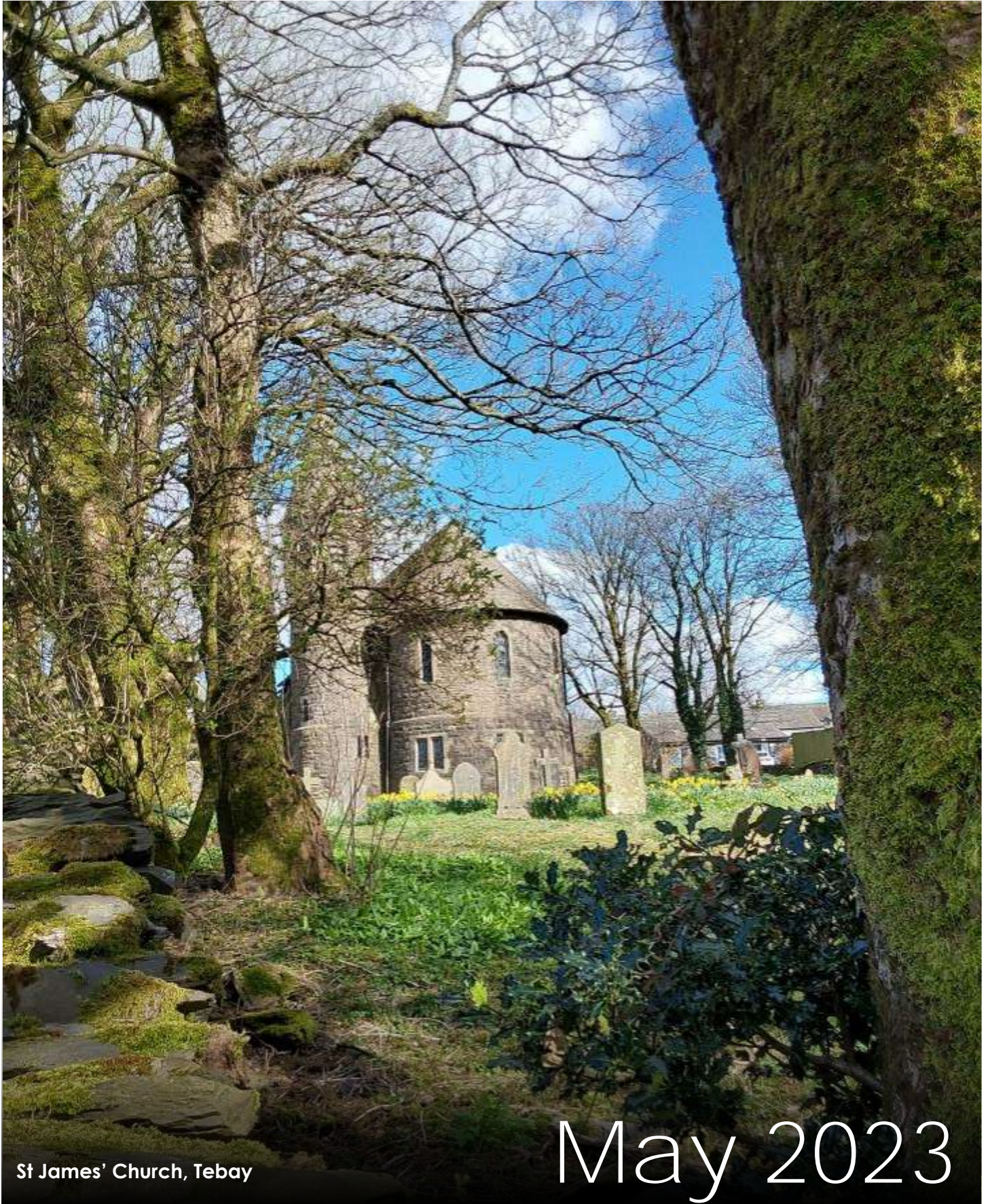


# *The Link*

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



St James' Church, Tebay

May 2023

# The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

*The Link* is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We would love to hear from you about what is happening, what **you've been doing, and what you** might like to see in YOUR magazine.

Please email us with

- \*your ideas,
- \*your photos,
- \*your news and
- \*notices of your events to:

TheLinkMagazine@outlook.com

Please do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

Anne, David, Elizabeth,  
Martin and Paula.

If you want to sign up to receive *The Link* electronically, you can do so using this link:

<https://tinyletter.com/TheLink>

**Views expressed in 'The Link'** are not necessarily those of the publishers or editors.

Front page photo:  
**St James' Church, Tebay**  
Anne Eastwood

This edition of *The Link* is packed full of Coronation goodness — not chicken for this coronation, but a quiche. You'll probably find quiche on offer at several of the events happening in our various villages.

Chris Jenkin, who can remember the previous coronation gives his reflections on the current one — see opposite, and you will be entertained by 'A monarch a minute' in Ravenstonedale if you go and join the Vagabonds in one of their famous performances.

We're hoping that this magazine reaches you as the days continue to lengthen and warm up and people can enjoy being out and about, seeing each other and enjoying the many events that are happening in our communities. There are several agricultural shows happening — do get your entries in for Ravenstonedale or Greenholme shows.

We've been really encouraged by the response to our appeal for donations to *The Link* — they're up on last year. Thank you! We've been particularly encouraged by seeing several new advertisers as well offering their services, which in turn supports this magazine with their advertising. Do please support them in return — and tell them you saw their advert in *The Link*, it really helps make a difference to them and to us.

We would love to feature more local write-ups of events, so if you're visiting a show, or a play, or a coronation lunch in the next few weeks, take a photo and email it to us with a paragraph or two telling us and our readers what was happening and why you enjoyed it. It's your content that makes *The Link* worth producing and reading each month!

Anne, David, Elizabeth,  
Linda, Martin & Paula

The Editors of *The Link* would like to **THANK YOU** so much:



**ORTON PARISH COUNCIL and  
TEBAY PARISH COUNCIL**



for their very generous donations; they really are MUCH APPRECIATED. They will help with our intentions of GROWING and DEVELOPING *The Link* not only as representing the parishes, but as ONE BIG COMMUNITY MAGAZINE — the "Go To" Place of **WHAT'S ON** Where **WE LIVE!**

## Supporting The Link

There are lots of ways you can support *The Link* — first and foremost, do please send us your news, articles, updates, photos, poems, etc. Email them to [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com). If you want to advertise, which is how we pay for the printing costs of the magazine, do please get in touch — it currently costs £5 per smallest 'square' of advertising per month, do use the email above to get in touch.

If you want to support us financially, visit this link: [cutt.ly/LinkDonate](https://cutt.ly/LinkDonate) or scan the QR code on the right with your phone.



THE DEADLINE IS THE 13<sup>TH</sup> OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (preferably NOT PDF format) including advertising to: [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)

Payment for advertising or remittance advice to: Linda Garrick, 015396 24262 / [finance@linkmagazine.org](mailto:finance@linkmagazine.org)

We're still planning to develop stronger village links, including drop-off places for articles — coming soon...

As I wrote in *The Link* at the time of the Queen's Platinum Jubilee, I am one of the small minority who still have clear memories of the last Coronation in 1953 – I actually cheered the Queen as she passed in the gold Coronation Coach, and I was sure she caught my eye!

Like many of us, after singing "God save the Queen" most of my life, I find it hard to slip naturally into "God save the King"! (I even said a prayer in church for "King George" soon after the King's Accession!)

Personally I am in favour of the Monarchy, as a valid and valuable way of having a Head of State representing our nation; but of course I fully recognise and respect alternative views. (I still ask republicans, "Who, at this time, would you prefer as Head of State – as the President of the United Kingdom, if you had to vote for one?" There is no name that immediately comes to mind!)

We have been privileged to have had our late, much loved and deeply respected Queen for 70 years; and her father, George VI, was a fine man too. But one has to admit that some previous monarchs have been pretty dubious characters. But so, of course, have the presidents of many countries, even those freely and democratically elected! No system can guarantee a wise, strong and compassionate leader and a person of integrity.

But whether the Monarchy will last to future generations or come to an end in our lifetime, this is the system we now have, for better or worse; and there is no doubt that the Coronation of a new King is a major national event, which many of us will want to celebrate.

Our two archbishops wrote to the Church and the Nation:

**"The Coronation will be a historic moment in the life of our nation, a time to reflect on our history, celebrate who we are and look to our future.**

At its centre is a Christian service in which His Majesty will be anointed as King.

It will be rooted in longstanding tradition and Christian symbolism.

We pray that this might be a moment for the nation and many round the world to encounter the person of Jesus Christ, the servant King, and hear **His call to each of us to serve others."**

Some of us will have read the book "The Servant Queen, and the King she serves" – a remarkable account of the deep, personal Christian faith of Queen Elizabeth II; she frequently spoke about it in her Christmas broadcasts. To her, Jesus Christ was a guide and inspiration, and she didn't mind how often she said so!

