

The Link

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



Newbiggin on Lune was blessed with sunshine for their Coronation street party. It was very well attended, and included a crown and cake competition. The Coronation Chair even turned up!

June 2023

The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We would love to hear from you about what is happening, what **you've been doing, and what you** might like to see in YOUR magazine.

Please email us with

- *your ideas,
- *your photos,
- *your news and
- *notices of your events to:

TheLinkMagazine@outlook.com

Please do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

Anne, Elizabeth, Linda,
Martin and Paula.

If you want to sign up to receive *The Link* electronically, you can do so using this link:

<https://tinyletter.com/TheLink>

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo:
Diana Fothergill

A message from Rev Brendan Giblin of grateful thanks and an Invitation to their Vicarage Tea:

Dear Friends,

One of the great blessings of our Benefice is our clergy team. They are super, and each of them does so much throughout the Churches of our Benefice. Indeed, I have often heard it said, "Where would we be without them?", which is exactly what I, coming in as the new boy, think. They bring a wealth of experience and wisdom which is greatly appreciated, and their dedication and hard work is inspirational. We all, myself certainly, owe them a great debt of thanks. Many thanks to you all.

I am delighted that, at the beginning of next month, our clergy team will have a new addition, Charles Cowling. No stranger to this area, and known by many, Charles will be ordained in Carlisle Cathedral and will serve his curacy in our group of Churches. *This is wonderful! Charles will be what we call a 'self-supporting minister'*, that is, he will continue in his secular employment and his ministry will be principally on Sundays and weekends.

Please pray for Charles, his wife Becky and all their family, as he prepares to be ordained as Deacon on Saturday 1 July at 11.30am in Carlisle Cathedral. (*More details elsewhere in the magazine*).

All of us lay people, just as much as ordained, are called to Ministry, to Christian service. When discussing with someone else what God is calling us to do, these are such useful moments. Others may see in us what we are hesitant to put into words. If you would like to talk about what God is calling you to do, then please contact us. I would be delighted to chat and pray with you.

Vicarage Tea

Suzannah and I warmly invite you to the Vicarage for a cup of tea and slice of cake on Saturday 24 June. Please pop in anytime between 2.00pm - 4.00pm. *It would be lovely to see you.*

Our address (*for those who don't know it*):

The Vicarage, Vicarage Lane, Kirkby Stephen CA17 4QX

We very much hope you can come.

With every blessing,

Brendan

THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (preferably NOT PDF format) including advertising to: TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to: Linda Garrick, 015396 24262 / finance@linkmagazine.org

We're still planning to develop stronger village links, including drop-off places for articles — coming soon...

A review of The Coronation plus Christian Aid needs YOU!

CORONATION DAY – Sat 6 May 2023

What a day to remember! *I can barely remember Queen Elizabeth's Coronation in 1953, sitting on the floor in next door's lounge in Southport watching it on a very small black and white TV!* This time, sitting with the newspaper in my hands showing the Order of Service I could follow it easily. The King and Queen looked anxious at the beginning – the Princess of Wales looked stunning, Princess Charlotte and Prince Louis both looked sweet!

The King had brought both the Service and the participating guests up to date for this Century. He had also chosen the music – all British composers and the Gospel choir were magnificent! The Page Boys were superb. For me, the one person to shine has to be Penny Mordaunt carrying the Sword of State – she was on her feet for two hours and not a waver!

After the service, the armed forces marching to Buckingham Palace were terrific! Afterwards in the Buckingham Palace grounds, they saluted the King and Queen – all in time, together!

The balcony scene showed the world who the working Royals are – including the Duke of Kent and his sister, Princess Alexander, who still play their part, albeit on a reduced scale .

It rained while the Service was taking part but cleared up for the Procession and the reduced fly past. A day to remember (and for me, to watch it all again).

Elizabeth Crossley

Supporting The Link

There are lots of ways you can support The Link — first and foremost, do please send us your news, articles, updates, photos, poems, etc. Email them to TheLinkMagazine@outlook.com

If you want to advertise, which is how we pay for the much of the printing costs of the magazine, do please get in touch — it currently costs £5 per **smallest 'square' of advertising per month (Email as above if you want to know more).**

If you want to support us financially, visit this link: cutt.ly/LinkDonate or scan the QR code on the right with your phone, or get in touch if you need another way to do so.



Christian Aid Week.

Christian Aid Week was from 14th to 20th May, we should have put the date into the May Link but sadly we forgot. Please forgive us.

During the last 3 years because of Covid, we have not done been able to do any community fundraising events.

All that we have been able to do is to encourage people to donate ONLINE & at this late date that is all that we can do again this year. If you go onto the CHRISTIAN AID website, then it is not too difficult, we have managed so it can't be too hard. If you are not online & you would like to donate then maybe a friend might help you.

Please can we ask you to consider making a donation, there are always numerous different needs in many parts of the world.

We cannot solve them all but by working together, we can jointly, make a difference.

As some of you will know, we are planning to move nearer to some of our family so we hope that we can pass on the role of Christian Aid "reps" to some willing volunteers. We have done the role jointly for about 10 years. We have been responsible for Orton, Tebay & Ravenstonedale. We hope that someone or couple (or perhaps a small group) might be prepared to take on the role. If you think that you might like to consider it, then we would be very happy give some guidance & pass on our small amount of knowledge.

Thank you to everyone for your generous support over the years.

Olive & Chris Bland.

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Let us know what else you'd like to see!

Newbiggin-on-Lune Village News & Events



NEWBIGGIN-ON-LUNE CHAPEL
SUNDAY SERVICES
10am every Sunday

Tea and Coffee to follow after the Service.

A Warm Welcome to Everyone

We have the following meetings, please contact us for further details:

Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting

For further information please contact:

Wilfred - on 015396 23600 or
Angela on 07980 418078



Folk Dance Club

Our local club meets weekly in
Newbiggin-on-Lune Village Hall

on Thursdays evenings,

7.45pm to 10pm

September to April

♪ *Singles & Couples all very welcome.*

♪ *All dances are walked through & called.*

Beginners welcome,

for any further details please
ring Chris on
015396 24258.

You are invited to
Junior Church

1st and 3rd
sunday of every
month at
Newbiggin
Chapel

During the
Sunday service
starting at
10:30am

Newbiggin-on-Lune Public Hall



Chair	Ian Clayton	015396 23226
Secretary	Jim Wardrope	015396 23288
Treasurer	Carl McLaughlin	015396 23674
Caretaker	Anne Brownrigg	015396 23594

☼ All bookings should be made with the
Caretaker

☼ All payments should be made with the
Treasurer

Facebook:

<https://en-gb.facebook.com/>



Newbiggin on Lune Public Hall

Band night and BBQ

Live music by "Lidos"

Saturday 24th JUNE. 6.30pm

Live music 8.00pm

Adults £10 Children £5

BBQ/Ice cream/Raffle/Pay bar

Booking Essential- 015396 23226

Yamaha Signature Piano Artist in Concert

J O H N N I L S E N



Newbiggin-on-Lune Methodist Church

Kirkby Stephen, Cumbria, CA17 4NT

Friday, June 3, 7:00 pm

"The musicianship is flawless." - Keyboard Magazine

**Indoor Bowls
Come and join us!**

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (first night free)

you don't need a partner, just turn up!

