

The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



February 2023

The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We still need help — do think about volunteering if you can. Email us or use the QR code below to tell us how you might help. If you're not sure, we can find you a job!



TheLinkMagazine@outlook.com

Do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

Anne, David, Martin, Paula.

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo
Anne Eastwood

Used with permission

Welcome to this month's issue of *The Link* magazine. We are continuing, and now have a new editor on board - thanks Anne! - and we will be developing conversations with several other people who offered to help keep this church and community magazine going in the next few weeks.

Back in November, things looked bleak for *The Link* and the existing editorial team decided we had to be clear in saying that either we had to find more volunteers to step forwards, or we would have to stop. Thank you so much to those who responded to that call. **We're still in the process of organising how best to move forward and keep the magazine viable, engaging and relevant, but having others come alongside us has been great.**

You'll find lots of events in this month's magazine to engage you: pancake parties in Tebay and Ravenstonedale, wine & cheese to be tasted in Newbiggin-on-Lune, and a whole range of events happening in Orton Market Hall.

As the days start to get longer, do find opportunities to enjoy what's on offer locally — as Gromit the sheep is doing on the on our front cover. Do let us know what you've been up to.

Our next magazine, the March issue, will really start to focus on the coming Spring, and the new things that are happening — do continue to send us your articles, thoughts, pictures, adverts, etc.

Many thanks,

Anne, David, Martin & Paula

Could we ask for your support?

It costs somewhere between £600 and £800 to print one issue of *The Link* magazine (all the work of putting it together, and distributing it is done by volunteers). At present we still believe that sending a copy to every house in our parishes, as much as we can, is the best way to communicate with our communities. However, we are also sending it out electronically to several hundred of our readers.

Income from our advertisers does not cover the entire cost of *The Link* — we rely on contributions from individuals and organisations as well.

Could we ask you to help us cover the cost of *The Link*?

One copy costs about 70p — which would be £7 for the ten issues we produce each year. If you are able to contribute this (or more, or less) you can do that in one of several ways:

- Make a bank transfer to:
'Orton Tebay and Ravenstonedale Link Account'
Sort code: 40-26-18 Account number: 71021036
- Drop off a marked envelope to Orton Village Shop
Cheques can use the same account name as above
or give a marked envelope to a member of a local church
- Use [this link](#) to set up a repeating annual electronic payment
Or contact us by email if you would like us to send info

We all very much appreciate your support for this shared church and **community magazine going to our local communities, we wouldn't be here without you!**

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy including advertising to: TheLinkMagazine@outlook.com

Payment for advertising: Linda Garrick, 015396 24262

We hope to give village addresses for dropping off copy, or phoning in, as we develop local links

A reflection for February, and beyond...

Our last issue was a double December—January issue, with a healthy focus on Christmas, rather than **the New Year, so we're reproducing the recently appointed Bishop of Penrith's New Year message** here, with the recognition that what he says is still very relevant to us all as we work through these early months of 2023.

"It's a sad thing, but we used to look forward to new year more than we do now. New year meant a new start, gratitude for what has been, and a commitment to new things.

As we enter 2023, it feels like this hope is missing. Last year's top word was permacrisis, and it feels like we lurch from one challenge to another.

Today, in one of the largest economies in the world, many will go hungry and cold because they cannot afford the basics. Despite all the amazing work that so many people in our communities and churches do to support people, many feel pretty lacking in hope as this new year begins.

For Christians, what do we hold on to? John's gospel speaks of a light shining in the darkness and says that the darkness cannot overcome it. This hope, this light, is a person, Jesus, God with us. God is born in a normal place, into a normal, ordinary family. The Christmas story is special because it is about God joining the ordinary – a place and a family like our own.

And this shows that God cares about the everyday. Each place, each person, is somehow known and special to God . He isn't somewhere else with his phone on do not disturb. Rather, God is there with us in difficult times. He doesn't magically make difficult stuff go away, or land a million pounds in our lap, much as we might wish he would. But he does give us the strength to step into a new year, whatever challenges it might bring and his love gives us confidence that we are not alone.

Our faith doesn't solve our problems, or protect us from challenge, but it tells us that we are known and loved, that our worth is not in what we have or our success. It tells us that our security lies elsewhere, that we can step into the unknown, putting our hand into the hand of one who loves us and can bear us through any challenge.

As followers of Jesus, we are called each day to bring

something of his healing and his hope to our neighbours in this new year.

May you know His love, His hope and His help this year."

Bishop Rob Saner-Haigh

...and a possible response

Cumbria Winter Warmth Appeal

The annual Winter Warmth Appeal makes sure that older people who may have to choose between heating and eating can stay warm and well throughout the colder months. The significant increase in energy prices and cost of living make the appeal even more important.

Around 300 older people die in Cumbria each year simply because they cannot afford to heat their home properly. In our worst winters, this figure has risen to more than 500. There are fears that this winter could be the worst yet.

Last winter, they distributed £216,830, and 1,751 older people living on low incomes and with chronic health problems benefitted.

You can donate online using [this link](#) (or google Cumbria Winter Warmth Fund). They also accept donations by cheque or phone. To make a phone donation, please ring 01900 825760 between the hours of 9am-5pm.

If you need help yourself — do get in touch with them using the same number above.

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Indoor Bowls Come and join us!

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (first night free)

**you don't need a partner,
just turn up.**

More information from
07880 706485

- see you there!



WINE AND CHEESE TASTING NEWBIGGIN-ON-LUNE PUBLIC HALL

Saturday 4th March 7.30

Booking essential.

Tickets from

Ian Clayton 015396 23226

Anne Brownrigg 015396 23594

Jim Wardrope 015396 23288

Bacon Butty CHURCH

SUNDAY 5TH FEB
@NEWBIGGIN-ON-LUNE CHAPEL, 10:30AM
SERVICE TO START @ 11AM LED SUE & FRIENDS & PUPPETS!

A circular inset image shows a bacon butty sandwich on a bun next to a cup of coffee.

NEWBIGGIN-ON-LUNE CHAPEL **LADIES NIGHT**

THURSDAY 23RD FEBRUARY 7.30PM

READY, STEADY, COOK

with chef's

Mrs Grace Holland

and

Miss Victoria Lawson

An informal fun night with refreshments.

All ladies welcome, young and old.

For more details contact

ANGELA on – 07980 418 078



Newbiggin-on-Lune Public Hall

Chair Ian Clayton 015396 23226
Secretary Jim Wardrope 015396 23288
Treasurer Carl McLaughlin 015396 23674
The Vicarage, Newbiggin-on-Lune, Kirkby Stephen
Caretaker Anne Brownrigg 015396 23594
All bookings should be made with the Caretaker
All payments should be made with the Treasurer

Facebook:

<https://en-gb.facebook.com/NonLPublicHall>

Folk Dance Club

Our local club meets weekly in
Newbiggin on Lune Village Hall

Thursdays evenings, 7.45 to 10pm
September to April

Singles & Couples all very welcome.

All dances are walked through & called.
Beginners welcome, for any further details
ring Chris on 015396 24258.



TATTIE PIE AND DOMINOES

SAT 4TH FEB 7.00pm

NEWBIGGIN ON LUNE

PUBLIC HALL

Adults £10 Children £3

Tickets Ian Clayton 015396 23226

Janet Brownrigg 015396 23689

NEWBIGGIN-ON-LUNE CHAPEL CAROL SINGING

*THANK YOU TO EVERYONE WHO KINDLY
DONATED AS WE SANG OUR WAY AROUND
THE VILLAGE ON A WET AND BLUSTERY NIGHT!*

£90.00

WAS RAISED FOR

'ACTION FOR CHILDREN'

Lune Ladies

will be held at
Newbiggin on Lune village hall

Wednesday 1st February, 7.30pm

and the speakers are
Anne & Tim Craddock
talking about their time at the Olympics

Bookswap

Book cabinet outside Public Hall



Exchange a book
or make a donation
towards Public Hall funds

NEWBIGGIN-ON-LUNE CHAPEL

SUNDAY SERVICES

10.30AM Every Sunday

Tea and Coffee to follow the after the service.

A Warm Welcome to Everyone.

Also we have the following meetings at different
times please contact us for further details.

Coffee Morning, Prayer & Share

Sunday School, Bible Study

Men's Meeting, Ladies Meeting

For further information please contact

Wilfred – 015396 23600

or

Angela – 07980 418078



ANOTHER BIT OF A DO!