As I look at a 1998 coin from my pocket, I see around the edge of the "Head" side the words: ELIZABETH II

D.G. REG F.D. "DG Reg" means "Deo Gratia Regina" or "Queen by the grace of God". "FD" used to be written on older coins "Fid Def", short for "Fidei Defensor" or "Defender of the Faith", a title that goes back hundreds of years (and with fairly dubious origins!) But the Queen certainly was happy to defend the Christian faith by her life and personal testimony.

King Charles III said some years ago that he would be happier, perhaps, to have the title "**Defender of Faith**" rather than "**of THE Faith**"; how confidently he would claim to be a disciple of Jesus Christ, I do not know, but he is certainly a man of profound spirituality, and in a multi-cultural nation it is not inappropriate for our Head of State to declare his deep respect for all faiths.

But I write as a believer in Jesus Christ, who was the Servant King above all others. He accepted the title "King" – even though it was given him mockingly; to Pontius Pilate, the Roman Governor, he said "My Kingdom is not of this world." And he had said to his disciples, "I have not come to be served but to serve, and to give my life..." The only crown he ever wore was a crown of thorns.

In our local neighbourhood, as all around the country, there will be celebrations of King Charles' coronation, and as well as the Big Lunch in most of our villages, our churches will mark the Sunday after the Coronation with special services, at which we will pray that our newly-crowned King will do a good job!

Do come and join us in this quieter and more thoughtful kind of celebration.

Christopher Jenkin

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# Newbiggin-on-Lune Village News & Events



NEWBIGGIN-ON-LUNE CHAPEL  
SUNDAY SERVICES  
10am every Sunday

Tea and Coffee to follow after the Service.

A Warm Welcome to Everyone

We have the following meetings, please  
contact us for further details:

Coffee Morning, Prayer & Share,  
Sunday School, Bible Study,  
**Men's Meeting, Ladies Meeting**

For further information please contact:

Wilfred - on 015396 23600  
or  
Angela on 07980 418078

## Upcoming Events @ Newbiggin Chapel

May  
6-7th  
Sat-Sun

Chapel Anniversary Weekend

Led by Mrs Ruth Dent

Bacon Butty Church

with Comedy slot from John Morten

May  
14th  
Sunday

June  
2nd  
Friday

Pianist Concert

Pianist John Nilsen from the USA will be performing

## Newbiggin-on-Lune Public Hall



Chair	Ian Clayton	015396 23226
Secretary	Jim Wardrope	015396 23288
Treasurer	Carl McLaughlin	015396 23674
Caretaker	Anne Brownrigg	015396 23594

☼All bookings should be made with the  
Caretaker

☼All payments should be made with the  
Treasurer

Facebook:

<https://en-gb.facebook.com/NonLPublicHall>

## EUROVISION SONG CONTEST LIVERPOOL 2023

Newbiggin on Lune Public Hall

EUROVISION POP UP PUB

Saturday May 13<sup>th</sup> 2023

🎵 Live streaming of the event

🎵 Bring your own drink/food

🎵 Entry from 7:30pm

🎵 Suggested donation £2 adult /£1 child

Money raised to be split between the Public Hall

and the Ukrainian Humanitarian Appeal

## Lune Ladies

On Wednesday 3rd of May  
we start our day trips.

The chosen place this month is Skipton,  
travelling on the 9.20am train from Kirkby Stephen.

You can choose to go on the canal,  
a walk around the castle,  
or perhaps the market.

Meet at Newbiggin-on-Lune village hall at 8.50am.  
All welcome!



**Bacon Butty CHURCH**

SUNDAY 14TH MAY  
@NEWBIGGIN-ON-LUNE CHAPEL, 10:30AM

JOHN MORTON WILL BE DOING A SHORT COMEDY SLOT STARTING AT 11AM

The poster features a circular image of a bacon butty and a cup of coffee on the left, and a small church icon at the bottom left.

## Shap Outdoor Festival 22nd April – 21st May

Celebrating the landscape and wildlife of the area  
around Shap and the Lowther Valley.

Information panels in the gallery from RSPB, Friends  
of The Lake District, Penrith Red Squirrels, Cumbria  
Lichens & Bryophytes, Lowther, Cumbria Wildlife Trust  
interspersed with paintings and photos.

2nd May 7pm Lee Schofield, Wild Fell Book Talk

7th May 5am Dawn Chorus Walk at Naddle

8th May 9.30am Caz Walker & Chris Cant, Lichens Walk

9th May 7pm Robert Benson, Save Our Reds Talk

10th May 7pm Jack Ellerby FotLD, Dark Skies Talk

13th May 9am Friends of the Lake District Walling  
Competition, Shap

15th May 10am Bluebells Mindfulness & Meditation Walk at  
Naddle

18th May 7pm Lancaster University Planetarium at The  
Memorial Hall, Shap

19th May 5pm Local Peatland & Heathland Vegetation  
(CWT) Walk

19th May 7pm Peatland Restoration & Habitats (CWT)  
Talk

21st May 11am Our Prehistoric Landscape Talk & Walk



## Folk Dance Club

Our local club meets weekly in  
Newbiggin-on-Lune Village Hall

On Thursdays evenings,

7.45pm to 10pm  
September to April

- ♪ Singles & Couples all very welcome.
- ♪ All dances are walked through & called.
- ♪ Beginners welcome,

for any further details please  
ring Chris on  
015396 24258.

Join us in celebrating the

## KING of KINGS

At our Chapel Anniversary Weekend  
Speaker; Mrs Ruth Dent

Sat 6th May,  
7:30pm

Sun 7th May,  
10:30am

## Indoor Bowls

Come and join us!

Friday night is Indoor Bowls night  
at Newbiggin-on-Lune

Starts at 7.30pm  
costs £2, (first night free)

**you don't need a partner, just turn up!**

More information from 07880 706485

**- see you there!**



*Come and Celebrate together, the*  
**Coronation of King Charles III**

with an Afternoon Tea  
**Monday 8<sup>th</sup> May 2023**

**2.30 – 4.30 pm**

at Ravenstonedale Community & Heritage Centre

Performance of "Coronation Celebration Dance" by Ravenstonedale Country Dance Club

Hosted by Ravenstonedale Methodist Church & Ravenstonedale Community & Heritage Centre

Donations to cover costs and Ravenstonedale Community & Heritage Centre

Give what you think your tea is worth!!



**THE VAGABONDS  
PRESENT**

## 'A MONARCH A MINUTE' A RIGHT ROYAL HISTORY OF BRITAIN

COMPLETELY ACCURATE IN PARTS

AN ENTERTAINMENT IN WORDS AND MUSIC  
TO COMMEMORATE THE CORONATION OF KING CHARLES III

WRITTEN & DIRECTED BY JOAN BARNARD

**ST OSWALD'S CHURCH  
RAVENSTONEDALE**

**FRIDAY 5<sup>TH</sup> & SATURDAY 6<sup>TH</sup> MAY, 2023  
7:30PM**

**DOORS AND BAR (CASH ONLY) OPEN AT 7:00PM  
BAR WILL RE-OPEN AFTER THE SHOW  
AT APPROXIMATELY 8:30PM**

**SUITABLE FOR ALL AGES**

**FREE ENTRY  
RETIRAL COLLECTION IN AID OF  
THE PRINCE'S TRUST & ST OSWALD'S CHURCH**



## RAVENSTONEDALE SHOW 19<sup>th</sup> AUGUST 2023

The Ladies Committee extends warm thanks to all who have, in the past, kindly donated prize money for classes in the Industrial Tent

If you would like to donate prize money for a class in the Industrial Tent at this year's show, please

email [RASLadies@outlook.com](mailto:RASLadies@outlook.com)

Or phone Debbie on 015396 23567 / 07871 733245

You are cordially invited to join us  
at St Oswald's Church Ravenstonedale

For

A Recital of Music

for Trumpet (Michael Atkinson)  
& Organ (Marlin Budgett)

to include music by Cimarosa, Telemann and Walton

on Saturday 20<sup>th</sup> May 2023  
between 5.00pm and 6.00pm.

Refreshments - Tea and coffee will be available after the Recital

No ticket is required - please just turn up!

Retiring collection/donations towards  
The Maintenance Fund for the restored historic Harrison & Harrison Organ



Ravenstonedale  
Community  
& Heritage Centre

## Coffee & Chat

Held on 1st Monday of the  
month  
10.30am to 12 noon

All Welcome  
We would love to see  
you!