More information from 07880 706485

- see you there!

*An extra bit of
Ravenstonedale*

Notes for Your Diary

We are delighted to announce a series of Concerts & Recitals as follows:

- a. Saturday 17th June at 4.30-6.30pm
'Vive La France' a Concert of French music
by Cobwebs Chamber Orchestra
- b. Sunday 20th August at 3.00-5.00pm
Concert of Handel Organ Concerti and
Baroque Orchestral music
by The Wensum Camerata
- c. Sunday 10th December at 3.00-5.00pm
JS Bach Cantata No.1 from Christmas Oratorio
and Magnificat in D
by The Wensum Camerata

Further information for all events
will follow in due course.
Please also see local Noticeboards.

RAVENSTONEDALE SHOW 19th AUGUST 2023

The Ladies Committee extends warm thanks to all who
have, in the past, kindly donated prize money for classes
in the Industrial Tent

If you would like to donate prize money for a class in
the Industrial Tent at this year's show, please

email RASLadies@outlook.com

Or phone Debbie on 015396 23567 / 07871 733245



Thank you to all who supported the Coronation Afternoon Teas on Monday 8th May. A fabulous tea, entertainment by the Ravenstonedale and Newbiggin Country Dancers and an opportunity to chat with family and friends. Enjoyed by all. Special thanks to all who helped in any way towards this memorable event. Donations were for Ravenstonedale Community & Heritage Centre.



Boon Day at The Gilbertine Ruins

Saturday 13th May was a beautiful day and it proved to be a most enjoyable and fruitful one too for a team of enthusiastic volunteer gardeners. They set to work clearing moss, overgrown weeds and grass from in and around the 12th Century Monastic Ruins, which are located behind St Oswalds Church in Ravenstonedale.

The ruins were partially excavated in the 1920's. A team, led by the Interpretation Officer of Yorkshire Dales Landscape Partnership, are currently in the process of designing a new and improved Interpretation Plaque to be erected on site in place of the existing and now illegible signage. Visitors can once again read all about the interesting history associated with this site.

Watch this space for further news and developments on the progress of this project.



The Cobweb Chamber Orchestra in concert

Saturday 17th June 4.30-6.30pm
(with interval and refreshments)

At St. Oswald's Church, Ravenstonedale,
Kirkby Stephen, CA17 4NH

Performance Includes music by Debussy, Ravel, Fauré and Chabrier



Free entry, donations welcome for
The Cobweb Orchestra & St. Oswald's Church

www.cobweborchestra.org.uk
[@cobweborchestra](https://twitter.com/cobweborchestra)

Registered charity no. 1118758. A company limited by guarantees: no. 6057812, England.

RAVENSTONEDALE AGRICULTURAL SHOW

SATURDAY 19TH AUGUST 2023

INDUSTRIAL CLASSES WILL BE AS LISTED BELOW

HANDICRAFT

- | | |
|--|--|
| 72. Any cross stitch item | 83. Any homemade craft item on the theme of the coronation of His Majesty King Charles III |
| 73. Any crochet item | 84. Homemade Pin Cushion |
| 74. Homemade door stop | 85. Best Cushion (handmade) |
| 75. Homemade picture frame (photo not to exceed 7x5) | 86. Piece homemade Jewellery |
| 76. Homemade Christmas bauble | 87. Any upcycled item |
| 77. Patchwork item | 88. Favourite apron |
| 78. Handknitted garment | 89. Any homemade handicraft item made from wood, metal or pottery |
| 79. Homemade hat | 90. Handmade card for a new baby |
| 80. Bee – Any medium, homemade | 91. Handmade Bunting |
| 81. Any sewn item | |
| 82. Picture any medium | |

PHOTOGRAPHY

- | | |
|--|---|
| 92. Colour Photograph of an animal or animals | 99. Photograph of sunset or sunrise |
| 93. Colour Photograph of a Child or Children | 100. Photograph of any Agricultural Show |
| 94. Colour Photograph – View only | 101. Black and White Photograph (any subject) |
| 95. Colour Photograph – Winter scene | 102. Wildlife Photograph |
| 96. Colour Photograph – With a suitable caption | 103. A Sporting Action |
| 97. Photograph of local scene/building taken in Ravenstonedale Parish | 104. Photograph of a water scene |
| 98. A Collection of 4 Photographs on the same theme -To be mounted on card | 105. Photograph taken from an unusual angle |

CHILDREN'S CLASSES

- | | |
|---|--|
| 106. Any Painting (under 2 years) | 123. Handwriting Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 5-6) |
| 107. Any Painting (2-3 years) | 124. Model made from recycled material |
| 108. Any Painting (4 years) | 125. Pasta picture |
| 109. Collage (under 2 years) | 126. Novelty Animal made from fruit and/or veg |
| 110. Collage (2-3 years) | 127. Handwritten limerick with a first line of "There once was a farmer called Sam" |
| 111. Collage (4 years) | 128. Painted stone |
| 112. Sewing Class (pre school) | 129. Salt dough item (Reception to year 6) |
| 113. Favourite socks | 130. Decorated gingerbread man – biscuit does not need to be homemade |
| 114. Drawing of an animal –on A4 Paper | 131. Decorated crown – any medium |
| 115. Picture using dots, spots or stars (or all three) | 132. Flowers in a mug |
| 116. Handmade Christmas Decoration | 133. Homemade Book Mark (exhibit not to be accompanied a book) |
| 117. Decorated flower pot | 134. Homemade Edible birds' nest |
| 118. Dressed wooden spoon | 135. Zoo on a tin lid |
| 119. Handwriting of own name (pre-school) | 136. Lego model – own design |
| 120. Handwriting Envelope addressed His Majesty The King, Buckingham Palace London, SW1A 1AA (Reception) | 137. Scarecrow – any size |
| 121. Handwriting Envelope addressed to His Majesty The King, Buckingham Palace London, SW1A 1AA (Years 1-2) | |
| 122. Handwriting Envelope addressed to His Majesty The King, Buckingham Palace London, SW1A 1AA (Years 3-4) | |

Confectionery Classes for children aged 11-16 Years

- | | |
|---|------------------------------|
| 138. Homemade Pizza (round) | 140. Four homemade jam tarts |
| 139. Four sausage rolls – shortcrust pastry | 141. My favourite cake |

Handicraft Classes for children aged 11-16 Years

- | | |
|---|--|
| 142. Handknitted handsewn or crochet item | 144. Handmade 18" birthday card – any medium |
| 143. Any handmade felted item | 145. Homemade money box |

Photography Classes for children

- | | |
|--|--|
| 146. Colour Snapshot – taken by Child 5-14 years | 147. Child's Favourite Animal taken by a child |
|--|--|

Additional information in the schedule. Queries to RAStadies@outlook.com



ALL SAINTS CHURCH, ORTON

next market

Saturday 10th June

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk

ORTON 
FARMERS' MARKET
held 2nd Saturday of every month

All Saints Coffee Morning
at the Farmers Market
in May raised a total of £462.60.