Saturday, 18th February, 2023
7:00 for 7:45pm

At Ravenstonedale Community and Heritage Centre

WELCOME DRINK

DINNER

- o Roasted Winter Vegetable & Garden Herb Soup with Crusty Bread
- o Crisp Pork Belly, Cheese and Leek Potato, buttered Cabbage.
- o Baked Salmon, lemon & parsley, Basil crushed potatoes, buttered Greens
- o Trian of Mediterranean vegetables, Smoked Garlic Oil, Tomato Ragù.
- o Baked Vanilla Cheesecake, mulled spiced berries,
- o Lemon Tart, meringue and fresh Raspberries

AFTER DINNER ENTERTAINMENT BY THE VAGABONDS

DRINKS & DANCING

Cash bar. Last orders 11:30pm

Tickets £32.50

To book, asquith_anna@hotmail.com (preferred) or 07974 151390
Numbers strictly limited. Book early and no later than 27th January

All proceeds to Ravenstonedale Community and Heritage Centre



ST OSWALD'S CHURCH, RAVENSTONEDALE

CHRISTMAS WREATHS, FLOWERS & FLORAL DECORATIONS : DECEMBER 2022

As custodians (St Oswald's Parochial Church Council) of this beautiful church and churchyard, it really would be greatly appreciated if (in accordance with Diocesan Churchyard Rules and Regulations) all such seasonal tributes could please be removed from graves and the churchyard by 1st March 2023. The right is reserved to remove any that remain after this date.

Thank you for your cooperation



SAVE THE DATE - Mothering Sunday service at St Oswald's on Sunday 19th March at 10am.

RAVENSTONEDALE PARISH HISTORY GROUP ARCHIVES

Come along on Thursdays 2.00pm – 4.00pm

to High Chapel Community & Heritage Centre
(other times by arrangement)

If you are researching your family tree, we have
Transcribed Parish Registers from 1650 – 1826
old school photos with pupils named
plus other old photos

& if you are interested in the history of your house,
we have Sales Prospectuses for farms etc
from at least 1879

Original OS map from 1859 & other old maps,
showing many properties

Official Returns not available on-line for 1780, 1856,
1867, 1869, 1871, 1878 & 1879 showing occupiers
and owners of properties in the parish

Changing display of copies of local photos
AND MUCH MUCH MORE!

For more information: Contact Val Fermer
on 07798 688057 or post a comment at
www.ravenstonedalehistory.org.uk

Ravenstonedale Parish History Group
enjoys 10,000 years of horse magic

In her opening remarks of her talk to the January 2023 meeting of the Ravenstonedale Parish History Group, Libby Robinson introduced the idea of the 'horse magic' forever associated with the traditional breeders of Fell ponies, which describes their application of knowledge, passed from Father to Son and Daughter over 10,000 years of Fell Pony History.

Libby is the Founder of the Fell Pony Heritage Trust, and her talk demonstrated she is an enthusiastic and passionate advocate for the ponies and the traditions and contemporary role for these unique animals. Libby's interest began during her education in Windermere and the Fell Pony Trust was founded to recognise that to breed the true characteristics of a Fell pony, they have to be bred on the fell in Cumbria.

For a long time now Cumbrian Hill Breeders are reducing in numbers as the younger generations have moved away from the farms and show little interest in the hefted herd of breeding ponies attached to their older parents and grand-parents.

The Fell Pony Trust is a Centre in Cumbria, established in 2018 to support the Fell Pony breeders and hefted grazing herds on the Fell, with a hill farm as a hub. The objective for the Trust is to provide an insight to an interesting life and train young people about a way of life, involvement with nature, animals and our farming landscape.

The talk was structured around bringing to life for the audience, the hill bred fell pony calendar, an illustration of the activities that leads to successful breeding and husbandry. Beginning in the autumn, which Libby described as start of the Fell pony farming year. This season includes the gather of ponies, to bring the foals down from the fells for weaning. This time is when the breeders begin training of the young stock, including becoming accustomed to the head collar and other agricultural task livery, while enjoying a diet that is marginally more nutritious than the diet offered by the upper fells, where the family groups of ponies will have spent the winter. After autumn, mothers and what are termed as followers return to winter on the high fells. Followers are the female foals born in the previous year. Gelded males and ungelded males are traditionally not allowed on the fells.

During May the unaided birth of foals in the in-bye land (pastures below the high fells, around the farm), in the spring, was illustrated and the natural instincts of the mothers and brood mares in protecting and nurturing the foals, without any human intervention in the hill farm landscape was explained with many photographs and Libby's lively presentation style.

Photographs also portrayed the physical characteristics of fell ponies, including the structure of the foot, making it pivotal in the very necessary balance and carriage as each animal travels five to ten miles during a day, feeding and caring for the foals, sheltering by the dry stone walls and keeping dry and warm due to the water repellent structure of the fell ponies coat. Bringing the mares to the stallion takes place close by the farm during the end of the time when the stock are gathered, between May and early July, before the Mares return to the fells, with the foals that were born in the May.

In thanking Libby for an interesting and informative talk, the members of RPHG noted the numbers that underpinned the talk. 30 miles a day – the distance a pack horse could travel in a day, 16 stone – the weight of the pack carried, 18 hours, the time the fell ponies spend eating on the fell, and 10,000 years of hill bred fell pony history.

If other groups would like to invite Libby to present – she can be found at www.fpht.co.uk. For more information on the events and research work undertaken by the Ravenstonedale Parish History Group, please visit www.ravenstonedalehistory.org.uk

Ravenstonedale Agricultural Show sent a donation of £272.50 to the Alzheimer's Society money raised from the show dance.

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 15TH FEBRUARY 2023

7.30PM

at

**RAVENSTONEDALE HIGH CHAPEL
COMMUNITY AND HERITAGE CENTRE**

A HISTORY OF RAVENSTONEDALE

FROM 550 - 1550

with

Les Neal

Admission: Members £2.00 Visitors £3.00

Including refreshments

For more information contact Val Fermer on 07798 688057 or

leave a message on

www.ravenstonedalehistory.org.uk

*Please join us for
St Oswald's annual*

Pancake Lunch

at

Ravenstonedale Parish
Community and Heritage Centre

Tuesday 21st February

12.00 until 2.00

Tickets £8.00

(to include soup and bread,
pancakes and a brew)

from Hilary Law - 23215 or

Anne Brownrigg - 23594

*What could
be batter!*



next market

Saturday 11th February

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk

ORTON
FARMERS' MARKET
held 2nd Saturday of every month

All Saints Coffee Morning at the Farmers Market

In December raised a total of £1,211.00
& in January raised a total of £281.00

Many thanks to all who came and drank tea or coffee, or bought bric-a-brac — and of course, to all our helpers who made it possible.

ORTON MANOR COURT

Special General Meeting duly convened and held at Orton Market Hall on Thursday 24th November 2022 at 7.30pm

Present: Kyle Blue (Chairman), Wendy Higgins (Steward), Brenda Iveson (Treasurer), Christopher Jenkin (Minutes Secretary) and 23 other freeholders of Orton.

Apologies: There were four apologies for absence.

Presentation: Wendy Higgins gave a presentation outlining the history of Orton Manor Court from 1154 AD to the present day, explaining the many changes that had taken place since that time. It is now thought to be the only surviving Manor Court in the country, and she hoped those present would agree that it should continue.

Future of Orton Manor Court: Kate Blue outlined the problems incurred with OMC's ownership of land, which at present has to be vested in named individuals, present and past officers of OMC. At the last meeting of the Committee on 19.10.22, a working party had been set up (Kyle Blue, Wendy Higgins, Brenda Iveson, Ian Johnson, and Kate Blue) to explore options for a more satisfactory solution. This Working Party now presented a Resolution:

Cont/

That the Constitution of Orton Manor Court dated 15th June 1972 (as amended on 6th July 2015) shall be repealed and Orton Manor Court Community Interest Company should be incorporated and be known as Orton Manor Court CIC.

(a) The objects of the CIC shall be to carry on the following activities:

Management of land and property to provide social, recreational, educational and environmental benefits to the Parish of Orton.

Preservation, maintenance, interpretation and presentation of the historic buildings and sites of archaeological interest in the ownership of the Manor Court and the cultural heritage of the Manor Court to provide social, recreational, educational and environmental benefits to the Parish of Orton and opportunities to engage the broader community in such activities.

(b) The CIC shall be limited by guarantee.

(c) The CIC shall be a non-trading company.

(d) There shall be an Asset Lock for the benefit of the community of Orton

(e) The standard memorandum and articles for a CIC with small membership amended to include the existing provisions for meetings shall be adopted.

(f) The first Directors shall be the Steward, the Secretary and the Treasurer.