\* No fixed charge but  
donations towards the Centre  
running costs are very



# RAVENSTONEDALE AGRICULTURAL SHOW

SATURDAY 19<sup>th</sup> AUGUST 2023

## HANDICRAFT CLASSES (*for information*)\*

*The complete Schedule of the INDUSTRIAL CLASSES will be in the JUNE 2023 edition of The Link.*

### HANDICRAFT

- |  |  |
|--|--|
| 72. Any cross stitch item                              | 83. Any homemade craft item on the theme of the coronation of His Majesty King Charles III |
| 73. Any crochet item                                   | 84. Homemade Pin Cushion   |
| 74. Homemade door stop                                 | 85. Best Cushion (handmade)  |
| 75. Homemade picture frame (photo not to exceed 7"x5") | 86. Piece homemade Jewellery   |
| 76. Homemade Christmas bauble                          | 87. Any upcycled item  |
| 77. Patchwork item                                     | 88. Favourite apron  |
| 78. Handknitted garment                                | 89. Any homemade handicraft item made from wood, metal or pottery                          |
| 79. Homemade hat                                       | 90. Handmade card for a new baby   |
| 80. Bee – Any medium, homemade                         | 91. Handmade Bunting   |
| 81. Any sewn item                                      |  |
| 82. Picture any medium                                 |  |

### PHOTOGRAPHY

- |  |   |
|--|---|
| 92. Colour Photograph of an animal or animals                              | 99. Photograph of sunset or sunrise           |
| 93. Colour Photograph of a Child or Children                               | 100. Photograph of any Agricultural Show      |
| 94. Colour Photograph – View only  | 101. Black and White Photograph (any subject) |
| 95. Colour Photograph – Winter scene                                       | 102. Wildlife Photograph                      |
| 96. Colour Photograph – With a suitable caption                            | 103. A Sporting Action                        |
| 97. Photograph of local scene/building taken in Ravenstonedale Parish      | 104. Photograph of a water scene              |
| 98. A Collection of 4 Photographs on the same theme -To be mounted on card | 105. Photograph taken from an unusual angle   |

### CHILDREN'S CLASSES

- |   |   |
|---|---|
| 106. Any Painting (under 2 years)   | 123. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 5-6) |
| 107. Any Painting (2-3 years)   | 124. Model made from recycled material  |
| 108. Any Painting (4 years)   | 125. Pasta picture  |
| 109. Collage (under 2 years)  | 126. Novelty Animal made from fruit and/or veg  |
| 110. Collage (2-3 years)  | 127. Handwritten limerick with a first line of "There once was a farmer called Sam"                           |
| 111. Collage (4 years)  | 128. Painted stone  |
| 112. Sewing Class (pre-school)  | 129. Salt dough item (Reception to year 6)  |
| 113. Favourite socks  | 130. Decorated gingerbread man – biscuit does not need to be homemade   |
| 114. Drawing of an animal –on A4 Paper  | 131. Decorated crown – any medium   |
| 115. Picture using dots, spots or stars (or all three)  | 132. Flowers in a mug   |
| 116. Handmade Christmas Decoration  | 133. Homemade Book Mark (exhibit not to be accompanied a book)  |
| 117. Decorated flower pot   | 134. Homemade Edible birds' nest  |
| 118. Dressed wooden spoon   | 135. Zoo on a tin lid   |
| 119. Handwriting: of own name (pre-school)  | 136. Lego model – own design  |
| 120. Handwriting: Envelope addressed His Majesty The King, Buckingham Palace, London, SW1A 1AA (Reception)    | 137. Scarecrow – any size   |
| 121. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 1-2) |   |
| 122. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 3-4) |   |

### Confectionery Classes for children aged 11-16 Years

- |   |                              |
|---|------------------------------|
| 138. Homemade Pizza (round)                 | 140. Four homemade jam tarts |
| 139. Four sausage rolls – shortcrust pastry | 141. My favourite cake       |

### Handicraft Classes for children aged 11-16 Years

- |  |   |
|--|---|
| 142. Handknitted, handsewn or crochet item | 144. Handmade 18 <sup>th</sup> birthday card – any medium |
| 143. Any handmade felted item              | 145. Homemade money box                                   |

### Photography Classes for children

- |  |  |
|--|--|
| 146. Colour Snapshot – taken by Child 5-14 years | 147. Child's Favourite Animal taken by a child |
|--|--|

\* Queries to [RASladies@outlook.com](mailto:RASladies@outlook.com)

# next market

Saturday 11<sup>th</sup> May

Leanne | Market Coordinator  
07969 335598 — [info@ortonfarmers.co.uk](mailto:info@ortonfarmers.co.uk)  
[www.ortonfarmers.co.uk](http://www.ortonfarmers.co.uk)



All Saints Coffee Morning  
at the Farmers Market  
In March raised a total of £342.55

*Many thanks to all who came and drank tea or coffee, or bought bric-a-brac — and of course, to all our helpers who made it possible.*

## Orton Drop-in Coffee Morning

at the Chapel Schoolroom  
every Wednesday

10.30 — 12.00

Everyone welcome

Come and meet new friends

It's free! We are an independent and non-profit community service for anyone who would like to meet up and chat every Wednesday morning.

## BOCCIA

in ORTON MARKET HALL

♿ Not only for para-Olympians,  
- but a **fun game for everyone!**

Sessions are on alternate THURSDAY  
afternoons from 1.30pm to 3.30pm

For more details please contact  
Felicity Lawler  
Email:- [fglawler@gmail.com](mailto:fglawler@gmail.com)

### Sisters

When childhood skies were endless blue  
Wispy clouds drew leaping hares  
Meadows gold with plaited corn  
Held us where we lay

When soft toes crimped in cooling stream  
Long hair trailed in willow weeds  
Salted lips from crinkled crisps  
Smiled at shrimps in cola bottles

When summers scorched and freckled noses  
Etched berry brown upon our skin  
Innocence and freedom paired  
Hid pale ghosts beneath our clothes

When weary with relentlessness  
Filling other lovely cups  
Seek out a certain shade of blue  
Sister, I'll be there with you

by Jo Hayward

raffle

£6 a book

# bingo!

great prizes!

tea & coffee

Bingo night, Orton Market Hall, all welcome.  
Friday 12th May, 7.30pm. Money raised to  
Orton Market Hall & Orton School.

family friendly



Dear Readers, next time you are near to our Orton Bus Stop, have a look at the rectangle on the left hand wall -

it says

"CORONATION 1953"

Isn't that very apt in this time of our History?

from The Editors



#### BUS SHELTER BOOKS

I would like to thank everyone who in all sorts of ways has supported our charity bookshop, especially Joyce, Judith and Richard.

The Orton "Bus Shelter BOOKS" has raised the amazing amount of £2,320 in 2022 which has been divided equally between Ovarian Cancer Research and Orton Church. The "Bus Shelter" will continue to support these two charities and possibly others in the future.

By the time this is in The Link, Judith and I will have emptied the shelter of books that have inevitably become damp over the winter, and the shelves will be full of lovely and interesting new books, which I'M SURE WILL BRING ENJOYMENT TO MANY!!!

Keith Capp has kindly agreed to take on the role of ensuring that the donations are collected (also Joyce), counted and sent regularly to both charities, and Richard will audit them every 2 months.

A HUGE THANK YOU TO EVERYONE for your SUPPORT.  
Olive

## SYRIAN/TURKEY EARTHQUAKE APPEAL

**We would like to say a "HUGE" thank you to** everyone who helped to make the recent fundraising coffee morning in Orton, such a success. To the helpers, bakers, behind the scenes in the kitchen, Orton Chapel/venue and most of all, the many people who came. We will always remember the laughter/joy/chatter of that morning as so many people came. Friends said afterwards that Chestnut Garth would not have held them all.

**....very true!!**

Thanks to the kindness and generosity of so many people, £820 was raised and has been sent to *Christian Aid*.

The NEED continues to be SO GREAT but our contribution will be added along with many others in order to make some significant difference. *Doing NOTHING, surely cannot be an option in such a tragic situation.*

Olive & Chris Bland. *Christian Aid Reps.*

## ALL SAINTS' CHURCH

ORTON.



## 100 YEARS OF DISNEY

### WHAT'S ON:

FROM Sat 27th May  
TO Sun 4th June

\* WEEKDAYS, 11am. to 5pm

\*

\*\* SUNDAYS, 1pm. to 5pm\*\*

Refreshments Served  
in CHURCH each Day.

\*\*\*Both SUNDAY Services at 10.30am\*\*\*

For further information please

Tel. 015396 24617 or contact any PCC member.

SCARECROWS IN

THE VILLAGE COMPETITION

Title: Disney Characters

Contact VILLAGE SHOP  
for VOTING FORMS



## Free Stay and Play Sessions

We are excited to let you know that we are running weekly Stay and Play Sessions in school.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school. The more the merrier!

These are on Tuesday's from 9.30am—11.30am.

Refreshments are provided.

Booking not required and there is no charge. All welcome.

If you would like to find out more please get in touch the school office on 015396 24268

email - [admin@orton.cumbria.sch.uk](mailto:admin@orton.cumbria.sch.uk)

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a happy place to learn, grow and thrive.



## Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - [head@orton.cumbria.sch.uk](mailto:head@orton.cumbria.sch.uk)

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a happy place to learn, grow and thrive.

