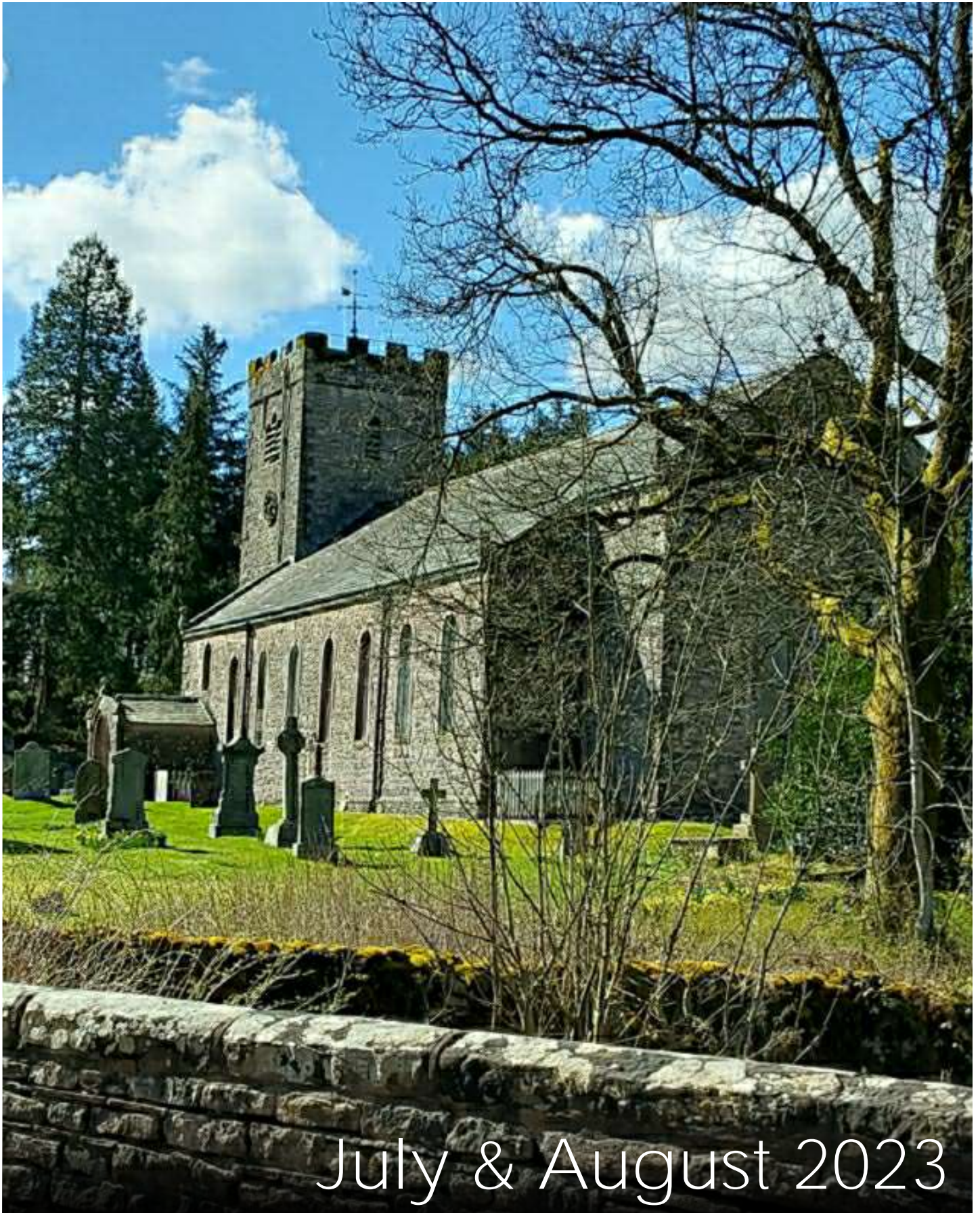


# *The Link*

The Church & Community magazine for Newbiggin-on-Lune, Orton, Ravenstonedale and Tebay



July & August 2023



# The Link

Published by the churches and communities in Newbiggin-on-Lune,

Ravenstonedale,  
Orton & Tebay

*The Link* is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of personal subscription, business advertising and underwritten by the local churches.

We would love to hear from you about what is happening, what **you've been doing, and what you** might like to see in YOUR magazine.

Please email us with

- \*your ideas,
- \*your photos,
- \*your news and
- \*notices of your events to:

[TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)

Please do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

Anne, Elizabeth, Linda,  
Martin and Paula.

If you want to sign up to receive The Link electronically, you can do so using this link:

<https://tinyletter.com/TheLink>

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo:  
St Oswald's Ravenstonedale  
Anne Eastwood

Welcome to this double issue of The Link magazine — covering the summer months.

The double issue gives the team that put the magazine together a breather, but also reflects the change of rhythm that lots of people experience when the schools break for the summer holidays.

Do enjoy reading about what has happened in the last month or so — the Vagabonds' performance, the Orton exhibition, the Greenholme show and what our schools have been getting up to.

Plan ahead as well — there's the Ravenstonedale Agricultural Show in August, and lots of other

events happening through the summer.

If you're at an event, do take some photos, or jot down a short report and send it in to us, so we can feature it in the next edition of The Link magazine.

Thanks again to all our contributors, and advertisers — if you use one of our advertisers it makes a huge difference to us (and to them) if you can tell them that you saw their advert in The Link.

If you want to advertise, but haven't yet, do get in touch as well!

All the best, the Link team.



Read our extended report on 'A Monarch a Minute' on page 6

## Supporting The Link

There are lots of ways you can support The Link — first and foremost, do please send us your news, articles, updates, photos, poems, etc. Email them to [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)

If you want to advertise, which is how we pay for the much of the printing costs of the magazine, do please get in touch — it currently costs £5 per smallest 'square' of advertising per month (Email as above if you want to know more).

If you want to support us financially, visit this link: [cutt.ly/LinkDonate](https://cutt.ly/LinkDonate) or scan the QR code on the right with your phone, or get in touch if you need another way to do so.