(g) All the assets of Orton Manor Court shall be transferred to Orton Manor Court CIC

(h) The Directors shall be permitted to take all actions necessary to transfer the assets to Orton Manor Court CIC at such time as they consider appropriate

These special resolutions were PROPOSED by Phil Rigby, SECONDED by Jan Anning, and unanimously passed by show of hands.

It was proposed and agreed that the Working Party would set up the CIC and that the first directors shall be Wendy Higgins, Brenda Iveson and Christopher Jenkin. The existing Officers and Committee shall remain in office until the next Special General Meeting on Monday 6th February 2023.



**ORTON DROP IN
COFFEE MORNING
AT THE CHAPEL SCHOOLROOM
EVERY WEDNESDAY
10.30 - 12.00
Everyone welcome
Come and meet new friends
Its free! We are an independent and non-profit community service for anyone who would like to meet up and chat every Wednesday morning**

Orton Christmas Tree Festival

We want to say a big Thank You to all those who helped with the Christmas Tree Festival in All Saints' Church between 10th December and 5th January.

This time there were seventeen trees, compared with thirteen in 2021; we really appreciate the creativity of the people who provided and decorated them. They all were asked to make a donation towards the cost of electricity, and most gave over and above what was requested.



Two people we also want to give particular thanks to are Julian and Susan Thorpe, who provided hard physical labour in transporting the boards on which the trees stood – they are stored in the Hearse House, so had to be collected from there, laid out on the pews ready for the trees, and then collected again at the end and returned to the Hearse House.

We have no idea how many people looked into church to see them during those four weeks – as the weather was first bitterly cold, and then almost unremittingly wet, it did not encourage people to go for a stroll around the village and pop into church! **And of course there were the Farmers' Market Coffee Morning, the Christingle Service and the Carols by Candlelight service** – together they must have brought several hundred people into church, and we are sure the Christmas Tree Festival made their visit even more special!

Why did we continue until January 5th, rather than a few days after Christmas? Because 5th January is the twelfth day of the Twelve Days of Christmas!

Once upon a Thread

International Textiles Exhibition
until 19 March 2023 at Fairfield Mill, Sedburgh

The International Textiles Exhibition returns with the winning quilts from the latest competition. The theme of this exhibition is stories where artists have created works of textile art inspired by stories from their childhood, world-famous books, family legends, their dreams and imagination.

There are 30 quilts from all over the world from USA to South Korea. Take a fresh look at these textile stories and find the heroes, monsters, nightmares, and dreams buried in the work.

CHURCH EXHIBITION AND SCARECROW FESTIVAL 2023

We have decided to change the theme of the exhibition and scarecrows, as it is the **100th anniversary of DISNEY** we have decided to celebrate this milestone.

The church will be filled with wonderful Disney displays.

The scarecrows will also be on this theme, so the possibilities are endless.

If you would like to be involved or have anything you think we could use, please come to our next meeting which is on Monday 13th February 7pm in the Chapel room, we would really appreciate your help.

For more info please contact
Brenda Iveson
24617 brendaiveson@btinternet.com
Susan Thorpe
24166 s.thorpe669@btinternet.com

ORTON PARISH COUNCIL

Orton Parish Council met on 21st November 2022 and the following issues were discussed:

1. From time to time the Parish Council is invited to comment on planning applications for new developments. Occasionally the applications involve large agricultural buildings and these can make a significant impact on the rural environment. It was agreed that the Parish Council should have a uniform policy for commenting on such applications, in particular the colours to be used on roofing and walls. This policy will be drafted by the clerk for consideration at the January meeting to be held on 16.01.23.
2. A public consultation exercise was being carried out on the proposed new car park at The Mires. In total 112 survey forms have been completed and returned and 20 folk were in favour of the proposal; 15 people were in favour of having a car park, but not at this location; 72 people did not think a car park was necessary and **there were 5 "don't knows"**.
3. The problem of defective footway lights was considered. Eden District Council no longer own the lights or provide new lights, although they continue to maintain some of them. It was agreed that the Parish Council would consider providing further lighting and would set aside a sum of money to meet the likely cost of this.
4. The councillors were most concerned about the possibility of flooding in the village. However, it was noted that the Parish Council has no statutory power or authority to work on watercourses and any action it might take would be unlawful.



Part-Time Teaching Assistant & After School Club Leader Maternity Cover
Orton CE School is 'A happy place to learn, grow and thrive'

The Governing Body of Orton CE School is looking to appoint a committed and passionate Teaching Assistant for two and a half days a week to cover a Maternity leave. (Tuesday mornings, Wednesdays and Fridays) The current post holder also leads After School Club and covers some Midday Supervision so we would ideally like the same candidate to cover these posts.

TA Salary: PCD5 £21,968 per annum – part-time, pro rata, term time only

After School Club £10 per hour on timesheet. Midday Supervision – PCD3 £21,029 (includes living wage of supplement £10.90/hour) part-time, pro rata, term time only

For further information and an application form please see the school website or contact school.

<https://www.ortoncofeprimary.co.uk/current-vacancies-1/>

Telephone: 015396 24268 email: admin@orton.cumbria.sch.uk

Closing date: 12 noon Monday 27th February 2023

BINGO

ORTON MARKET HALL
FRIDAY 10th FEBRUARY

ALL WELCOME
7-30pm

TEA AND COFFEE
RAFFLE

MONEY RAISED TO
ORTON MARKET HALL
AND
WARCOP SCHOOL



Bingo is held in Orton Market Hall every second Friday of the month, profits are split between Orton market Hall and a different charity each month.
Everyone welcome to this fun filled evening.



Free Stay and Play Sessions

We are excited to let you know that we are running weekly Stay and Play Sessions in school.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school. The more the merrier!

These are on Tuesday's from 9.30am—11.30am.

Refreshments are provided.

Booking not required and there is no charge. All welcome.

If you would like to find out more please get in touch the school of- fice on 015396 24268

email - admin@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

*Orton CE School is a
happy place to learn, grow and thrive.*



Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - head@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

*Orton CE School is a
happy place to learn, grow and thrive.*

News from rton School

Reported by Reception children
who explored and discovered the learning taking place around school one afternoon!

In Class 2... experiences of travelling were being shared.

"I went on holiday to Nepal. It's a poor country, they only have little shops and they have to sleep outside and their beds are tiny. It was smoky because of the dirt on the roads." S-L Elliott



Photographer: Peter Bowes

In Class 3.. P.E

"We're doing gymnastics, it's the key steps second one-the floor movement. It includes rolls-forwards and backwards ones, front support, jumping and arabesque." A. Bowes



Photographer: Harrison Gower

In Class 4... Art and Design

"We are sticking a picture, then we have to copy it onto a piece paper, then we are going to print it onto foam and cardboard." E. Cairns



Photographer: Imogen Hollingworth

Get in touch by email or phone:
admin@orton.cumbria.sch.uk
01539624268

Follow us on Facebook:
<https://www.facebook.com/OrtonCEPrimarySchool>

Keep up to date on our website:
www.ortoncofeprimary.co.uk

Send us your contributions — TheLinkMagazine@outlook.com





**The Square,
Orton, CA10 3RX
015396 24225**

Opening Hours – Village Stores

Monday 9 am to 6 pm
 Tuesday – Saturday 8 am to 6 pm
 Sunday 10 am to 2 pm

Opening Hours – Post Office

(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive – see separate entry for Tebay Post Office opening hours, below)

		Last Collection
Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Additional information:

Opening Hours – Tebay Post Office (015396 24967)

Monday 9 am to 1 pm and 1:30 pm to 5:30 pm
 Wednesday 9 am to 1 pm and 1:30 pm to 5:30 pm
 Friday 9 am to 1 pm and 1:30 pm to 5 pm

This means there is access to an open Post Office six days a week.

'Three Wise Men Bearing Gifts?'

All Saints Church, Orton are grateful to have recently received three funding grants from The National Churches Trust; The Garfield Weston Foundation and Benefact Trust.

These grants, totalling £17500, are provided to enable restoration of the church tower. The project, which is due to take place in Spring 2023, is to repair defective render, re-point and re-limewash the tower to prevent further water ingress and damage to the building.

The resulting benefit of completing this work will be to enable the church to continue to serve as a beacon of witness to Christ's love to all in the community. A safe and watertight building will allow the church to both retain the character of the building whilst enabling it to continue as both a centre for prayer & worship and a venue for social engagement.

There is, however, still a way to go in providing sufficient monies to cover the cost of the work, so, if anyone wishes to contribute to the restoration fund please contact the Treasurer or any of the church wardens (Orton with Tebay).