## SUCCESSFUL SPORTING JUNIOR CHAMPIONSHIPS for 3 LOCAL PARISH GIRLS:

On 17th March, three local parish girls, (who all went to Orton Primary School) Carley Thwaites (captain), Anna Mawson and Niamh Winder travelled with a team of 19 young people to South Africa. They represented both England and Upper Eden Lions/Lionesses in the South African Tug of War junior championships at Swellendam.

Before the competition they trained for 5 days at the V and A waterfront in Cape Town. They travelled to a town called Strand where they took part in a training camp with a junior club in the area, ending the day with a traditional meal called a 'braai' at the club house. A red open topped bus took them on a sightseeing tour and concluded with a trip up Table Mountain.

Over 800 miles were covered over the course of the trip and to end a fantastic adventure, they went on safari at Aquila game reserve where they saw some of the 'big five' wild animals.



The whole team, both boys and girls worked exceptionally hard and between them their efforts were rewarded with TWO GOLDS and ONE SILVER MEDAL! **Well done Team (and our girls!)**

The trip would not have been possible without the encouragement and hard work of the coaches; Joe Birch England Junior Coach and Jim Osborn and Martin Collins, South of England coaches. Thanks also go to Claire Thwaites and Jonathan Capper who supported the team and organised a great experience for everyone. Everyone is very proud of the team. They are now hoping to attend both the GENSB Tug of War 5 nations competition in Germany and the World Championships in Switzerland this summer.

**We wish them lots of luck.**

\*\*\* The tour to South Africa was in memory of Tom Allan, a friend and tug of war team mate who sadly passed away last October \*\*\*

# News from Orton School



Class 3 enjoyed their 3 day **residential** to Langdale Youth Hostel. They built campfires, played archery and launched egg-rockets into space! Here they are at the top of Loughrigg Fell!



Our Class 4 **Gymnastic** team came 3<sup>rd</sup> overall in the County Finals! The girls perfected three routines and competed for Eden against the top teams from all of Cumbria.



### **Africa**

Peter Nutsford came to talk to Classes 3 and 4 about Africa – the lesson was so informative and enjoyed by all! The children learnt about the geography of Africa as well as the people and animals that live there.



Our new **School Library** was officially opened by “Sir Dave”, a poet from the Wordsworth Company. The library is such

a bright and cheerful place to be – everyone loves it!



“**World Book Day**” was a huge success this year with lots of children sponsoring books from the “Little People, Big Dreams” series, and coming dressed as their book character!



Class 1 are holding weekly “**Stay and Play**” sessions for the younger members of our wider community (and their grownups too!)

Every Tuesday (starting 26<sup>th</sup> April), we would like to invite everyone to “Stay and Play” between 9.30am and 11.30am. Children can play alongside our nursery children and the adults can join in with the fun whilst having a chat and cup of tea! We are looking forward to making some new friends, so please spread the word!

The **SIAMS** (Statutory Inspection of Anglican and Methodist Schools) Inspectors came to inspect us last term. They spent the day talking to our children, staff, parents and governors. We were delighted that the published report reflects a very positive review of our vision and values, curriculum and collective worship at school. If you would like to read the report in full, please head to our website:  
<https://www.ortoncofeprimary.co.uk/statutory-inspection-of-anglican-and-methodist-sch/>



**Orton CE Primary School**

Please follow our school facebook page for up to date information and pictures!



**The Square,  
Orton, CA10 3RX  
015396 24225**

**\*\*\*We sell a large selection of general grocery items including your favourite branded items\*\*\***

**Opening Hours – Village Stores**

Monday 9 am to 6 pm  
Tuesday – Saturday 8 am to 6 pm  
Sunday 10 am to 2 pm

**Opening Hours – Orton Post Office**

*(temporary opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive)\**

Tuesday 9 am to 5 pm 3:45 pm  
Thursday 9 am to 5 pm 3:45 pm  
Saturday 9 am to 4 pm 11:20 am

**We hope to see you soon.**

**Jayne and Neville Grove**

[orton.village.stores@btinternet.com](mailto:orton.village.stores@btinternet.com)

**There is also a post-office in Tebay, open on:**

Monday 9am—1pm & 1.30pm—5.30pm  
Wednesday 9am—1pm & 1.30pm—5.30pm  
Friday 9am—1pm & 1.30pm—5.30pm



**Orton Fell Farm Cluster May Update:**

The Orton Fells Farm Cluster continues to grow and expand. We now have 12 members whose farms link to one another. This gives us enormous scope to develop networks of wildlife corridors across our landholdings.

Together with an RSPB ecologist, we have digitally mapped areas of biodiversity and we are now working at connecting and expanding these areas whether it is through hay meadows, tree planting, hedgerows or water courses. *This enables us to layer different habitats across the landscape which we hope to be able to share with you soon.* We are working closely with the National Park Farming team on their YDNP Nature Recovery Strategy and how farming plays an integral part in this.

Our members are continuing to welcome schools, colleges and groups on visits and training sessions. We also link with urban schools via FaceTime to allow pupils to see what we are getting up to on the farm and where their food comes from. It's great to open our gates and share what we're doing.

This area is well known for its calcareous grasslands and traditional hay meadows. Come and join us on a hay meadow walk with an Ecologist who will tell us why these areas are so *valued and how farmers are protecting and expanding them.* Saturday 1<sup>st</sup> July (National Hay Meadows Day) More details on our website.

We would very much like to involve the community in our local nature recovery plans. There are lots of ways you can get involved in learning more to help to protect our area. Ideas include wild flower identification and surveys, bird counts, plug planting, education events and tree planting. Come and join us at The George Hotel, Orton on Tuesday 2<sup>nd</sup> May at 7.30 pm . If you have any queries, would like to be involved but can't attend, please contact Kate Blue on [ortonkate@outlook.com](mailto:ortonkate@outlook.com).

The Cumbria Dry Stone Walling Association have been bringing their volunteers to one of our member farms; they run courses and events. It's a great way of getting involved, meeting new people and learning to protect our local heritage. If you'd like to learn more please visit their website [www.dswa.org.uk/branch/cumbria](http://www.dswa.org.uk/branch/cumbria)

We will be at the Orton Farmers Market on 13<sup>th</sup> May and look forward to meeting and talking to you all.

*Cont/*

What's on in Orton Market Hall?	
Bookings: 015396 24140 <a href="mailto:bookingsortonmarkethall@mail.com">bookingsortonmarkethall@mail.com</a>	
Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am  Yoga 7:00-8:15pm
Wednesday	Absolute Beginners Yoga 9:00am - 10:15am Chair Yoga 10:30am - 11:30am
Thursday	Boccia 2-4pm (fortnightly)  Badminton 7:00-9:00pm
Friday	Bingo 2 <sup>nd</sup> Friday of the month 7:00-9:30pm
Saturday	Orton Farmer's Market – 2 <sup>nd</sup> Saturday of the month 9:00-2:00pm
Sunday	New Beginnings Church 10:30am-12:30  Yoga last Sunday of the month 7:00-8:30pm

# Orton Coronation Celebrations



Free Refreshments

Sunday 7th May  
CORONATION BIG LUNCH  
Orton Market Hall  
11.30am—2.30pm



“Bring & Share”

Come along and join the fun!!  
Share your favourite dish with others

Superb raffle in aid of NWAA & the Church Tower Fund  
Be a “Monarch for a Moment” - photo opportunity for younger guests

Free hot & cold drinks & nibbles  
Toast KING CHARLES III with a glass of champagne



Cont/

We also hope to be opening some of our farms to visitors again this summer - watch out for more information. Visit [www.ortonfellsfarmcluster.co.uk](http://www.ortonfellsfarmcluster.co.uk) for more details on upcoming events.

**We look forward to seeing you soon!**



## Celebrating the Coronation



**Orton  
Community  
Celebration  
Communion  
Service**



**Sunday 7th May**



**10.30 a.m.**

**All Saints' Church,  
Orton  
with choir**



## The Story of Orton Police House and Gaol

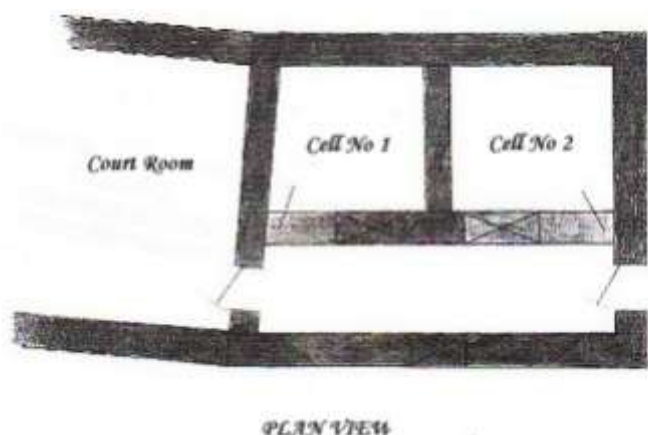


Many people know the two buildings above as the Schoolmasters House and The Old School. It is true that they have been that, but what about before then.

