace at Wylam can be visited on the trail. Other

notable lives documented in the film included John Clayton. John was part of a wealthy family, however he also worked hard to increase his fortunes and land-holdings. When he died, his nephew Nathaniel George Clayton inherited around 20,000 acres of land and £713,522 0s.2d, of £42,732,833.08 in modern money!

Luckily for future generations of archaeologists and visitors to Hadrian's Wall, John Clayton used a portion of his wealth to purchase land which contained Hadrian's Wall and its forts, milecastles and turrets. His objective was to preserve the wall for future generations, a legacy enjoyed by those who walk the trail today. Edward 1st, who died in 1307, is commemorated with a modern sculpture at Burghby Sands, on the final stretch of the Hadrian's Wall trail.

Of interest for readers of the Herald, is that Cumbria, specifically the part of the county served by the paper is home to the longest visible stretch of Hadrian's Wall. Views of the wall was a key feature of the film as the journey continued from the Cumbrian border to Carlisle and then on long straight lanes and roads to Bowness-on- Solway, the end of the trail. In November (16th November, 7.30PM, Newbiggin-on-Lune Village Hall) RPHG welcomes back regular speaker and member Diana Fothergill. Diana is presenting 'The South Durham & Lancashire Union Railway, and some side tracks'. For more in formation please go to www.ravenstonedalehistory.org.uk

For more information on the National Trail, go to https://www.nationaltrail.co.uk/en-GB/trails/hadrians-wall-path/

We missed including this in the last issue — sorry!

UNITED SERVICE IN THE SHOW MARQUEE

What a difference a day makes!!

24 hours previous the Marquee was filled with amazing exhibits contributed by incredibly gifted people both young and older.

Now music was in the air as worshipers from Newbiggin, Ravenstonedale and further afield sang hymns old and new, ably led by the Worship Band.

Invited guests Paul and Ruth Curwin then captivated all present by balloon artisty as Paul brought from his mystery boxes all shapes and sizes of balloons to illustrate the gospel message of God's free gift and the prize that we have in accepting it

Such a fitting climax to the Show Weekend, many thanks to everyone!

Ravenstonedale Heritage and Community Centre

Christmas Craft fair

Refreshments and Stalls

Pottery, Cards, Jewelry, Paper Crafts, Fashion, Cakes and many more stalls Saturday12th November 2022

10am - 4pm

Contact Jan 07876 508027



Annual Exchange of Millennium Tapestries

& Parish Advent Café Style Celebration

With Tea and Cakes

Ravenstonedale Community & Heritage Centre

Sunday 27th November 2022 at 3 p.m.





SAVE THE DATE

SATURDAY, 18TH FEBRUARY, 2023

ANOTHER BIT OF A DO!

DRINKS, DINNER, DANCING
plus
ENTERTAINMENT PROVIDED BY
THE VAGABONDS

RAVENSTONEDALE COMMUNITY

& HERITAGE CENTRE

IN DECEMBER'S LINK

RAVENSTONEDALE PARISH HISTORY GROUP WEDNESDAY 16TH NOVEMBER 2022 - 7.30 PM NEWBIGGIN VILLAGE HALL

THE SOUTH DURHAM & LANCASHIRE UNION RAILWAY & some side tracks!

with

Diana Fothergill

Admission: Members £2.00 Non Members £3.00 including refreshments

For more information contact
Val Fermer on 07798 688057 or leave a message on
www.ravenstonedalehistory.org.uk

Asby Tree Group

The Asby tree group will be involved in a number of hedge and tree planting projects from November to March. We would welcome new members, especially from Orton, to become involved in projects 'at your end' of the Asby Parish. For more information, please contact the Secretary, Keith Cooper, khcooper1@aol.com

Fund-raising Afternoon Tea

The Methodist Church (organised by Jacky Ousby), recently hosted an afternoon tea at the Community and Heritage Centre and raised a phenomenal £753 for Breast Cancer Now. We are grateful for the generosity of all who came and supported it. With other donations from Kirkby Stephen Grammar school we were able to send £826.52



We will let everyone know when the next afternoon tea event is going to be as they are proving very popular with the local community. We also like baking cake and scones!

Orton Village News & Events

next market

Saturday 12th November

Leanne | Market Coordinator 07969 335598 — info@ortonfarmers.co.uk www.ortonfarmers.co.uk



held 2nd Saturday of every month

All Saints Coffee Morning at the Farmers Market in October raised a total of £664.89

Many thanks to all who came and drank tea or coffee, or bought bric-a-brac
— and of course, to all our helpers who made it possible.

BINGO

ORTON MARKET HALL

FRIDAY 11th November

ALL WELCOME 7-30pm

TEA AND COFFEE

RAFFLE

MONEY RAISED TO ORTON MARKET HALL AND ALZHEIMER'S SOCIETY



ORTON HARVEST SUPPER - WHAT A BLESSING!

When we arrived at The Orton Market Hall all wasready for 'The Feast'. The Hall newly decorated looked pristine and tables laid ready and waiting. Then suddenly everyone began to arrive.

The Village was back, friends and neighbours greeting each other after two years absence — It was great to see and hear.

The meal began with grace from the Reverend Sandra Ward and then Chris Bland took over and organised the tables to come up for food in the correct order. There were no riots or queue jumping! The food was delicious and the company great.



A big thank you to all those who worked so hard cooking, organising and helping plus thank you to The Westmorland Services for the Harvest Ham.

It was lovely to be back!

The Harvesters

Carol Service Choir

We are starting once more to plan for the Carols by Candlelight service in All Saints' Church, Orton, on Sunday 18th September at 6.30 p.m.

We usually are able to muster over 20 singers to sing in the choir, and emails have already gone out to those who have joined us in previous years.

But we would like more! If you would like to take part, and can come to some practices in November and early December, please get in touch. All ages welcome! Those singing soprano (or boys singing treble!) can probably just learn the tune, but for those singing the Alto, tenor or bass parts it is of course helpful if you can read music a bit.

As well as leading the congregation in the traditional carols, we will probably have two or three choir items.

Also **Carol Choir for December Farmers' Market** Coffee Morning in church, Saturday 10th December: musical expertise less necessary!