Many thanks to all who came and drank tea or
coffee, or bought bric-a-brac
— and of course, to all our helpers
who made it possible.

BOCCIA

in ORTON MARKET HALL

♿ Not only for para-Olympians,
- but a **fun game for everyone!**

Sessions are on alternate THURSDAY
afternoons from 1.30pm to 3.30pm



For more details please contact
Felicity Lawler Email:- fglawler@gmail.com



BINGO

ORTON MARKET HALL

FRIDAY 9th JUNE

ALL WELCOME
7-30pm

TEA AND COFFEE
RAFFLE

MONEY RAISED TO
ORTON MARKET HALL
AND
EDEN ANIMAL RESCUE



ORTON DROP IN
COFFEE MORNING
AT THE CHAPEL SCHOOLROOM
EVERY WEDNESDAY
10.30 - 12.00
Everyone welcome
Come and meet new friends
Its free! We are an independent and non-
profit community service for anyone who
would like to meet up and chat every
Wednesday morning

Bell Ringers from Orton, Appleby, Bampton and Shap who took part in **"RING FOR THE KING"** on Sunday 7th May 2023 at All Saint's Church, Or-



BACK ROW: James Thorpe, Sue Grainger, Julian Thorpe, Sarah Hall, Jan Labram, David Merritt, Janet Capp, Janet Shepherd
FRONT ROW: Emma Gerrard, Susan Hope

The Orton Proms

A series of summer concerts

Harp Haven – Lauren Scott

Sunday 2nd July 7:30pm, Adults
£6.50, Children free.



Bradley Creswick Trio
Saturday 29th July 7:30pm, Adults
£10, Children £5.



The Music of Simon and Garfunkel

Friday 25th August 2:30pm and
7:30pm, Tickets £15

Venue – Orton Market Hall, Orton, Cumbria. CA10 3RU
www.ortonmakethall.com

ALL SAINTS' CHURCH ORTON.

Sat 27th May to Sun 4th June

100 YEARS OF DISNEY

WEEKDAYS, 11am. to 5pm.

SUNDAYS, 1pm. to 5pm.

Refreshments Served
In CHURCH Each Day.

Both SUNDAY Services at 10.30am.

For further information please

Tel. 015396 24617 or contact any PCC member.

SCARECROWs in the Village
DISNEY CHARACTERS



Part Time 0.5 Teacher Fixed Term MPS

Orton CE School is 'A happy place to learn, grow and thrive'

The Governing Body of Orton CE School is looking to appoint an outstanding and committed class teacher to join our friendly staff team. We are ideally looking for someone to teach afternoons but there may be some flexibility depending on the successful candidate. If budget allows there may be the possibility of additional hours and supply cover as required.

NQT's are welcome to apply.

For further information and an application pack please see the school website or email head@orton.cumbria.sch.uk

www.ortoncofeprimary.co.uk

Closing date: 12 noon Monday 12th June 2023



After School Club Leader

After School Club runs from 3.30pm - 5.30pm Monday to Friday during term time. Our Clubs provides a vital service to many of our families.

We are looking for someone to lead our After School Club supported by an assistant.

We are looking for someone who has experience working with 3 – 11 year olds, with an NVQ – Level 3 in child care or equivalent.

To Start 1st September (or possibly sooner)

HOURS 3.20pm – 5.30pm Monday to Friday

£11.42 per hour on timesheet.

Applications close on Friday 16th June at 12 noon and should be made on the CCC application form. An application pack can be found on our school website.

<https://www.ortoncofeprimary.co.uk/current-vacancies-1/>

Contact Telephone – 015396 24268



Part-Time Teaching Assistant Maternity Cover

Orton CE School is 'A happy place to learn, grow and thrive'

The Governing Body of Orton CE School is looking to appoint a committed and passionate Teaching Assistant for two and a half days a week from September 2023 to cover a Maternity leave until the return of the postholder - approximately 1st May 2024.

Tuesday mornings, Wednesdays and Fridays.

The current post holder also leads After School Club and covers some Midday Supervision. Please indicate in your application if you would be interested in these other roles in addition.

TA Salary: PCD5 £21,968 per annum – part-time, pro rata, term time only

For further information and an application form please see the school website or contact school.

<https://www.ortoncofeprimary.co.uk/current-vacancies-1/>

Telephone: 015396 24268 email: admin@orton.cumbria.sch.uk

Closing date: 12 noon Friday 16th June 2023

Methodist Connexional Service at Intake Farm, Gaisgill



News from rton School

Four fabulous classes have experienced four very different and fantastic

Class 1: Sunbiggin Sculpture



We went to look at the circle and we looked through it. We saw school and the water. We went on Sas' bus and then we walked and walked and walked. Xander C

Class 2: Kendal Fire Station



We went to the Kendal Fire Station. My best bit was spraying the hose because it was the only bit with water and I love water! Sadie B

Class 3: Hawse End Residential



On Thursday in the afternoon we went ghyll scrambling... we went in the tunnel of doom. I felt o.k but a bit frightened and it was very dark and we couldn't see. At the end we had to jump in. Rosie P

Get in touch by email or phone:
admin@orton.cumbria.sch.uk
01539624268

Follow us on Facebook:
<https://www.facebook.com/OrtonCEPrimarySchool>

Class 4: London



We went to Tower Bridge and looked down the glass floor...quite scary! We then went to the Houses of Parliament and met Dr. Neil Hudson our M.P. Finally we went to Buckingham Palace. Jack T





**The Square,
Orton, CA10 3RX
015396 24225**

*****We sell a large selection of general grocery items including your favourite branded items*****

Opening Hours – Village Stores

Monday 9 am to 6 pm
Tuesday – Saturday 8 am to 6 pm
Sunday 10 am to 2 pm

Opening Hours – Orton Post Office

*(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive)**

Tuesday 9 am to 5 pm 3:45 pm
Thursday 9 am to 5 pm 3:45 pm
Saturday 9 am to 4 pm 11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

There is also a post-office in Tebay, open on:

Monday 9am—1pm & 1.30pm—5.30pm
Wednesday 9am—1pm & 1.30pm—5.30pm
Friday 9am—1pm & 1.30pm—5.30pm

What’s on at Orton Market Hall?

Orton Market Hall is available to book for meetings, courses, parties and much more.



Facilities include oven, dishwasher, warming oven, place settings for 100, projector, hearing loop, sound system.

Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am Yoga 7:00-8:15pm
Thursday	Badminton 7:00-9:00pm
Friday	Bingo – 2 nd Friday of the Month 7:30-9:00pm
Saturday	Orton Farmer’s Market – 2 nd Saturday of the month 9:00-2:00pm
Sunday	New Beginnings Church 10:30am-12:30pm

Badminton 01539624352, **Boccia** 01539624465,
New Beginnings 01539624059, **Pilates** 07375082111, **Yoga** 07950435136

Bookings: phone or WhatsApp 07541760839 after 4pm
bookingsortonmarkethall@gmail.com

ORTON PARISH COUNCIL

Orton Parish Council met on 17th April and the following issues were debated:

1. Roads

The state of the roads throughout the parish was generally considered to be poor, with numerous potholes. The chair urged folk to report highway defects to the Westmorland & Furness Council via their website (streets, roads and pavements/report a problem). Representations had been made to that Authority to place the 30 mph sign at the entrance to the village from the Tebay end further back, to slow traffic down on the approach to the village.

2. Housing

The Parish Council had been consulted by the Yorkshire Dales National Park Authority about their Local Plan housing allocation. It was felt that any new housing development should be for affordable homes for local people.

3. Events

It was agreed to provide financial support for the Scarecrow Festival in the village and for the Coronation celebrations and the Big Community Lunch.

The Coronation Big Lunch 7th May 2023, Market Hall, Orton.



The decoration of the village started at the beginning of May with Flags and Bunting and the decoration of the Market Hall started in the afternoon of 'Coronation Day'. Many helpers came to set out tables and chairs with plenty of space for any who would like to come to the Lunch. The day dawned bright and the finishing touches were put to the decoration of the Hall with party hats, balloons, bunting and crowns. A throne was placed in the corner ready for anyone who wanted their photo taken as **'Monarch for a Moment'**. Lots of superb Raffle prizes were laid out on the stage all kindly donated by various local businesses and local individuals - there were vouchers from several local

eateries, food hampers and bottles, toys and gardening equipment, far too many to mention them all. The doors were thrown open at 11:30 and immediately, people started to arrive, some bearing platters of food and various drinks to add to those already there. There was even a hot Chilli for everyone to enjoy. All the tables soon filled up and a merry buzz of conversation was heard even outside. Raffle tickets were available to buy by the entrance and helpers even went round the tables to sell them. There were lots of helpers serving Hot and cold drinks, not forgetting the Champagne for this Special Occasion!

A lovely time was had by all and the grand sum of £227.00 was raised for the chosen Charities. The organizer (Paula) would like to take this opportunity to thank every one who gave their time to help, before, during and after the event.

A big thank you also to everyone who came and gave so generously to the raffle.



The Big Help Out Litter Pick, 8th May 2023

Monday turned out to be rather damp, but even so an intrepid band of Litter Pickers turned out at the Market Hall. Teams were sent out on the roads leading into the village, up the Scar, out towards Shap and to Tebay. Loads of litter was picked resulting in a huge number of bags and even a large trailer tyre! I am sure the roadside verges looked far better, if even for a short while! A BIG THANK YOU to those who volunteered for this.

Please bear in mind that this is a constant job so the regular litter pickers would welcome people to join them; if you are interested in helping out

please contact the Parish Council and they will give you the contact details.



Tebay celebrates the Coronation

As hundreds of thousands gathered in London to celebrate the Coronation of King Charles III, **Tebay Sports and Social Club threw open its doors to welcome the village to celebrate this** historic event. Bedecked in the union flag and all things Royal, a vast array of cakes, traybakes and scones adorned the tables ready to be served up with tea and coffee to those who wanted to come together to watch events unfold on the big screen. People from all walks of life joined the celebration, including a lady from Ilkley staying locally whose daughter formed part of the gun salute in Hyde Park. Sparkling Elderflower & Raspberry was served to toast the new King and Queen as they departed the Abbey and a rousing chorus of God Save the King rounded off the morning. Activities for children kept the interest of the younger members of the audience, including colouring pages and flag making—although at only 2 days old our youngest visitor managed to sleep through main event!! Thanks must go to the WI and others for the wonderful cakes and scones.



Sunday saw people come together once more to celebrate the Coronation Big Lunch at Tebay Chapel. As part of the monthly village warm welcome which is held on the first Sunday of every month, people once again gathered to share a finger buffet and spend the afternoon chatting, playing games and reflecting on their own memories of the monarchy.



A rainy Monday morning brought the Big Help Out. A hardy group braved the rain to go around the village with their bin bags and litter pickers to clean up our beautiful village. Over 12 bags of rubbish were collected and the dog poo bags were replenished around the village before the group returned to Tebay Club to warm up with bowls of soup and bacon butties. Thanks to Westmorland for their generous donation of the bacon for the volunteers.

Thank you to everyone who planned, helped, supported, joined in or came along to any of the events.

We really are a small village with a big heart.



Families Together on the Farm

If you would like to find out more about Families Together in Tebay and Orton, who are one of the organisers of the Tebay Community Sports Day, do visit their Facebook page [FamiliesTogetherTebayOrton](https://www.facebook.com/FamiliesTogetherTebayOrton)

TEBAY PRIMARY SCHOOL

Class 2 were invited to take part in a cross-country festival hosted by Hunters Hall School, Penrith on Tuesday 25th April. The children showed great resilience and determination, 2 of the children AJ and Amber finished in the top 20 of their age group..... well done to all the children that took part.

As part of their topic learning about the Romans, Class 2 visited Vindolanda and the Roman Museum Class on Wednesday 3rd May. They learned what life was like in Roman Britain and about the work of the archaeologists at Vindolanda.



The children in Class 3 have had individual group climbing sessions at Kendal Climbing Wall. There are many benefits from climbing including: learn persistence, safety, resilience, build confidence, trains risks, gross motor skills, communication, team work, responsibility, finding focus, problem solving, goal setting and much, much more!



Coronation Celebration's:

The whole school celebrated the King's Coronation on Friday 5th May. Everyone enjoyed a 'Royal' afternoon tea with sandwiches made by the children and scones kindly made by Mrs Capstick. All children were invited to bring into school something to put into a time capsule. The time capsule was filled and then buried in the school grounds. Bunting was then put up on the school fence and a large picture made by the children of King Charles was displayed at the front of school.

Village celebrations were held over the bank holiday weekend with FOTS holding a family afternoon at Tebay Club, children and parents enjoyed a delicious buffet, games and dancing. Molly won the best crown competition.....well done Molly! Thank you to everyone who supported this event.

A number of children from school joined volunteers on Monday 8th May to help with the 'Big Village Clean Up', 10 bags of litter were collected. Bacon sandwiches, soup and cake awaited the volunteers on their return at Tebay Club.



Thanks to Eden Valley Sports Partnership for hosting a TAG rugby festival at Penrith and an Orienteering competition at Hackthorpe that children from Tebay Primary School took part in.

Friends of Tebay School.