On the 22nd October 1858 at the Michaelmas Quarter Session at Kendal, the Chief Constable of Cumberland and Westmorland reported that a small lockup was required at Orton. "More particularly since the commence of the new Line of Railway in the District". The Justices agreed and Richard Burn Esq. of Orton Hall advised them that he had such a house and premises that were "well adapted for the purpose".

A rent of £5 per annum was to be paid to him £3 by the resident constable and £2 by the county. The cost of converting these buildings was to be £30 but in fact they cost £45.

Plans were drawn up and the conversion was started. It is interesting to note that the masonry for the doors and windows was of red sandstone, whereas the native stone in Orton is limestone.



It seems probable that the Police Authority had lock-ups made to a standard pattern, and that the mason-work was carried out in Cumberland where red sandstone would be readily available.

54 years later in March 1914 it was proposed that the police station was converted into a school as "The population is now at Tebay, Orton has no crime now and the rooms are only 6 feet high" The conversion cost the District Council £120.00. There were local objections and letters were sent to the press but the plan went ahead and this therefore became Orton Infants School until it closed in 1922

Now skip forward to 1983. Brian and Audry Lord bought the premises and decided to convert it into their home. During the 1983 modernisation the masonry of the prisons cells was completely removed, and it now seems clear, in view of the weights involved, why the cells were left in place during previous conversations of the premises.

Each cell had a doorway with jambs and headstone of sandstone, and a window of the same material. What is noteworthy, however, is the size and weight of the sandstone blocks. Each piece measured some 22 inches from front to back to match the thickness of the limestone rubble wall into which they had been fitted. Each door jamb, 8 inches wide, must have weighed about 6 cwt, while the window, of some 10 inches width all round, and made in two pieces must have weighed not less than 12 cwt.

Furthermore, each window opening carried a weighty cast-iron frame which required a rebate in the stonework 1 1/2 inches wide. A prisoner at the gaol lodged in a space 8 feet each way, confronted, no doubt by a heavy oak fitted in its sandstone frame, and by a window at chest height sloping at sill and lintel so as to make hand and foot hold difficult, and overhead by a ceiling of close fitting planking bolted to the beams above, was, therefore, unlikely to entertain any hope of escape. Indeed the ceiling planking had been secured by driving securing bolts in from underneath and screwing them up, out of sight, on the top of the beam.

So what had been a house and probably a barn is back again as 2 houses.



Heather Ballantyne

### Biscuit of Destiny John Hegley

Thu 4 May 2023 - 7:30 pm  
Crosby Ravensworth Village Hall Crosby  
Ravensworth, Penrith, Cumbria, CA10 3HY  
Adult £10.00 | Child £7.00 | Family £30.00  
Telephone 07584 251352

**Did you know?**

**Tebay Primary School offers...**

- Flexible nursery provision from 3 years of age for the full 30 hours.
- Nursery provision from 9:00 until 3:30 Monday-Friday.
- Breakfast club from 8:00am.
- After School Club until 3:00pm.
- Small class sizes; all needs are catered for.
- Outstanding outdoor provision.
- Fresh school meals cooked on site.
- Support from Cumbria Education Trust.
- Excellent links with various secondary schools.
- Excellent support for SEND pupils.
- A tailored curriculum enhanced by trips, residentials and experiences.

Discover a flourishing environment in the heart of our community.  
A small school full of BIG opportunities.

**We would be happy to show you around and discuss your child's individual needs**

For more details or to arrange a visit contact Tracy Morland on **015396 24239** or email [admin@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

Website: [www.tebay.cumbria.sch.uk](http://www.tebay.cumbria.sch.uk)  
Facebook: [www.facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)







## TEBAY PARISH COUNCIL

Tebay Parish Council met on 29th March to consider the following:

Art Work on the Roundabout

The Westmorland Dales Landscape Partnership are sponsoring this project. No local artists had expressed an interest in making a suitable sculpture/ art work, so the work would be re-tendered.

Play Areas

The Westmorland and Furness Authority had agreed to make a grant of £2000 towards the cost of re-fencing the two play areas. This was substantially less than the sum applied for, so the project would be scaled down appropriately.

Speeding Vehicles

It was agreed to move the Speed Indicator (Smiley Face) device to a new spot and to ask the police to deploy the speed camera vehicle to combat the problem of vehicles speeding through the village.

Recycling Centre

Volunteers had been sorting the rubbish as people were putting the wrong materials in the various containers (eg. plastic in the bins for paper).

Any spare time on Tuesday afternoons?

Come and join us at Tebay Methodist school room from 2pm — 4pm, for games & crafts, a cup of tea & a natter.

You will be very welcome!

## Greenholme Show

Saturday 10th June 2023

Schedules in Orton and Tebay PO's

Or see it on [www.issuu.com/greenholmeshow](http://www.issuu.com/greenholmeshow)

Or on  [Greenholme Agricultural Show and Gala](https://www.facebook.com/greenholmeagriculturalshowandgala)

or email - [greenholmeshowsecretary@gmail.com](mailto:greenholmeshowsecretary@gmail.com)

Closing date for entries - Tuesday May 9th



Tebay Community Choir  
10th Anniversary Concert

Monday 22nd May at 7.30 pm  
St James's Church, Tebay

Performances by Melody Makers,  
Tebay Kids' Choir  
and the Community Choir

Celebratory refreshments afterwards in  
Tebay Club.

*Retiring collection in aid of St James Church.*

Churchwardens at the licencing  
of the Rev Brendan Giblin





# Tebay celebrates the Coronation of King Charles III



## Coronation Windows

From Monday 1st May:



Decorate your homes in Red, White & Blue or in any Coronation theme you fancy, to celebrate this historic event in our country.

w/c 1st May  
Decorate your windows in Red, White & Blue

Saturday 6th May  
Live screening of the Coronation with Cream Teas @ Tebay Club

Sunday 7th May  
Coronation Big Lunch @ Tebay Chapel

Monday 8th May  
Big Village Help Out Meet at Tebay Club



Join the Community on Saturday 6th May for a live screening of the Coronation of King Charles III whilst enjoying tea, scones and cake at Tebay Club (the bar will also be open). We will be open an hour before the Coronation begins.

## Coronation Big Lunch



Together with the Warm Welcome Team, you are invited to the Coronation Big Lunch at Tebay Chapel on Sunday 7th May from 12:30pm until 4.30pm.

*This will be a Bring and Share event, with hot and cold food, so please bring along some food to share with others in our lovely village.*

Coronation Service  
10.30am, St. James Church — a family friendly service with music from Tebay Kids Choir



Monday 8th May 11am—1pm  
Join the BIG VILLAGE CLEAN UP Our focus areas will be our local Primary School and Recreation Ground. We will also need volunteers to pick up litter please and refill poo bag bottles. We will meet at the Club to allocate jobs - if you have tools and gloves, please bring them. Soup and bacon rolls will be available for anyone who helps from 1pm. If you can make soup, please let the Club staff know.

## Evening events:

Saturday 6th -  
Family Disco at Tebay Club with CROWN Competition

Sunday 7th -  
**'Karaoke at the Keys'** with Fancy Dress



## YOUR CLUB



# NEEDS YOU

Like so many businesses post Covid and during the cost of living crisis, the Club is really struggling to meet costs at the moment and needs your support.

### How can you support us?

- Become a member - for just £15 a year you can become a member and enjoy reduced price drinks and free venue hire
- Pop in whenever you can - even with prices everywhere going up, the club is still extremely reasonable for drinks, just £3.50 for a pint of lager, £4.00 for a G&T and £3.30 for a glass of wine.
- Support our monthly events & suggest events for us to host in the Club. For events to be successful we need bums on seats and drinks in hands!
- Share our Facebook posts far & wide

- Hold your own event here, we have a fully functioning kitchen and a huge function room. We can cater your event to any budget, or you can do you own catering. The Club can host Weddings, Birthday parties, Christenings & more. It's got a stage for a Band/DJ

Over the years the Club has supported the School, the Church, many, many Charity nights, World Cups have been watched here on the big screen.... the list is endless!

Can you imagine where you might do these things if The Club were no longer there? It's our turn to support the club in its time of need otherwise sadly one day it won't be here.



## THE HUB

Tebay Community Library & Drop In in the Hub

St. James' Church, Tebay



Every Monday morning  
10.30am - 12.30pm

Refreshments - Books to borrow and buy  
All ages welcome



Children in **Year's 3, 4, 5 and 6** performed a dramatic reading of Michael Rosen's poem 'Strict' at the Sands Centre, Carlisle on Tuesday 21st March as well as a selection of songs with the other schools from Cumbria Education Trust. The Sand's Centre was full of family, friends and CET staff..... Throughout the day, and the performance the children showed incredible levels of respect, responsibility, resilience and confidence. They were absolutely outstanding! a fantastic experience for all the children involved.



What a fantastic night we all had at the Sands Centre on Tuesday evening.

I am sure that you will all agree our children did us proud! Their performance was absolutely stunning. To hear the audience laughing at the humour in the performance was magical. The choreography was



perfect and all the lines were delivered with feeling and skill.