What's on in Orton Market Hall?

Bookings: 015396 24140
bookingsortonmarkethall@mail.com

Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am Yoga 7:00-8:15pm
Wednesday	Absolute Beginners Yoga 9.00am - 10.15am Chair Yoga 10.30am - 11.30am AA 7:00pm-9:00pm
Thursday	Boccia 2-4pm (fortnightly) Badminton 7:00-9:00pm
Friday	Bingo 2 nd Friday of the month 7:00-9:30pm
Saturday	Orton Farmer's Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	New Beginnings Church 10:30am-12:30 Yoga last Sunday of the month 7:00-8:30pm

Group	Contact details
AA	Joe Eastwood 0792052036
Badminton	Richard Percival 01539624352
Bingo	Helen Wearmouth 07377332162
Boccia	Felicity Lawler 015396 24465
New Beginnings Church	Barry and Karen Hawthorne 015396 24059
Orton Farmer's Market	Leanne Duerden 07969 335598
Pilates	Fiona Woolnough 07375 082111
Shap medical practice	01931 716230
Yoga	Alison Dobson 07950435136

“What do you think is special about Little Asby Common?”

We know it is rich in terms of its nature and archaeology, but what about the other things that make it special? *The views, the skills of the dry stone wallers, the stockmanship of the commoners, and the sense of community in the area?* These factors are rarely given a value. Friends of the Lake District, (which owns Little Asby Common), are doing some ground breaking research to truly understand the value of the common, located in the heart of the Westmorland Dales.

★ We need your views on what is special and important to you about the common. This information will help us to make sure that the things people value are protected in the future.

* We are holding drop in events in:

★ Great Asby Village Hall,

3-6pm on Wednesday, 8 February 2023

★ Orton Market Hall (small room)

6.30-8pm on Wednesday 8 February 2023

* We will also be creating an online survey and hope to attend the Farmers Market on 11 Feb.

We will be producing more details nearer the time, but do save the date and come and join us if you can. If you are unable to join us, but would like to be kept informed, please contact Friends of the Lake District at info@fld.org.uk

highlights

rural touring scheme

Spring 2023 Season

Kicks off with



Cello on Fire Peter Hudler

Be prepared to put any pre-conceptions of what a cello can sound like to one side and let Peter Hudler redefine this instrument for you.

Orton Market Hall

Friday 24th March 7.30pm

Tickets £10 Available from

www.ticketsource.co.uk or Orton Village Shop
Tel: 01539 624856 or Email: cfox5858@gmail.com

Commemorative book for The Queen's Platinum Jubilee Celebrations

The marvellous celebrations that took place in Orton for the Queen's Platinum Jubilee are being recorded in a book of photographs.

The Queen's Platinum Jubilee Celebrations

There will be 50 portraits covering those that made the celebrations so successful as well as some of the visitors who enjoyed them. In addition there will be over 90 photographs covering the various events that took place over the 4 days.

The book will be in Hardback, 25cm x 20cm. The cost will depend on the numbers printed but will be in the order of £20 and sold at cost.

So that I can order sufficient books it would be very helpful if you could let me know if you would like to purchase a copy.

To do this please visit [my website](#) and look for 'Platinum Jubilee' in the main menu. Click on that and follow the instructions.

Thanks, Steve Crook — stevecrookphotography.com

BOCCIA

in ORTON MARKET HALL

♿ Not only for para-Olympians,
- but a **fun game for everyone!**



Sessions are on alternate THURSDAY
afternoons from 1.30pm to 3.30pm

For more details please contact Felicity Lawler
Email:- fglawler@gmail.com



Are you struggling with your mental health?

If you're feeling depressed, anxious or finding everyday life difficult, we can help with free, effective support at our new kitchen garden at Tebay Services.

OPENING JANUARY 2023

Free minibus service or transport costs covered

For more information, and to start your journey of recovery today, visit www.growingwell.co.uk or speak to your GP or other health professional

Cultivating Good Mental Health ————— **TEBAY SERVICES** COMMUNITY FIRST

Growing Well in Tebay!

We are Growing Well, a mental health charity which began in 2004 at our farm near Kendal. We are thrilled to be setting up a new kitchen garden at Tebay Services, where you can get involved with growing organic vegetables and fruit and improving your mental health.

As a Volunteer (beneficiary) in our growing team one day a week, you can get active and be outside, working at your own pace, learning new skills and building confidence in a safe, non-judgemental environment. You'll be working alongside people experiencing similar challenges to you, and our supportive staff will help you set your own realistic goals and guide you on your road to recovery.



How do I join? You don't need a formal mental health diagnosis to join us. If you think you are experiencing mental ill health and ready to set a goal for your recovery you can sign up and start with us in as little as two weeks.

How will I get to Growing Well? A free minibus service will run to Tebay Services and back from Penrith, Appleby, Kirkby Stephen and Brough directions, and from further afield if there is demand. If you can come by car we can fund some of your transport costs.

How do I apply or find out more?

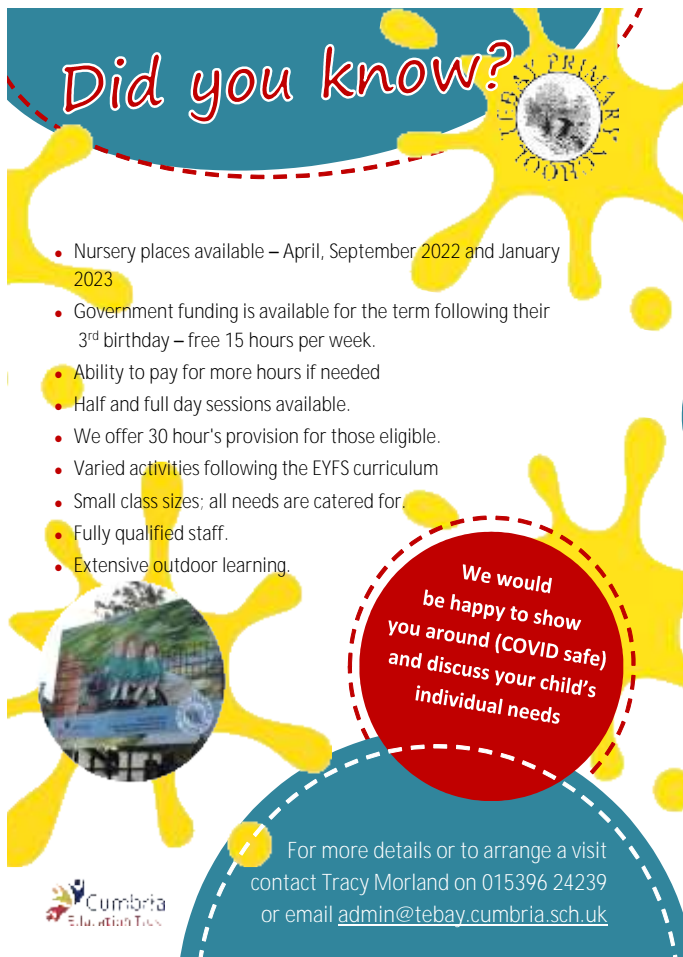
Visit our web page at: www.growingwell.co.uk/get-involved-with-growing-well-at-tebay-services/

You'll find more information and a link to a 'self-referral' form. If you'd like to speak to someone about joining us, call us on 07903 013 648 or email: info@growingwell.co.uk

Get Involved Our new project also needs a team of voluntary supporters – driving our minibus, helping with fundraising, and joining our therapeutic growing team as a Support Volunteer. If you are local business who would like to get involved, or you'd like to donate to our cause, we'd love to hear from you too.



The Link — your local church & community magazine



Did you know?

- Nursery places available – April, September 2022 and January 2023
- Government funding is available for the term following their 3rd birthday – free 15 hours per week.
- Ability to pay for more hours if needed
- Half and full day sessions available.
- We offer 30 hour's provision for those eligible.
- Varied activities following the EYFS curriculum
- Small class sizes; all needs are catered for
- Fully qualified staff.
- Extensive outdoor learning.

We would be happy to show you around (COVID safe) and discuss your child's individual needs

For more details or to arrange a visit contact Tracy Morland on 015396 24239 or email admin@tebay.cumbria.sch.uk

Cumbria Educational Trust

A busy few weeks before Christmas.

