

The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



December 2022
& January 2023

The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We still need help — do think about volunteering if you can. Email us or use the QR code below to tell us how you might help. If you're not sure, we can find you a job!



TheLinkMagazine@outlook.com

Do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

David, Martin, Paula.

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo
Julie Hoggarth

Used with permission

I don't know about you, but the run up to Christmas feels like a busy time of year, full of events, activities and additional things to do. The Link this month is similarly full of reports of activities that have happened, and advertising events that are to come. Do enjoy reading (at your leisure, this is a double issue — **we're not** publishing again now until the February).

That break in the rhythm of production gives us the time and the space to get a bigger team in place to keep The Link going into 2023 and beyond.

Thank you so much to those of you who have responded to our call for volunteers — **we've had** several people come forward, and will be meeting and planning ahead of putting the February Link together.

We're hoping the bigger team can build in some more shared working and resilience, and move us to being a bit more on the front foot in terms of developing The Link.

All the best for Christmas and into the New Year!

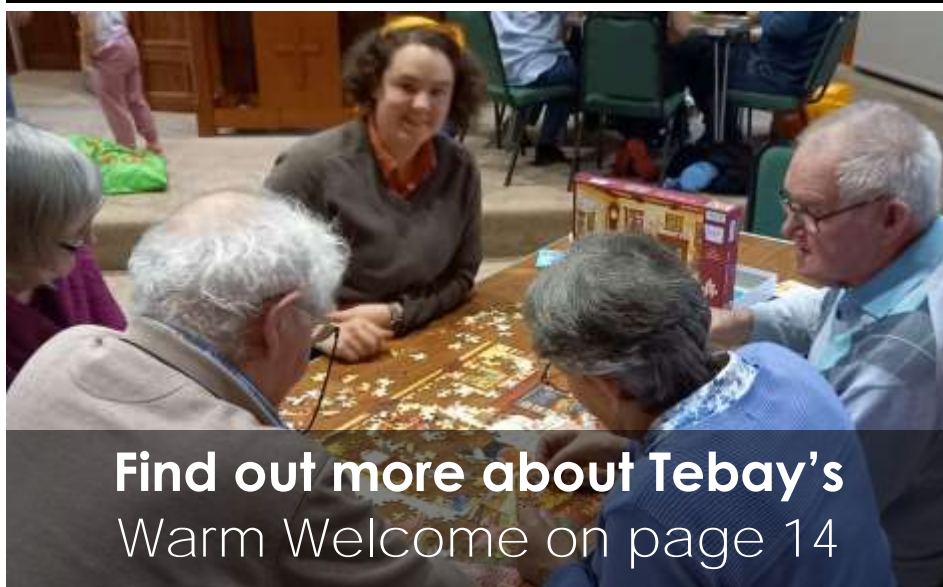
Anne, David, Martin & Paula



CELEBRATE LOCAL LEGENDS AND FOLKLORE: FREE EVENT

Wednesday 25th January 2023, 5.30pm - 7.30pm,
The Engine Shed, Kirkby Stephen CA17 4SZ

A storytelling evening with Emily Hennessey, professional storyteller... may feature witches, dobbies, highwaymen and child-eating giants!!



Find out more about Tebay's Warm Welcome on page 14

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy including advertising to: TheLinkMagazine@outlook.com

Payment for advertising: Linda Garrick, 015396 24262

We hope to give village addresses for dropping off copy, or phoning in, as we develop local links

An invitation to follow the star...

So, it's that season again!

No sooner have we gathered up the remnants of bonfire night than the Christmas advertisements begin. And this year the long-awaited John Lewis ad was previewed on the 10th of November, some fifty-five sleeps before Christmas day!

But in a break from tradition, John Lewis ditched its annual festive campaign, instead airing a simple and moving advert to raise awareness of the challenges faced by children in care. It shows the touching efforts of a foster dad determined to learn how to skateboard so he can share the passion with his foster daughter.

Other ads are similarly simple in their themes this year, from Aldi's carrot rendition of 'Home Alone' (you'll have to see it to believe it!) to the McDonald's story of a little boy whose long list for Santa blows away in the wind, leaving only a scrap of paper showing his wish to be with his family. And, yes, I admit, I shed a few tears watching the heart-warming tale in the Amazon Christmas ad which shows a loving father bring his daughter's favourite toy to life.

Even Liverpool Football Club have created a Christmas ad this year which shows Jürgen Klopp crossing off the days on the calendar and anticipating the build up to Christmas and, of course, the World Cup. All you football fans out there will be impressed by the antics of some legendary LFC faces!

This year, it seems, the message is a simple but effective one – **let's give of ourselves.**

Perhaps it's a post-pandemic mood, or a reflection of the unease we all feel in these tough economic times. This year we have been challenged by the changing climate, we have said goodbye to our faithful Queen, and we have watched the world change in the light of war.

What we need more than presents, as the Christmas ads remind us, is to be present. Now more than ever, we need each other.

I often wonder if that's why God instituted the church. No, not the historic building with its grade one listed pews or recently refurbished organ, but the body of people who meet every week in the name of the Father, the Son and the Holy Spirit.

I believe that community was something that God ordained. Because there's something about a collective sharing of beliefs and ideas, even singing together, which binds us and brings a sense of

belonging. Perhaps that's why so many football fans from across the world will be journeying to the East this Christmas to do just that?!!



More locally, some of us will be gathering together in our churches to sing carols and remember again the Christmas story and you would be very welcome to join us. Details of the special services in our churches are on the back cover of the magazine.

And while we may not be journeying to the East, we will be following the star that rose in the East, to gather around the manger and remember the Jesus who gave of himself to be present with us always, so that whatever we may be facing in the New Year, we can know that we are not alone.

Wishing you all a blessed Christmas and a hope-filled New Year.

Rev. Fran Parkinson

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MEN'S MEETING

'WORST CASE SCENARIO'

WHAT TO LOOK OUT FOR
AND HOW TO BE PREPARED
IN A MEDICAL EMERGENCY.

Led by John Brain
Wednesday 7th Dec,
@ 7:30pm
All ages welcome!

BREW - BISCUITS - BANTER



CHRISTMAS LIGHTS TURN ON

by Mrs. Fanny Jackson



NEWBIGGIN-on-LUNE PUBLIC HALL

5 PM SATURDAY 3rd December

CAROLS and READINGS, MINCE PIES,

MULLED WINE

COLLECTION IN AID OF CHARITY

Indoor Bowls Come and join us!

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (first night free)
you don't need a partner, just turn up.

More information from 07880 706485
- see you there!

Lune Ladies — all welcome!

December is our Christmas social which is going to
be at the Black Bull Nateby, 7th Dec. 7pm

January 4th our speaker is Jim Wardrope
with his talk entitled Snow.



Newbiggin-on-Lune Public Hall

Chair Ian Clayton 015396 23226
Secretary Jim Wardrope 015396 23288
Treasurer Carl McLaughlin 015396 23674
The Vicarage, Newbiggin-on-Lune, Kirkby Stephen
Caretaker Janet Brownrigg 015396 23689
All bookings should be made with the Caretaker
All payments should be made with the Treasurer

Facebook:

<https://en-gb.facebook.com/NonLPublicHall>

NEW Blood Bikes
Emergency Rider Volunteers

MEN'S MEETING

NORTH WEST BLOOD BIKES (TBC)
EMERGENCY RIDER VOLUNTEERS

Wednesday 4th Jan,
@ 7:30pm
All ages welcome!

BREW - BISCUITS - BANTER

Folk Dance Club

Our local club meets weekly in
Newbiggin on Lune Village Hall

Thursdays evenings, 7.45 to 10pm
September to April

Singles & Couples all very welcome.

All dances are walked through & called.
Beginners welcome, for any further details
ring Chris on 015396 24258.

Cumbria Winter Warmth Appeal

The annual Winter Warmth Appeal makes sure that older people who may have to choose between heating and eating can stay warm and well throughout the colder months. The significant increase in energy prices and cost of living make the appeal even more important.

Around 300 older people die in Cumbria each year simply because they cannot afford to heat their home properly. In our worst winters, this figure has risen to more than 500. There are fears that this winter could be the worst yet.

Last winter, they distributed £216,830, and 1,751 older people living on low incomes and with chronic health problems benefitted.

Donations proved crucial for Anthony Gorman and his wife Carol. Anthony, 78, and Carol, 81, live in Little Urswick, near Barrow-in-Furness. Anthony said: *"It made a terrific difference. I'm quite badly disabled with a serious spinal condition. I'm in constant pain and have dreadful sciatica. To people who donate money to help the likes of myself I say, thank you very much. There's not much kindness around these days. They absolutely make a huge difference to both of us."*

Any money donated between Monday 7th November and 5pm Friday 9th December to the Winter Warmth Appeal will be automatically doubled thanks to generous match funding from: WCF Ltd, John Laing Charitable Trust, Cumbria County Council, Hadfield Trust, Sellafield Ltd, Nuclear Waste Services, Roselands Trust, the Johnson Fund, Brian and Ann Clark Fund, Harvey Family Fund and private donors.