THE DEADLINE IS THE 13<sup>TH</sup> OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (preferably NOT PDF format) including advertising to: [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)

Payment for advertising or remittance advice to: Linda Garrick, 015396 24262 / [finance@linkmagazine.org](mailto:finance@linkmagazine.org)

We're still planning to develop stronger village links, including drop-off places for articles — coming soon...

# Archbishop's Visit

The Archbishop of York, the Most Rev Stephen Cottrell, joined the Bishop of Carlisle, the Rt Rev James Newcome, at the Appleby Horse Fair for the launch of a Gypsy Roma Traveller Friendly Churches initiative.

They toured other parts of the county, including calling in at the Junction 38 Truck Stop and Tebay South Services on the M6 where they met with staff.



They also visited Tebay North Services to hear more about its partnership with the mental health charity Growing Well.



Earlier in the day, the Archbishop of York, Stephen Cottrell, walked with the Bishop of Carlisle James Newcome to the Appleby Horse Fair, the biggest annual gathering of Travellers in the country.

Archbishop Stephen said: "I was delighted to be at Appleby Horse Fair today and to support the launch of Gypsy, Roma and Traveller Friendly Churches. I have seen and heard of the prejudice and racism the GRT communities face in their daily lives. As a church

we need to do more to stop this. And making a positive step to actively welcome them into our worshipping communities will help to bring about change."

The GRT Friendly Churches initiative is a result of the work of different churches led by Gypsies, Roma, Travellers and non-Travellers who have been reaching out to GRT communities. Churches can befriend and work alongside Gypsies and Travellers, which could include offering to pray with a family, offering water to people who are camping on the roadside, signposting people to services they need, or accompanying people to an appointment or engaging in more complex advocacy.

Archbishop Stephen and Bishop James commissioned two GRT chaplains - the Rev Andrew Burrell and the Rev Andrew Sterling.



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## Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that! Do please send us your updates.



# Newbiggin-on-Lune Village News & Events



NEWBIGGIN-ON-LUNE CHAPEL  
SUNDAY SERVICES  
10am every Sunday

Tea and Coffee to follow after the Service.

A Warm Welcome to Everyone

We have the following meetings, please contact us for further details:

Coffee Morning, Prayer & Share,  
Sunday School, Bible Study,  
**Men's Meeting, Ladies Meeting**

For further information please contact:

Wilfred - on 015396 23600 or  
Angela on 07980 418078



## FOLK DANCE CLUB

Our local club meets weekly in  
Newbiggin-on-Lune Village Hall

On Thursday evenings,  
7.45pm to 10pm

Singles & Couples all very welcome  
All dances are walked through & called  
Beginners welcome

For further details please

ring Catherine: 017683 41549 or  
email: [trimmers@coldkeld.com](mailto:trimmers@coldkeld.com)

You are invited to  
**Junior Church**

1st and 3rd  
sunday of every  
month at  
Newbiggin  
Chapel

During the  
Sunday service  
starting at  
10:30am

## Newbiggin-on-Lune Public Hall



Chair	Ian Clayton	015396 23226
Secretary	Jim Wardrope	015396 23288
Treasurer	Carl McLaughlin	015396 23674
Caretaker	Anne Brownrigg	015396 23594

☼All bookings should be made with the  
Caretaker  
☼All payments should be made with the  
Treasurer

Facebook:  
<https://en-gb.facebook.com/>

**Indoor Bowls**  
**Come and join us!**

Friday night is Indoor Bowls night  
 at Newbiggin-on-Lune

Starts at 7.30pm  
 costs £2, (first night free)

**you don't need a partner, just turn up!**

More information from 07880 706485

**- see you there!**



The Upper Eden Rotary club is running a fun ride for all ages, suitable for road bikes and e-bikes. There are 2 courses to choose from: 51 and 28 km starting in Kirkby Stephen, with marshalls along the routes and delicious home made refreshments available to buy in Crosby Garrett Village Hall.

Find out more at <https://www.britishcycling.org.uk/events/details/280383/ON-YER-BIKE-Upper-Eden-Rotary-Club-Charity-Fun-Event-2023>



**Ravenstonedale Village News & Events**

**St Oswald's**  
**Notes for Your Diary**

We are delighted to announce a series of Concerts & Recitals as follows:

- a. Sunday 20th August at 3.00-5.00pm  
 Concert of Handel Organ Concerti and Baroque Orchestral music  
 by The Wensum Camerata
- b. Sunday 10th December at 3.00-5.00pm  
 JS Bach Cantata No.1 from Christmas Oratorio and Magnificat in D  
 by The Wensum Camerata

Further information for all events  
 will follow in due course.  
 Please also see local Noticeboards.



This is a photo (taken by Diana Fothergill) of the Coronation flower beds at Raisbeck, in front of the Dame School to accompany the table and benches built for the Queens Platinum Jubilee looking amazingly colourful.

Thanks Diana



## A Monarch a Minute

The Vagabonds latest production was a history lesson but a lot more fun than any history lessons I remember from school.

We are welcomed into Westminster Abbey by the Tour Guide where, we are told, almost every King and Queen has been crowned for over a thousand years. The tour moves on but one man, Hugh, is a bit 'toured out' having done the Tower of London that morning. He opts to sit alone in a pew and wait for his wife to return.

He was wondering if the walls could talk when two of the statues came to life and then take him, and the rest of us, through almost a thousand years of History. One statue, Norma, was part of the original Abbey and Agatha was installed when the abbey was rebuilt in the 13th century.

First they meet the ladies who are being paid to embroider lengths of white cloth. One suggested that they could be creating something historical. It would be taken to France and be called 'The Bayeux Tapestry'. It didn't stop them complaining though about how many boats, knights and horses they had to embroider for the Battle of Hastings. One of them managed to stab her thumb but didn't think her blood would be noticed amongst all the dead soldiers.

King Stephen was the last of the Normans and in 1135, Henry II, the first of the Plantagenet was crowned. Their emblem was the cheerful yellow broom that grows all over the place.