FOTS held a very successful Bingo fundraiser on Saturday 22nd April at Tebay Club in memory of a dear friend of the school Amanda James, raising £600.00. Thank you to everyone who sent in prizes, raffle prizes and who supported the event in any way.

Thank you to the Cross Keys Inn, Tebay for hosting a car boot sale on Sunday 23rd April.

Upcoming events:

Wednesday 28th June – Cakes and sandwiches for Tebay fell race.

Friday 22nd September – Auction of Promise and Live Music at Tebay Club.

We really appreciate the support our community gives to the school, thank you from us all.

The year six 6 children have all taken part in White Rose Hub online maths tutoring. Jacob in particular received a prize for recognition of determination and excellence in online maths tutoring. ☆ Well done Jacob, we are all very proud!!!



If anyone would like to visit the school please contact the school office to arrange a suitable time and date, we would be delighted to show you round our school.

'A SMALL SCHOOL WITH A BIG HEART'.

We have spaces available in school and for Nursery for September 2023 January 2024 and April 2024.

Please contact the school if you would like any further information.

admin@tebay.cumbria.sch.uk or 015396 24239

Visit our website: www.tebay.cumbria.sch.uk

Find us on Social Media:

Facebook - www.facebook.com/TebayPrimarySchool

Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Do visit us:

In person — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: facebook.com/TebayPrimarySchool

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239



ST JAMES CHURCH, TEBAY

Peregrine viewpoint returns to Malham

A viewpoint is now open at Malham Cove for people to watch the world's fastest animal, the peregrine falcon, up close.

The recent opening marks the return of the [Malham Peregrine Project](#), a long-running partnership between the Yorkshire Dales National Park Authority and the RSPB, which was paused during the 'Covid years'.

The free public viewpoint is at the base of the Cove. Volunteers will be on hand to show people the birds through telescopes from 10.30am to 4.30pm on 19-20 May, 16-17 June and 21-22 July.

The Member Champion for the Natural Environment at the Yorkshire Dales National Park Authority, Mark Corner, said: *"The Yorkshire Dales National Park is a great place to see wildlife and Malham Cove is perhaps the best spot to see peregrine falcons. This is the 30th year that they've been nesting here."*

THE HUB

Tebay Community Library & Drop In
in the Hub
St. James' Church,
Tebay



Every Monday morning
10.30am - 12.30pm

* Refreshments * Books to borrow and buy

All ages welcome

Any spare time on Tuesday afternoons?

Come and join us at
Tebay Methodist school room
from 2pm — 4pm, for games & crafts,
a cup of tea & a natter.

You will be very welcome!



Opening hours:

- Weds, Thurs, Fri 7pm to close
- Saturday 4pm to close
- Sunday 3pm to close

* Big Screen TV * Sky Sports * BT Sports
* Pool table * Snooker table
• Darts boards

* Function room & kitchen for hire
(free to hire for members)

* Prize Bingo & Cash Bingo on
alternating Sundays
* Free WiFi

WHAT'S ON?

- * Sunday 4th June - prize Bingo 7pm
- * Saturday 10 June - Champions League Final LIVE on the big screen
- * Sunday 18th June - prize Bingo 7pm
- * Saturday 24th June - **80's night**, 7:30pm till late
- * Wednesday 28th June - Tebay Fell Race, registration from 5.30pm



ROYAL BRITISH LEGION

TEBAY BRANCH

Tebay Royal British Legion was created in 1928.

In order for us to achieve our 100 year centenary we need new members to join us. We currently do not have enough members to continue as a branch, and will close in the next few years.

Meetings are held a maximum of four per year, alongside the traditional Remembrance Service in St. James Church each year in November.

Come and join us!

Membership is open to everyone so you do not have to be ex-Service, and the fees are £18 per year. We would especially welcome members from Orton and the surrounding areas.

We look forward to meeting you and with your help we can achieve our centenary.

If you would like to join our Branch or if you require further information, please contact Alison Wass on 07968 997867

TEBAY PARISH COUNCIL

Tebay Parish Council met on 26th April to consider the following:

1. Sculpture on the Roundabout

An artist had been found to make a representation of a steam engine to be placed on the roundabout, subject to planning approval in due course. A plan showing the final design would be circulated for comment in the near future.

2. Defibrillators

One of the councillors had kindly volunteered to inspect the equipment on a monthly basis to make sure that all five defibrillators are in good order.

3. Trees, Paths, Bus Shelter, etc.

Some trees had suffered from the ash die-back disease and would be made safe or removed. The horse trough was in need of some restoration and wording could be added to note the Queen's Platinum Jubilee and the Coronation of King Charles III. It was agreed that the bus shelter by the recreation ground could be used as a book swap with donations invited for charitable purposes. The highways authority would again be reminded that a dropped kerb was needed near the Services. Residents were reminded that the footpaths should be used on foot only, and not with vehicles.

71st GREENHOLME GALA AND AGRICULTURAL SHOW

on Saturday 10th June 2023

Entrance: **Adults £4 .00**
Children under 16 £1.00

* Entries must be on field for 9.45am

* Sheep judging open to Public from 10am

** Marquee opens after Judging complete approx. 12.30. **

* **Children's Races 1pm approx** * **Dog Show 1.30pm approx**

* Prize giving 3.30pm approx *

* Bacon Rolls, Teas, Cakes, Ice Cream *

See latest updates on  - Greenholme Agricultural Show and Gala
or email - greenholmeshowsecretary@gmail.com

Thank you for supporting your local Show

Temp Misc "Bits & Pieces" (due to Coronation write-ups & photos)

'A MONARCH A MINUTE' report by Kathy Trimmer

A Monarch a MinuteThe Vagabonds latest production was a history lesson but a lot more fun than any history lessons I remember from school.We are welcomed into Westminster Abby by the Tour Guide where, we are told, almost every King and Queen has been crowned for over a thousand years. The tour moves on but one man, Hugh, is a bit 'toured out' having done the Tower of London that morning. He opts to sit alone in a pew and wait for his wife to return.He was wondering if the walls could talk when two of the statues came to life and then take him, and the rest of us, through almost a thousand years of History. One statue, Norma, was part of the original Abby and Agatha was installed when the abbey was rebuilt in the 13th century.First they meet the ladies who are being paid to embroider lengths of white cloth. One suggested that they could be creating something historical. It would be taken to France and be called 'The Bayeux Tapestry'. It didn't stop them complaining though about how many boats, knights and horses they had to embroider for the Battle of Hastings. One of them managed to stab her thumb but didn't think her blood would be noticed amongst all the dead soldiers.King Stephen was the last of the Normans and in 1135 Henry II, the first of the Plantagenet was crowned. Their emblem was the cheerful yellow broom that grows all over the place.He established the common law system and brought in Trial by Jury but didn't save Thomas a Becket who was murdered on the steps of Canterbury Cathedral.He was followed by Richard I, Richard the Lionheart, who was always away on Crusades. His brother John succeeded him. He was always at home and fell out with everyone, including the Pope and the French. The barons made him sign the Magna Carta in 1215. 'The King is not above the law'.He managed to lose the Crown Jewels in quicksand crossing The Wash and died suddenly after indulging in some iffy alcohol.His son, Henry III, was only nine and crowned in Gloucester where he happened to be with his mother when he ascended the throne. His mother's bracelet was used as a crown. He had another coronation in Westminster Abby when he was thirteen.He rebuilt The Abbey and the Tower of London, which included a zoo and received an elephant from the King of France. It had to be walked from Tilbury Docks and, as no one had ever seen an elephant before, the streets were crowded.The Stone of Scone appeared next when it was taken to Westminster Abby to be part of the new Coronation Chair for the coronation of Edward I.Goldie (the chair) and Hamish (the stone) are reunited, much to the annoyance of Hamish who would rather be at home in Scotland.The 100 Years War followed and the aisle of St Oswald's became the scene of many battles, commented on 'football match style' from the pulpit.