You can donate online using [this link](#) (or google Cumbria Winter Warmth Fund). They also accept donations by cheque or phone. To make a phone donation, please ring 01900 825760 between the hours of 9am-5pm.

If you need help yourself — do get in touch with them using the same number above.

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 18th January 2023

7.30 PM

Newbiggin Village Hall

FELL PONY HERITAGE TRUST

WITH

Libby Robinson

Admission: Members £2.00 Non Members £3.00

including refreshments

For more information contact Val Ferner on 07798 688057

or leave a message on www.ravenstonedalehistory.org.uk

Bookswap Book cabinet outside Public Hall

Exchange a book
or make a donation
towards Public Hall funds

NEWBIGGIN-ON-LUNE CHAPEL

SUNDAY SERVICES

10.30AM Every Sunday

Tea and Coffee to follow the after the service.

A Warm Welcome to Everyone.

Also we have the following meetings at different times please contact us for further details.

Coffee Morning, Prayer & Share
Sunday School, Bible Study
Men's Meeting, Ladies Meeting

For further information please contact

Wilfred – 015396 23600

or

Angela – 07980 418078



ANOTHER BIT OF A DO!

Saturday, 18th February, 2023
7:00 for 7:45pm

At Ravenstonedale Community and Heritage Centre

WELCOME DRINK

DINNER

- o Roasted Winter Vegetable & Garden Herb Soup with Crusty Bread
- o Crisp Pork Belly, Cheese and Leek Potato, buttered Cabbage,
- o Baked Salmon, lemon & parsley, Basil crushed potatoes, buttered Greens
- o Trian of Mediterranean vegetables, Smoked Garlic Oil, Tomato Ragù.
- o Baked Vanilla Cheesecake, mulled spiced berries,
- o Lemon Tart, meringue and fresh Raspberries

AFTER DINNER ENTERTAINMENT BY THE VAGABONDS

DRINKS & DANCING

Cash bar. Last orders 11:30pm

Tickets £32.50

To book, asquith_anna@hotmail.com (preferred) or 07974 151390
Numbers strictly limited. Book early and no later than 27th January

All proceeds to Ravenstonedale Community and Heritage Centre



We welcome you into Church this Christmas as we journey together to follow the star!

Join us at **St Oswald's Church, Ravenstonedale** for our Carol Service

on Wednesday 21st December at 7pm*
and on Christmas morning at 10am

** followed by mince pies and mulled wine!*

RAVENSTONEDALE PARISH HISTORY GROUP ARCHIVES

Come along on Thursdays 2.00pm – 4.00pm
to High Chapel Community & Heritage Centre
(other times by arrangement)

If you are researching your family tree, we have
Transcribed Parish Registers from 1650 – 1826
old school photos with pupils named
plus other old photos

& if you are interested in the history of your house,
we have Sales Prospectuses for farms etc
from at least 1879

Original OS map from 1859 & other old maps,
showing many properties

Official Returns not available on-line for 1780, 1856,
1867, 1869, 1871, 1878 & 1879 showing occupiers
and owners of properties in the parish

Changing display of copies of local photos
AND MUCH MUCH MORE!

For more information: Contact Val Fermer
on 07798 688057 or post a comment at
www.ravenstonedalehistory.org.uk

Hark the Herald angels sing?!!



Ok, we may not all be angels, or even angelic singers,
but why not join us anyway
for some **carol singing around the village of
Ravenstonedale**

on Thursday, 15th December
meeting at St Oswald's church gates at 6.30pm

and for **Carols in the Black Swan**
on Monday 19th December starting at 7pm.



We look forward to singing with you! ☺

Tracking down railway history through 200 years of Newspaper reports

In her third consecutive appearance as the November speaker for the Ravenstonedale Parish History Group (RPHG), Diana Fothergill delivered an original and entertaining talk, entitled 'the South Durham and Lancashire Union railway and some side tracks'. Explaining at the outset that the talk was not intended to be an in-depth lecture on the history of the railway, but was intended to entertain and share Diana's enthusiasm for the interesting discoveries that can be found when interrogating the British Newspaper Archive (BNA).

Diana's approach was to refine her search of the vast BNA digital library for relevant newspaper articles that reported events relating to the South Durham and & Lancashire Union Railway from its beginning in the mid 1800's to its closure in the 1960's.

The talk was structured chronologically, to include reports announcing the intention to build the railway, originally in support of a 'levelling up' policy seeking to link the heavy constructing industries in Lancashire, such as shipbuilding in Barrow, with the industrial mineral resources in Durham, Northumberland and Cleveland (predominantly coal). Over time the route also became an important for passenger traffic, supporting tourism in both the Western and Eastern regions. When the railway closed in the 1960's, newspapers reported that Ravenstonedale had been 'cut off' from the rest of the world.

Diana's experience of using the BNA, where the newspaper has been digitised as a full page, was that in searching for references on the given page to a report relating to railway history, she would come across other unrelated content that provided an amusing anecdote for the audience.

These anecdotes included a court case in which the plaintiff was seeking reparation for being named as having gotten married, which was a prank and totally untrue. The prank, it transpired, had been published on fictional betrothals on more than one occasion!

Another side track included an old music hall comic song, regaling the tale of the man with a steam-powered leg, performed for RPHG by Nelson Eddy (1901-1967), thanks to the magic of Diana's phone and Smart Speaker.

The danger inherent with working on and living close to the railway, provided much of the content reported in various local newspapers, with the reporter at the time censoring very little, in terms of the more gory descriptions of injuries sustained in various, normally fatal accidents. Derailments also provided first-hand experience of averted disaster and dramatic collisions.

One disaster that wasn't averted was the collapse of

the Tay Railway Bridge in 1879, which killed an estimated 75 passengers. The Engineer considered responsible for the structural failure was Thomas Bouch, up to that point a highly renowned railway construction engineer, who was earlier in his career responsible for the construction of the South Durham and Lancashire Union Railway, between 1857 and 1861, just five years to complete, despite the route across the bleak, high moorland that led to the familiar name given to the railway of 'the Stainmore railway'.

This was very entertaining talk, drawing from the fascinating resources available from the on-line BNA, which, as the British Library website states, provides researchers and on this occasion, the RPHG audience to 'Discover history as it happened'. There are around 60 million pages of newspaper archive, and the pages identified by Diana, revealed the first hand history of the Stainmore railway, and provided great amusement with the 'side tracks' discovered during the course of her research.

RPHG is holding a light-hearted, seasonal entertainment for its Christmas meeting on 14th December at Ravenstonedale Community and Heritage Centre (19.30). The evening will host a debate between four opposing speakers (all members of RPHG), each will propose the origin of the name Ravenstonedale and the audience will vote for the most plausible origin.

For more information please go to www.ravenstonedalehistory.org.uk

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 14TH DECEMBER 2022 7.30 PM

RAVENSTONEDALE HIGH CHAPEL COMMUNITY & HERITAGE CENTRE



SEASONAL REFRESHMENTS

(Bring & share)

Bring your own Mulled Wine or Soft Drink

PLUS

"THE GREAT RAVENSTONEDALE DEBATE"

WHAT IS THE ORIGIN OF THE NAME RAVENSTONEDALE?

FOUR ALTERNATIVE HYPOTHESES

presented by

FOUR LOCAL RESEARCHERS

THE AUDIENCE WILL DECIDE WHICH HYPOTHESIS IS THE WINNER

Admission: Members £2.00 Non Members £3.00

For more information contact Val Ferner on 07798 688057 or leave a message on www.ravenstonedalehistory.org.uk

next market

Saturday 11th December

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk



All Saints Coffee Morning
at the Farmers Market
in November raised a total of £560.85

Many thanks to all who came and drank tea or
coffee, or bought bric-a-brac
— and of course, to all our helpers
who made it possible.

BINGO

ORTON MARKET HALL

FRIDAY 9th December

**ALL WELCOME
7-30pm**

TEA AND COFFEE

RAFFLE

**MONEY RAISED TO
ORTON MARKET HALL
AND
AIR AMBULANCE**



Thank you to all supported the
Westmorland QUIZ earlier this year
in aid of Orton Church.

Just three entrants got all the answers correct so a
draw was made from these for the prize winners.

- 1st Jean Scott Smith from Shap
- 2nd Anne Wilson from near Bentham
- 3rd Phil Robbins of Orton.

The Quiz raised £1,250 so thank you again.

If anyone would like a copy of the quiz answers
please do speak to Chris Bland or email
chrisbland21@hotmail.com

Cafe Church invitation

All Saints' Church Orton, invite you to their next
"Cafe Church" at 10.30 a.m. Sunday January 15th.

We start at 10.30 a.m. with coffee/cake/chat.
Followed by shared worship, and then a time to
informally share and discuss our thoughts on a
relevant theme.

We'd love to see you there!!

Olive, Mary, Keith, Janet, Margaret & Andy.

*For reference, our service on Sunday 19th February
will be Service of the Word, on 19th March, we are
invited to Orton Methodists for Mothering Sunday.*

ORTON MARKET HALL TRUST

Registered Charity number 1092685

ANNUAL GENERAL MEETING

Thursday, 12th January, 2023 at 7.00pm
In the supper room, Orton Market Hall

AGENDA

- Chairman's Report
- Treasurer's Report
- Election of Trustees

This public meeting is open to all. Residents of Orton
may stand for election to Orton Market Hall Trust and
can propose or second a nomination to the Trust.