He established the common law system and brought in Trial by Jury but didn't save Thomas a Becket who was murdered on the steps of Canterbury Cathedral.

The evening concluded with the choir (although I'm

sure there were a couple of ex 'Old Spice' girls there). They should have been practicing Handel's Zadok the Priest which has been played at every coronation since George II. However, thanks to 'predictive texting' it became Zorba the Greek which everyone thought a lot more fun and they all knew the steps.

The Tour then returned.

Goldie, the Coronation Chair flirtatiously tried to tempt the Stone of Scone into a dark corner and Hugh amazed his wife Doreen by telling her all he had learned from listening to the walls, and proposed a trip to France to see the Bayeux Tapestry.

He was followed by Richard I, Richard the Lionheart, who was always away on Crusades. His brother John succeeded him. He was always at home and fell out with everyone, including the Pope and the French. The barons made him sign the Magna Carta in 1215. 'The King is not above the law'. He managed to lose the Crown Jewels in quicksand crossing The Wash and died suddenly after indulging in some iffy alcohol.



English & French scrapping in the aisle.

His son, Henry III, was only nine and crowned in Gloucester where he happened to be with his mother when he ascended the throne. His mother's bracelet was used as a crown. He had another coronation in Westminster Abbey when he was thirteen.

He rebuilt The Abbey and the Tower of London, which included a zoo and received an elephant from the King of France. It had to be walked from Tilbury Docks and, as no one had ever seen an elephant before, the streets were crowded.

The Stone of Scone appeared next when it was taken to Westminster Abbey to be part of the new Coronation Chair for the coronation of Edward I.

Goldie (the chair) and Hamish (the stone) are reunited, much to the annoyance of Hamish who would rather be at home in Scotland.



Goldie, the Coronation Chair flirting with Hamish, The Stone of Scone.

The 100 Years War followed and the aisle of St Oswald's became the scene of many battles, commented on 'football match style' from the pulpit.

Next there was The Wars of the Roses between the Houses of York and Lancaster.

There were so many monarchs that some people didn't even know who was king. Poor Effie, an inmate of Bedlam, decided it was easier to stay where she was than try to keep up with the name of the king. A bit like it's been with us and Prime Ministers over the last couple of years.

The last king of the House of York was Richard III and we all know where he ended up!

Next were The Tudors which included the much married Henry VIII. He finally married a local lass, Katherine Parr who survived him.

We move on through the Stuarts and the Hanovers which included two James, two Charles, two Williams and four Georges.

George I had to be crowned in Latin because he couldn't speak English.

Samuel Pepys appeared next, recording the coronation of Charles II in great detail. The last monarch of the House of Hanover was Queen Victoria who reigned almost as long as the queen most of us have known for all our life, Elizabeth II.



Samuel Pepys writing about Charles II coronation

There were four coronations in the first half of the twentieth century:

Edward VII and George V who changed the family name to Windsor. He was followed by Edward VIII who abdicated before he was crowned. The crown was then passed on to his younger brother, George VI and Princess Elizabeth became 'Heir Apparent'.

Send us your contributions — [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)

'And the rest' as they say 'is history'.

Now we have King Charles and Queen Camilla.

Well, I learnt a lot and it was so much fun. I just wish that Joan Barnard had been my history teacher.

Kathy Trimmer

**The Vagabonds' next production will be 8th and 9th December.** Joan has no idea what it will be about - we all have to wait and see but put it in your diary now.



Photo credits: Fran Parkinson

Ravenstonedale  
Community  
& Heritage Centre  
**Coffee &  
Chat**

Held on 1st Monday of the month  
10.30am to 12 noon

**All Welcome**  
We would love to see  
you!

\* No fixed charge but  
donations towards the Centre  
running costs are very  
welcome





# RAVENSTONEDALE AGRICULTURAL SHOW

SATURDAY 19<sup>TH</sup> AUGUST 2023

## INDUSTRIAL CLASSES WILL BE AS LISTED BELOW

### PRODUCE, FLOWERS, etc.

1. 4 Fresh Eggs
2. 3 Sticks Rhubarb
3. 4 Tomatoes
4. 4 Potatoes
5. Longest Cucumber
6. 4 dessert apples
7. 4 cooking apples
8. 6 raspberries
9. Selection of 4 home grown veg
10. 4 home grown onions
11. 4 Pansy/Viola Heads
12. Succulent or Cacti
13. 3 Spikes Phlox
14. 6 Stems Sweet Peas
15. Single flower in an unusual container
16. Best Single Rose
17. Arrangement in an item of footwear
18. Arrangement in a wine glass
19. Single sunflower in a vase
20. Tallest thistle
21. Best Arrangement for a Dining Table
22. Best Arrangement – Foliage Only
23. "Floral Reflection" incorporating a mirror. Space allowed 30cm x 30cm, unlimited height
24. Flower Arrangement on the theme of the coronation of His Majesty King Charles III
25. Vase of Mixed Garden Flowers
26. Most Attractive garden in the village of Ravenstonedale including Coldbeck entry not required
27. Most Attractive garden in Newbiggin-on-Lune entry not required
28. Most attractive garden in Ravenstonedale or N.O.L. with best container display entry not required
29. Most attractive garden in the parish excluding NOL and Ravenstonedale villages.