- Action Ants delivered PE every Monday. On the last Monday before Christmas the children enjoyed an 'Action Ants Christmas Party'..... thanks to Lee at Action Ants for delivering some fun PE sessions.
- Class 1 took part in a Basic Moves Festival at KSGS.
- We celebrated Children in Need Day by coming to school dressed in pyjama's (including staff!).
- Year 6 children took part in a Netball festival at William Howard School, Brampton.
- Year 6 children were treated to the premier of Matilda the Musical at Rheged along with all Year 6 children within Cumbria Education Trust.
- Class 2 visited Lancaster Castle.
- Class 3 visited Talkin Tarn at Brampton to enjoy a day of Orienteering.
- Class 3 went Carol Singing at Westmorland Services, supported by staff and parents....thank you to Westmorland Services.
- Andi Taylor shared the Christmas journey with the whole school.....thank you Andi, it really was amazing.
- The children enjoyed Christmas dinner joined by staff and LAB members, made by our kitchen team leader Mrs Capstick.....it really was delicious, thank you Julia!
- The whole school performed their version of the Nativity to a packed Chapel of parents, grandparents and friends of the school..... the children were amazing.
- Class 2 and 3 travelled to Kirkby Stephen Grammar School to see their production of Matilda.....thank you for inviting us.
- Class 1 visited the Brewery Arts centre in Kendal to see 'Christmas is cancelled – Katie saves the day'the children loved it.



- FOTS held their Christmas BINGO at Tebay Club raising £367.00, thanks to everyone.

- All children received a gift from Santathank you to Mr Jameson for donating the gifts and to Santa for coming to school.
- The children enjoyed watching Polar Express in the school hall and we finished off with a Christmas party on the last day wearing Christmas jumpers
- Tebay Club hosted a children's Christmas party, raising £100.00 for FOTS.....thank you to everyone involved in organising.
- Big thank you to Mark Beach for donating a fabulous Christmas tree for the school.

We would like to thank everyone for their support in 2022.

Coming up.



- Class 2 have started their 6 week block of swimming lessons at Penrith Leisure Centre, Class 3 will start their lessons after Easter.
- Year 5 and 6 children are attending a Sportshall Athletics competition at Penrith Leisure Centre.
- Class 2 will be visiting Tullie House in Carlisle to learn about the Stone age and Iron age.
- Class 3 are visiting The Museum of Military Life in Carlisle.
- Class 1 are going to South Lakes Zoo.

Thank you to Friends of Tebay School for supporting the children and subsidising the trips this term.

Thanks to everyone who has supported the fundraisers in 2022, please look out for future fundraising events in 2023.

Do visit us:

In person — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: facebook.com/TebayPrimarySchool

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239



Cobweb Orchestra, Tebay

Conducted by Roland Fudge, we meet in Tebay Methodist Church Hall, every Tuesday at 7.30pm during term time. Come and join us - we don't do auditions!

So, if you have ever played an orchestral instrument, or would like to play a different instrument, we have an instrument bank from which you can borrow an instrument for a modest fee.

You will receive a warm welcome if you come along to Tebay, so dust the cobwebs off your instrument and join us!

For more information go to our web site

www.cobweborchestra.org.uk

or ring Richard Best for more details:

Phone 07939 540139

Any spare time on
Tuesday afternoons?

Come and join us at
Tebay Methodist school room
from 2pm — 4pm, for games & crafts,
a cup of tea & a natter.

You will be very welcome!

THE HUB



Tebay Community Library
and Drop In in the Hub
St. James' Church, Tebay

Every Monday morning
10.30am - 12.30pm

Refreshments - Books to borrow and buy

All ages welcome

TEBAY PARISH COUNCIL

Tebay Parish Council met in December and the following issues were considered -

1. The art work at the roundabout. This project is being sponsored by the Westmorland Dales Landscape Partnership. A public consultation exercise to see what sort of structure was most popular was undertaken and it was apparent that a steam engine was preferred as this will reflect the railway heritage of the village. Local artists will be asked to submit designs for approval. Planning consent may be needed.
2. The Westmorland Dales Landscape Partnership had also sponsored the new footpath at the Recreation Ground which was commissioned by the Parish Council. The Parish Council had cleared some of the overgrown vegetation at the viewing area and are inviting people to assist with some planting to make this an attractive local feature.
3. The Parish Council is providing financial support for the local Warm Welcome Space project and also for the village planters to be maintained by Tebay Families Together.
4. New equipment is to be put in place at the Mount Pleasant play area as a result of a successful insurance claim to replace the old, vandalised, slide and play structure.
5. It was noted that the new footpath along the main A685 road would be finished shortly. The work has been carried out by the Yorkshire Dales National Park Authority to a high standard and the path will ensure the safety of walkers and provide an attractive walk.
6. The Westmorland Dales Landscape Partnership were working on an interpretation board to be placed near to the Cross Keys Inn to outline some of the history and local features of the area, and local walks.

FAMILIES Together
invites you to a
Pancake party!

Pancake competition

Food!

3.30PM,
Sunday 12th February

Tebay CLUB

Free entry!

Pause For thought...

Games & crafts

FUN For ALL ages!

For more details find us on Facebook or email:
FamiliesTogetherTebayOrton
familiestogethertebayorton@gmail.com

The Link — your local church & community magazine

In this time of great uncertainty, and with the cost-of-living soaring, the Food Bank is working hard to support those in our communities who are struggling.

It is only with the support and help of people such as yourselves that we are able to provide this assistance. We are so grateful.

You may like to know that, over the last year, you have helped Upper Eden Food Bank to feed:

507 Adults, Children and Babies.
plus we provided 534 Children's bags
during the school holidays.

Thank you again, so much.

The Upper Eden Foodbank has been running since 2013. The foodbank supplies food parcels to individuals and families within the Kirkby Stephen, Appleby, Tebay and Shap areas, who find themselves in need of a little help.

Get in touch if you need help:

- ★ CCC, Welfare Assistance Team – 01228 221100
- ★ Citizens Advice Bureau – 0330 056 3037
- ★ Christians Against Poverty – 0800 328 0006
- ★ EDC Housing Benefits Team – 01768 810066
- ★ Local Links: Kirkby Stephen 017683 71775

February

*Though Winter still asserts his right to reign,
He sways his sceptre now with gentler hand;
Nay, sometimes softens to a zephyr bland
The hurrying blast, which erst along the plain
Drove the skin-piercing sleet and pelting rain
In headlong rage; while, ever and anon,
He draws aside his veil of vapours dun,
That the bright sun may smile on us again.
To-day 'twould seem (so soft the west wind's sigh)
That the mild spirit of the infant Spring
Was brooding o'er the spots where hidden lie
Such early flowers as are the first to fling
On earth's green lap their wreaths of various dye—
Flowers, round whose forms sweet hopes and
sweeter memories cling.*

Rebecca Hay

Opening hours:

Weds, Thurs, Fri 7pm to close
Saturday 4pm to close
Sunday 3pm to close

Big Screen TV * Sky Sports
BT Sports * Pool table
Snooker table * Darts boards

Function room & kitchen for hire
(free to hire for members)

Prize Bingo & Cash Bingo
on alternating Sundays

Free WiFi

**TEBAY
SPORTS &
SOCIAL
CLUB**

WHAT'S ON?

Sat 11th Feb
Valentines Disco
4pm-6pm

Sat 18th Feb
Race Night
7:30 onwards

015396 24203

tebayclub@yahoo.co.uk



Yorkshire Dales National Park Visitor Satisfaction at an All-Time High

The Yorkshire Dales National Park Authority has released the findings of its National Park 2022 visitor survey, which is repeated every five years, showing satisfaction levels amongst people visiting the Dales at their highest since the survey began in 2002.

The survey also reveals how more people came to the National Park last year to enjoy a walk and to socialise, suggesting that reconnecting with family and friends while enjoying the landscape and scenery has been important for visitors post-pandemic.

A record 96% of those surveyed said they were very satisfied with their visit to the Yorkshire Dales National Park, representing a continued year-on-year increase in the proportion of visitors very satisfied with their visit over the past 20 years.

Recommendation levels were also high, with 94% of respondents very likely to recommend the National Park to friends and family, a high score in comparison with many national brands, and higher than the 91% scored in the 2017 survey.

Over three quarters of respondents said they felt natural beauty, scenery and views were special qualities of the Yorkshire Dales National Park. They also recognised - more than ever - the friendliness of Dales people, and its pubs and food.

News from All Saints' Church, Kasese, Uganda

parish linked
with All Saints', Orton



WhatsApp messages and emails received

From Rev. Nelson Walina, Vicar:

26th October: Sorry to inform you about the sickness of my father-in-law, father of my wife Melina. Last Sunday evening, we learnt of his about to die in his house in a village 10km from where we are. Melina and I sent for him and he was admitted in St. Mary's hospital in Kasese. Ever since he is unable to eat, drink, sit or stand. We try give him porridge; he could take very little but today he has stopped to take anything. The doctors say, it's Higher Prostate cancer.