The Trustees meet four times a year and are
constituted to run the affairs of the Market Hall on
behalf of Orton Manor Court and the parishioners of
Orton.

If you wish to stand for election, or wish to propose
someone else, then please forward your name to
the secretary, Felicity Lawler, by Friday, 30th
December, 2022.

Felicity Lawler. email:- fglawler@gmail.com

Christmas Tree Festival All Saints' Church, Orton

I can now report that I have had fifteen responses to the invitation to businesses and local groups to take part in the Christmas Tree Festival, and decorate a Christmas Tree in church. Fifteen trees! That will be great.



And that is about all we will have room for, so I am afraid no further trees can be accepted this year.

But do come and enjoy them, everyone! They will be on display every day from Saturday 10th December (the day of the Christmas Farmers' Market Coffee Morning), until early January – probably till Thursday 5th, Twelfth Night.

Mary Jenkin
015396 24410

maryjenkin@gmail.com

**ORTON
CHRISTMAS
FAYRE**

**Saturday 3rd
December
At
Orton Market Hall
10am - 2pm**

Lots of seasonal gifts

☺☺☺

Raffle

Refreshments

**All proceeds to
Target Ovarian Cancer**



ORTON DROP-IN COFFEE MORNING

Merry Christmas!

ORTON CHRISTMAS DROP IN INVITATION
WEDNESDAY 14TH DECEMBER

10.00 AT CHAPEL SCHOOLROOM
EVERYONE WELCOME
10.15 ORTON SCHOOL CHOIR

FOLLOWED BY
FRESH COFFEE, CAKES, MINCE PIES
REV CHRISTOPHER JENKIN
WILL KEEP US IN ORDER

ORTON DROP IN
WILL BE CLOSED ON
28TH DECEMBER 2022



highlights

rural touring scheme

coming next to Orton Market Hall



**Friday 2nd December
at 7:30pm**

Tickets £10 Available from:

www.ticketsource.co.uk

Orton Village Shop

Tel: 01539 624856

or Email: cfox5858@gmail.com



WOULD LIKE TO SAY A HUGE

Thank You ♡♡♡

To all the generous businesses who have kindly supported our fundraising enterprises for Orton C of E School this year

- WESTMORLAND FARM SHOP
- LION EQUIPMENT, TEBAY
- LAKES & DALES CO-OP
- SLACKS OF CUMBRIA
- PETE BLAND SPORTS
- THE LAKES SPA HOTEL
- K L VENNING SLATERS
- DAVID NIPE OF HEARTWOOD
- SHAP CHIPPY
- OUT OF EDEN
- CRANSTONS
- ARBONNE

Really kick off Christmas with Carol Singing on Christmas Eve



Silent Night, Holy Night

Come along to the village Christmas tree in Orton, (next to the Chocolate Factory) from 6.30pm for about 30 minutes On Saturday, 24th December. Everyone is warmly invited to come and join in!

if you drive but prefer not to stand out in the cold, feel free to park in the market square and listen or sing along.

or, if you are unable to walk down to the centre of the village and would appreciate someone collecting you in a car so you can listen in the warmth, please ask – telephone numbers below.

Carol sheets provided

As in previous years, we will be **collecting for National Children's Homes (Action for Children) and the Children's Society.**

(the same as last year, there will be a collecting box at the Village Shop during the week leading up to Christmas Eve should you wish to give at another time other than on Christmas Eve)

Enquiries to:

Rowland and Rachel Woof – 24372
John and Ruth Bainbridge – 24278



Free Stay and Play Sessions

We are excited to let you know that we are starting Stay and Play Sessions after the Easter Break.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school.

The more the merrier!

These will be on Tuesday's from 9.30am—11.30am.

The first session will be on 26th April 2022

Refreshments will be provided.

Booking not required and there is no charge.

All welcome.

If you would like to find out more please get in touch the school office on 015396 24268
email - admin@orton.cumbria.sch.uk
<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.

News from Orton School

by Class 2



Pink Day Fun

What fun we had on Pink Day! We all dressed up in Pink or Red to raise awareness and raise money for Breast Cancer. We had a yummy cake stall and enjoyed many pink themed activities throughout the day!



Quiz Victory

Some of our Class 4 children represented our school at the Asby InterSchool Quiz. There were 12 teams from local schools when the Eden Valley.

We can proudly say our team were the winners and came home with the trophy! The children were a delight and did our school proud. Well Done Team Orton!

BIG Thanks to our FoOS!

Our FoOS have been working very hard behind the scenes fundraising for our school, hosting events such as: the famous Orton Fell Race (nearly £1000 was raised!), the big breakfast, clothing swaps, a wreath making workshop... the list goes on!

FoOS support is invaluable and has a huge impact for our children.
A HUGE thank you from all of us at Orton School!



Story Telling Workshop

We enjoyed a visit from Emily Hennessy a very talented story teller. We were all gripped with her amazing stories. KS2 children had a go at performing and created their very own 'Orton Dobbies'.

Thank you to the Westmorland Dales for funding this incredible experience, it was enjoyed by all!



Our Buzzing Bee's

We are all enjoying our new spelling scheme, Spelling Shed. The children are working hard to earn points for their teams and move up the ranks in the bee world! The children are making fantastic progress and most importantly enjoying spelling!



Christmas School Nativity

We are very busy getting ready for our school Nativity which will be premiering on the 13th of December at 2pm and 6pm. We would love to see lots of friendly faces!



Get in touch by email or phone:
admin@orton.cumbria.sch.uk
01539624268

Follow us on Facebook:
<https://www.facebook.com/OrtonCEPrimarySchool>

Keep up to date on our website:
www.ortoncofeprimary.co.uk

Send us your contributions — TheLinkMagazine@outlook.com





**The Square,
Orton, CA10 3RX
015396 24225**

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 2 pm

Opening Hours – Post Office

(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive – see separate entry for Tebay Post Office opening hours, below)

		Last Collection
Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Additional information:

Opening Hours – Tebay Post Office (015396 24967)

Monday	9 am to 1 pm and 1:30 pm to 5:30 pm
Wednesday	9 am to 1 pm and 1:30 pm to 5:30 pm
Friday	9 am to 1 pm and 1:30 pm to 5 pm

This means there is access to an open Post Office six days a week.

BOCCIA

IN ORTON MARKET HALL

Not only for para-Olympians,
but a fun game for everyone!



Sessions are on alternate Thursday afternoons
from 1.30pm to 3.30pm

November 10th, 24th,
December 8th

For more details please contact Felicity Lawler
Email:- fglawler@gmail.com

Orton Methodist Chapel
Invite you to a
Family Carol Service



Sunday, 18th December
10.30am

Led by Rev Stephen Radford



Seasonal refreshments afterwards
We look forward to
welcoming you

*Look out for the life-size Nativity
Scene as it begins to take shape
in the Chapel grounds, with
different characters arriving to
take their place during the month
of December!*

There will be a Christmas Day
Service at Tebay Methodist Chapel

Sunday, 1st January
Joint Service at Orton Methodist
Chapel
At 10.30am

A warm welcome to all

CHURCH EXHIBITION AND SCARECROW FESTIVAL 2023

The Theme for our next Exhibition will be Upcycling / Recycling. The Scarecrow Competition will be the same theme, so the possibility's are endless.

If you would like to help in anyway it would be much appreciated, we will have a meeting in January (date to be fixed) and start making items — so start saving anything you think might be useful. It takes a lot of time and hard work to put on the exhibition and we are very lucky to have a lot of willing volunteers who help not only with the displays, but also with refreshments, stewards, publicity, organising rotas and lots of unseen work over the week.

The support and lovely comments we get from so many visitors far and wide make it all worth while. It is a wonderful financial support and gives people the opportunity to visit our lovely church.

It is a great way to get to know people especially if you are new to the area. If you think you would like to be involved and would like more information please contact:

Brenda Iveson Tel 24617
brendaiveson@btinternet.com
Susan Thorpe Tel 24166
s.thorpe669@btinternet.com



In this time of great uncertainty, and with the cost-of-living soaring, the Food Bank is working hard to support those in our communities who are struggling.

It is only with the support and help of people such as yourselves that we are able to provide this assistance. We are so grateful.

You may like to know that, over the last year, you have helped Upper Eden Food Bank to feed:

507 Adults, Children and Babies.
plus we provided 534 Children's bags
during the school holidays.

Thank you again, so much.

The Upper Eden Foodbank has been running since 2013. The foodbank supplies food parcels to individuals and families within the Kirkby Stephen, Appleby, Tebay and Shap areas, who find themselves in need of a little help.

Get in touch if you need help.