### CONFECTIONERY

30. Individual sweet in a wine glass
31. Sandwich Cake, with fat, filled (baked in one tin)
32. Lemon Drizzle Cake (baked in a loaf tin)
33. Loaf Brown Bread (baked in 1lb loaf tin)
34. Loaf White Bread (made in breadmaking machine)
35. 4 rock buns
36. 4 Fruit Scones
37. 4 Plain Scones
38. Sultana Cake
39. 4 Decorated Cup Cakes
40. Gingerbread
41. Apple Pasty on a plate (short pastry)
42. 2 Scotch eggs
43. Quiche
44. Swiss Roll – Jam
45. Chocolate Cake, filled (baked in one tin)
46. Round of Shortbread
47. Four Shrewsbury Biscuits with currants
48. Four Butterfly Buns in cases – gluten free
49. Four Choc Chip Cookies
50. Tea Loaf
51. 4 Cheese Scones
52. 4 Ginger Biscuits (not rolled out)
53. 4 Pieces of One Tray Bake (made in oven)
54. 4 Pieces of One Tray Bake (not made in oven)
55. 4 Muffins
56. 4 unfilled meringue nests
57. 4 pieces Flapjack
58. My Favourite Cake
59. Favourite cake made by a man
60. Disaster Bake (bring on day - no entry needed)
61. Set Recipe – Banana Loaf recipe in schedule

### PRESERVES – classes 63-69 to be not less than 12 oz

62. Dish of Rum Butter
63. Jar of Raspberry Jam
64. Jar of Blackcurrant Jam
65. Jar of Lemon Curd
66. Jar of Chutney
67. Jar of Strawberry Jam
68. Jar of Any Other Jam
69. Jar of Marmalade
70. Bottle of homemade lemonade
71. Bottle of homemade flavoured gin

Also inviting trade stands, craft stalls and local food makers to our show this year.

If interested, please get in touch before the end of July and book your place!

If interested, please message the Facebook page:

<https://www.facebook.com/RavenstonedaleAgriculturalShow/>

or get in touch with Georgia Hunter on 07854 799231



## HANDICRAFT

72. Any cross stitch item
73. Any crochet item
74. Homemade door stop
75. Homemade picture frame (photo not to exceed 7"x5")
76. Homemade Christmas bauble
77. Patchwork item
78. Handknitted garment
79. Homemade hat
80. Bee – Any medium, homemade
81. Any sewn item
82. Picture any medium
83. Any homemade craft item on the theme of the coronation of His Majesty King Charles III
84. Homemade Pin Cushion
85. Best Cushion (handmade)
86. Piece homemade Jewellery
87. Any upcycled item
88. Favourite apron
89. Any homemade handicraft item made from wood, metal or pottery
90. Handmade card for a new baby
91. Handmade Bunting

## PHOTOGRAPHY

92. Colour Photograph of an animal or animals
93. Colour Photograph of a Child or Children
94. Colour Photograph – View only
95. Colour Photograph – Winter scene
96. Colour Photograph – With a suitable caption
97. Photograph of local scene/building taken in Ravenstonedale Parish
98. A Collection of 4 Photographs on the same theme -To be mounted on card
99. Photograph of sunset or sunrise
100. Photograph of any Agricultural Show
101. Black and White Photograph (any subject)
102. Wildlife Photograph
103. A Sporting Action
104. Photograph of a water scene
105. Photograph taken from an unusual angle

## CHILDREN'S CLASSES

106. Any Painting (under 2 years)
107. Any Painting (2-3 years)
108. Any Painting (4 years)
109. Collage (under 2 years)
110. Collage (2-3 years)
111. Collage (4 years)
112. Sewing Class (pre-school)
113. Favourite socks
114. Drawing of an animal –on A4 Paper
115. Picture using dots, spots or stars (or all three)
116. Handmade Christmas Decoration
117. Decorated flower pot
118. Dressed wooden spoon
119. Handwriting: of own name (pre-school)
120. Handwriting: Envelope addressed His Majesty The King, Buckingham Palace, London, SW1A 1AA (Reception)
121. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 1-2)
122. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 3-4)
123. Handwriting: Envelope addressed to His Majesty The King, Buckingham Palace, London, SW1A 1AA (Years 5-6)
124. Model made from recycled material
125. Pasta picture
126. Novelty Animal made from fruit and/or veg
127. Handwritten limerick with a first line of "There once was a farmer called Sam"
128. Painted stone
129. Salt dough item (Reception to year 6)
130. Decorated gingerbread man – biscuit does not need to be homemade
131. Decorated crown – any medium
132. Flowers in a mug
133. Homemade Book Mark (exhibit not to be accompanied a book)
134. Homemade Edible birds' nest
135. Zoo on a tin lid
136. Lego model – own design
137. Scarecrow – any size

## Confectionery Classes for children aged 11-16 Years

138. Homemade Pizza (round)
139. Four sausage rolls – shortcrust pastry
140. Four homemade jam tarts
141. My favourite cake

## Handicraft Classes for children aged 11-16 Years

142. Handknitted, handsewn or crochet item
143. Any handmade felted item
144. Handmade 18<sup>th</sup> birthday card – any medium
145. Homemade money box

## Photography Classes for children

146. Colour Snapshot – taken by Child 5-14 years
147. Child's Favourite Animal taken by a child |

Additional information in the schedule. Queries to [RASladies@outlook.com](mailto:RASladies@outlook.com)

## next market

Saturday 9th July

Leanne | Market Coordinator  
07969 335598 — [info@ortonfarmers.co.uk](mailto:info@ortonfarmers.co.uk)  
[www.ortonfarmers.co.uk](http://www.ortonfarmers.co.uk)

**ORTON**  
FARMERS' MARKET  
held 2nd Saturday of every month

All Saints Coffee Morning  
at the Farmers Market  
in May raised a total of £346.60.

Many thanks to all who came and drank tea or  
coffee, or bought bric-a-brac  
— and of course, to all our helpers  
who made it possible.

## Reflections on Orton Exhibition

When I visited my first Orton Exhibition I wasn't sure quite what to expect.

I had heard that it is always quite an occasion, but even that did not prepare me for the scale of the event. The Exhibition exceeded even these high expectations. Wow! It was magnificent.

The displays in church were fantastic. Clearly, there is much creativity in Orton, as well as a willingness to put in dedicated hard work.

The refreshments were delicious, and served with such efficiency and grace. The scarecrow trail brought many smiles to the faces of those who enjoyed wandering around the village. The event drew in so many people.

Such occasions do not happen by themselves. That they happen at all, and happen so successfully, is down to the detailed planning and hard work of all involved. We owe

everyone who worked so hard a huge debt of thanks.

Thank you for a wonderful exhibition.

Rev Brendan

## Children's Disney Quiz

42 answer sheets were returned for the Children's Disney Quiz over the recent Church Exhibition.