Next there was The Wars of the Roses between the Houses of York and Lancaster.There were so many monarchs that some people didn't even know who was king. Poor Effie, an inmate of Bedlam, decided it was easier to stay where she was than try to keep up with the name of the king. A bit like it's been with us and Prime Ministers over the last couple of years.The last king of the House of York was Richard III and we all know where he ended up!Next were The Tudors which included the much married Henry VIII. He finally married a local lass, Katherine Parr who survived him.We move on through the Stuarts and the Hanovers which included two James, two Charles, two Williams and four Georges.George I had to be crowned in Latin because he couldn't speak English.Samuel Pepys appeared next, recording the coronation of Charles II in great detail. The last monarch of the House of Hanover was Queen Victoria who reigned almost as long as the queen most of us have known for all our life, Elizabeth II.There were four coronations in the first half of the twentieth century:Edward VII and George V who changed the family name to Windsor. He was followed by Edward VIII who abdicated before he was crowned. The crown was then passed on to his younger brother, George VI and Princess Elizabeth became 'Heir Apparent'. 'And the rest' as they say 'is history'.Now we have King Charles and Queen CamillaThe evening concluded with the chair (although I'm sure there were a couple of ex 'Old Spice' girls there). They should have been practicing Handel's Zadok the Priest which has been played at every coronation since George II. However, thanks to 'predictive texting' it became Zorba the Greek which everyone thought a lot more fun and they all knew the steps.The Tour then returnedGoldie, the Coronation Chair flirtatiously tried to tempt the Stone of Scone into a dark corner and Hugh amazed his wife Doreen by telling her all he had learned from listening to the walls, and proposed a trip to France to see the Bayeux Tapestry.Well, I learnt a lot and it was so much fun. I just wish that Joan Barnard had been my history teacher.The Vagabonds' next production will be 8th and 9th December. Joan has no idea what it will be about -we all have to wait and see but put it in your diary now.



Image courtesy of the Dales Countryside Museum



Exhibit 'A' Gallery

The Old Courthouse, Shap, Cumbria, CA10 3NL
www.theoldcourthouse.org

OUR COMMON HERITAGE

FREE EXHIBITION

Sat 27th May to Sun 18th June - The Old Courthouse, SHAP

An exhibition inspired by oral histories with commoners and representatives of the farming community.

The history of the Westmorland Commons links to the evolution of grazing animals in the area, the rise and fall of specialised breeding stock, droving and agistment, and the labour of tenant farmers working the common from small family farms for hundreds of years.

This is a drop-in event, so there is no need to book but please check daily exhibition opening times on the venues website at:

www.theoldcourthouse.org



Come and see the Our Common Heritage Exhibition in The Old Courthouse (Shap) from 27th May to 18th June. The Commons are an intrinsic part of our farming heritage and have underpinned the farming economy for centuries. The history of the Westmorland Commons links to the evolution of grazing animals in the area, the rise and fall of specialised breeding stock, droving and agistment, and the labour of tenant farmers working the common from small family farms for hundreds of years. The exhibition will summarise the results of our research into the history of the common land across the Westmorland Dales area, focusing on a range of oral history interviews we have undertaken with commoners and representatives of the farming community. There will be a chance to listen to some of the interviews and reflect on our changing relationship with Common land. Further information can also be found on the Old Courthouse website.

<https://theoldcourthouse.org/>

Exhibition opening hours are as follows:

Monday 10am-1pm Saturday 10am-12om

Tuesday 2pm-5pm Sunday 2pm-5pm

Thursday 2pm-5pm

Friday 2pm-5pm

Bee ecology and identification walk for beginners on Tuesday 20th June. 11:00am - 2:00pm at Bowber Head Nature Reserve owned by Cumbria Wildlife Trust.

An introduction to bumble bee ecology and identification techniques. Focusing on the more common bumble bees found in hay meadows. Please book a place.

To book events and for further information please visit: www.thewestmorlanddales.org.uk or email Nicola Estill at Nicola-estill@fld.org.uk.

Arts Society May Lecture. Music in Art by Sophie Matthews.

May's Arts Society lecture at Appleby Market Hall, also celebrating the Coronation with cakes and buns, was given by Sophie Matthews. Sophie is a musician specialising in folk and early music. She is also a balladeer-story telling through song. Throughout this lively and foot tapping lecture she played her own early instruments, often doubling up the sound via computer and external speaker.

It is through works of art we learn which musical instruments are being played through history and on what occasions. Thus the bagpipe features in many early European paintings and consists of leather bag, drone and chanter and is called a Shepherds Pipe. It is also relatively easy to play and features at country weddings and other frolickings.



Dutch painter, Pieter Breughel, paints it often in his depictions of everyday life. In **'Peasant Wedding'** the player is wearing white to draw in the eye and his pipe has a forward-facing drone to make the sound a little louder. Sophie also told us that the Scottish Bagpipes, invented for Military purposes, are much, much louder than Shepherds Bagpipes, more difficult to play, and were invented 400 years later!

An illustration of the Miller's Tale from Chaucer's Canterbury Tales from medieval times shows him playing bagpipes too. To the audience of

the day it would have indicated that he was of lowly status and fairly crude. Indeed a large, glorious plaster angel bearing a bagpipe at the Guildhall in Birmingham is warning against gluttony, and in Hieronymus Bosch's painting 'The Garden of many delights' the Shepherds Pipe is deep amongst the food trough as well. At this juncture Sophie played us a Saltarella-medieval jumping dance -on her set of English pipes.

Unbelievably, in the 18th century, it became fashionable amongst the Aristocracy to dress up as country folk, particularly shepherds and shepherdesses in an attempt to recreate their imagined idyll of country life. It is called the Pastoral Revival and it included the playing of the Shepherds Pipe. Except that dainty lips couldn't blow into a bag, so elbow bellows were invented. Under aristocratic scrutiny the pipes were further modified so that the chanter had devices for altering the key of a piece and an extension to its range. Such developments made it suitable for playing more classical music, Lully - a composer at the French Court for instance - wrote a bagpipe Concerto.