CCC, Welfare Assistance Team – 01228 221100
Citizens Advice Bureau – 0330 056 3037
Christians Against Poverty – 0800 328 0006
EDC Housing Benefits Team – 01768 810066
Local Links: Kirkby Stephen 017683 71775
(Mon-Wed 10-12 & 2-4pm)

Send us your contributions — TheLinkMagazine@outlook.com

Friday Music Nights at The Old Courthouse, Shap

Eden Valley Touring Network in association with Eden District Council presents

16th December The Errant Thieves - four good pals playing rootsy, acoustic music
20th January Mrs Knox and the Goodtime Boys
17th February Burnt Horse
17th March Mark 'Stivvy' and Jilly Jarman

Performances start at 7.30pm. Admission £5.
Short interval. BYOB. Seats limited.

To book email: janet@theoldcourthouse.org

Commemorative book for The Queen's Platinum Jubilee Celebrations

The marvellous celebrations that took place in Orton for the Queen's Platinum Jubilee are being recorded in a book of photographs.

There will be 50 portraits covering those that made the celebrations so successful as well as some of the visitors who enjoyed them. In addition there will be over 90 photographs covering the various events that took place over the 4 days.

The book will be in Hardback, 25cm x 20cm. The cost will depend on the numbers printed but will be in the order of £20 and sold at cost.



So that I can order sufficient books it would be very helpful if you could let me know if you would like to purchase a copy.

To do this please visit [my website](#) and look for 'Platinum Jubilee' in the main menu. Click on that and follow the instructions.

Thanks,

Steve Crook — stevecrookphotography.com



Over 60's Christmas Dinner

Tebay Sports & Social Club
Saturday 17th December, 1pm

with Music and Carols

Please give names to Judith Gilpin
on 24419 or 07967 131020
by 3rd December

Christmas Concert

Tebay Community Choir,
Melody Makers and
Tebay Kids' Choir

Monday 12th December 7.30 pm
Tebay Social Club

Come and enjoy some festive entertainment!

Tebay's Warm Welcome

Over 30 people aged 6 to 86 gathered at Tebay Chapel for the first Warm Welcome of this winter, a community initiative by the Wild Wanderings and Churches Together in Tebay. The chapel was open all afternoon and welcomed people of all ages for some great hot food, hot drinks and amazing puddings! As well as the delicious food and great company, we all enjoyed having time to just be together having fun or trying something new.... During the afternoon, people were to be found playing Rummikub, racing against time to complete a 500-piece jigsaw, doing origami to make gift boxes, playing air hockey, consuming numerous teas, coffees and biscuits, or just enjoying playing with their friends in our comfy seating area... Lego, a reading corner, and a toddler area were also on offer.



The Warm Welcome provides an opportunity for the Tebay community to gather once a month in a space that is warm, welcoming and open to everyone of all ages. During this challenging winter there's nothing we'd love more than to meet together as a community, supporting one another to not only survive the winter but thrive and flourish as we get to know each other better! We can organise lifts for those who might like to attend but are not able to walk to the venue.

Come along and enjoy a good meal (for no charge) and the chance to relax and have fun with others, whilst saving on your energy bill by turning off your heating for the afternoon when you're out! If you'd like to come but need a lift, or wish to contribute in any way, whether it's helping to wash up, leading a craft, making a pudding, or anything else, please just get in touch with Bernard on 015396 24272 or Pam on 07552 405500.

Hope to see you at one of our next Warm Welcome events, which will be on Sunday 4th December and Sunday 7th January, 12.30-4.30pm. And bring your friends and neighbours!



Cyclewise

Year 5 children took part in their Bikeability training at the end of October. Children learned essential skills on riding their bikes especially on the busy main road. We would like to thank Cat from Cyclewise for delivering this training.



Class 1 – Space

Class 1 have been busy exploring SPACE 🌌 🚀
The children have been:

- 👉 Making paper mache planets in the workshop
- 👉 Junk modelling recycled rockets
- 👉 Making a space passport
- 👉 Completing space jigsaws using technology
- 👉 Creating their very own marble planets
- 👉 Role play astronauts in the home corner!



Friends of Tebay School

FOTS organised a sale of unwanted Halloween costumes the week before Halloween making a fantastic amount of £32.50.

Tebay Club organised a Halloween party for the children, it was well supported with some great Halloween costumes and pumpkins, they raised £85.00 for FOTS.

Friday 16th December – Bingo

All support for Friends of Tebay School is greatly appreciated.

Class 3 visit to Raisgill Hall Farm.

Class 3 were invited by SmartSTEMs to visit Raisgill Hall Farm, Raisebeck on Friday 4th November.

SmartSTEMs host events to encourage young

people into STEM careers (Science, Technology, Engineering and Maths).

The visit showcased a range of roles on the farm and highlighted the grass to glass process.

The children extracted DNA, measured a cow's activity, looked at a cow's digestive system, had a farm and milking parlour tour and talk from DeLaval, watched the milk tanker collect the milk and had a milk tanker guided talk.

Donna Walton, the programme manager told the school: *I must say – the children were a credit to themselves, and the school, and we hopefully look forward to working with them again.*

The school would like to thank Donna Walton for organising the trip and to the Dunning family at Raisgill Hall for hosting it, the children learned so much and thoroughly enjoyed their visit.

Remembrance 2022

As part of Cumbria Education Trust's tribute to this year's Remembrance Day, we invited our CET communities across all our family of schools to create window displays that represent hope and a show of support to honour all of those who sacrificed themselves to secure and protect our freedom.

We are incredibly proud of the creativity, time and thought shown by all members of our CET community who have contributed towards creating these displays and who have helped us to show our support 'As One' for Remembrance across Cumbria, by producing such heartfelt and poignant tributes.



We have spaces available for Nursery in January, April and September 2023.

Tracy Morland – School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239

MARK BEACH 
Forestry Sales Limited
Unit 3A, The Sidings, Tebay, Penrith,
Cumbria, CA10 3XR



For sale from 1st Dec 2022

Real Christmas Trees – All sizes

Nordman Fir, Fraser Fir and Norway
Spruce Trees

Also blocks to stand tree in available
at Unit 3a The Sidings, Tebay

Contact Mark on:
07502 484 198



Opening Early November

Mark Beach Forestry Sales Ltd Shop

Hydraulic hoses, nuts, bolts, grinding discs, sprays,
hydraulic oil, engine oil, grease, batteries, LED
lights, gloves, cable ties, ad-bl and much more.

See us at Unit 3a The Sidings, Tebay CA10 3XR

Any spare time on
Tuesday afternoons?

Come and join us at
Tebay Methodist school room
from 2pm — 4pm, for games & crafts,
a cup of tea & a natter.

You will be very welcome!

THE HUB



Tebay Community Library
and Drop In in the Hub
St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments - Books to borrow and buy

All ages welcome

Remembering Reg Capstick

*Part of the eulogy shared by Joanne Nugent at
Reg's funeral, St James church, xx November 2022*

The hymn How Great Thou Art was Reg's favourite
and I think the final verse both sums up his faith and
offers comfort to all of us here.

When Christ shall come, with shout of acclamation
And take me home, what joy shall fill my heart
Then I shall bow, in humble adoration
And then proclaim, my God how great thou art.

Reg has been called home and he has gone joyfully.

Reg was our friend. When Ste and I moved to Tebay
with our young family he was a welcoming face and
a font of information. Later he was a regular at our
tea room where we really got to know him well. On
closing the tea room there were only 2 commitments
that we had to maintain, 1 was the monthly lunch
club for senior citizens and the other was Reg's
Sunday lunch.

Reg came and ate with our family every week for
many years, so when he had to go into hospital, we
didn't hesitate in offering him a place to which to be
discharged. Reg lived with us for about 3 months
while he recuperated. I regularly tried to offer him a
quiet space to hide from the chaos. Somewhere
without nerf darts whizzing over head, without disco
lights or raucous games. He always refused. Reg
loved children. He always had time for them and
revelled in their noise and nonsense. Although 3
months living with 4 young children and all the
friends, family and guests at our house, made him
appreciate the peace and quiet of his own home
when he was able to return there and he always
refused my kind offer of letting him have the kids to
stay over at his house.

Reg was a Tebay lad through and through. His
grandmother ran the Cross Keys and the station
hotel. Reg's parents, **George and Margaret**, brought
their baby son, James Reginald, home to the very
same house in which he lived until recently. He
always said that he was a late baby. His parents
married late and he was a true blessing. He doted
on his parents and was proud of his father's first world
war record, which we were able to research online.
Reg spoke with real pleasure about his childhood, he
was a child who was well loved.

Reg passed the 11 plus and went to Appleby
Grammar school before completing his teacher
training at Chester. However, I believe that the
young man was not always as well behaved as his
shining academic achievement would suggest. He
told me many a tale of dances and ladies. One story
resulted in him having an over night walk from
Sedbergh as he stayed too long with a girl and his
friends left without him leaving him without a lift. He
claimed to have smiled all the way home.

Read the full eulogy online: <https://cutt.ly/EulogyReg>

The Link — your local church & community magazine

Remembering & hoping for peace

Anna and Toby have spent time making, painting and laminating large poppies for display around Gaisgill.

This mini project of remembrance was inspired following a trip to Preston in the half term holidays. The main roads in Preston had poppies attached to each lamppost. This was a striking tribute of a community communing together to honour those who served in the armed forces and remember their sacrifice.