It was not only their performance on stage that was stunning. We received so many positive comments about the behaviour and the manners of our children from staff at the Sands Centre as well as staff from CET. I would like to thank all our families for supporting this event and encouraging very nervous children to push themselves out of their comfort zone. The delight and pride on their faces was priceless!



I would like to finally thank our wonderful staff who made this night possible. Miss Hill has worked incredibly hard putting the performance together as has Miss Jameson ensuring the children were word perfect for the songs.

We are already thinking about what we will do for the next event. Watch this space!

Helen Wright, Head of School.

Class 3 enjoyed a sausage making demonstration from David Morland, Head of Butchery at Westmorland

Services and Simon James who works at the butchery.

Children helped with the process from start to finish, asking lots of questions. The Cumberland Sausages they made were then used at Friends of Tebay School's fundraiser on Saturday 25th March.



## BRITISH SCIENCE WEEK

As part of British Science week, the children in Class 3 designed and built a town with working traffic lights, a street light and a building containing a burglar alarm!

Members of class 3 stood up in assembly and showcased their final product to the rest of the school.



## Friends of Tebay School.

FOTS held a very successful 'Soup and Sarny' fundraiser on Saturday 25th March in school. Home made soup and a sausage or bacon bun were on offer as well as home-made cakes and a raffle. The total raised was £370.10. Huge thanks to everyone who helped in any way, to Westmorland Services for providing the bacon and sausages and to everyone who supported this event.

### Upcoming events:

Saturday 22nd April – Bingo in memory of Amanda James, eyes down at 7.30pm in Tebay Club.

Saturday 6th May – Best crown disco at Tebay Club (time to be confirmed).

Wednesday 28th June – Cakes and sandwiches for Tebay fell race.

We really appreciate the support our community gives to the school, thank you from us all.

If anyone would like to visit the school please contact the school office to arrange a suitable time and date.

We have spaces available for Nursery in April and September 2023 and January 2024.

### Do visit us:

In person — by arrangement with the school

Online: [www.tebay.cumbria.sch.uk](http://www.tebay.cumbria.sch.uk)

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

[admin@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

Tebay Primary School Tel: 015396 24239

## News from All Saints' Church, Kasese, Uganda

parish linked  
with All Saints', Orton



### WhatsApp messages and emails received

News from All Saints, Kasese

From the Revd. Christopher Syauswa, vicar, Good Friday, 7th April:

Hi, I, Rev Christopher, my wife Mary and family would like to wish a happy Easter to you and your family as we commemorate the death and resurrection of our saviour Jesus Christ.

And I convey to you warm Easter greetings from Christians of All Saints Pro-Cathedral, Kasese.

*(We sent them Easter greetings from All Saints, Orton, together with a photograph of the Sunrise Service on Orton Scar!)*

From Revd. Nelson Walina, ex-vicar of All Saints, and now Diocesan Secretary:

25th March: Good News to you and Ines, Ronnie, Fran Parkinson and other friends.

My daughter Jennifer has just delivered a baby boy in Kawembe-Mulago hospital.

Melina has been in Mukono Kampala for 2 Weeks, Caring and nursing her daughter.

As I was praying this tonight prayer, I saw my wife calling, telling me to continue praying because the baby was slow to come out. I beseeched to God, "God! Kindly push with her, push the baby to come out." As I ended the pray then I saw her calling, that the baby has been born. Amen and Amen.

*(We responded with congratulations. A Tebay lady wrote, "This is very good news. A big welcome to the new baby. Congratulations to Jennifer and the family.")*

Nelson replied:

We as family, we appreciate you for congratulating our daughter Jennifer upon given birth to a baby boy. We continue praying the Almighty God for this happiness and joy of a baby.

In our Couples Corner Fellowship we had 4 pregnant ladies.

MARISON family delivered one week ago.

Now, in the JOJEK family has delivered a baby boy tonight.

Means, we are remaining with JOZAK family and the ROSAM family.

But we thank God for your prayers. The Lord God is blessing us.

Also we have one lady 3 years in marriage but not conceived. On this one we need also you join us in the special prayers upon her. She is desperate but I am carrying the counselling sessions.

Thanks. Walina Nelson.

On Easter Day he messaged:

I wish you this Easter holiday fills your home with Peace, Joy, and Plenty of Colourful Easter eggs. Wish You Happy Easter!

"Our family is Sending you joyful loves this Easter."

Rev Walina Nelson and Melina Masika

We also received Easter greetings from Rev. Robert Zziwa and Rev. Nelson Isebagheen.

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## Notes from the Herald 1923

Items omitted from January-April:

Orton Died at the Bungalow, Orton, on 10th, Ethel Helen, only child of John and Elsie Jane Wilson. She was aged 2 years and 3 months old and was buried at Orton on Saturday, 13th at 2pm.

Ravenstonedale Band of Hope AGM – is £9 in hand (now £720)

Died at New Shildon, Co. Durham on 31st December, Eden Metcalfe, daughter of John and Elizabeth Slee late of Ravenstonedale. She was buried there on 3rd January. A bright cheerful girl, she and her family left only three weeks ago. After two weeks she fell ill and died. The funeral was at Ravenstonedale Congregation Church, the coffin coming by train. Wreaths included one from Mrs. Metcalfe-Gibson of Coldbeck House.

From Jeremy: No more 1923 extracts till my *glaucoma's pressure is reduced enabling the cataract to be removed.*

A note from Meryl Aspden: *Thanks as always to Jeremy for sending us these additions. Jeremy has been sending notes from the Herald for our area for twenty years or so and I have been told by many people how much they are enjoyed. Many of the families mentioned are still in the area and for those of us who weren't born here they give a precious insight into life as it was before our time. I am sure our readers will join me in wishing Jeremy a swift resolution to his visual problems and best wishes for his recovery and we hopefully look forward to receiving more Notes in the future.*

Thank you Jeremy.

The Link — your local church & community magazine

## The Quest for the Holy Grail

### Appleby Arts Society's lecture for April was given

by Jacqui Hyman, an accredited conservator/restorer who, through her personal conservation of the tapestries whose images she showed, was able to show a rare insight into their construction and design.

William Morris and Edward Burne-Jones are probably the two best known figures of the Pre-Raphaelite period, Morris famous today for his fabric designs, and Burne-Jones for his paintings and stained glass windows, some of which can be seen locally. They met at Oxford University and went on a walking trip to France to visit Amiens, Beauvais and Rouen cathedrals, and also Beauvais tapestry factory. On their return they devoted themselves to the world of art of the Middle Ages.

With two friends Morris formed a company, Morris, Marshall, Faulkner and Co. and opened a shop at 449 Oxford Street, London, a showroom full of his designs and fabrics. He despised all the cheap, new goods that were being produced, and believed everything should be made from natural products. He taught himself to master all the techniques such as stained glass, block printing cotton fabric, using the tapestry looms and how to produce the natural dyes based on early herbal recipes, that he used for all his fabrics.

Millionaire William Knox D'Arcy had struck gold in Australia in 1886 He returned to England and bought Stanmore Hall in Middlesex. He commissioned Morris and Co to decorate the whole house – including tapestries - for which the theme was the Knights of the Round Table and the Quest for the Holy Grail, for a fee of £3,500. The Holy Grail was the vessel that Christ drank from at the Last Supper, the Quest was a moral journey based on Christian principles.

There were 12 tapestries in total, of various sizes to suit the walls where they were to be hung. One tapestry was 2.45m high by 5m in length. Burne-Jones designed the cartoons from which the tapestries were woven on a medieval style high warp loom. The work was woven sideways on, and the weaver only sees the back as he weaves, he can't see the right side as he works. Wool and silk were used for the tapestries, the silk giving a sheen



Cont/

to the work. The tapestries were worked from 1892-95.

Jacqui then showed images of the tapestries, which are breathtaking.

The picture on the left shows King Arthur, Sir Galahad and Lancelot, Gawaine and Guinevere, horses, rabbits, birds and it is possible to identify every one of the millefleur display of flowers on each panel. By great good luck, the current exhibition at Tullie House in Carlisle is 'The Legend of King Arthur: A Pre-Raphaelite Love Story'. In addition to some well-known Pre-Raphaelite art, there are two tapestries from the Stanmore Hall collection, which are exquisite.

**Appleby Society's next lecture will be 'Where have all the women gone?' on 10<sup>th</sup> May.**

Image courtesy of the Dolcooth Greenfield Museum

**Exhibit 'A' Gallery**  
The Old Courthouse, Shap, Cumbria, CA10 3NL  
[www.theoldcourthouse.org](http://www.theoldcourthouse.org)

## OUR COMMON HERITAGE

### FREE EXHIBITION

Sat 27th May to Sun 18th June - The Old Courthouse, SHAP

An exhibition inspired by oral histories with commoners and representatives of the farming community.

The history of the Westmorland Commons links to the evolution of grazing animals in the area, the rise and fall of specialised breeding stock, droving and agistment, and the labour of tenant farmers working the common from small family farms for hundreds of years.