No one got all answers correct but the names of those who only got one wrong were drawn from a hat and the results were:

1. Mia Capstick from Tebay
2. Alice & Lucy Hodgson from Lambrigg Head
3. Abigail Wray from Orton.

Well done all, and thank you  
to all the children for taking part.



## BINGO

**ORTON MARKET HALL**

**FRIDAY 14th July**

**ALL WELCOME**

**7-30pm**

**TEA AND COFFEE  
RAFFLE**

**MONEY RAISED TO  
ORTON MARKET HALL  
AND  
NORTH LAKES GYMNASTICS**



Come together .....

**For "Worship and the Word"**

On Sunday, 30<sup>th</sup> July 2023 at 6.30pm  
Orton Methodist Church

Speaker : Angela Mills (formerly of Capernwray Bible College)

With an emphasis on singing the praises of God and the opening up of scripture

For further information contact Rowland & Rachel Woolf (015396 24372)  
or Will Capstick (015396 23600)

Other Worship and Word evenings for your diary:  
Sunday, 29th October — Newbiggin Methodist Church — Rev John Marton

**EVERYONE WELCOME**



# Scarecrow Competition Results

Thank you to all those who entered a scarecrow in the annual competition, lots of visitors enjoyed looking at them.

Results : Primary School Age

1st Orton School "A Little mix of Disney"

2nd Daisy Robertson "Cruella"

3rd Abigail & Bethany Wray "Alice in Wonderland"

Adults

Joint 1st Marion Robinson "Mary Poppins" and Rowland Woof "Bare Necessities."

2nd Rebecca Shelton & Barnaby Robertson "Genie"

3rd Mandy Iveson and Sue Clough "Little Red Riding Hood."

\*\*\* Thank you to Orton Parish Council for sponsoring this event\*\*\*

The Church Exhibition showed the talents of a hard working group of local people with displays of Disney films and characters.

Refreshments were served all week and thanks must go to the volunteers who served these and all the people who made delicious cakes and scones, it couldn't happen without you.

Thank you also to those who helped set up the displays—it takes a lot of time and patience. And to the stewards who welcomed the many visitors to the Church.

It takes a lot of time and hard work to stage the Exhibition, a very big thank you to everyone involved.

from Marion Robinson and Brenda Iveson Scarecrow Competition organisers.



## O.W.L (Orton Wildlife and Landscape)

On Wednesday 7th June the group met at Sunbiggin Tarn to look at Sunbiggin Tarn Pasture which is managed under an environmental stewardship scheme.

*We were joined by resident ecologists Mick and Bec who helped us explore the limestone and wet habitat.*

Although it has been dry for several weeks, lots of flora were spotted and identified including swathes of **bird's eye primrose** (only found on limestone in Northern England), pignut, heath milkwort, rock rose, tormentil, mouse ear hawkweed, limestone bedstraw, orchids, lousewort and butterwort.

After the walk some of us enjoyed a lovely picnic overlooking the Tarn.

We are now looking forward to our next meeting which will be on Saturday 1st July (National Hay Meadow day), where we will be looking at recently renovated Hay meadows in the locality and talking about their formation and management.



**The Old Courthouse**  
Community Centre & Art Gallery

## The Old Courthouse, Shap

visit [www.theoldcourthouse.org](http://www.theoldcourthouse.org) for details of events

**Opening Times: Sun 2-5, Mon 10 -1, Tue 2-5, Thu 2-5,  
Fri 2-5, Sat 10 -12**

**Open as usual on Bank Holidays**

The Library at The Old Courthouse is a warm place for reading and working. There are computers available with FREE WIFI. Drinks available - do feel that you can drop-in for a while, whenever it is **open. It's a lovely cool space in hot weather!**

\*\*\* In the LIBRARY all welcome: \*\*\*

Thursdays 2.30 - 4.30pm · **"Knit and Natter"**

Fridays 2.30 - 4.30pm · **"Cuppa and Company"**

\*\*\* ART EXHIBITION - Free Admission: \*\*\*

Opening times vary – visit website

[www.theoldcourthouse.org](http://www.theoldcourthouse.org)

24th June - **13th August "Mountains to Moorland"**

A joint show of two artists, mountain artist Sam Gare, whose work shares the places we go to feel small and exhibited at the Kendal Mountain Festival in 2022, and Michael Wilson, whose work captures the atmosphere of moorlands and exhibits at the Lake Artists Society summer exhibition in Grasmere.

...

### **SHAP FARMERS' & MAKERS' MARKET**

Saturday 22<sup>nd</sup> July 9am - 1pm

Food/Art/Craft/Plant stalls plus much more

- indoors and outdoors

Refreshments at the Memorial Hall

**Music on the Terrace, 'The Lidos'** 50s/60s covers

1030am –1230pm

...

### **SHAP FARMERS' & MAKERS' MARKET**

Saturday 26<sup>th</sup> August 9am - 1pm

Food/Art/Craft/Plant stalls plus much more

- indoors and outdoors

Refreshments at the Memorial Hall

**Music on the Terrace, 'The Rhubarb Thieves'**

1030am –1230pm

...

### **St Michael's Village Show**

Saturday 2<sup>nd</sup> September 2023

at Shap Memorial Hall

Schedules available from **(i) St Michael's Church,**

**(ii) The Old Courthouse,**

**(iii) Second Chance Charity Shop,**

or **(iv) on the Shap website, [www.shapcumbria.co.uk](http://www.shapcumbria.co.uk)**

follow the **What's On link**

Entries will be taken on the day 8.30am—9.45am

Show open to the Public at 12.30pm

Admission £1—exhibitors/children free

AUCTION of Produce at 2.30pm

### Free Stay and Play Sessions

We are excited to let you know that we are running weekly  
Stay and Play Sessions in school.

Our Stay and Play sessions are open to all parents / carers and their  
children from birth to pre-school. The more the merrier!

These are on Tuesday's from 9.30am—11.30am.

Refreshments are provided.

Booking not required and there is no charge. All welcome.

If you would like to find out more please get in touch the school of-  
fice on 015396 24268

email - [admin@orton.cumbria.sch.uk](mailto:admin@orton.cumbria.sch.uk)  
<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a  
happy place to learn, grow and thrive.

### Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible  
or Full-Time Nursery Places for children from their 3<sup>rd</sup> Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during  
term time.

Orton CE Primary School is a really happy and caring setting where  
experienced staff work hard to meet the needs of each individual  
child.

We accept Nursery vouchers and can support you with applying for  
any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in  
touch with either Vicky or Emma at the school on 015396 24268

email - [head@orton.cumbria.sch.uk](mailto:head@orton.cumbria.sch.uk)  
<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a  
happy place to learn, grow and thrive.



# News from rton School

## A Little Mix of Disney

The theme for this year's Scarecrow Festival was '100 years of Disney'. We entered our scarecrows—'A Little Mix of Disney' and we won! Well done everyone!



## Bikeability



Year 5 and 6 have been practicing their cycling skills and learning about road safety when on their bikes. They have had lessons on the playground and around Orton. They are now ready to use their bikes safely and skillfully.

## Class 4 residential!

We went to York and stayed for 4 nights. We walked the walls, visited Barley Hall, explored Jorvick, had fun in the Castle Museum and so much more! It was a week we will never forget—Class 4.



Photographer: Imogen Hollingworth

Get in touch by email or phone:  
[admin@orton.cumbria.sch.uk](mailto:admin@orton.cumbria.sch.uk)  
01539624268

Follow us on Facebook:  
<https://www.facebook.com/OrtonCEPrimarySchool>

Keep up to date on our website:

Send us your contributions — [TheLinkMagazine@outlook.com](mailto:TheLinkMagazine@outlook.com)





**The Square,  
Orton, CA10 3RH  
015396 24225**

**\*\*\*We sell a large selection of general grocery items including your favourite branded items\*\*\***

**Opening Hours – Village Stores**

Monday 9 am to 6 pm  
 Tuesday – Saturday 8 am to 6 pm  
 Sunday 10 am to 12 noon

**Opening Hours – Orton Post Office**

*(opening hours dovetailing with Tebay Post Office to provide postal services from Monday to Saturday inclusive)*

Tuesday 9 am to 5 pm 3:45 pm  
 Thursday 9 am to 5 pm 3:45 pm  
 Saturday 9 am to 4 pm 11:20 am

**We hope to see you soon.**

**Jayne and Neville Grove**

[orton.village.stores@btinternet.com](mailto:orton.village.stores@btinternet.com)

See separate entry for Tebay Post Office opening times

**What's on at Orton Market Hall?**

Orton Market Hall is available to book for meetings, courses, parties and much more.



Facilities include oven, dishwasher, warming oven, place settings for 100, projector, hearing loop, sound system.

Day	Activity
Monday	Pilates 9:30-11:00am and 11:30-1:00pm
Tuesday	Shap Medical Practice prescriptions collection 10:00-11:00am  Yoga 7:00-8:15pm
Thursday	Badminton 7:00-9:00pm
Friday	Bingo – 2 <sup>nd</sup> Friday of the Month 7:30-9:00pm
Saturday	Orton Farmer's Market – 2 <sup>nd</sup> Saturday of the month 9:00-2:00pm
Sunday	New Beginnings Church 10:30am-12:30pm

Badminton 01539624352, Boccia 01539624465,

New Beginnings 01539624059, Pilates 07375082111, Yoga 07950435136

**Bookings: phone or WhatsApp 07541760839 after 4pm**  
[bookingsortonmarkethall@gmail.com](mailto:bookingsortonmarkethall@gmail.com)

ORTON PARISH COUNCIL

Orton Parish Council's Annual General Meeting was held on 15th May and commenced with a talk on the work of the Lune Rivers Trust. It was interesting to note the work done to protect and conserve native species of fish and crayfish.

The Chair reported on the work of the year, including the various Jubilee events and the Coronation celebrations. An extensive public consultation exercise had been carried out to find out whether residents wanted a new car park in the village and The George Hotel had been registered as a Community Asset, giving the public a chance to bid to purchase the hotel, should it come on the market.

It was resolved that some planters would be purchased to commemorate the Coronation and highways defects and missing road signs would be reported to the appropriate authority. Also steps would be taken to see if a local facility for recycling garden waste could be provided.

The Parish Plan outlining the work programme for the year was approved and funds would be set aside for work needed to the public toilets, tree work at the Community Parkland and upkeep of the street lighting.



**ORTON DROP IN  
COFFEE MORNING  
AT THE CHAPEL SCHOOLROOM  
EVERY WEDNESDAY  
10.30 - 12.00  
Everyone welcome  
Come and meet new friends  
Its free! We are an independent and non-profit community service for anyone who would like to meet up and chat every Wednesday morning**

**BOCCIA**

in ORTON MARKET HALL

Sessions are on alternate THURSDAY afternoons from 1.30pm to 3.30pm

For more details please contact Felicity Lawler Email:- [fglawler@gmail.com](mailto:fglawler@gmail.com)



## Tebay Community Choir

Thank you to everyone who came to join Tebay Community Choir for their 10th Anniversary Concert.

It was great to have such a large audience for this milestone event. Thanks too to Julie and the Melody Makers, and to Pam and the Kids' choir - what a rousing start they gave us!

The choir has grown considerably over the years, but we are always happy to welcome new members, so feel free to come along to a rehearsal and try it out

All are welcome and there are no auditions. Children from the age of 7 upwards may join but must be accompanied by an adult.

We usually meet on Monday evenings during school term time in Tebay Social Club, from 7.30 -9 pm, with a refreshment break in the middle.

To check the date of the next rehearsal, please contact Alison: [alison@mott.me.uk](mailto:alison@mott.me.uk)

## TEBAY PARISH COUNCIL

Tebay Parish Council had its AGM on 24th May. The Chairman reported on a successful year.

Two new footpaths had been created in the parish, tree planting had taken place, new play equipment had been installed at the Mount Pleasant play area, the Jubilee and Coronation celebrations had been supported and volunteers had organised litter picks and general cleaning of the communal areas and recreation ground.