The poppy remains a humble symbol of remembrance and hope for a peaceful future. Well done to them both for creating their own Remembrance Poppies to display around the village.

Here is Anna sat proudly next to one of the Poppies.



Information on the background on poppies being a symbol of support and remembrance can be found at: www.britishlegion.org.uk

Churches Together in Tebay

Christmas Cream Teas

Saturday 3rd December, 3pm to 4.30pm
at Tebay Methodist Church



£5 per person — come and enjoy!

Music by Kirkby Stephen Silver Band Quartet

Opening hours

Weds, Thurs, Fri 7pm to close
Saturday 4pm to close
Sunday 3pm to close

Big Screen TV * Sky Sports
BT Sports * Pool table
Snooker table * Darts boards

Function room & kitchen for hire
(free to hire for members)

Prize Bingo & Cash Bingo
on alternating Sundays

Free WiFi

015396 24203

tebayclub@yahoo.co.uk

WHAT'S ON?

17th December, 7pm
5's & 3's Domino's

21st December, 7pm
Christmas Darts

23rd December, 3pm
Kids Christmas Party

1st January, 7pm
Chip out Domino's

🌐🌐🌐 WORLD CUP 🌐🌐🌐

The Club will be OPEN for ALL
England games, other games will
be notified on the
Club Facebook page

TEBAY SPORTS & SOCIAL CLUB



Tebay's Christingle

The Children's Society

Let's come together to celebrate Christingle

Christingle is a great way for communities everywhere to get together this Christmas to catch up, make some special memories and have fun!

Tebay's Christingle! St James's Church, Tebay Sunday 11th December

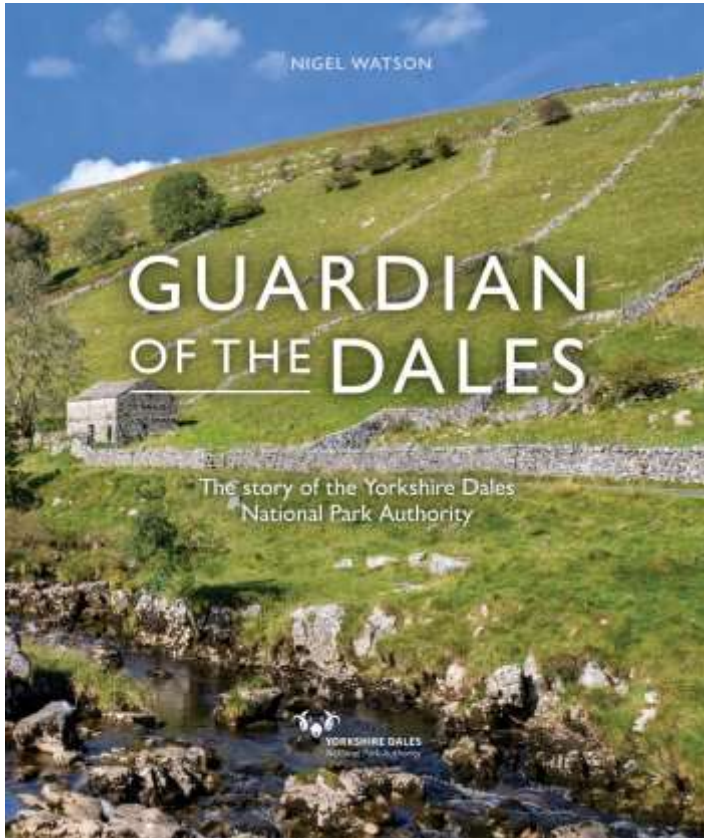
3-4pm Refreshments and Christmas crafts
4-5pm Christingle service
5-6pm Join the Wild Wanderings for our Light in the Darkness trail!
(Bring a torch, warm coat and strong shoes)

christingle.org

To keep you puzzling over Christmas

R K E E O A K C E A F H M O U W
 R R L A S L S E A E H E A G B D
 B E A S A R A G L N N E E R G K
 E S E V S O D L A L Y A B E T E
 T G H L E U E E E I E T A E E T
 R O T L A N N W D E S T O N L N
 T M O A D D S B E I N G H H B U
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 K C E B S I A R O R E D N L R E
 J U F O D T M R D C A R A F E G
 A T O J O E T A E R S E B L I T
 E S O O R O L E B R O W N B E R
 R G U G N E W B I G G I N T I N

BOWDERDALE
 BRETHERDALE
 BROWNER
 FELLEND
 GAISGILL
 GREEN
 GREENHOLME
 GREENSIDE
 KELLETH
 NEWBIGGIN
 ORTON
 RAISBECK
 RAVENSTONEDALE
 ROUNDTHWAITE
 SCOUT
 SUNBIGGIN
 TEBAY
 WEASDALE



A new book titled 'Guardian of the Dales' has been published telling the story of the Yorkshire Dales National Park Authority and how the National Park itself has changed over its 68-year history. Featuring vintage photography, maps and news articles from

the archives, this is a unique and engaging insight into the work of the National Park Authority.

Its author Nigel Watson said: "This short history of the Authority celebrates the people who have shaped it through the years, and I hope it pays a suitable tribute to the founders of the National Park movement and the pioneers of the Authority and their successors here in the Dales.

"Looking back, and detailing its cumulative growth to maturity, the Authority is now in a stronger position than it has ever been to ensure, in the national interest, the conservation of the landscape of the Yorkshire Dales in every aspect. I believe it is crucial that any future reforms must strengthen the Authority further as it tackles the critical challenges posed by climate change and the threat to the nature which gives the Dales its unique character".

Neil Heseltine, Chair of the Yorkshire Dales National Park Authority, said: "This is an insightful and entertaining story - told by our staff, supporters, and indeed our critics - of how the National Park came into being and how our tenacious passionate highly skilled officers, members and volunteers have, over 8 decades, worked with many farmers and land owners to conserve and enhance this iconic landscape".

'Guardian of the Dales' is available to buy now from any National Park Visitor Centre and [online here](#).



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

It's Christmas!



Read these verses from the Bible: **Luke 2, v 1 - 20.**

The story of Christmas unfolds amid extraordinary moments and celebration, Mary ponders what this all means.

You can find an online Bible here: <https://www.biblegateway.com/>

We suggest you choose the Message translation.

?????? Puzzle

The decorations on this Christmas tree include five items from the Bible passage. Can you find them all? How do they fit into the Christmas story?



At Christmas, we celebrate by giving each other gifts. But what is it that we're celebrating? Join the dots to find out.



Jesus Write



Imagine you are one of the shepherds. Write a postcard home about your extraordinary night on the hilltop, and your visit to the baby Jesus. Describe how you felt and what you think the birth of Jesus means.

POSTCARD



Cobweb Orchestra, Tebay

Conducted by Roland Fudge, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

So, if you have ever played an orchestral instrument, or would like to play a different instrument, we have an instrument bank from which you can borrow an instrument for a modest fee.

You will receive a warm welcome if you come along to Tebay, so dust the cobwebs off your instrument and join us!

For more information go to our web site

www.cobweborchestra.org.uk

or ring Richard Best for more details:

Phone 07939 540139

SHAP FARMERS' & MAKERS' MARKET

Saturday 17th December 9 - 1

Food/Art/Craft stalls plus much more
- indoors and outdoors

Music on the Terrace 11am -1pm
'Appleby Town Band

Warm Spots at The Old Courthouse, Shap
from 1st December 2022

Visit our website to find out when we are open.

www.theoldcourthouse.org

Call in at the Library,
use the computers,
connect to WiFi,
quiet reading or work-space.

Come to one of the sessions
in our Community Room
for a chat or games.

Warm drinks available.

Appleby Arts Society Report

Giotto and the Early Italian Renaissance

This lecture was given to Appleby Arts Society in November by Valerie Shrimplin — an Art Historian and Researcher of the Byzantine, Medieval and Renaissance periods. Her story, illustrated with some beautiful photographs was this.

Before about 1250 AD, European Art and Architecture looked toward the Byzantine tradition. Think of static, symmetrical and very spiritual depictions of the Virgin Mary, done in brilliantly coloured mosaics as we see in Ravenna, or the very stern Christ figure as depicted in the Florence Baptistery. Then, around 1250, gradual change began in Italy, in the North particularly. Increase in trade brought the rise of city states and rich influential families like the Scrovegni in Padua and Medici in Florence, who began to challenge the Church about how they built and decorated their own chapels and mansions.

In places like Pisa, sculptors began to notice and copy old Roman statues and images on tombs, sculpting large life like figures in flowing robes and lively three- dimensional scenes from Christ's life on pulpits and friezes. In Assisi, St Francis begun to humanise religion, preaching that Jesus was a living, human, feeling suffering man and not the remote unfeeling King as depicted in the Byzantine mosaics.

The most famous and influential artist of the time was Giotto (1267-1337). His patron was Enrico Scrovegni, a banker who commissioned the decoration of his Chapel in Padua. It is a masterpiece, telling the story of Mary and Christ and episodes from the bible. It was done as a series of frescos which are quicker and cheaper to do than mosaics. He paints living, breathing, natural human figures for the first time in centuries. They show joy and sorrow and surprise and pathos in telling their stories. The chapel and its frescos are now a World Heritage Site.