If you would like to take part in either or both of these events, please contact Christopher Jenkin:

015396 24410 or by email: ccjenkin81@gmail.com



Returns to Orton Market Hall

The Autumn/Winter season starts in November

Watch out in **theLink** for full details, times and tickets in the following month's editions

...Coming events...

Thursday 3rd November

The Head Gardener

Friday 2nd December

Remi Harris

www.ticketsource.co.uk
Tel: 01539 624856 or Email: cfox5858@gmail.com







Free Stay and Play Sessions

We are excited to let you know that we are starting Stay and Play Sessions after the Easter Break.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school.

The more the merrier!

These will be on Tuesday's from 9.30am—11.30am.
The first session will be on 26th April 2022
Refreshments will be provided.
Booking not required and there is no charge.
All welcome.

If you would like to find out more please get in touch the school office on 015396 24268 email - admin@orton.cumbria.sch.uk https://www.ortoncofeprimary.co.uk/

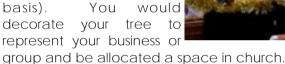
Orton CE School is a happy place to learn, grow and thrive.

Orton Christmas Tree Festival

We have had quite a number of responses from businesses, groups and individuals who want to take part in Orton Church Christmas Tree Festival, by decorating a tree to be displayed in church over the Christmas period. But we still have room for some more – so further responses will be welcome!

We invite local businesses and community groups to supply and decorate a Christmas tree which will be on display in church for the Christmas period - in time for the December Farmers' Market and Coffee Morning in Church. that good hope publicity will encourage visitors at this time to view the trees.

The trees can be artificial or real and no more than five feet tall, (we do have a few spare trees – on a first come, first served basis). You would decorate your tree to represent your business or



It would preferably be with lights to enhance the tree, and we would ask for a donation of at least £5 to help pay for the extra usage of electricity.

Each tree is to have a label saying which business / group it belongs to. This is NOT a competition, just a different way to celebrate Christmas!

Contact Mary Jenkin:

015396 24410 or by email: marypjenkin@gmail.com



ORTON DROP-IN COFFFF MORNING

AT THE CHAPEL SCHOOLROOM We are open Wednesdays 10.30 - 12.00

> Everyone welcome! Come and meet new friends! FREE! (Donations welcome)

We are an independent and non-profit community service for anyone who would like to meet up and chat every Wednesday morning. Any donations for drinks and cake will go to local charities

Are we ever going to get a new Vicar?

This is a question I have been asked several times since our last incumbent left us, and the answer is we hope so! But, (there is always a 'but' isn't there?) we need to look at the various difficulties that we find ourselves in.

In the Appleby Deanery, which covers an area from Milburn to Mallerstang and Shap to Stainmore, and of which we are a part, there have been - up to now – four benefices (a benefice is a group of churches working together and sharing one Vicar) All the Anglican churches within the circulation of The Link have been part of the High Westmorland Benefice which comprises Ravenstonedale with Newbiggin-on -Lune, Orton with Tebay, Shap with Swindale and Bampton – actually five church buildings and, since Rev Alun Hurd retired, with one unpaid clergy person and various other retired clergy and readers and lay people who try to keep things going.

The Anglican churches of the Appleby Deanery, who all contribute to the shared costs of the deanery, including its clergy, cannot contribute enough money to pay for a clergyperson for each of the four benefices so the decision has been made to make these four into three benefices with Shap and Bampton joining the northern benefice and Ravenstonedale, and Orton with Tebay joining the Kirkby Stephen benefice. This will mean that the deanery will be able to employ three clergy to look after the three benefices. Even with three clergy, the deanery will only meet 80% of the cost, and the diocese will be contributing the remaining 20% of the cost of these posts.

Within our benefice church wardens and others have been making preparations and agreeing advertisements encouraging applications from Clergy to come to this new benefice – as yet not named. We hope that interviews will take place before the end of November, which will be carried out by Bishop James, Archdeacon Stuart Fife and representatives from each parish, with a view to an appointment being made soon after

Many people think that the national Church of England, or the Church Commissioners, have lots of money - they do, but much of it is spent on clergy pensions and supporting mission and ministry in the dioceses. Carlisle diocese, of which we're a part, has benefited from this over the last several years (our Bishops are paid for by the national church, for example). Our local clergy are paid for by the local churches, with some support from the diocese.

So watch this space to see developments but most importantly please be praying that the right person is appointed to each of the three benefices in our Deanery.

The advert being used to find our new vicar: https://www.carlislediocese.org.uk/vacancies/priest-charge-benefice-upper-eden-westmorland-dales/

The Link — your local church & community magazine

News from Orton School

Spelling Shed.

Last month we had a new spelling game. It tells us the word and we have to write how we think it spells. Its so much fun there are lots of games to play.

By Bella-Blossom

Cross Country We all did really well at Cross Country at Kirkby Stephen Grammer school.

I came 3rd in the year 4 girls race, it was really hard work. First we ran down the front straight then it was a wood chip track, then we went up a really steep hill. Finally we turned around at the top and ran back down the hill and the track and the side straight.

Alice, Joshua and James

Flu Vaccinations

Last week we had a flu vaccination it was this thing that went up your nose and tickled. It was a thing to keep you from getting a cold or flu.

By Lucy and Lucy





We made a Giant Head this month .

We made it in the playing field and we made it with cob. (a clay made from soil, straw and water)
We got messy hands so we washed them at the end and used up all the hot water!



For Mental Health Day we split into house groups.

We made happy hats, we did yoga and 'Joe Wicks' and had hot chocolate and biscuits.

Eva and Jacob



Story Teller.