The Parish Plan for the year 2023/24 was approved and work prioritised. New fencing was needed for both play areas, the street lights had to be inspected and maintained and work was required to some trees which had suffered the ash die-back disease.

An information board would be useful to show visitors where the public footpaths were. Grant funding might be available for some projects and funds would be set aside to ensure that the 106 bus service could be supported for another year.

Any spare time on Tuesday afternoons?

Come and join us at Tebay Methodist school room from 2pm — 4pm, for games & crafts, a cup of tea & a natter.

You will be very welcome!



**Did you know?** 

### Teabey Primary School offers...

- Flexible nursery provision from 3 years of age for the full 30 hours.
- Nursery provision from 9:00 until 3:30 Monday-Friday.
- Breakfast club from 8:00am.
- After School Club until 5:00pm.
- Small class sizes, all needs are catered for.
- Outstanding outdoor provision.
- Fresh school meals cooked on site.
- Support from Cumbria Education Trust.
- Excellent links with various secondary schools.
- Excellent support for SEND pupils.
- A tailored curriculum enhanced by trips, residential and experiences.

Discover a flourishing environment in the heart of our community.  
A small school full of BIG opportunities.

**We would be happy to show you around and discuss your child's individual needs**

For more details or to arrange a visit contact Tracy Morland on **015396 24239** or email [admin@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

 Cumbria Education Trust  
Website: [www.tebay.cumbria.sch.uk](http://www.tebay.cumbria.sch.uk)  
Facebook: [www.facebook.com/tebayprimaryschool](https://www.facebook.com/tebayprimaryschool)



## COMMUNITY Sports Day

### Saturday 1<sup>st</sup> JULY, 1-3pm

**Bouncy Castle** **Face painting**  
**Races** **Pizza**  
**Games & Prizes** **Tuck shop**

## Tebay Recreation Ground

Organised by **FAMILIES Together IN Tebay & ORTON**  
ALONG WITH MANY FRIENDS AND HELPERS

 **FamiliesTogetherTebayOrton**  
Check our FB page on the day for any weather changes

On Thursday 18th May we welcomed a very special visitor to Tebay Primary School, Tim Farron the Liberal Democrat MP for Westmorland and Lonsdale.

The children attended assemblies and brainstormed questions to ask Tim before his visit.

The children in our School Council voiced the chosen questions and represented the school wonderfully!

Questions included: - 'How are you going to make things in the shop cheaper?'

'How many pets have you ever had?' 'Why did you decide to become an MP?' 'What is it like in the Houses of Parliament?'



## Friends of Tebay School

Upcoming events:

Friday 22nd September – Auction of Promise and Live Music at Tebay Club.

Friends of Tebay School have so far this year paid for trips to The Brewery Arts Centre, Lancaster Castle, Talkin Tarn, South Lakes Zoo, Tullie House, Penrith Library, Vindolanda and others. They pay for a yearly subscription of 'First News' (a newspaper for children), supplies and equipment for our Art and Music room as well as £2000 towards Class 3 residential to Lockerbie Manor.

We really do value the work and commitment the parents on Friends of Tebay School committee put in, without this support the children wouldn't get the wonderful opportunities and experiences.....thank you !!

We really appreciate the support our parents and community gives to the school at any of our fundraising events, thank you.

Class 1 have been focusing on traditional tales. At the end of May, the focus was The Gingerbread Man.

The children had lots of exciting challenges to choose from in the classroom such as:



Building a bridge for the gingerbread man



Making a gingerbread playdough man



Exploring books/retelling the story



Making gingerbread man puppets

As part of this topic the class visited Penrith Library. The children took part in activities, games, listening to stories and chose their own books to look at.



## YEAR 6 CHILDREN — WE ARE SO PROUD OF YOU

The Year 6 children sat their SAT's papers in May, we want to say a huge well done to all our year 6's, we are bursting with pride with the positive attitude and resilience they showed all week.

A special well done to Miss Jameson who worked effortlessly providing the children with revision time and of course a special banquet breakfast every morning of the SATS week!



Do visit us:

In person — by arrangement with the school

Online: [www.tebay.cumbria.sch.uk](http://www.tebay.cumbria.sch.uk)

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator.

[admin@tebay.cumbria.sch.uk](mailto:admin@tebay.cumbria.sch.uk)

Tebay Primary School Tel: 015396 24239





**Opening hours:**

- ☐ **Weds, Thurs, Fri 7pm to close**
- ☐ **Saturday 4pm to close**
- ☐ **Sunday 3pm to close**

- \* **Big Screen TV \* Sky Sports \* BT Sports**
- \* **Pool table \* Snooker table**
- ☐ **Darts boards**

\* **Function room & kitchen for hire**  
*(free to hire for members)*

- \* **Prize Bingo & Cash Bingo on alternating Sundays**
- \* **Free WiFi**



TEBAY  
BRANCH

Tebay Royal British Legion was created in 1928.

In order for us to achieve our 100 year centenary we need new members to join us. We currently do not have enough members to continue as a branch, and will close in the next few years.

Meetings are held a maximum of four per year, alongside the traditional Remembrance Service in St. James Church each year in November.

**Come and join us!**

Membership is open to everyone so you do not have to be ex-Service, and the fees are £18 per year. We would especially welcome members from Orton and the surrounding areas.

We look forward to meeting you and with your help we can achieve our centenary.

If you would like to join our Branch or if you require further information, please contact Alison Wass on 07968 997867

**THE SHEEP COOLING STATION!**

Taking part in the Sheep Judging Competition:

- Rachel Bland,
- Bradley Wharton,
- Judge Brian Bowness,
- HB Wharton, Rick Potter,
- Ava Potter,
- Darren Potter &
- Joshua Potter (in cap)



**Pictures from THE GREENHOLME SHOW**



Everyone had a thoroughly enjoyable Show, especially in all the glorious sunshine!

With **many thanks** from THE LINK Magazine Editors for the Donation from the organisers of THE GREENHOLME SHOW —

**it is really much appreciated!**

## News from All Saints' Church, Kasese, Uganda

*parish linked  
with All Saints', Orton*



### WhatsApp messages and emails received

#### News from All Saints, Kasese

From the Revd. Christopher Syauswa, Vicar of All Saints.