Similarly in Siena, Duccio (1255-1319) was painting life-like altar pieces for the Cathedral there though in a more Gothic style, and Lorenzetti (1280-1348) was introducing ever more naturalism with three dimensional and spatial arrangements in his work.

After the Black Death in 1348 when half the population perished, two schools of religious painting arose. The 'eat drink and be merry' one and an even more religious sort where Christ kicked sinners down to Hell to endure all manner of horrendous tortures. But this is the later Renaissance of Botticelli, Donatello and Michelangelo which has its own story.

December's lecture on Wednesday December 14th is 'A history of the English Christmas Carol' from the piano by Peter Medhurst. It is a zoom lecture. For more info go to taswestmorland.org.uk

'Sleeping Giants' in Orton

Miscreations Theatre brought their Wilding Theatre Project of workshops, performance and a 'Dreaming Giant' to Orton this September thanks to support from the Westmorland Dales Landscape Partnership Scheme (funded by the National Lottery Heritage Fund) and funding from Arts Council England. The Wilding Theatre Project delighted local school children with their intelligent and playful investigation into our relationship with the natural world, gently educating them about how the preservation of the planet and all its inhabitants: animal, insect, plant and human contribute to a rich and rewarding community for us all. It is well worth a visit to Orton playing field!



Nicola Estill, Community Engagement Officer with the Westmorland Dales Landscape Partnership Scheme said, "It has been wonderful to be able to provide support for such an innovative and engaging season of summer events in the Westmorland Dales.



"The theatre group made us all think about how we can develop a healthy and sustainable relationship with the natural world and made it loads of fun for the children, parents and teachers!" Children from

Orton C of E Primary, Asby Endowed Primary and Crosby Ravensworth C of E Primary Schools took part in theatre workshops, making cob to build a living earth 'Dreaming Giant' sculpture and enjoyed a 'Wilding' theatre performance at the end of a busy summer of activities.

Emma Pomfret, Head Teacher, Orton C of E Primary School said,

"We loved the Wilding theatre project! There has been so much positive talk of what everyone experienced and that performance was just out of this world.

"The children have been talking about going to see the giant again on the way to and from school. We feel really privileged to have been given such an amazing experience and also to have an 'Earth Giant' on our school field. We are very lucky."

This collaborative project delivered residencies over the summer in schools and communities across the region including Allendale, Orton, Otterburn, Hexham, and Barnard Castle.



The 'Earth Giants' will become a place to revisit at different times of the year to see how they are becoming 'wilded'. As these giants evolve and grow, footage from each season will be shared on the Miscreations website.

For more information about how you can get involved in this project and where you can visit the giant sculptures, visit www.miscreations.co.uk, follow them on Facebook (@Miscreationstheatre) or email admin@miscreations.co.uk

News from All Saints' Church, Kasese, Uganda

parish linked
with All Saints', Orton



WhatsApp messages and emails received

From Rev. Nelson Walina, Vicar:

26th October: Sorry to inform you about the sickness of my father-in-law, father of my wife Melina. Last Sunday evening, we learnt of his about to die in his house in a village 10km from where we are. Melina and I sent for him and he was admitted in St. Mary's hospital in Kasese. Ever since he is unable to eat, drink, sit or stand. We try give him porridge; he could take very little but today he has stopped to take anything. The doctors say, it's Higher Prostate cancer.

Now, the challenge is that our hospitals are very expensive. They tell us to go and buy medicines etc. Melina spends time day and night watching her father bedridden.

Melina and I need your prayers for our Mzee (an elder – term of respect), called Kule Nastolia.

27th October. My father in-law has been put on oxygen at 2:00am which will increase the medical bills. Continue to put us in the hands of the Almighty God.

We responded: **"We would like to help with your medical costs. I have sent by Western Union 828,570 UGX. We will continue to pray"**

28th October: We are so glad to receive support from you dear friends. Tomorrow we shall purchase more medicine as directed by the doctor.

1st November: Bad News!! Finally our father in-law passed on today at 1:00pm. Burial Thursday 3rd. Pray harder especially with Melina Masika, for she has spent one week in the hospital and she is going to spend another couple of days at the funeral rites.



In the October and November Link, we reported how a young man, Bollen Mugisa, after running away from home and getting involved in crime in the city, returned to his widowed mother, who saw this as a wonderful answer to her prayers. Nelson told us "He came without many things – clothes, bedding, shoes, etc..." His widowed mother could do little to help. But an Orton lady was moved to send a gift to help this situation.)

14th November (See picture): Bollen and his mother: the Church team was handing over a gift from UK.

From Revd. Robert Zziwa: "My graduation as Bachelor of Divinity will be at the College campus in Kabale and the date will be 2nd December, 2022. Just keep me in prayer as you have always done!"

Notes from the Herald December, 1922

Fine and mild mid November to mid December then cold, wet, stormy till January.

Orton's George Sanderson, 26, threw seven stones into the Lune at Tebay "to see what would happen." The water-bailiff put him in court for disturbing the spawning salmon. He was fined five shillings (Now twenty pounds). A farmer's son was up for poaching an unclean salmon at Gaisgill and for using a gaff on it. Fined three pounds and costs and a further one pound and costs for the gaff; (one pound then, eighty pounds now). The Orton Parochial School's Christmas Concert was on 22nd, end of term, went well. Dr. Gibson is now Vice-Chairman of the newly relaunched Fell Pony Society. Its members are farmers from Caldbeck to Teeside.

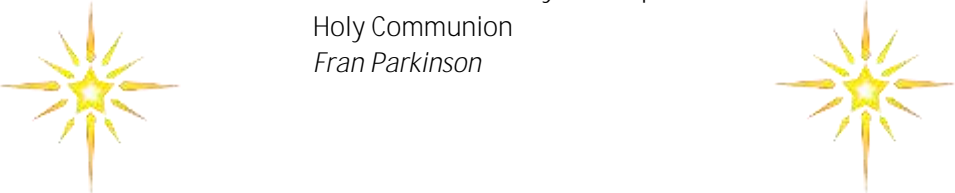
Tebay Whitehall wants to know if the R.D.C. is going to sewer Tebay and sent to R.D.Cs Tebay Committee to consider and report back. The Vicar of Tebay is to swap parishes with the Vicar of Nicholforest (north of Longtown). Tebay Church Choir sang an anthem on Christmas Eve.

Ravenstonedale Wesleyan Chapel Concert and Social on Sat evening, 25th November for the Wesleyan Christian Endeavour Society. There were a lot there. On Wednesday evening, 6th December the Ravenstonedale Band of Hope Concert was in the Parish room. On Friday, 1st December over 100 came to the Girls' Friendly Society's Invitation Dance; raised £20. Fell End Wesleyan Chapel Concert and Supper (after two lectures) on Thursday evening, 30th November raised £10. The Congregational Church went carolling round the village on Christmas Eve. A lot were in Church on Christmas Day when it was stormy.

Mr. W. Braithwaite, of Banks Farm these 42 year, died (ailing) on Saturday, 23rd. He was aged 82. He went to Brough Hill Fair (30th September) for 61 consecutive years. Westmorland County Council approved plans to provide Newbiggin on Lune with electricity by overhead wires.

Our thanks to Jeremy Godwin who sends best wishes for Christmas and after.

Services in our Anglican Churches — December 2022

<p>Sunday 4 December</p> <p><i>Advent 2</i></p> <p><i>Welcomer:</i> Isaiah 11:1-10 Romans 15:4-13</p> <p><i>Prayers:</i></p> <p><i>Purple</i></p>	<p>Orton, 10.30am</p> <p>Holy Communion <i>Sandra Ward</i></p> <p>Mary Jenkin Chris Bland Olive Bland Elizabeth Crossley</p>	<p>Tebay, 10.30am</p> <p>Songs of Praise at the Methodist church</p> <p><i>Big Green Weekend celebration</i></p>	<p>Ravenstonedale, 10.00am</p> <p>All Age Worship <i>Team</i></p> <p>Diana Fothergill</p>
<p>Sunday 11 December</p> <p><i>Advent 3</i></p> <p><i>Welcomer:</i> Isaiah 35:1-10 James 5:7-10</p> <p><i>Prayers:</i></p> <p><i>Purple</i></p>	<p>Orton, 8.30am</p> <p>Holy Communion (BCP) <i>Chris Jenkin</i></p> <p>Mary Jenkin</p>	<p>Tebay, 4.00pm</p> <p>Christingle Service <i>Team</i></p>	<p>Ravenstonedale, 10.00am</p> <p>Holy Communion <i>Bishop James Bell</i></p> <p>Hilary Law Richard Best</p>
<p>Thursday 15 December</p>	<p>Christingle Service, 6.30pm, Orton, CJ</p>		
<p>Sunday 18 December</p> <p><i>Advent 4</i></p> <p><i>Welcomer:</i> Isaiah 7:10-16 Romans 1:1-7</p> <p><i>Prayers:</i></p> <p><i>Purple</i></p>	<p>Orton, 6.30pm</p> <p>Carol Service <i>Chris Jenkin</i></p> <p>Chris Bland</p>	<p>Tebay, 10.30am</p> <p>Carol Service at the Methodist church</p>	<p>Ravenstonedale, 2.00pm</p> <p>Carol Service at the Methodist church</p>
<p>Wednesday 21 Dec.</p>	<p>Carols by Candlelight, 7pm, Ravenstonedale</p>		
<p>Christmas Eve</p> <p><i>Welcomer:</i> 2 Samuel 7:1-5, 8:11-16 Acts 13:16-26</p> <p><i>Prayers:</i></p> <p><i>Purple</i></p>	<p>United service, Tebay, 11.30pm</p> <p>Holy Communion <i>Fran Parkinson</i></p> 		
<p>Christmas Day</p> <p><i>Welcomer:</i> Isaiah 9:2-7 Titus 2:11-14</p> <p><i>Prayers:</i></p> <p><i>White</i></p>	<p>Orton</p> <p><i>Joint with Ravenstonedale</i></p>	<p>Tebay, 10.30am</p> <p>Christmas Celebration at the Methodist church</p>	<p>Ravenstonedale, 10.00am</p> <p>Holy Communion <i>Fran Parkinson</i></p> <p>Martin Windle Suesi Windle</p>