Sophie also dealt with another medieval instrument, the Shawm, a large ancestor of the first Baroque Oboe, the English composer Purcell's favourite instrument, and then the modern oboe. Smaller, more intimate and therefore suitable for ensemble playing, the oboes differ in the wood they are made from, the shape of the bell end of instrument and some sophisticated metal innards. She finished her lecture playing her own, self - made Baroque Oboe, another foot tapping lively dance and a fitting send off for the Society, which has a holiday until September.

**K SHOES
MALE
VOICE
CHOIR**

7.30pm 16th June 2023

Kirkby Stephen Parish Church

Tickets: £10 (Includes glass of wine or soft drink in the interval)

Tickets available from: Dave Prince (T 07887 683831),
any Rotarian, or on the door

E Mail pr@upperedenrotary.org.uk

Services in our Anglican Churches

Sunday 4 June <i>Trinity</i> <p style="text-align: right;"><i>Welcomer:</i> Isaiah 40:12-17, 27-31 2 Corinthians 13:11-13</p> <i>Green</i>	Orton, 10.30am Holy Communion <i>Sandra Ward</i> <p style="text-align: right;"><i>Welcomer:</i> Keith & Janet Capp Mary Jenkin Andrea Dutton</p> <p style="text-align: right;"><i>Prayers:</i> Margaret Longworth</p>	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Martin & Suesi Windle</i> Michael Metcalf-Gibson Sally Metcalf-Gibson
Sunday 11 June <i>Trinity 1</i> <p style="text-align: right;"><i>Welcomer:</i> Genesis 12:1-9 Romans 4:13-25</p> <i>Green</i>	Orton, 8.30am Holy Communion (BCP) <i>Brendan Giblin</i>	Tebay, 10.30am Service of the Word <i>Rosemary Campbell</i>	Ravenstonedale, 10.00am Holy Communion <i>Carole Marsden</i> Diana Fothergill Hilary Law
Sunday 18 June <i>Trinity 2</i> <p style="text-align: right;"><i>Welcomer:</i> Genesis 18:1-15 [21:1-7] Romans 5:1-8</p> <i>Green</i>	Orton, 10.30am Family Service (Baptism) <i>Chris Jenkin</i> <p style="text-align: right;"><i>Welcomer:</i> Mary Jenkin</p>	Tebay, 10.30am Service of the Word <i>Team</i>	Ravenstonedale, 6.00pm Evening Prayer <i>Rosemary Campbell</i> David Morris Caroline Morris
Sunday 25 June <i>Trinity 3</i> <p style="text-align: right;"><i>Welcomer:</i> Genesis 21:8-21 Romans 6:1b-11</p> <i>Green</i>	United Service at Tebay, 10.30am Holy Communion <i>Brendan Giblin</i>		
Sunday 2 July <i>Trinity 4</i> <p style="text-align: right;"><i>Welcomer:</i> Genesis 22:1-14 Romans 6:12-23</p> <i>Green</i>	Orton, 10.30am Holy Communion <i>Sandra Ward</i> <p style="text-align: right;"><i>Welcomer:</i> Keith & Janet Capp Margaret Longworth Andy Glanville</p> <p style="text-align: right;"><i>Prayers:</i> Elizabeth Crossley</p>	Tebay, 10.30am Songs of Praise at the Methodist church	Ravenstonedale, 10.00am All Age Worship <i>Team</i>

Church Contacts

Anglican Church

Vicar Brendan Giblin
 017683 39168 — 07477 049576

revbgiblin@gmail.com

Curate Charles Cowling

Mission Community Administrator
 Joyce Keetley 07741 327318
 applebymc@carlisediocese.org.uk

Retired clergy
 Sandra Ward 24213
(Penrith & Keswick Hospital Chaplain)
 Christopher Jenkin 24410

Orton with Tebay

Churchwardens
 Linda Garrick 24262
 Martin Lawson 26028

PCC Secretary
 Susan Thorpe 24166
 s.thorpe669@btinternet.com

Treasurer
 Bill Lawler 24465

Local lay minister
 Rosemary Campbell 24837

Ravenstonedale with Newbiggin-on-Lune

Churchwardens
 Ann Brownrigg 23594
 Martin Windle 07899 907958
 Tim Parkinson 23393

Secretary
 Suesi Windle
 suesi.windle@googlemail.com

Treasurer
 Tim Parkinson 23393

Methodist Church

Minister Revd Stephen Radford,
 017683 71202
 stephen.radford@methodist.org.uk

Administrator Avril Swinbank
 ksatcircuit@gmail.com

Roman Catholic Church

Fr John Winstanley
 Church of Our Lady of Appleby
 01768 862273

New Beginnings Church

Pastors: Barry & Karen Hawthorne
 07437 468896

Services in our Methodist Churches

	2023	4 th June	11 th June	18 th June	25 th June
		Trinity Sunday	Methodist Homes Sunday		Conference Sunday
*Tebay M P 1-1300 M H B	10.30	J Betts OA US	LA OA	LA or to PC	To Orton
	6.30		Connexion service at Winton		
Shap (Class of Tebay)	10.30	S Radford	6.30 Connexion service at Winton		
Orton M P Complete M H B PB EW	10.30	A Rowell	W Ousby	LA	H Hutchinson
	6.30		Connexion service at Winton		
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	D Thackray OA TP	H Hutchinson OA TP	T Longworth OA TP	S Thackray OA TP
	6.30	Prayer & Share	Connexion service at Winton	Prayer & Share	
*Ravenstonedale M P 1-1144 M H B H & P	2.00	J Betts	A Sterling	S Radford HC	LA
	6.30		Connexion service at Winton		

Wild Wanderings

Come and join us
to **connect** with each other & the divine in creation
to **reflect** on where we are & who we are called to be
to **act** together to create the change we want to see

Sunday 18th June
4pm - 5pm walk
5pm - 6pm shared tea
Meet at Tebay Chapel

Walk with us
or stay and prepare
refreshments for later

A gathering for our community, for people of any age and background
Local walk: a couple of miles, whatever the weather - meet at Tebay chapel, dressed appropriately!
Please bring a plate of savoury or sweet finger food to share.

For further details, please contact Pam on 07552 405500



New Beginnings Church

A PLACE OF HEALING

Every Sunday
Orton Market Hall, 10.30 am

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318 or applebymc@carlisle-diocese.org.uk.

Please make contact with Rev Stephen Radford for any Methodist Church requirements for membership, marriage, funerals, etc. stephen.radford@methodist.org.uk

The Filling Station

For high quality speakers, sung worship, prayer ministry, and personal testimonies.

We meet on 2nd Thursday of the month

Held on
Thurs, 11th
May 2023

We are very much looking forward to our next Filling Station gathering, which will take place on Thursday 11th May at Appleby Hub. Doors will open at 7pm for refreshments and chat and we will begin our sung worship at 7.30 pm.