This is a drop-in event, so there is no need to book but please check daily exhibition opening times on the venues website at:

[www.theoldcourthouse.org](http://www.theoldcourthouse.org)

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**TEBAY POST OFFICE**  
 015396 24967

MON 9am - 1 pm & 1.30 - 5.30 pm  
 WED 9am - 1 pm & 1.30 - 5.30pm  
 FRI 9am - 1 pm & 1.30 - 5.00 pm

# Services in our Anglican Churches

<b>Sunday 7 May</b> <i>Easter 5</i> <p style="text-align: center;">Welcomer:  <b>Genesis 8:1-19</b>  <b>Acts 7:55-60</b></p> <i>White</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i> <p style="text-align: center;">Welcomer:                  Olive Bland                  Andrea Dutton                  Andy Glanville                  Chris Bland</p>	<b>Tebay, 10.30am</b> <b>Songs of Praise</b> <i>Team</i>	<b>Ravenstonedale, 10.00am</b> <b>Songs of Praise</b> <i>Amanda Budgett</i> Diana Fothergill Hilary Law
<b>Sunday 14 May</b> <i>Easter 6</i> <p style="text-align: center;">Welcomer:  <b>Genesis 8:20-9:17</b>  <b>Acts 17:22-31</b></p> <i>White</i>	<b>Orton, 8.30am</b> <b>Holy Communion (BCP)</b> <i>Chris Jenkin</i> John Dunning	<b>Tebay, 10.30am</b> <b>Service of the Word</b> <i>Rosemary Campbell</i>	<b>Ravenstonedale, 10.00am</b> <b>Holy Communion</b> <i>Carole Marsden</i> Caroline Morris David Morris
<b>Sunday 21 May</b> <i>Easter 7</i> <p style="text-align: center;">Welcomer:  <b>Ezekiel 36:24-28</b>  <b>Acts 1:6-14</b></p> <i>White</i>	<b>Orton, 10.30am</b> <b>Morning Prayer</b> <i>Team</i> <p style="text-align: center;">Welcomer:                  Keith &amp; Janet Capp                  Chris Bland                  Margaret Longworth                  Elizabeth Crossley</p>	<b>Tebay, 10.30am</b> <b>Songs of Praise</b> <i>Lay led</i>	<b>Ravenstonedale, 10.00am</b> <b>Holy Communion</b> <i>+James Bell</i> Martin Lovell Sarah Lovell
<b>Sunday 28 May</b> <i>Pentecost</i> <p style="text-align: center;">Welcomer:  <b>Acts 1:1-11</b>  <b>Ephesians 1:15-23</b></p> <i>White</i>	<b>United Service at Orton, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i> <p style="text-align: center;">Welcomer:                  Mary Jenkin                  Elizabeth Crossley                  Keith Capp                  Olive Bland</p>		
<b>Sunday 4 June</b> <i>Trinity</i> <p style="text-align: center;">Welcomer:  <b>Isaiah 40:12-17, 27-31</b>  <b>2 Corinthians 13:11-13</b></p> <i>Green</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i> <p style="text-align: center;">Welcomer:                  Keith &amp; Janet Capp                  Mary Jenkin                  Andrea Dutton                  Margaret Longworth</p>	<b>Tebay, 10.30am</b> <b>Songs of Praise</b> <b>at the Methodist church</b>	<b>Ravenstonedale, 10.00am</b> <b>All Age Worship</b> <i>Team</i>

## Church Contacts

### Anglican Church

Vicar            Vacancy  
 Curate        On placement  
 Mission Community Administrator  
 Joyce Keetley    07741 327318  
 applebymc@carlisediocese.org.uk

Retired clergy  
 Sandra Ward            24213  
 (*Penrith & Keswick Hospital Chaplain*)  
 Christopher Jenkin    24410

Orton with Tebay  
 Churchwardens  
 Chris Bland            24258  
 Linda Garrick        24262

Martin Lawson            26028  
 PCC Secretary  
 Susan Thorpe            24166  
 s.thorpe669@btinternet.com

Treasurer  
 Bill Lawler            24465  
 Local lay minister  
 Rosemary Campbell    24837

Ravenstonedale with  
 Newbiggin-on-Lune  
 Churchwardens  
 Ann Brownrigg            23594  
 Martin Windle            07899 907958  
 Tim Parkinson            23393

Secretary  
 Suesi Windle  
 suesi.windle@googlemail.com  
 Treasurer  
 Tim Parkinson            23393  
 Methodist Church  
 Revd Stephen Radford,  
 017683 71202  
 stephen.radford@methodist.org.uk  
 Roman Catholic Church  
 Fr John Winstanley  
 Church of Our Lady of Appleby  
 01768 862273  
 New Beginnings Church  
 Pastors: Barry & Karen Hawthorne  
 07437 468896

# Services in our Methodist Churches

	7 <sup>th</sup> May	14 <sup>th</sup> May	21 <sup>st</sup> May	28 <sup>th</sup> May
	Vocations Sunday	Start of Christian Aid week	Aldersgate Sunday	Pentecost
<b>*Tebay</b> M P 1-1300 M H B	D Askew HC US	LA	US at PC	S Radford HC
	Connexion Service Venue TBC			
<b>Shap</b> (Class of Tebay)	J Betts ----- 6.30 Connexion Service Venue TBC			
<b>#Orton</b> M P Complete M H B PB EW	LA	B Staley	P Hilland	US at PC
	Connexion Service Venue TBC			
<b>#Newbiggin on Lune</b> M P 1-1250 + More on screen M H B	R Dent CA	LA OA	LA TP OA	LA TP OA
	Connexion Service Venue TBC		Prayer and Share	
<b>*Ravenstonedale</b> M P 1-1144 M H B H & P	A Sterling HC	P Dunstan CA	3.00 US at C of E TBC	S Radford
	Connexion Service Venue TBC			

## Wild Wanderings

Come and join us to **connect** with each other & the divine in creation to **reflect** on where we are & who we are called to be to **act** together to create the change we want to see.

**Sunday 21<sup>st</sup> May**  
4pm - 5pm walk  
5pm - 6pm shared tea  
**Meet at Tebay Chapel**

Walk with us or stay and prepare refreshments for later

A gathering for our community, for people of any age and background  
Local walk: a couple of miles, whatever the weather – meet at Tebay chapel, dressed appropriately!  
Please bring a plate of savoury or sweet finger food to share.  
*For further details, please contact Pam on 07552 405500*



**New Beginnings Church**

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## Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local church. If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator, Joyce Keetley on 07741 327318

or [applebymc@carlisle-diocese.org.uk](mailto:applebymc@carlisle-diocese.org.uk).

Please make contact with Rev Stephen Radford

for any Methodist Church requirements for membership, marriage, funerals, etc.

[stephen.radford@methodist.org.uk](mailto:stephen.radford@methodist.org.uk)



<https://pray-as-you-go.org/>

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# KIDS CORNER



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

Read these verses from the Bible:  
**Luke 10 v 25-37**

A lawyer asks Jesus how to know what is the right thing to do, and Jesus helped him see a possible answer.

You can find an online Bible here: <https://www.biblegateway.com/>

We suggest you choose the Message translation.



to a

## Loving God and others



The good Samaritan knows how to do the right thing and be a good neighbour.

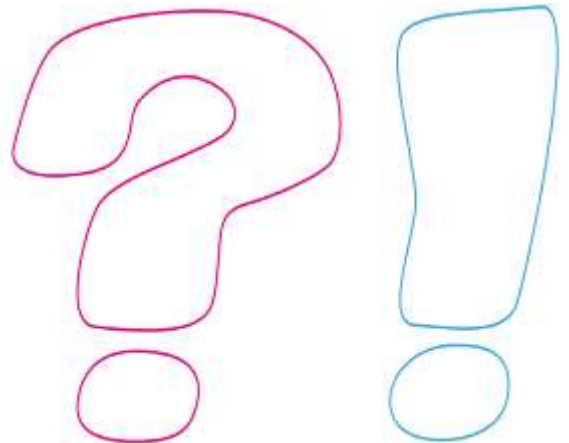
### ?????? Puzzle

Follow the paths to see who knew the right way to help the wounded man.



### Jesus says Write

Write a question you'd like to ask Jesus in the question mark, and an answer you think he might give, in the exclamation mark.



### Draw!

Draw a simple picture for each of the words in bold.



Love the Lord your God with all your:

<input type="text"/>	+	<input type="text"/>	And love your:
<b>heart</b>		<b>soul</b>	<input type="text"/>
<input type="text"/>		<input type="text"/>	<b>neighbour</b>
<b>strength</b>		<b>mind.</b>	as yourself

## Upper Eden Medical Practice

### Appointments:

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey.accurx.com/p/A82013>

### Dispensary:

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays.

Please allow 3 working days for your prescription to be ready.