Now, the challenge is that our hospitals are very expensive. They tell us to go and buy medicines etc. Melina spends time day and night watching her father bedridden.

Melina and I need your prayers for our Mzee (an elder – term of respect), called Kule Nastolia.

27th October. My father in-law has been put on oxygen at 2:00am which will increase the medical bills. Continue to put us in the hands of the Almighty God.

We responded: **"We would like to help with your medical costs. I have sent by Western Union 828,570 UGX. We will continue to pray"**

28th October: We are so glad to receive support from you dear friends. Tomorrow we shall purchase more medicine as directed by the doctor.

1st November: Bad News!! Finally our father in-law passed on today at 1:00pm. Burial Thursday 3rd. Pray harder especially with Melina Masika, for she has spent one week in the hospital and she is going to spend another couple



of days at the funeral rites.

In the October and November Link, we reported how a young man, Bollen Mugisa, after running away from home and getting involved in crime in the city, returned to his widowed mother, who saw this as a wonderful answer to her prayers. Nelson told us "He came without many things – clothes, bedding, shoes, etc..." His widowed mother could do little to help. But an Orton lady was moved to send a gift to help this situation.)

14th November (See picture): Bollen and his mother: the Church team was handing over a gift from UK.

From Revd. Robert Zziwa: "My graduation as Bachelor of Divinity will be at the College campus in Kabale and the date will be 2nd December, 2022. Just keep me in prayer as you have always done!"

Notes from the Herald February, 1923

Average weather except in mid February when it was stormy (rain and snow).

Orton's Wesleyan Chapel reopened on Thursday, 25th January after redecoration and new heating installed. On Saturday evening, 3rd February (wet) Orton's Wesleyans had a lecture on "The signs of the times" in the Temperance Hall. Orton's oldest resident Mr. William Wilson died suddenly on Sunday evening, 28th January after a fall in mid January. He was 86, a pillar of the parish church as bellringer, choirman and organist. He unveiled Orton's War Memorial. He was a retired slater and builder. His only brother, 82, survives him. A big funeral on Wednesday, 31st.

Tebay No lights on his bike at 10.50pm on 30th December, in Roundthwaite with 200 yards to go, Joseph Parsley was nabbed by the bobby. He was fined 7s6d in Court (now £30). Two soldiers, one born in Tebay, broke into Tebay Co-op on Saturday evening, 20th January and stole clothing. Caught and trial soon. The R.D.C. has shelved their sewer plans for Tebay as labour is far too dear now. Tebay's P.C. Casson is promoted to be Sargeant at Cleator Moor. P.C. Beck (Penrith) replaces him. Tebay Parish Council wants better services from G.P.O. and police leave to keep the Parish's fire hose at the Police Station. Tebay Co-op's manager stole its drapery last autumn and fled to Manchester. Caught and was gaoled for three months with hard labour. William Parsley married Mabel Alice Whitehead, both of Roundthwaite, at Tebay Church on 13th February.

Ravenstonedale's Mr. and Mrs. Edward Beck, Artlegarth, were driving to market on Monday, 15th January, laden with eggs. Descending Mally Hill the horse stumbled, the gig overturned. They suffered bruising and the eggs were smashed. The Ravenstonedale and Newbiggin on Lune Ex-Servicemens Benefit Association Whist Drive and Dance on Friday, 12th January in Ravenstonedale School raised over £16 (now £1280).

Our thanks to Jeremy Godwin for the notes.

Appleby Arts Society JANUARY LECTURE

How to look slowly at Impressionism

Appleby Arts Society had a most enlightening talk this month by Joanne Rhymer, an Art Historian and specialist in 19th and 20th Century Art. She chose just three Impressionist paintings and invited us to look at them slowly and in great detail.

✿In the first, **'The Bathers at Grenouillere' (1869) by Claude Monet**, we were to be asked to consider the challenges facing the painter in executing this very outdoors painting. She suggested that there were, among many others, moving water, changing light, and the busy and active people enjoying their day out by the river. She asked us to engage our imagination, to be creative and conjure up what was being depicted here. Listen to the sounds in the canvas, Joanne asked of us -what can you hear? Boats bumping, birds singing and the shouts and screams of the bathers on their day out from the city were suggested. What would it feel like to breathe the air within this painting too?



This painting is in the National Gallery in London, and you can go online and look at it yourself and enlarge sections to see how Monet paints moving water, the many colours there, the complementary colours of blue and orange, red with green and the broad, energetic brushstrokes done by this genius. It was only recently, in the 1840s, that oil paint was available in a tube so Monet could carry his material outdoors and paint in the open air. Joanne also asked us to consider the viewpoint and placement of objects within the work. Would it be different if the jetty were further away from us or nearer? How important was it that the boats were pointing away from us and certain figures were placed where they were, and just why was the painting relatively dark at the front and brighter at the back.

With our senses all alert, we examined two other Impressionist paintings:- **'A Nymph by a stream'** a nude done by Renoir in 1870, and Berthe Morisot's *Girl on a Divan* 1885. The latter, one of the rare women among the Impressionists was rather restricted in what subjects she could paint as she couldn't go in bars or outdoors without a chaperone. As a result her lovely paintings are more of interiors with women depicted, full of psychological depth. There is an exhibition of Morisot's work at the Dulwich Gallery in April.

The next meeting in February is 'Saints and their Emblems' by Nicole Mezey. For more information go to taswestmorland.org.uk

Save the date!

The Anglican churches in our area are getting a new vicar!

Rev Brendan Giblin, currently serving in Wetherby, will be licenced to the parishes of Orton with Tebay, and Ravenstonedale with Newbiggin-on-Lune (as well as the Upper Eden benefice) on Tuesday 28th March 2023 Kirkby Stephen parish church service starts at 6.30pm followed by a simple supper

All welcome!

NORTH WESTMORLAND ARTS – APPLEBY CONCERTS

7:30pm in Appleby Public Hall

Tickets at the door or online

Sun 29th Jan: Wissam Boustany – Flute £20
Aleksander Szram – Piano
Martinu, Tchaikovsky, Stankovych,
Tárrega, Mouquet

Sun 26th Feb: Budapest Café Orchestra £20
Traditional folk and gypsy-flavoured music
from across the Balkans, Klezmer laments
and Hungarian Czardas.

www.appleby-concerts.org.uk



E-mail: enquiries@appleby-concerts.org.uk

Tel: 017684 83777

Services in our Anglican Churches

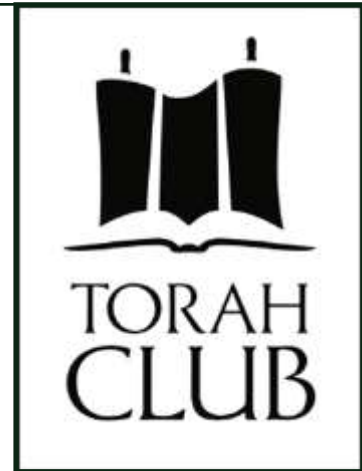
<p>Sunday 5 February <i>3rd before Lent</i></p> <p style="text-align: right;"><i>Welcomer:</i> Isaiah 58:1-9a [b-12] 1 Corinthians 2:1-12 [13-16] <i>Green</i></p>	<p>Orton, 10.30am Holy Communion <i>Sandra Ward</i></p> <p style="text-align: right;"><i>Welcomer:</i> Olive Bland Keith Capp Margaret Longworth <i>Prayers:</i> Chris Bland</p>	<p>Tebay, 10.30am Songs of Praise at the Methodist church</p>	<p>Ravenstonedale, 10.00am All Age Worship <i>Fran Parkinson</i></p> <p style="text-align: right;">David Morris Caroline Morris</p>
<p>Sunday 12 February <i>2nd before Lent</i></p> <p style="text-align: right;"><i>Welcomer:</i> Genesis 1:1-2.3 Romans 8:18-25 <i>Green</i></p>	<p>Orton, 8.30am Holy Communion (BCP) <i>Chris Jenkin</i></p> <p style="text-align: right;"><i>Welcomer:</i> Mary Jenkin Mary Jenkin <i>Prayers:</i></p>	<p>Tebay, 10.30am Service of the Word <i>Rosemary Campbell</i></p>	<p>Ravenstonedale, 10.00am Holy Communion <i>Bishop James Bell</i></p> <p style="text-align: right;">Ian Torkington Richard Best</p>
<p>Sunday 19 February <i>Sunday next before Lent</i></p> <p style="text-align: right;"><i>Welcomer:</i> Exodus 24:12-18 2 Peter 1:16-21 <i>Green</i></p>	<p>Orton, 10.30am Café Church style service <i>Team</i></p> <p style="text-align: right;"><i>Welcomer:</i> Keith & Janet Capp <i>Prayers:</i></p>	<p>Tebay, 10.30am Holy Communion <i>Chris Jenkin</i></p>	<p>Ravenstonedale, 2.00pm United Service at the Methodist church</p> <p style="text-align: right;">Diana Fothergill Hilary Law</p>
<p>Wednesday 22 February <i>Ash Wednesday</i></p>	<p>Orton, 7.30pm Service of Ashes <i>Sandra Ward</i></p>		
<p>Sunday 26 February <i>Lent 1</i></p> <p style="text-align: right;"><i>Welcomer:</i> Genesis 2:15-17, 3:1-7 Romans 5:12-19 <i>Purple</i></p>	<p style="text-align: center;">United Service at All Saints, Orton, 10.30am</p> <p style="text-align: center;">Holy Communion <i>Chris Jenkin</i></p> <p style="text-align: right;"><i>Welcomer:</i> Chris Bland Andrea Dutton Elizabeth Crossley <i>Prayers:</i> Martin Lawson</p> <p style="text-align: right;">Zoom meeting number: 894 1727 3600</p>		