Gav Cross came in and told us a scary ghost story. After that he played a tension game. Then he showed us the new Julia Donaldson book called The baddies. Aoife

Get in touch by email or phone: admin@orton.cumbria.sch.uk 01539624268

Follow us on Facebook:

https://www.facebook.com/OrtonCEPrimarySchool

Keep up to date on our website: www.ortoncofeprimary.co.uk







The Square, Orton, CA10 3RX 015396 24225

Opening Hours – Village Stores

Monday 9 am to 6 pm Tuesday – Saturday 8 am to 6 pm Sunday 10 am to 2 pm

Opening Hours - Post Office

(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive—see separate entry for Tebay Post Office opening hours, below)

Last Collection

Tuesday 9 am to 5 pm 3:45 pm Thursday 9 am to 5 pm 3:45 pm Saturday 9 am to 4 pm 11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Additional information:

Opening Hours – Tebay Post Office (015396 24967)

Monday 9 am to 1 pm and 1:30 pm to 5:30 pm
Wednesday 9 am to 1 pm and 1:30 pm to 5:30 pm
Friday 9 am to 1 pm and 1:30 pm to 5 pm
This means there is access to an open Post Office six days a week.

BOCCIA

IN ORTON MARKET HALL

Not only for para-Olympians, but a fun game for everyone!



Sessions are on alternate Thursday afternoons from 1.30pm to 3.30pm

November 10th, 24th, December 8th

For more details please contact Felicity Lawler Email:- fglawler@gmail.com

Whatever is

Orton Manor Court?

Orton Manor Court goes right back to the days of the Lord of the Manor in 1154 A.D. There were Manors of Raisbeck and Orton, and originally virtually everyone was a tenant of one of the Lords of the Manor. But in the 1600s the tenants bought their freehold, but there were still rents due to the Lord of the Manor, and it was the Manor Court that administered such things.

What about the 21st Century? For many years Orton Manor Court and its Manorial rights have been vested in all the freeholders of Orton and Raisbeck. The Manor Court still owns quite a number of bits of land – both grazing land which is let to local farmers every year, and also land such as the wide verges even within the village – the writer of this note has to pay £25 p.a. to drive his car over the verge outside his house! The rental money is used for various

projects around the area – e.g. a few years ago the almost derelict but very historic little Dame School in Raisbeck was restored and display boards installed.

The Manor Court has also placed benches in and around the village, and various other projects have been paid for by such rental income.



Every freeholder in Orton and Raisbeck is automatically a member of Orton Manor Court! So if you own your house, you are a member, and have the right to attend meetings and vote to elect the Committee every three years, and this Committee is responsible for administering these parcels of land and rental income, and various other local matters. You may even like to stand for election yourself, and play a part in your local community in this way! We are always on the lookout for new members. The Committee usually meets about three times a year.

General Meeting:

The next General Meeting of Orton Manor Court is on Thursday 24th November at 7.30 p.m.

in Orton Market Hall.

Every freeholder is invited to attend and has the right to vote; non-freeholders may attend but cannot vote. This is – because of Covid – the first General Meeting since September 2019, so is a very important "catch-up" one. In addition, a major item of business will be an amendment to the Constitution – the Committee will have discussed this at their October meeting.

SO PLEASE COME!

Orton Market Hall Refurbishment Update

Since May we have made a number of changes to the Market Hall these include:

- Insulating the kitchen and main hall
- Plastering and redecorating the main hall
- Redecorating the kitchen
- Installing blinds in the main hall
- Installing a new cleaning cupboard
- Installing a new catering kitchen with new appliances including oven, warming over, large capacity water heater, fridge and dishwasher
- Enlarging the hatch and fitting a new hatch cover

These changes were paid for by £40,000 from The National Lottery Community Fund. In addition, we have bought out of our own funds



100 new settings of crockery, cutlery and glasses for catered functions. We recently hosted the Harvest Supper, attended by over 70 people, where we were able to test out and get feedback on these improvements.

Over 91% of respondents rated the improvements as excellent or good. 96% said that they would be likely or very likely to recommend hiring the hall to others. Other comments from the users included 'very good community asset', 'excellent venue for the village' and 'thanks for all concerned for doing such a brilliant job'.

Phase 2 work consists of installing new storage heaters and LED lights which occurred in mid-October. We have also been granted planning permission to create a new entrance into the supper room, to avoid using the kitchen entrance. We also plan to replace the exterior doors with composite doors and have applied to the Hadfield Trust for funding in order to do this.



suggestions Other from the Harvest Supper included improvements to the stage facilities, redecoration of the supper room match the hall and the introduction of remote cinema. We discuss

suggestions once phase 2 is complete.

Thank you very much to all our hirers for being so understanding whilst the work has been taking place.

Thank you also to all our tradespeople who have been involved with the refurbishment including Martin Redmond, Smart Decorators, Scott Blackman, Border Foods, Ali Potter, Dave Pickersgill and Jonathan Douthwaite.

If you would be interested in volunteering with Orton Market Hall please contact Helen Wearmouth helenwearmouth12@gmail.com

If you are interested in hiring the hall please do contact our bookings secretary by email on ortonmarkethall@outlook.com

Orton Market Hall Trustees

Commemorative book for

The Queen's Platinum Jubilee

Celebrations

The marvellous celebrations that took place in Orton for the Queen's Platinum Jubilee are being recorded in a book of photographs.

There will be 50 portraits covering those that made the celebrations so successful as well as some of the visitors who enjoyed them. In addition there will be over 90 photographs covering the various events that took place over the 4 days.

The book will be in Hardback, 25cm x 20cm. The cost will depend on the numbers printed but will be in the order of £20 and sold at cost.



So that I can order sufficient books it would be very helpful if you could let me know if you would like to purchase a copy.

To do this please visit <u>my website</u> and look for 'Platinum Jubilee' in the main menu. Click on that and follow the instructions.

Thanks,

Steve Crook — <u>stevecrookphotography.com</u>

Tebay Village News & Events



on this publicity last month!

Did you know that NatWest mobile banking stops

Our apologies for getting the numbers wrong

in Tebay?
Their mobile branch stops in Tebay, outside the

Cross Keys Inn (CA10 3UY) every Wednesday between 12:30 and 12:45

Use it or lose it — as they say!

Thanks to one of our readers for reminding us

NatWork

Any spare time on Tuesday afternoons?

Come and join us at
Tebay Methodist school room
from 2pm — 4pm, for games & crafts,
a cup of tea & a natter.

You will be very welcome!

THE HUB



Tebay Community Library and Drop In in the Hub

St. James' Church, Tebay

Every Monday morning 10.30am - 12.30pm

Refreshments - Books to borrow and buy

All ages welcome



Cobweb Orchestra, Tebay

Conducted by Roland Fudge, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

So, if you have ever played an orchestral instrument, or would like to play a different instrument, we have an instrument bank from which you can borrow an instrument for a modest fee.