We are delighted to welcome Rev Fran Parkinson as our speaker. Of course, we already know Fran, but this will be her first Filling Station in her capacity as one of the joint vicars of the Heart of Westmorland Benefice.

Looking forward to worshipping, praying and sharing with you all!

Appleby Hub,
Chapel Street,
Appleby-in-
Westmorland

**THE
FILLING
STATION**

KIDS CORNER



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

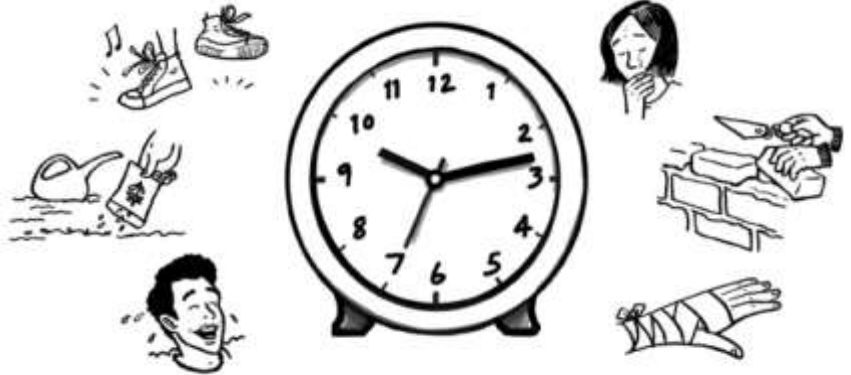
Read these verses from the Bible:



Ecclesiastes 3 v 1-13
Time comes and goes but God is always Emmanuel, God with us.

You can find an online Bible here:
<https://www.biblegateway.com/>

A time for everything



Colour in the pictures as a reminder that there is a right time for everything.



Can you spot the difference between these two clocks?
There is a right time for everything!



Jesus says Write

The writer of Ecclesiastes tells us that there is time to do lots of things. Can you unscramble these words as a reminder?

epew	_____	aspek	_____
glauh	_____	vole	_____
hale	_____	esol	_____
esek	_____	peke	_____
ceand	_____	epace	_____
monur	_____	panti	_____



Colour in the sections with dots to find a phrase from the Bible passage.



Upper Eden Medical Practice

Appointments:

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey.accurx.com/p/A82013>

Dispensary:

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays.

Please allow 3 working days for your prescription to be ready.

Protected Learning time surgery closures:

The PLT on Wed 15th March has now been CANCELLED and the Surgery will remain open.

The surgery will be closed from 1pm on:

- Thursday 20th April 2023
- Wednesday 17th May 2023
- Thursday 15th June 2023

Upcoming Bank Holiday Surgery Closures:

Easter:

Friday 7th April 2023
Monday 10th April

Early May Bank Holiday:
Monday 1st May 2023

The King's coronation
Monday 8th May 2023

Spring Bank Holiday
Monday 29th May 2023

Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

Covid Spring boosters:

Eligible patients: Adults aged 75 years and over • residents in a care home for older adults • individuals aged 5 years and over who are immunosuppressed. We are putting plans in place to vaccinate our care home and eligible household patients. All other eligible patients should book via a local vaccination centre.

Shingles:

You are eligible for the shingles vaccine if you are aged 70 to 79.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015

Orton Surgery and Shap Medical Practice

New Procedures @ Shap Surgery

From Monday 12th June, the Doctors at the Surgery will return to a pre-COVID appointment system, where appointments can be pre-booked up to two weeks in advance and there will be no telephone triages. The appointments will be either face to face or by the telephone and the Receptionists will ask the patient which appointment type is most suitable for their problem.

Some day appointments are intended for problems that need to be dealt with **as a matter of medical urgency**. We ask patients to phone early in the day if they genuinely require one of these appointments.

Shap Surgery - Dispensary

Medication will be available to be collected from Dispensary at Shap **3 working days** after the prescription has been handed in. Patients will receive a text message to confirm that their medication is ready to be collected. The opening hours for Dispensary is as follows:

9am - 1.00pm and 3.00pm - 6.00pm Mon, Tues, Wed & Fri

9am - 1pm Thurs

Orton Surgery

We are pleased to say that since the beginning of May we have introduced Nurse appointments for **chronic disease reviews** at Orton. These are pre-booked appointments and are available to all eligible patients. **Medication remains to still be available for collection every Tuesday between 10am and 11am.**

Protected Learning Dates

Shap Surgery and Dispensary will be closed for training from 1pm on the following dates:

- Thursday 15th June 2023
- Wednesday 12th July 2023

We would like to sincerely thank all our patients who kindly donate cakes, biscuits, chocolates and other goodies throughout the year to the staff who work at the Shap Medical Practice & Pharmacy. Your kindness really means a lot to us and we are so very grateful to you all.

Dr. McCabe Dr. Woodstover Dr. Judson and all the staff

Tel: 01931 716230 <https://www.shapmedicalpractice.co.uk/>



Lyon Equipment Limited is proud to be an employee-owned company. We are located adjacent to the M6 at Tebay, between the Lake District and Yorkshire Dales National Parks.

Since 1973, our mission has been to provide equipment and expertise to allow people to 'venture further' within the work at height and rescue industries, cycle, outdoor and watersports markets.

In addition to distribution, we design and manufacture here, in Tebay, our own Lyon branded products and provide technical training for the work at height and rescue industries.

If you would like to learn more about what we do, please go to our website www.lyon.co.uk



Mobile Hairdressing in Tebay & surrounding areas

Contact:

☎ 07399547458

📷 @holleholdenhair

📧 @holleholdenhair



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Experienced Heating Engineer Service/Repairs & fitting of stoves, oil boilers, range cookers

Tel: 07967 286790



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- Local top-quality vet services
- Simple and fair pricing structure
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Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
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haywardjm75@gmail.com

Tebay Primary School:

Head of School: Mrs. Helen Wright

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Northern Inter-Schools Christian Union (NISCU):

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Tebay Youth Club

Rachel Milburn, Rachel.Milburn@carlisle-diocese.org.uk

Families Together in Tebay and Orton:

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Tebay Beginner Brass: Julie Hoggarth: 07866 378392,

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Local church & community websites:

All Saints': <https://www.achurchnearyou.com/church/12220/>

St Oswald's: <https://www.achurchnearyou.com/church/12221/>

St James': <https://www.achurchnearyou.com/church/12223/>

Methodist: <https://www.ksaandtcircuit.org.uk/>

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

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Bingo: Jillian Hewitt: 01931 715000

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Judith Cattermole: judithcattermole2@gmail.com

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Concerts:

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Men's Meeting, Newbiggin: Jonny Capstick: 23141

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Women's Groups:

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Mothers' Union: Angela Milburn: 24382

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Churches' Facebook pages:

Orton: <https://www.facebook.com/AllSaintsOrton/>

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