### Protected Learning time surgery closures:

The PLT on Wed 15th March has now been CANCELLED and the Surgery will remain open.

The surgery will be closed from 1pm on:

- Thursday 20th April 2023
- Wednesday 17th May 2023
- Thursday 15th June 2023

### Upcoming Bank Holiday Surgery Closures:

#### Easter:

Friday 7th April 2023  
Monday 10th April

Early May Bank Holiday:  
Monday 1st May 2023

**The King's coronation**  
Monday 8th May 2023

Spring Bank Holiday  
Monday 29th May 2023

### Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

### Covid Spring boosters:

Eligible patients: Adults aged 75 years and over • residents in a care home for older adults • individuals aged 5 years and over who are immunosuppressed. We are putting plans in place to vaccinate our care home and eligible housebound patients. All other eligible patients should book via a local vaccination centre.

### Shingles:

You are eligible for the shingles vaccine if you are aged 70 to 79.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

**☎: 017683 74015**

## Orton Surgery & Shap Medical Practice

### Current Procedures

- \* The Doctors and Nurses at the Practice continue to operate an initial telephone triage system. If a face-to-face consultation is necessary, the Doctor or Nurse will book you an appointment at Shap later that day. Please contact the surgery at 8.30am to arrange a telephone triage appointment.
- \* When attending an appointment at the Practice, face masks must be worn when in a consultation room and it is advised to continue to wear one throughout the rest of the building.

### Dispensary

- \* Medication will be available to be collected from the Dispensary at Shap 3 working days after the prescription has been handed in. Patients will receive a text message to confirm their medication is ready to be collected.
- \* The opening hours for the Dispensary is as follows:

Mon, Tue, Wed & Fri  
9:00am – 1:00pm and 3:00pm – 6:00pm  
Thursday  
9:00am – 1:00pm

### Protected Learning Time

*The Practice and Dispensary will be closed for training from 1pm on the following dates:*

*Thursday 20<sup>th</sup> April 2023 and  
Wednesday 17<sup>th</sup> May 2023.*

### Surgery Patient Participant Group

On Saturday 22<sup>nd</sup> April the Surgery will be open to all our patients for a coffee Morning between 9:30am-11:00am.

*We will have the current members of the PPG in attendance along with Practice Manager, GP and a Nurse to talk about the developments of the Surgery and PPG, and will demonstrate equipment that has been purchased through the equipment fund. Refreshments are free to all our patients.*

### THANK YOU!

*We would like to sincerely thank all our patients who kindly donate cakes, biscuits, chocolates and other goodies throughout the year to the staff who work at the Shap Medical Practice & Pharmacy. Your kindness really means a lot to us and we are so very grateful to you all.*

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Tree shelter specialist Tubex is offering hubs around the UK where tree shelters – the plastic tubes placed around saplings to protect them from wildlife and weather during the early stages of growth – can be dropped off to be recycled, completely free of charge.

The scheme is a joint initiative with charity Yorkshire Dales Millennium Trust (YDMT), which opened several hubs of its own in 2021. There will be a total of 14 national hub locations launched this year.

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Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garthill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

## WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

## THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.50	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

Revised 25-11-21

## 106 Bus Service

Kendal - Tebay - Shap - Penrith  
 on TUESDAYS & FRIDAYS

	to Penrith	to Kendal Tues/Fri	to Penrith
Kendal	10.00	14.05/13.35	15.30
Tebay Mt Pt	09.32	13.28/12.58	16.02
Orton	09.40	13.20/12.50	16.10
Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
Penrith	10.30	12.30/12.00	17.00

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## Useful Contacts

Please let us know if there are others to add here...

Phone area code: 015396, unless shown otherwise.

### For children and young people

#### Orton C of E School:

Headteacher, Mrs. Emma Pomfret

Office: Vicky Percival: 24268 ,

Friends of Orton School: Joanna Hayward: 07837 767442,

[haywardjm75@gmail.com](mailto:haywardjm75@gmail.com)

#### Tebay Primary School:

Head of School: Mrs. Helen Wright

Office: Tracey Morland: 24239

Friends of Tebay School: Claire Penhallurick 07986 692527

#### Catchment Area Secondary School:

 Kirkby Stephen Grammar School: 01768 371693

### For little children:

Ravenstonedale: Dinky Dales Nursery Ltd:

Julie Procter and Keeley Morland: 23670

### For older children and young people:

#### \* Scout Group – Scouts, Cubs, Beavers

Shap area: Jackie Wright: 01931 716490

Kirkby Stephen: Lois Wiseman: 01768 341107

\* Appleby Guides: Leigh Wilkinson: 07869 078977

\* Appleby Brownies: Emma Williamson 07800 564170

\* Appleby Rainbows: Sue Grainger: 07876 403895

\* Kirkby Stephen Brownies & Guides:

Audrey Gray: 07889 093848

#### † Northern Inter-Schools Christian Union (NISCU):

Ruth Evans, [ruth.evans@niscu.org.uk](mailto:ruth.evans@niscu.org.uk)

#### † Tebay Youth Club

Rachel Milburn, [Rachel.Milburn@carlisle-diocese.org.uk](mailto:Rachel.Milburn@carlisle-diocese.org.uk)

#### ⚙️ Families Together in Tebay and Orton:

Pam Lawson: 26028

f Tebay Beginner Brass: Julie Hoggarth: 07866 378392,

[julie@drumandbrass.co.uk](mailto:julie@drumandbrass.co.uk)

### Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900

Upper Eden Medical Practice, Kirkby Stephen

(with Surgery in Tebay): 01768 37136

Shap Medical Practice (with Surgery in Orton): 01931 716230

#### Vets:

Kirkby Stephen: 01768 371359     Appleby: 017683 51507

Shap: 01931 716024

### Adult groups

Alcoholics Anonymous Call FREE 0800-9177-650

email: [help@aamail.org](mailto:help@aamail.org)

S Archaeological Society: Jan Hicks: 01931 714122

V Arts Society, Appleby: Gillian Stoddart: 01768 862501

🏸 Badminton: Richard Percival: 24352

#### 🎧 Bands:

Appleby Town Band: Chris Jenkin: 24410

Kirkby Stephen Silver Band:

Caroline Souter: 017683 72376

🔔 Bell Ringers: Julian Thorpe: 24166

Bingo: Jillian Hewitt: 01931 715000

Boccia: Felicity Lawler: 015396 24465

Book Club: Clare Fox: [clarefox59@gmail.com](mailto:clarefox59@gmail.com)

Judith Cattermole: [judithcattermole2@gmail.com](mailto:judithcattermole2@gmail.com)

Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410

Community Choir: Alison Mott: [Alison@mott.me.uk](mailto:Alison@mott.me.uk)

#### Concerts:

Appleby: North Westmorland Arts: 017684 83777

Kendal: [www.lakelandsinfonia.org.uk](http://www.lakelandsinfonia.org.uk)

Kendal: [www.kendalmiddayconcertclub.org](http://www.kendalmiddayconcertclub.org)

First Responders: Steve Dunkinson: 24286

Folk Dance Club: Chris Bland: 24258

Greenholme Show: Keith Golding: 01931 715446

Heating Oil Syndicate: Chris Jenkin: 24410

Howgill Harriers Running Club: [Admin@howgillharriers.co.uk](mailto:Admin@howgillharriers.co.uk)

Local History Society, Ravenstonedale:

Val Fermer: 07798 688057

#### Lunch Club:

The George Hotel, Orton: Bronagh: 24071

#### Orton Market Hall Bookings :

01539624140, [bookingsortonmarkethall@gmail.com](mailto:bookingsortonmarkethall@gmail.com)

Men's Meeting, Newbiggin: Jonny Capstick: 23141

Orchestra: Cobweb Orchestra: Richard Best: 23470

Quiz Team, Orton: Louis Cotter: [lfc@lfcotter.plus.com](http://lfc@lfcotter.plus.com)

Volunteer Social Car Scheme: Dennis Humphreys: 26052

#### Women's Groups:

Orton: Pat Alexander: 24303

Lune Ladies: Wendy Dickinson 07766 833500

Mothers' Union: Angela Milburn: 24382

Women's Institute: Jackie Huck: 24266

### Local church & community websites:

All Saints': <https://www.achurchnearyou.com/church/12220/>

St Oswald's: <https://www.achurchnearyou.com/church/12221/>

St James': <https://www.achurchnearyou.com/church/12223/>

Methodist: <https://www.ksaandtircuit.org.uk/>

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.rdalepc.uk>

### Churches' Facebook pages:

Orton: <https://www.facebook.com/AllSaintsOrton/>

Tebay: <https://www.facebook.com/stjamestebay>

Ravenstonedale: [https://www.facebook.com/](https://www.facebook.com/StOswaldRavenstonedale/)

[StOswaldRavenstonedale/](https://www.facebook.com/StOswaldRavenstonedale/)

Families Together in Tebay and Orton : Pam Lawson

<https://www.facebook.com/FamiliesTogetherTebayOrton/>

Families\_Together@googlegroups.com