You will receive a warm welcome if you come along to Tebay, so dust the cobwebs off your instrument and join us!

For more information go to our web site www.cobweborchestra.org.uk or ring Richard Best for more details:

Phone 07939 540139



Want a table to sell your crafts/goods? £5 a table, pre-payment advised to guarantee your spot.

For more information please contact Sharron Macdonald: 07488375456 Sharronmacdonald@me.com or Hannah Walker on 07387301089.



TEBAY PRIMARY SCHOOL



Waterpark at Coniston

On Thursday 22nd and Friday 23rd September Class 2 and Class 3 visited Water Park Lakeland Adventure Centre in Coniston. The children developed lots of existing and new skills including team building, communication, leadership, responsibility and resilience. A fantastic couple of days.

Visiting artist

The children have been busy developing our new Art/Music/DT classroom. We have had an artist coming into school to work with the children, they have produced some great pieces of art.



Children after their Picasso art workshop with their pieces of artwork

Bag2school collection

Thanks to everyone who supported our recent Bag2school collection and to Tebay Club for allowing us to store the bags. We collected just short of half a tonne of clothes, shoes etc making the school a grand total of £160.00.

Art club with Andi

After School Club on a Thursday is Art club with Andi Taylor. Andi has been teaching us all about The Creation Story through art.



MacMillan Coffee Morning.

The school took part in the world's biggest coffee

morning on Friday 30th September, in aid of MacMillan Cancer support. Thank you to our wonderful parents for sending in some delicious cakes and biscuits and to everyone who came and supported the event we raised £137.00

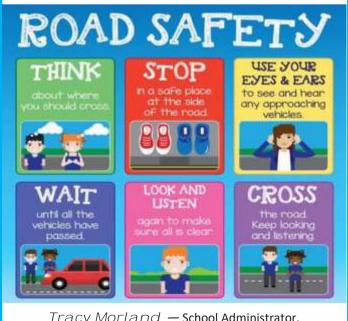


Football tournament

Year 5 and 6 children were invited to Appleby grammar School on Tuesday 4th October to take part in a football tournament organised by Eden Valley Sports Partnership. The children showed great sportsmanship and thoroughly enjoyed their afternoon.

PSCO visit:

PCSO Janet Allinson came into school on Thursday 22nd September to talk to the children about road safety. The children asked lots of questions.



Tracy Morland — School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239



Unit 3A, The Sidings, Tebay, Penrith, Cumbria, CA16-300 For sale from 1st Dec 2022

Real Christmas Trees - All sizes Nordman Fir, Fraser Fir and Norway Spruce Trees

Also blocks to stand tree in available at Unit 3a The Sidings, Tebay Contact Mark on: 07502 484 198



Opening Early November

Mark Beach Forestry Sales Ltd Shop

Hydraulic hoses, nuts, bolts, grinding discs, sprays, hydraulic oil, engine oil, grease, batteries, LED lights, gloves, cable ties, ad-blu and much more.

See us at Unit 3a The Sidings, Tebay CA10 3XR



SATURDAY 19TH NOVEMBER 7PM - 8.30PM **TEBAY CHAPEL**

REFRESHMENTS ~ FREE ENTRY! suitable for all ages **GATHER YOUR TEAM!**

For more details and to book your place: sign up on FamiliesTogetherTebayOrton or email familiestogethertebayorton@gmail.com Salmon, Trout and Crayfish in the Upper Lune 2nd November, at 3:00pm

A Westmorland Dales free Winter Webinar with Lune Rivers Trust who have been monitoring fish populations in the rivers and streams in the Tebay/ Orton/ Newbiggin area. Tim Pitt will explain the techniques used and present a summary of the findings of the work. Please book online for this ZOOM event on the Westmorland Dales website events page. https:// www.friendsofthelakedistrict.org.uk/westmorland-daleshidden-landscapes-partnership

Natural Xmas decorations workshop Saturday 26th November, 10;00am -3;00pm

A drop-in workshop for children and adults at Shap Village Hall with expert basket maker and willow weaver Phil Bradley. We will be using a variety of materials and weaving techniques with Phil who has a passion for the handmade and uses sustainably produced willow. Willow stars, wands and mini willow xmas trees! Something for everyone. Refreshments available. Please bring £1-£3 donation for materials.



The Old Courthouse, Shap

'The Living Mountain' Jenny Sturgeon

Saturday 5th November 7.30pm

'The Living Mountain' is an evocative, uplifting and compelling multi-media treat for the senses, devised and performed by acclaimed musician Jenny Sturgeon.

The project is inspired by the celebrated book of the same name, written by Aberdonian Nan Shepherd in the 1940s and still hugely relevant today. Jenny explores Nan's writing, the Cairngorm mountain range and human connections with the wild through melodic and visual interpretation. Visuals lyrical, curated by Shona Thomson are stunning imagery from Scotland: The Big Picture, filmmaker Robyn Spice and 1940s archive film from National Library of Scotland Moving Image Archive.

Join Jenny for stunning, faceted journey. soothing poignant exploration of what it means to connect landscape, and to find a sense of place.



Tebay's Warm Welcome

Tebay is becoming part of a national initiative to provide warm, welcoming, space during the colder winter months. Once each month (on the first Sunday) Tebay Methodist Chapel will be open from 12.30pm until 4.30pm for folk to come and enjoy spending time together.

The 'Wild Wanderings' group, together with the two churches, is organising a community meal and then an activity afternoon on the following dates:

Sunday 6th November Sunday 4th December Sunday 8th January Sunday 5th February

We want the space and the meal to be free, but to do that we need to come together as a community, with our supporters, to make that happen. So, if you can bring food — please do; if you can't, but could offer to wash up — do that; if you want to help clear up afterwards as your contribution — join in; if you want to give a financial gift to support this — get in touch with Pam Lawson (07552 405500) or Bernard Thornborrow (24272) — or you can just contribute what you want to, on the day.

If you can think of some other way to contribute — sharing a craft with the children (anyone want to teach crocheting) or bringing a pile of puzzles, or run a creche — please let us know.