<p>Church Contacts Anglican Church</p> <p>Vicar Vacancy Curate On placement Mission Community Administrator Joyce Keetley 07741 327318 applebymc@carlisediocese.org.uk</p> <p>Retired clergy Sandra Ward 24213 (Penrith & Keswick Hospital Chaplain) Christopher Jenkin 24410</p> <p>Orton with Tebay</p> <p>Churchwardens Chris Bland 24258 Linda Garrick 24262 Martin Lawson 26028</p> <p>PCC Secretary Susan Thorpe 24166 s.thorpe669@btinternet.com</p> <p>Treasurer Bill Lawler 24465</p> <p>Local lay minister Rosemary Campbell 24837</p>	<p>Ravenstonedale with Newbiggin-on-Lune</p> <p>Churchwardens Ann Brownrigg 23594 Martin Windle 07899 907958 Tim Parkinson 23393</p> <p>Secretary Suesi Windle suesi.windle@googlemail.com</p> <p>Treasurer Tim Parkinson 23393</p> <p>Methodist Church</p> <p>Revd Stephen Radford, 017683 71202 stephen.radford@methodist.org.uk</p> <p>Roman Catholic Church Fr John B Winstanley Church of Our Lady of Appleby 01768 862273</p> <p>New Beginnings Church Pastors: Barry & Karen Hawthorne 07437 468896</p>	<p>Baptisms, Weddings and Funerals</p> <p>If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318 or applebymc@carlisediocese.org.uk.</p> <p>Pease make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc. stephen.radford@methodist.org.uk</p>
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Services in our Methodist Churches

	2022 / 2023	5 th February	12 th February	19 th February	26 th February
			Racial Justice Sunday		First Sunday in Lent
*Tebay M P 1-1300 M H B	10.30	A Sterling US OA	B Staley	A Rowell	J Ousby
	6.30		Cnrxn Svce at Brough		
Shap (Class of Tebay)	10.30	S Radford Cov	6.30 Cnrxn Svce at Brough		
#Orton M P Complete M H B PB EW	10.30	J & L Riley	LA	A Pallister	C Wightman OA
	6.30		Cnrxn Svce at Brough		
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	LA TP OA	LA TP OA	S Radford Cov HC	LA TP OA
	6.30		Cnrxn Svce at Brough		
*Ravenstonedale M P 1-1144 M H B H & P	2.00	LA	A Sterling HC	S Radford US	R McGregor
	6.30		Cnrxn Svce at Brough		



A Conversational Bible Study Group in Orton

for Christians and Jewish believers in Jesus.

Are you interested in studying the Holy Scriptures in their historical, linguistic, and cultural context.

A new course starts in October entitled The Beginning of Wisdom. Using the latest scholarship, ancient Jewish sources, and extra-biblical literature, First Fruits of Zion presents a Messianic Jewish study of the Bible and early Jewish Christianity.

For details of the club starting soon in this area go to:

<https://torahclub.ffoz.org/public/clubs/TC-4422>

Or call Stephen in Orton on 07834 189692

Wild Wanderings

Sunday 19th February
4pm - 5pm walk
5pm - 6pm shared tea
Meet at Tebay Chapel

Come and join us to **connect** with each other & the divine in creation
to **reflect** on where we are & who we are called to be
to **act** together to create the change we want to see.

Walk with us, or stay and prepare refreshments for later

A gathering for our community, for people of any age and background
Local walk: a couple of miles, whatever the weather - meet at the chapel, dressed appropriately!
Please bring a plate of savoury or sweet finger food to share.
For further details, please contact Pam on 01753 462969



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We meet on 2nd Thursday of the month. Doors open at 7pm for refreshments and char. Our sung worship will begin at 7.30pm. All welcome for a relaxed evening.

9th February 2023 @ 7 for 7.30pm

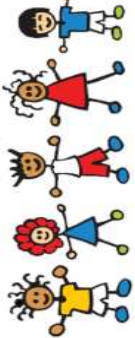
Appleby Hub, Chapel Street,
Appleby-in-Westmorland
www.thefillingstation.org.uk





We hope you enjoy this page. Please let us know if you have any ideas of what else you would like to see here.

Forgiveness

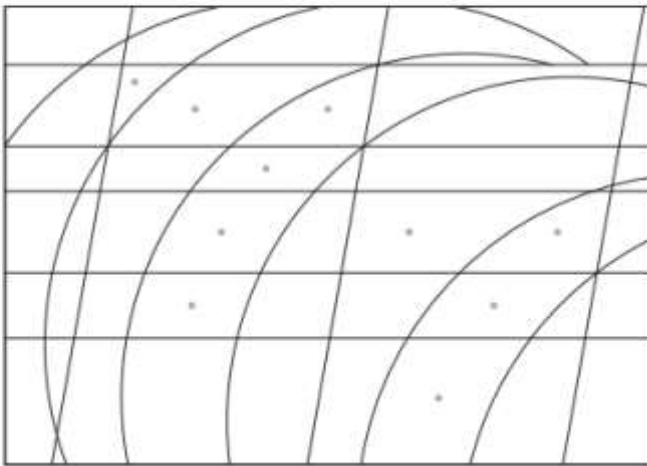


* Read these verses from the Bible: **Matthew 18 v 21-35**
Jesus teaches that we should always forgive.

* You can find an online Bible here: <https://www.biblegateway.com/>
We suggest you choose the Message translation.

Draw

Colour the dotted sections to reveal the number of times Jesus told Peter to forgive someone.



Write

Can you think of something or someone that you could forgive beginning with each letter of 'forgive'?

F

O

R

G

I

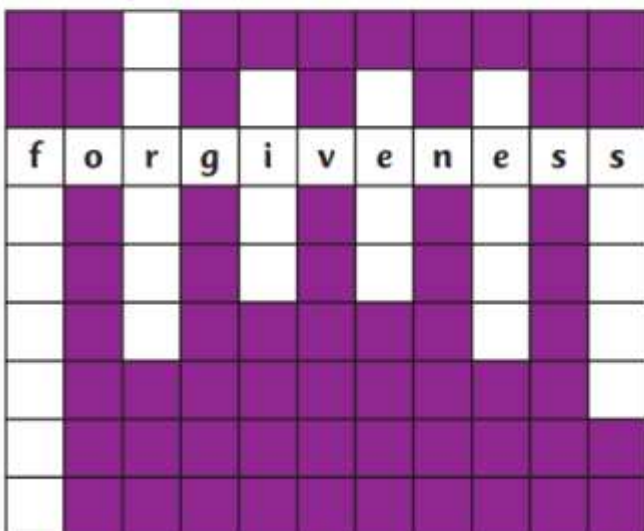
V

E

???????

Puzzle

Can you fit these forgiveness words into the grid?
sorry, debt, forgive, mercy, pardon, pity



Talk Is it easy to forgive someone, if they do something wrong to you more than once?

Do If someone annoys or upsets you this week, stop, count to seven and forgive them.

Upper Eden Medical Practice

Covid Vaccinations update

We are no longer giving first vaccines here at the Surgery. We have now attempted to contact all patients who are due their second vaccines. If anyone feels they may have been missed then they need to contact us urgently.