Coming together

For "Worship and the Word"
Praise, Worship & exploring the Bible
On Sunday, 29th January at 6.30pm
Orton Methodist Church
Speaker: John Fox

For further details contact Rowland and Rachel Woof - 015396 24372
Or Wilf Capstick on 015396 23600

This is the time to be slow,
Lie low to the wall
Until the bitter weather passes.

Try, as best you can, not to let
The wire brush of doubt
Scrape from your heart
All sense of yourself
And your hesitant light.

If you remain generous,
Time will come good;
And you will find your feet
Again on fresh pastures of promise,
Where the air will be kind
And blushed with beginning.

[John O'Donohue](#)

Services in our Anglican Churches — January 2023

<p>Sunday 1 January <i>Christmas 2</i></p> <p><i>Welcomer:</i> Chris Bland Jeremiah 31:7-14 Ephesians 1:3-14</p> <p><i>Prayers:</i> Elizabeth Crossley</p> <p><i>White</i></p>	<p>Orton, 10.30am Holy Communion <i>Sandra Ward</i></p> <p>Keith Capp Margaret Longworth</p>	<p>Tebay, 10.30am Songs of Praise at the Methodist church</p>	<p>Ravenstonedale, 10.00am All Age Worship <i>Fran Parkinson</i></p> <p>Tim Parkinson</p>
<p>Sunday 8 January <i>Baptism of Christ</i></p> <p><i>Welcomer:</i> Isaiah 42:1-9 Acts 10:34-43</p> <p><i>Prayers:</i></p> <p><i>White</i></p>	<p>Orton, 8.30am Holy Communion (BCP) <i>Chris Jenkin</i></p> <p>John Dunning</p>	<p>Tebay, 10.30am Service of the Word <i>Team</i></p>	<p>Ravenstonedale, 10.00am Holy Communion <i>Chris Jenkin</i></p> <p>David Morris Caroline Morris</p>
<p>Sunday 15 January <i>Epiphany 2</i></p> <p><i>Welcomer:</i> Isaiah 49:1-7 1 Corinthians 1:1-9</p> <p><i>Prayers:</i></p> <p><i>White</i></p>	<p>Orton, 10.30am Café Church style service <i>Team</i></p> <p>Olive Bland</p>	<p>Tebay, 10.30am Holy Communion (Baptism) <i>Chris Jenkin</i></p>	<p>Ravenstonedale, 3.00pm Evening Prayer <i>Rosemary Campbell</i></p> <p>Richard Best Diana Fothergill</p>
<p>Sunday 22 January <i>Ephiphany 3</i></p> <p><i>Welcomer:</i> Isaiah 9:1-4 1 Corinthians 1:10-18</p> <p><i>Prayers:</i></p> <p><i>White</i></p>	<p>Orton Service of the Word <i>Team</i></p> <p><i>Keith & Janet Capp</i> Andrea Dutton Elizabeth Crossley Margaret Longworth</p>	<p>Tebay, 10.30am Covenant service at the Methodist church</p>	<p>Ravenstonedale, 10.00am Service of the Word <i>Fran Parkinson</i></p> <p>Fran Parkinson Tim Parkinson</p>
<p>Sunday 29 January <i>Epiphany 4</i></p> <p><i>Welcomer:</i> 1 Kings 17:8-16 1 Corinthians 1:18-31</p> <p><i>Prayers:</i></p> <p><i>White</i></p>	<p>United Service at Tebay, 10.30am Holy Communion <i>Chris Jenkin</i></p> <p>Zoom meeting number: 894 1727 3600</p> 		

<p>Church Contacts Anglican Church</p> <p>Vicar Vacancy Curate On placement Mission Community Administrator Joyce Keetley 07741 327318 applebymc@carlisle-diocese.org.uk</p> <p>Retired clergy Sandra Ward 24213 (Penrith & Keswick Hospital Chaplain) Christopher Jenkin 24410</p> <p>Orton with Tebay</p> <p>Churchwardens Chris Bland 24258 Linda Garrick 24262 Martin Lawson 26028</p>	<p>PCC Secretary Susan Thorpe 24166 s.thorpe669@btinternet.com</p> <p>Treasurer Bill Lawler 24465</p> <p>Local lay minister Rosemary Campbell 24837</p> <p>Ravenstonedale with Newbiggin-on-Lune</p> <p>Churchwardens Ann Brownrigg 23594 Martin Windle 07899 907958</p> <p>Secretary Suesi Windle suesi.windle@googlemail.com</p> <p>Treasurer Tim Parkinson 23393</p>	<p>Methodist Church</p> <p>Revd Stephen Radford, 017683 71202 stephen.radford@methodist.org.uk</p> <p>Roman Catholic Church Fr Peter Houghton Church of Our Lady of Appleby 017683 51244</p> <p>New Beginnings Church Pastors: Barry & Karen Hawthorne 07437 468896</p>
	<p>New Beginnings Church Every Sunday Orton Market Hall, 10.30 a.m.</p>	

Services in our Methodist Churches

	2022 / 2023	4 th December	11 th December	18 th December	25 th December	1 st January	8 th January	15 th January	22 nd January	29 th January
					Christmas Day	Covenant Sunday				
*Tebay M P 1-1300 M H B	10.30	J Betts OA	T Dent	W Ousby	S Radford SS	US at PC OA	T Longworth	D Askew	S Radford Cov	LA
	6.30						Crxn Svce at N on L			
Shap (Class of Tebay)	10.30	T Dent			SS at Tebay	SS at Orton	6.30 Crxn Svce at N on L			
#Orton M P Complete M H B PB EW	10.30	W Riley OA	LA	S Radford Family Carols US OA	SS at Tebay	A Sterling SS	W Ousby	T Dent	D & N Shin OA	S Radford Cov
	6.30						Crxn Svce at N on L			Worship & The Word J Fox SS OA
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	P Hilland	W Ousby	J Tebbutt HC	SS at Tebay	SS at Orton	LA OA	J Betts	LA TP OA	LA TP OA
	6.30			Candlelight Service OA			Crxn Svce at N on L			
*Ravenstonedale M P 1-1144 M H B H & P	2.00	J Worsfold	H Radford	S Radford US OA	10.30am SS at Tebay	10.30 a.m. SS at Orton	S Radford Cov	T Dent US	T Longworth	S Radford
	6.30						Crxn Svce at N on L			

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318 or applebymc@carlisle-diocese.org.uk.

Please make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc. stephen.radford@methodist.org.uk

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For details of the club starting soon in this area go to:

<https://torahclub.ffoz.org/public/clubs/TC-4422>

Or call Stephen in Orton
on 07834 189692



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Useful Contacts

Phone area code: 015396, unless shown otherwise.

For children and young people

Let us now if there are others to add here...

Orton C. of E. School: Headteacher, Mrs. Emma Pomfret
Office: Vicky Percival: 24268
Friends of Orton School:
Joanna Hayward: 07837 767442, haywardjm75@gmail.com
Tebay Primary School: Headteacher: Mrs. Lisa Bland
Office: Tracey Morland: 24239
Friends of Tebay School: Claire Penhallurick 07986 692527
Catchment Area Secondary School:
Kirkby Stephen Grammar School: 01768 371693
For Little Children:
Ravenstonedale: Dinky Dales Nursery Ltd:
Julie Procter and Keeley Morland: 23670
Scout Group – Scouts, Cubs, Beavers
Shap area: Jackie Wright: 01931 716490
Kirkby Stephen: Lois Wiseman: 01768 341107
Appleby Guides: Leagh Wilkinson: 07869 078977
Appleby Brownies: Emma Williamson 07800 564170
Appleby Rainbows: Sue Grainger: 07876 403895
Kirkby Stephen Brownies and Guides: Audrey Gray: 07889 093848
Northern Inter-Schools Christian Union (NISCU):
Ruth Evans, ruth.evans@niscu.org.uk
Appleby Deanery Network Youth Church Pioneer Minister:
Rachel Milburn, Rachel.Milburn@carlisle-diocese.org.uk
Families Together in Orton and Tebay: Pam Lawson: 26028
Tebay Beginner Brass: Julie Hoggarth on 07866 378392,
julie@drumandbrass.co.uk

Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900
Upper Eden Medical Practice, Kirkby Stephen : 01768 37136
(with Surgery in Tebay)
Shap Medical Practice: 01931 716230
(with Surgery in Orton)
Vets:
Kirkby Stephen: 01768 371359
Appleby: 017683 51507
Shap: 01931 716024

Adult groups

Let us now if there are others to add here...