Stay as long as you want (up to 4.30pm), or come early for a joint church service (starts at 10.30am!)

We want this to be done together, as a community, with and for each other, as part of a show of solidarity and support during these challenging times.



Opening hours

Weds, Thurs, Fri 7pm to close Saturday 4pm to close Sunday 3pm to close

Big Screen TV * Sky Sports BT Sports * Pool table Snooker table * Darts boards

Function room & kitchen for hire (free to hire for members) Prize Bingo & Cash Bingo

Prize Bingo & Cash Bingo on alternating Sundays

Free WiFi

015396 24203 tebayclub@yahoo.co.uk

WHAT'S ON?

26 November, 1pm FOTS Table Top Sale

17th December, 7pm 5's & 3's Domino's

21st December, 7pm Christmas Darts

23rd December, 3pm Kids Christmas Party

1st January, 7pm Chip out Domino's

6 6 6 WORLD CUP 6 6 6

The Club will be OPEN for ALL England games other games will be notified on the Club Facebook page





Churches Together in Tebay

Christmas Cream Teas

Saturday 3rd December, 3pm to 4.30pm at Tebay Methodist Church



£5 per person — come and enjoy!

Music by Kirkby Stephen Silver Band Quartet



2.30—3.30pm, 5th November The Old Courthouse, Shap

Explore songwriting styles with Jenny.

Tickets - £10, under 18s £5 Book online at:

www.highlightsnorth.co.uk

(Advance booking recommended)



Dog fouling in Tebaya plea for help!

Most dog owners are responsible and clean up after their pets, but a small number continue to cause problems. Dog fouling is a health risk to all people and can cause the infection 'Toxocariasis' which can lead to blindness. It can also transmit infections and diseases to other animals.

The Environmental Enforcement team at Eden District Council received a number of reports about dog fouling problems in Tebay at the beginning of August. It was apparent from these reports that the biggest issue was in Church Street and that a number of people thought they knew who it was that wasn't picking up after their dogs there. However, nobody actually witnessed anyone failing to pick up.

The Environmental Enforcement Officers (EEOs) are only two in number and are responsible for a wide range of environmental issues which take us all over the 900 square miles of Eden District so, although we paid several visits to Tebay during August, at different times of the day, we did not witness any offences and so were unable to take any action, other than putting up fresh signage in places and getting Church Street cleaned by our contractor. In reality, the chances of the EEOs seeing offences in the short time in which we visit, are very small.

This is a plea for help from the community of Church Street and Tebay: Please be vigilant and report anyone you see not picking up after their dog has fouled. If you are able to record an offence on your mobile phone or on CCTV and can identify the perpetrator, we might well be able to take enforcement action. This has already happened in Tebay on more than one occasion and we have issued Fixed Penalty Notices as a result. Any resident who does come forward to the Council can be reassured that your identity and details would remain strictly confidential.

Thank you.

Reporting dog fouling:

To be able to act on a dog fouling report we need:

- 1) Name and address of the dog owner.
- 2) Description of the dog(s) and what you saw (including the date and time).
- 3) Exact location of the incident.

Report dog fouling online to tell us of any issues you see.



Thomas Heatherwick – a Modern Leonardo?

Appleby Arts Society's October lecture dealt with another branch of the arts - architecture. Lecturer lan Swankie introduced us to architect Thomas Heatherwick, polymath, and a gifted and imaginative designer – the late Terence Conran called him 'the Leonardo da Vinci of our times'.

After graduating from the RCA in 1994, Heatherwick founded Heatherwick Studio. His first public commission came when Mary Portas ('queen of shops') commissioned to make a window display for the 1997 London Fashion Week at the Harvey Nichols department store. Part sculpture, part window dressing, a plywood structure was suspended from the brick façade of the store by a network of steel cables, and supported a broad, golden ribbon weaving its way across the entire frontage. It stopped the traffic and won First Prize!

Heatherwick won the open competition in 2010 to design a new Routemaster bus for London. The layout of the new bus allowed it to be operated by one person but it proved to be more expensive to build and was threatened with being withdrawn from service. He is probably best known for the stunning 2012 Olympic cauldron, which consisted of 204 individual 'petals', and for the Paralympics 164, one for each competing nation.

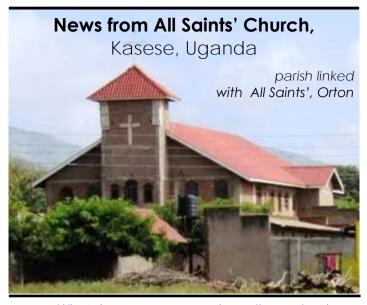
Heatherwick Studio also had many commissions abroad, including Little Island Park, New York, shown in the picture. Designed as a haven for people and wildlife, it is a



green oasis, held above the water by sculptural planters, and located just a short walk across a gangplank from Manhattan's Lower West Side.

In 2010 they built the UK Pavilion for Shanghai World Expo and in Singapore in 2014, a library for Nanyang Technological University. The studio has been involved in building new headquarters for Google in California and Coal Drops Yard at the former Kings Cross Station site in London. The Google building in Coal Drops Yard is as long as The Shard is high and contains a swimming pool and running track, and, presumably, some work space. Heatherwick likens Coal Drops Yard, his fourth retail development, to "a new high street," designed around the human experience and how shoppers connect with buildings.

I feel I have not done justice by Thomas Heatherwick by being unable to show you more images of his work. In November it will be 'Italian Renaissance', for more information go to <u>taswestmorland.org.uk</u>



WhatsApp messages and emails received From Rev. Nelson Walina, Vicar:

25th September: Dear Chris and Mary, Today I have baptized triplets from one of the Expectant Mothers, delivered two Months ago. There was a lot of happiness and joy in the 3rd Service.

But the emergency need I ask you to pray and support in feeding them to grow. The parents use the milk as directed by the doctor to supplement the breastfeeding

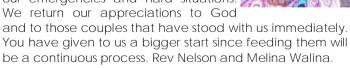


costing 264,500/= (about £65) per month. Kindly find a charity friend who can help us as Church leadership so that we assist to sustain this blessing from God.