The following information is on our website:

COVID vaccination certification

We are unable to issue this certificate at the practice. Please see the [Gov.uk website](https://www.gov.uk) for further information. Proof of your vaccination status will be available on the **NHS app**, which is also valuable for accessing your health records and ordering repeat prescriptions. Alternatively, you can call the NHS helpline on 119 and ask for a letter to be posted to you. This must be at least 5 days after you've completed your course of the vaccine, the letter may take up to 5 days to reach you.

Shingles vaccination

Patients become eligible for routine vaccination against shingles when they become 70 years of age and all those aged up to and including 79 years are now eligible to receive the vaccine until they become 80 years of age. Individuals who were eligible for the Shingles vaccination programme who turned 80 years during the COVID-19 pandemic and missed the opportunity to be vaccinated, either due to lockdown or because they were shielding at home and unable to attend their general practice, can continue to be vaccinated up to 31st July 2021.

Please contact the Surgery to book an appointment.

Seasonal flu/Covid booster vaccination information:

This year the Practice will be contacting all eligible patients for their flu vaccination and likely Covid booster to be given at the same time. Patients will be contacted in eligibility order and given an appointment time. Please can we ask patients to **wait for the Practice to contact them** as we are still awaiting information regarding the Covid vaccine boosters.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015



Orton Surgery and Shap Medical Practice

Current Procedures

The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face to face consultation is necessary the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment. Surgery appointments remain being kept to a minimum to reduce the risk of infection to our patients and staff. Please do not attend the surgery without an appointment and please check the NHS111 website if you are unwell with coronavirus symptoms. When attending an appointment at the Practice, face masks must be worn at all times within the building, unless you are exempt due to medical reasons. Hand sanitisers are placed throughout the building and we request all patients to use these.

Online Consultation

We still offer online consultations using the eConsult. Please see the website www.shapmedicalpractice.co.uk to find out more about this.

Orton Surgery

There continues to be no Doctor appointments at Orton Surgery for the time being. Medication is available for collection every Tuesday between 10am and 11am.

Dispensary

Shap medication is now being collected from inside the main foyer of the Practice.

COVID Vaccinations Update

We continue to offer COVID vaccinations at the Practice. Please contact us if you are due your booster.

Staffing Updates

Dr Chris Kehoe left the Practice in the summer and is now working as a Locum GP and as a salaried GP at CHOC where some of you may meet her if you need to see a doctor out of hours. We welcomed Dr Hannah Judson at the Practice as a GP Partner in September. She has already become a highly valued member of the team. She came to us from Appleby Medical Practice and is a qualified GP trainer. We are hoping to start training GPs as well as medical students later this year. Our Practice Manager Sue Graham retired in March 2021 and Wendy Hancock has since taken the role of overseeing and developing the Practice. Wendy previously worked within the Clinical Governance and Safeguarding teams at CHOC and NWS. We are also very pleased to announce the return, and promotion, of Eleanor. Eleanor returned from her maternity leave in January and takes on the new role of Reception Manager.

All of the staff at the practice would like to say thanks to our local communities for the support and encouragement we have received through what continues to be a very difficult time for the health service. The kind words that we receive do make a difference to us and are very much appreciated.

Dr. McCabe Dr. Woodstover Dr. Judson and all the staff
01931 716230 [https://www.shapmedicalpractice.co.uk/](http://www.shapmedicalpractice.co.uk/)

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MONDAY ROUTE 571: Brough to Kendal

	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

106 Bus Service

Kendal - Tebay - Shap - Penrith on TUESDAYS & FRIDAYS

	to Penrith	to Kendal Tues/Fri	to Penrith
Kendal	10.00	14.05/13.35	15.30
Tebay Mt Pt	09.32	13.28/12.58	16.02
Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
Penrith	10.30	12.30/12.00	17.00

Revised 25-11-21



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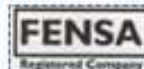
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Contact Andrew
07979 648974
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Phone area code: 015396, unless shown otherwise.

For children and young people**Orton C of E School:**

Headteacher, Mrs. Emma Pomfret

Office: Vicky Percival: 24268 ,

Friends of Orton School: Joanna Hayward: 07837 767442,

haywardjm75@gmail.com**Tebay Primary School:**

Headteacher: Mrs. Lisa Bland

Office: Tracey Morland: 24239

Friends of Tebay School: Claire Penhallurick 07986 692527

Catchment Area Secondary School:**Kirkby Stephen Grammar School: 01768 371693****For little children:**

Ravenstonedale: Dinky Dales Nursery Ltd:

Julie Procter and Keeley Morland: 23670

For older children and young people:*** Scout Group – Scouts, Cubs, Beavers**

Shap area: Jackie Wright: 01931 716490

Kirkby Stephen: Lois Wiseman: 01768 341107

*** Appleby Guides: Leigh Wilkinson: 07869 078977***** Appleby Brownies: Emma Williamson 07800 564170***** Appleby Rainbows: Sue Grainger: 07876 403895***** Kirkby Stephen Brownies & Guides:**

Audrey Gray: 07889 093848

† Northern Inter-Schools Christian Union (NISCU):Ruth Evans, ruth.evans@niscu.org.uk**† Appleby Deanery Network Youth Church Pioneer**

Minister:

Rachel Milburn, Rachel.Milburn@carlisle-diocese.org.uk**⚙ Families Together in Orton and Tebay:**

Pam Lawson: 26028

f Tebay Beginner Brass: Julie Hoggarth: 07866 378392,julie@drumandbrass.co.uk**Miscellaneous**

Orton/Tebay Parish Clerk: Margaret Longworth: 24900

Upper Eden Medical Practice, Kirkby Stephen

(with Surgery in Tebay): 01768 37136

Shap Medical Practice (with Surgery in Orton): 01931 716230

Vets:

Kirkby Stephen: 01768 371359 Appleby: 017683 51507

Shap: 01931 716024

Church Websites:Orton: <https://www.achurchnearyou.com/church/12220/>Ravenstonedale: <https://www.achurchnearyou.com/church/12221/>Tebay: <https://www.achurchnearyou.com/church/12223/>Orton Community Website: <https://ortoneden.co.uk>Orton Parish Council: <https://ortonpc-eden.org.uk>Tebay Parish Council: <https://tebaypc.org.uk>Ravenstonedale village website: <https://www.ravenstonedale.org>Ravenstonedale Parish Council: <https://www.rdalepc.uk>**Adult groups****S Archaeological Society: Jan Hicks: 01931 714122****V Arts Society, Appleby: Gillian Stoddart: 01768 862501****🏸 Badminton: Richard Percival: 24352****🎧 Bands:**

Appleby Town Band: Chris Jenkin: 24410

Kirkby Stephen Silver Band:

Caroline Souter: 017683 72376

🔔 Bell Ringers: Julian Thorpe: 24166

Bingo: Jillian Hewitt: 01931 715000

Boccia: Felicity Lawler: 015396 24465

Book Club: Clare Fox: clarefox59@gmail.comJudith Cattermole: judithcattermole2@gmail.com

Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410

Community Choir: Alison Mott: Alison@mott.me.uk**Concerts:**

Appleby: North Westmorland Arts: 017684 83777

Kendal: www.lakelandsinfonia.org.ukKendal: www.kendalmiddayconcertclub.org

First Responders: Steve Dunkinson: 24286

Folk Dance Club: Chris Bland: 24258

Greenholme Show: Keith Golding: 01931 715446**Heating Oil Syndicate: Chris Jenkin: 24410****Howgill Harriers Running Club: Admin@howgillharriers.co.uk****Local History Society, Ravenstonedale:**

Val Fermer: 07798 688057

Lunch Clubs:

The George Hotel, Orton: Bronagh: 24071

Old School Tea Room, Tebay: Bernard: 24272

Men's Meeting, Newbiggin: Jonny Capstick: 23141**Orchestra: Cobweb Orchestra: Richard Best: 23470****Quiz Team, Orton: Louis Cotter: lfc@lfcotter.plus.com****Sew and Sews, Orton: Gillian: 23653****Volunteer Social Car Scheme: Dennis Humphreys: 26052****Women's Groups:**

Orton: Pat Alexander: 24303

Lune Ladies: Wendy Dickinson 07766 833500

Mothers' Union: Angela Milburn: 24382

Women's Institute: Jackie Huck: 24266

Churches' Facebook pages:Orton: <https://www.facebook.com/AllSaintsOrton/>Tebay: <https://www.facebook.com/stjamestebay>Ravenstonedale: <https://www.facebook.com/StOswaldRavenstonedale/>

Families Together in Tebay and Orton : Pam Lawson

<https://www.facebook.com/FamiliesTogetherTebayOrton/>

Families_Together@googlegroups.com