Archaeological Society: Jan Hicks: 01931 714122
Arts Society, Appleby: Gillian Stoddart: 01768 862501
Badminton: Richard Percival: 24352
Bands:
Appleby Town Band: Chris Jenkin: 24410
Kirkby Stephen Silver Band: Caroline Souter: 017683 72376
Bell Ringers: Julian Thorpe: 24166
Bingo: Jillian Hewitt: 01931 715000
Boccia: Felicity Lawler: 015396 24465
Book Club: Clare Fox: clarefox59@gmail.com
Judith Cattermole: judithcattermole2@gmail.com
Bowls at Newbiggin: Stephen Dickinson: 07766 833500
Combined Churches Choir: Chris Jenkin: 24410
Community Choir: Alison Mott: Alison@mott.me.uk
Concerts:
Appleby: North Westmorland Arts: 017684 83777
Kendal: www.lakelandsinfonia.org.uk
Kendal: www.kendalmiddayconcertclub.org
First Responders: Steve Dunkinson: 24286
Folk Dance Club: Chris Bland: 24258
Greenholme Show: Keith Golding: 01931 715446
Heating Oil Syndicate: Chris Jenkin: 24410
Howgill Harriers Running Club: Admin@howgillharriers.co.uk
Local History Society, Ravenstonedale: Val Fermer: 07798 688057
Lunch Clubs:
The George Hotel, Orton: Bronagh: 24071
Old School Tea Room, Tebay: Bernard: 24272
Men's Meeting, Newbiggin: Jonny Capstick: 23141
Orchestra: Cobweb Orchestra: Richard Best: 23470
Quiz Team, Orton: Louis Cotter: lfc@lfcotter.plus.com
Sew and Sews, Orton: Gillian: 23653
Volunteer Social Car Scheme: Dennis Humphreys: 26052
Women's Groups:
Orton: Pat Alexander: 24303
Lune Ladies: Wendy Dickinson 07766 833500
Mothers' Union: Angela Milburn: 24382
Women's Institute: Jackie Huck: 24266

**Spotted an error, or something we're missing?
Let us know by emailing us and we'll do our best to sort it out!**

Websites

Church Websites:
High Westmorland parishes: <http://hwparishes.org.uk>
Entries in the Church of England's "A Church Near You" directory
Orton: <https://www.achurchnearyou.com/church/12220/>
Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>
Tebay: <https://www.achurchnearyou.com/church/12223/>
Orton Community Website: <https://ortoneden.co.uk>
Orton Parish Council: <https://ortonpc-eden.org.uk>
Tebay Parish Council: <https://tebaypc.org.uk>
Ravenstonedale village website: <https://www.ravenstonedale.org>
Ravenstonedale Parish Council: <https://www.rdalepc.uk>

Churches' Facebook pages

Orton: <https://www.facebook.com/AllSaintsOrton/>
Tebay: <https://www.facebook.com/stjamestebay>
Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>
Families Together in Tebay and Orton
<https://www.facebook.com/FamiliesTogetherTebayOrton/>
Families_Together@googlegroups.com

Upper Eden Medical Practice

Covid Vaccinations update

We are no longer giving first vaccines here at the Surgery. We have now attempted to contact all patients who are due their second vaccines. If anyone feels they may have been missed then they need to contact us urgently.

The following information is on our website:

COVID vaccination certification

We are unable to issue this certificate at the practice. Please see the [Gov.uk website](https://www.gov.uk) for further information. Proof of your vaccination status will be available on the **NHS app**, which is also valuable for accessing your health records and ordering repeat prescriptions. Alternatively, you can call the NHS helpline on 119 and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine, the letter may take up to 5 days to reach you.

Shingles vaccination

Patients become eligible for routine vaccination against shingles when they become 70 years of age and all those aged up to and including 79 years are now eligible to receive the vaccine until they become 80 years of age. Individuals who were eligible for the Shingles vaccination programme who turned 80 years during the COVID-19 pandemic and missed the opportunity to be vaccinated, either due to lockdown or because they were shielding at home and unable to attend their general practice, can continue to be vaccinated up to 31st July 2021.

Please contact the Surgery to book an appointment.

Seasonal flu/Covid booster vaccination information:

This year the Practice will be contacting all eligible patients for their flu vaccination and likely Covid booster to be given at the same time. Patients will be contacted in eligibility order and given an appointment time. Please can we ask patients to **wait for the Practice to contact them** as we are still awaiting information regarding the Covid vaccine boosters.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015



Orton Surgery and Shap Medical Practice

Current Procedures

The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face to face consultation is necessary the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment. Surgery appointments remain being kept to a minimum to reduce the risk of infection to our patients and staff. Please do not attend the surgery without an appointment and please check the NHS111 website if you are unwell with coronavirus symptoms. When attending an appointment at the Practice, face masks must be worn at all times within the building, unless you are exempt due to medical reasons. Hand sanitisers are placed throughout the building and we request all patients to use these.

Online Consultation

We still offer online consultations using the eConsult. Please see the website www.shapmedicalpractice.co.uk to find out more about this.

Orton Surgery

There continues to be no Doctor appointments at Orton Surgery for the time being. Medication is available for collection every Tuesday between 10am and 11am.

Dispensary

Shap medication is now being collected from inside the main foyer of the Practice.

COVID Vaccinations Update

We continue to offer COVID vaccinations at the Practice. Please contact us if you are due your booster.

Staffing Updates

Dr Chris Kehoe left the Practice in the summer and is now working as a Locum GP and as a salaried GP at CHOC where some of you may meet her if you need to see a doctor out of hours. We welcomed Dr Hannah Judson at the Practice as a GP Partner in September. She has already become a highly valued member of the team. She came to us from Appleby Medical Practice and is a qualified GP trainer. We are hoping to start training GPs as well as medical students later this year. Our Practice Manager Sue Graham retired in March 2021 and Wendy Hancock has since taken the role of overseeing and developing the Practice. Wendy previously worked within the Clinical Governance and Safeguarding teams at CHOC and NWS. We are also very pleased to announce the return, and promotion, of Eleanor. Eleanor returned from her maternity leave in January and takes on the new role of Reception Manager.

All of the staff at the practice would like to say thanks to our local communities for the support and encouragement we have received through what continues to be a very difficult time for the health service. The kind words that we receive do make a difference to us and are very much appreciated.

Dr. McCabe Dr. Woodstover Dr. Judson and all the staff
01931 716230 <http://www.shapmedicalpractice.co.uk/>

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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Revised 25-11-21

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

106 Bus Service

Kendal - Tebay - Shap - Penrith on TUESDAYS & FRIDAYS

	to Penrith	to Kendal Tues/Fri	to Penrith
Kendal	10.00	14.05/13.35	15.30
Tebay Mt Pt	09.32	13.28/12.58	16.02
Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
Penrith	10.30	12.30/12.00	17.00

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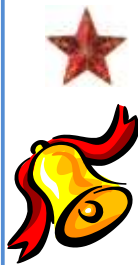
Sat. 3rd Dec.
Cream Teas 
Tebay Methodist Church
 3-4.30pm

Sat. 10th Dec.
 Orton **FARMERS' Market,**
Coffee Morning & Carols in church 

Sun. 11th Dec.
Christingle Service
St. James' Tebay
 4.00 p.m. 

Wed. 14th Dec.
Golden Oldies party 
 2.30 pm
St. Oswald's, R'dale

Thur 15th Dec.
Christingle Service
All Saints' Orton
 6.30 p.m. 



Sun. 18th Dec.
Family Carols 
Orton Methodist Church 10.30 a.m.

Sun. 18th Dec.
UNITED Carol service
Ravenstonedale Methodist Church
 (For Sightsavers) 2.0 p.m.

Sun. 18th Dec.
Candlelight Service 6.30 p.m.
Newbiggin Methodist Church 




Sun. 18th Dec.
Carols by Candlelight
 with choir
All Saints', Orton
 6.30 p.m. 



Mon. 19th Dec.
Carols in The pub 7.00 pm
The Black Swan, Ravenstonedale 

Wed. 21st Dec.
carols by candlelight
St. Oswald's, R'dale
 7.00 p.m. 

Christmas Eve
Midnight Communion
St. James', Tebay
 11.30 p.m. 

Christmas Day
Service "Follow the Star"
St Oswald's, R'dale
 10.00 a.m. 

Christmas Day
Service
Tebay Methodist Church
 10.30 a.m. 