(Reply from us , 27th Sept: Two local couples have donated money to help this young mother feed her three babies. I have sent 615,191 Uganda Shillings by Western Union. May God bless this family, and all the others you minister to.)

Right: the proud and thankful mum.

From Nelson, 27th: This is a wonderful contributions from these two local couples. We appreciate you for your quick responses to us, especially during our emergencies and hard situations. We return our appreciations to God.





29th Sept: Today, there has been a lot of happiness and joy in the home of the triplets babies, when given a gift from our friends (the Two Couples) UK. I went with my wife Melina, a Layreader and two

chief wardens to meet the babies' mother. She felt very comfortable because of your assistance to the family.

9th October, from us: I have just received a donation to help the young man, Bollen Mugisa, (mentioned in the October issue of The Link}, a gift from a lady who had read about him in our parish magazine. So 316,238 UGX is ready to be picked up.

10th October: This is a wonderful contributions and love to us. Bollen Mugisa and his mother who is a widow are going to see the love of God through the Church and her believers

Our appreciation goes back to Lady A. whom the Holy Spirit of God has used to send the assistance to our Christian son Bollen Mugisa. Blessings upon her!

Notes from the Herald, November 1922

Cold, stormy, snow by 4th. The Tories won the General Election by 79 seats but Penrith elected its first Liberal M.P. since 1886.

Orton heard that the County Education Committee is considering merging Orton Parochial School with Orton Infant School. Storms cut the attendance at the St. Dunstan's Whist Drive in the Market Hall on 3rd November. (St. Dunstan's Charity helps war blinded soldiers). The Vicar chaired the concert for the Friends of Orton Football Club in the Temperance Hall on Friday evening, 17th. Supper and dance after. A lot attended and £40 was made (£3200 now).

Roundthwaite Its ford users still refuse to give any cash for the proposed bridge the R.D.C. heard. "Well, no bridge then" said R.D.C.

<u>Tebay</u>'s Vicar preached at Bolton Harvest Service, Sunday, 29th October. Three more Tebay lads up for poaching salmon in the Lune at Tebay. One was fined, the other two acquitted for not enough evidence. Tebay Football Club boosted its income by over £10 (now £800) from its Whist Drive and Dance in the Institute on 12th. Over 130 danced to the music played by Miss Heslop. Death of a pillar of Tebay, Mr. Thomas E. Brown, lifelong of Tebay. He died on Tuesday 12th in the evening after a two months illness. He had had to retire from the railway. After an accident a few years ago he never fully recovered. He was 48. Tebay Flower Show misses him – his death and the weather has hit them hard.

Ravenstonedale had two weddings in the first week of the month, one in the Church and the other in the Congregational Chapel. Ravenstonedale's Band of Hope monthly meetings began this month for this winter. Died at Medicine Lodge, Kansas, U.S.A. recently, Ada Mary only daughter of Mr. Robert Mounsey, Newbiggin on Lune Post Office. She was 43 and died of typhoid fever. She left Newbiggin on Lune sixteen years ago and married her husband at Medicine Lodge. He and their three children survive her. (Reported in Deaths column, page 7, Saturday 25th)

Thank you Jeremy Godwin for compiling the Notes.

Services in our Anglican Churches						
Sunday 6 November Third Sunday before Advent	Orton, 10.30am Holy Communion	Tebay, 10.30am Songs of Praise		Ravenstonedale, 10.00am All Age Worship		
	Sandra Ward Keith & Janet Cap	at the Methodist church Big Green Weekend celebration		Team Diana Fothergill		
	Olive Bland			Michael Metcalfe-Gibson		
Sunday 13 November Second Sunday before Advent	Orton, 10.30am Service of Remembrance Sandra Ward	Tebay, 10.30am Service of Remembrance Chris Jenkin		Ravenstonedale, 10.00am Holy Communion <i>Fran Parkinson</i>		
Malachi 4:1-2a 2 Thessalonians 3:6-13				con Caroline Morris Ssley David Morris		Caroline Morris David Morris
Sunday 20 November Christ the King	Orton, 8.30am Holy Communion (BCP) <i>Chris Jenkin</i>	Tebay, 10.30am Service of the Word Neil Hughes		Ravenstonedale, 3.00pm Evening Prayer Rosemary Campbell		
Welcomer: Jeremiah 23:1-6 Colossians 1:11-20 White Prayers:	John Dunning			Tim Parkinson Fran Parkinson		
Sunday 27 November	United Benefice Se	ervice at St Oswald	s, Ravens	tonedale, 10.30am		
First Sunday of Advent Welcomer: Isaiah 2:1-5 Romans 13:11-14 Purple Prayers:	Also, NB: Joint Tapes	Zoom meeting no 894 1727 36 Stry Service at 3pm, a	00	Richard Best Hilary Law apel, Ravenstonedale		
Isaiah 11:1-10 Romans 15:4-13				'		
Church Contacts Anglican Church Vicar Vacancy Curate On placement Mission Community Administra Joyce Keetley 07741 3273		24465	Revd Step 017683 71 stephen.r. Roman Ca Fr Peter H	adford@methodist.org.uk atholic Church		

applebymc@carlislediocese.org.uk

Retired clergy

24213 Sandra Ward (Penrith & Keswick Hospital Chaplain)

Christopher Jenkin 24410

Orton with Tebay

Churchwardens

Chris Bland 24258 Linda Garrick 24262 Martin Lawson 26028 Ravenstonedale with Newbiggin-on-Lune

Churchwardens

Ann Brownrigg 23594 Martin Windle 07899 907958

Secretary Suesi Windle

suesi.windle@googlemail.com

Treasurer

Tim Parkinson 23393 017683 51244

New Beginnings Church Pastors: Barry & Karen Hawthorne

07437 468896

New Beginnings Church **Every Sunday** Orton Market Hall, 10.30 a.m.

Services in our Methodist Churches

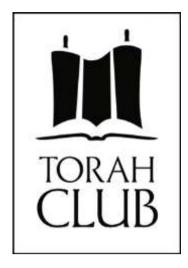
	2022	6 th November	13 th November	20 th November	27 th November
			Remembranc e Sunday	Inter Faith and Women against Violence Sunday's	1st Sunday in Advent
*Tebay M P 1-1300 M H B	10.30	H Radford OA US	LA	S Radford HC	J Worsfold
	6.30		Connexion svc Appleby TBC		
Shap (Class of Tebay)	10.30	T Dent			
#Orton M P Complete M H B this PB EW	10.30	D Askew HC	S Joel OA	S Harrison OA	LA
	6.30		Connexion svc Appleby TBC		
#Newbiggin On Lune M P 1-1250	10.30	C Fawcett OA	OA TP	OA TP	A Burton
More on screen M H B	6.30	Prayer & Share OA **	Connexion svc Appleby TBC	Prayer & Share OA **	
*Ravenstonedale M P 1-1144	2.00	T Longworth	S Radford	A Sterling HC	S Radford
MHB H&P	6.30		Connexion svc Appleby TBC		

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318 or applebymc@carlislediocese.org.uk.

Pease make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc. stephen.radford@methodist.org.uk





A Conversational Bible Study Group in Orton

for Christians and Jewish believers in Jesus.

Are you interested in studying the Holy Scriptures in their historical, linguistic, and cultural context.

A new course starts in October entitled The Beginning of Wisdom. Using the latest scholarship, ancient Jewish sources, and extrabiblical literature, First Fruits of Zion presents a Messianic Jewish study of the Bible and early Jewish Christianity.

For details of the club starting soon in this area go to:

https://torahclub.ffoz.org/public/clubs/TC-4422

Or call Stephen in Orton on 07834 189692

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

Thursday 10h November 7.30pm

Appleby Hub Chapel Street, Appleby-in-Westmorland www.thefillingstation.org.uk







Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

Lost and Found

Colour

Found!

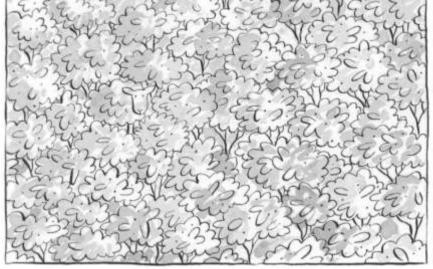
Read these verses from the Bible.



Luke 15.1-10

Jesus tells stories of looking for lost things and the joy there is when they are found, to explain why searching for lost people matters to God.

You can find an online Bible here: https://www.biblegateway.com/ We suggest you choose the Message translation.





Can you find one lost sheep?



Create a cartoon she felt when the coin was found.

Upper Eden Medical Practice

Covid Vaccinations update

We are no longer giving first vaccines here at the Surgery. We have now attempted to contact all patients who are due their second vaccines. If anyone feels they may have been missed then they need to contact us urgently.

The following information is on our website:

COVID vaccination certification

We are unable to issue this certificate at the practice. Please see the <u>Gov.uk website</u> for further information. Proof of your vaccination status will be available on the **NHS app**, which is also valuable for accessing your health records and ordering repeat prescriptions. Alternatively, you can call the NHS helpline on 119 and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine, the letter may to take up to 5 days to reach you.

Shingles vaccination

Patients become eligible for routine vaccination against shingles when they become 70 years of age and all those aged up to and including 79 years are now eligible to receive the vaccine until they become 80 years of age. Individuals who were eligible for the Shingles vaccination programme who turned 80 years during the COVID-19 pandemic and missed the opportunity to be vaccinated, either due to lockdown or because they were shielding at home and unable to attend their general practice, can continue to be vaccinated up to 31st July 2021.

Please contact the Surgery to book an appointment.

Seasonal flu/Covid booster vaccination information:

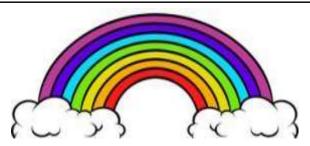
This year the Practice will be contacting all eligible patients for their flu vaccination and likely Covid booster to be given at the same time.

Patients will be contacted in eligibility order and given an appointment time.

Please can we ask patients to wait for the Practice to contact them as we are still awaiting information regarding the Covid vaccine boosters.

https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb6**90b**

2: 017683 74015



Orton Surgery and Shap Medical Practice

Current Procedures

The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face to face consultation is necessary the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment. Surgery appointments remain being kept to a minimum to reduce the risk of infection to our patients and staff. Please do not attend the surgery without an appointment and please check the NHS111 website if you are unwell with coronavirus symptoms. When attending an appointment at the Practice, face masks must be worn at all times within the building, unless you are exempt due to medical reasons. Hand sanitisers are placed throughout the building and we request all patients to use these.

Online Consultation

We still offer online consultations using the eConsult. Please see the website www.shapmedicalpractice.co.uk to find out more about this.

Orton Surgery

There continues to be no Doctor appointments at Orton Surgery for the time being. Medication is available for collection every Tuesday between 10am and 11am.

Dispensary

Shap medication is now being collected from inside the main foyer of the Practice.

COVID Vaccinations Update

We continue to offer COVID vaccinations at the Practice. Please contact us if you are due your booster.

Staffing Updates

Dr Chris Kehoe left the Practice in the summer and is now working as a Locum GP and as a salaried GP at CHOC where some of you may meet her if you need to see a doctor out of hours. We welcomed Dr Hannah Judson at the Practice as a GP Partner in September .She has already become a highly valued member of the team. She came to us from Appleby Medical Practice and is a qualified GP trainer. We are hoping to start training GPs as well as medical students later this year. Our Practice Manager Sue Graham retired in March 2021 and Wendy Hancock has since taken the role of overseeing and developing the Practice. Wendy previously worked within the Clinical Governance and Safeguarding teams at CHOC and NWAS. We are also very pleased to announce the return, and promotion, of Eleanor. Eleanor returned from her maternity leave in January and takes on the new role of Reception Manager.

All of the staff at the practice would like to say thanks to our local communities for the support and encouragement we have received through what continues to be a very difficult time for the health service. The kind words that we receive do make a difference to us and are very much appreciated.

Dr. McCabe Dr. Woodstrover Dr. Judson and all the staff 01931 716230 https://www.shapmedicalpractice.co.uk/

Cumbria Classi<u>c Coaches</u> Tel: 015396 23254

YOUR LOCAL BUS SERVICE

MONDAY ROUTE 571: Brough to Kendal

OUTWARD	RETURN
10.35	16.15
10.50	16.00
10.55	15.53
11.00	15.45 Garshill
11.05	15.40 on A685
11.18	15.29
11.20	15.27
11.45	15,00
11.51	
11.55	14.55
13.15	
	10:50 10:55 11:00 11:05 11:18 11:20 11:45 11:51 11:55

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart Blackhall Road layover 1.45 hours	13.15	

Revised 25-11-21

Worried about a friend or family member? We can provide help at the touch of a button

ECA's care alarm service can help you to feel safe in your own home and maintain your independence

Our Emergency Response Service is available

24 hours a day 365 days a year

call us on 01768 890657

email: eca.admin@btconnect.com web. www.ecalarms.com

Eden Community Alarms, 12 St Andrews Churchyard, Penrith

Registered Charity No 1087503 Company Registration No: 4157043



Wedding and Event Floristry

www.krystynajane.co.uk

enquiries@krystynajane.co.uk | 07903422807



(C) @krystynajanefloraldesign



Krystyna Jane Floral Design

Sports injuries RETIEX Repetitive strain Degenerative conditions Persistent pain 07975 999 373

Ravenstonedale, Cumbria CA17 4NL

CumbriaClassicCoaches.co.uk

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

106 Bus Service

Kendal - Tebay - Shap - Penrith

on TUESDAYS & FRIDAYS

09.40

Bus Depot

Brough Clock

Barnard Castle

Kendal

Orton

Penrith

Tebay Mt Pt

Shap V Hall

Ravenstonedale School

Kirkby Stephen Station

Kirkby Stephen Square

OUTWARD RETURN

15 50

15.40

15.30

15.20

15.05

14.30

to Penrith

10.00

10.10

10.20

10.30

10.40

11.20

to Kendal

Tues/Fri

10.00 14.05/13.35 15.30

09.32 13.28/12.58 16.02

09.55 13.10/12.40 16.25

10.14 12.49/12.19 16.44 10.30 12.30/12.00 17.00

13.20/12.50 16.10

Face to face appointments are available with robust Covid-Secure precautions in place. Contact me for appointments 07975 999373 or find me on Facebook @ReflexOrthoMassage.



JJ Martin are your local, independent funeral directors based in Sedbergh and covering the surrounding areas.

We provide free advice, pre-paid funeral plans and a 24 hour service.

EDWARD WALLER: 07779025745 or 015396 20130 BRIAN GOAD: 015396 25334

www.jjmartinfunerals.co.uk info@jjmartinfunerals.co.uk

IAN ASHURST

Joinery, Building Maintenance & Home Improvements

> email: ashurst.mu@gmail.com telephone: 07787361061

TEBAY POST OFFICE

015396 24967

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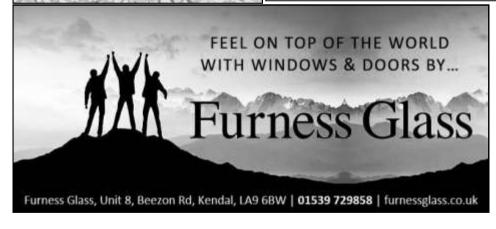
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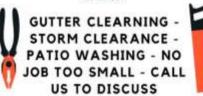
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Joanna Hayward: 07837 767442, haywardim75@gmail.com

Tebay Primary School: Headteacher: Mrs. Lisa Bland

Office: Tracey Morland: 24239

Friends of Tebay School: Claire Penhallurick 07986 692527

Catchment Area Secondary School:

Kirkby Stephen Grammar School: 01768 371693

For Little Children:

Ravenstonedale: Dinky Dales Nursery Ltd: Julie Procter and Keeley Morland: 23670

Scout Group - Scouts, Cubs, Beavers

Shap area: Jackie Wright: 01931 716490 Kirkby Stephen: Lois Wiseman: 01768 341107 Appleby Guides: Leagh Wilkinson: 07869 078977 Appleby Brownies: Emma Williamson 07800 564170 Appleby Rainbows: Sue Grainger: 07876 403895

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Northern Inter-Schools Christian Union (NISCU):

Ruth Evans, ruth.evans@niscu.org.uk

Appleby Deanery Network Youth Church Pioneer Minister: Rachel Milburn, Rachel. Milburn@carlislediocese.org.uk Families Together in Orton and Tebay: Pam Lawson: 26028 Tebay Beginner Brass: Julie Hoggarth on 07866 378392,

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Miscellaneous

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Badminton: Richard Percival: 24352

Bands:

Appleby Town Band: Chris Jenkin: 24410

Kirkby Stephen Silver Band: Caroline Souter: 017683 72376

Bell Ringers: Julian Thorpe: 24166 Bingo: Jillian Hewitt: 01931 715000 Boccia: Felicity Lawler: 015396 24465

Book Club: Clare Fox: clarefox59@gmail.com Judith Cattermole: judithcattermole2@gmail.com Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410 Community Choir: Alison Mott: Alison@mott.me.uk

Concerts:

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Folk Dance Club: Chris Bland: 24258

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Howgill Harriers Running Club: Admin@howgillharriers.co.uk Local History Society, Ravenstonedale: Val Fermer: 07798

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Sew and Sews, Orton: Gillian: 23653

Volunteer Social Car Scheme: Dennis Humphreys: 26052

Women's Groups:

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Spotted an error, or something we're missing? Let us know by emailing us and we'll do our best to sort it out!

Websites

Church Websites:

High Westmorland parishes: http://hwparishes.org.uk

Entries in the Church of England's "A Church Near You" directory Orton: https://www.achurchnearyou.com/church/12220/

Ravenstonedale: https://www.achurchnearyou.com/church/12221/

Tebay: https://www.achurchnearyou.com/church/12223/ Orton Community Website: https://ortoneden.co.uk Orton Parish Council: https://ortonpc-eden.org.uk

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Churches' Facebook pages

Orton: https://www.facebook.com/AllSaintsOrton/ Tebay: https://www.facebook.com/stjamestebay Ravenstonedale: https://www.facebook.com/ StOswaldRavenstonedale/

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