9th June 2023: I hope you are fine and doing well. I would like to let you know that my 4th born son's wedding will be on 5th August 2023. We shall be Launching for his wedding on Saturday at 4:00pm in the White House Hotel, Kasese.



The proud parents, Rev.  
Christopher and Mary

Continue joining us in prayer so that this will be a success.

From the Revd. Nelson Walina, previous vicar, now Diocesan Secretary:

21st May: Another family tasks we ask you to pray for: Our last daughter, by name Ithungu Azriel, is going to introduce her husband-to-be, 30th September 2023. Then her giveaway ceremony on 23rd November, and holy matrimony 25th November, at St. Paul's Cathedral, Kasese.

The new Bishop has re-affirmed my Installation as a Canon this year on Saturday 2nd December 2023.

In the African setting these above-mentioned events are big family functions. But with pleasant prayers, the Almighty God will make us successful.

What we missed last two years, has now come to reality. Remember me you had lovely done part of this function, by contributed towards the purchase of Canonical robes.

We had kept them in a case, Melina and I continued to pray, which we understand you did the same because you waited for the function. The Lord God was testing our faith, but we remained strong and humbly serving the Almighty God, genuinely. God has answered our prayers this year, through our Bishop as you can read the appointment.

Dear Chris and Mary and other friends from All saints Orton Church UK, and Pro-cathedral Model Parish COU, Thanks for your prayers and support towards my ministry.

And we pray that you get involved and complete what you began, making a feast and a Thanksgiving Ceremony.

Love, Nelson and Melina.

From Rev. Nelson Isebagheen, who was vicar when a party from Orton visited 6 years ago:

18th May: Praise God, dear Chris and Mary! How are you? How is Felicity and David? How is Ronnie? Convey my greetings to Christians in your church. Nelson

19th May: My wife Yoledah Grace at her birthday on 15th May 2023. Continue praying for her.

We replied: "She looks lovely! Wish her a belated Happy Birthday from Mary and me!"



### Wild Wanderings

**Sunday 16<sup>th</sup> July**  
4pm - 5pm walk  
5pm - 6pm shared tea  
**Meet at Tebay Chapel**

Come and join us  
to **connect** with each other & the divine in creation  
to **reflect** on where we are & who we are called to be  
to **act** together to create the change we want to see

Walk with us  
or stay and prepare  
refreshments for later

A gathering for our community, for people of any age and background  
Local walk: a couple of miles, whatever the weather - meet at Tebay chapel, dressed appropriately!  
Please bring a plate of savoury or sweet finger food to share.  
For further details, please contact Pam on 07552 405500

### Morning prayer to start the week

You are invited to share in a zoom prayer meeting every Monday at 9.30 to 10 am.

This is open to anyone, and is led by Rev. Stephen Tudway and Rev. Stephen Radford.

We draw on resources from Anglican Morning Prayer and the Methodist Worship book, as well as other suitable liturgies.

If you are interested, please send an email to Rev Stephen  
[stephen@northwestmorlandchurches.org.uk](mailto:stephen@northwestmorlandchurches.org.uk)  
who will forward the meeting link.

## THE HUB

Tebay Community  
Library & Drop In  
in the Hub  
**St. James' Church,**  
Tebay

Every Monday morning  
10.30am - 12.30pm

\* Refreshments \* Books to borrow and buy  
All ages welcome



# Services in our Methodist Churches

	2023	2 <sup>nd</sup> July	9 <sup>th</sup> July	16 <sup>th</sup> July	23 <sup>rd</sup> July	30 <sup>th</sup> July	6 <sup>th</sup> August	13 <sup>th</sup> August	20 <sup>th</sup> August	27 <sup>th</sup> August
			Action for Children Sunday/ Rural Mission Sunday							
<b>*Tebay</b> M P 1-1300 M H B	10.30	S Radford US HC	P Hilland	LA or to PC	B Staley	To Orton	J Worsfold US	R McGregor	LA or to PC	S Radford SS
	6.30		Connexion Service at Warcop			Worship and the Word at Orton		Connexion Service at K Stephen		
<b>Shap</b> (Class of Tebay)	10.30	J Betts HC	6.30 Connexion Service at Warcop			6.30 Worship and the Word at Orton	P Hilland	6.30 Connexion Service at K Stephen		
<b>Orton</b> M P Complete M H B PB EW	10.30	J Worsfold	To Tebay	D Askew	D Wood OA	S Radford HC	LA	B Staley	T Taylor	SS at Tebay
	6.30		Connexion Service at Warcop			Worship and the Word A Mills		Connexion Service at K Stephen		
<b>#Newbiggin on Lune</b> M P 1-1250 + More on screen M H B	10.30	LA Open Air	To Tebay	A Pallister	K Speck OA	LA	S Radford HC	LA Bacon Buttie	P Kirwin OA	SS at Tebay
	6.30	Prayer & Share	Connexion Service at Warcop	Prayer & Share		Worship and the Word at Orton	Prayer & Share	Connexion Service at K Stephen	Prayer & Share	
<b>*Ravenstonedale</b> M P 1-1144 M H B H & P	2.00	T Longworth	S Radford	A Sterling	W Ousby	S Radford	LA	J Betts HC	S Radford	10.30 SS at Tebay
	6.30		Connexion Service at Warcop			Worship and the Word at Orton		Connexion Service at K Stephen		

## Follow Daily

As part of our Methodist mission statement, and alongside our ecumenical partners in Cumbria, we have agreed as a Circuit to adopt the principle of walking daily in our faith with God. This can be done in a variety of ways including reading scripture or prayer, but the aim of this is to connect with God in our daily lives.

I have often found this element of my faith incredibly guilt inducing, particularly as I have often compared my own daily walk with others. It is inevitable that when we start measuring ourselves we fall short. Someone else will always look better than we do. This can lead us to feel inadequate as a follower of Jesus, and wonder if God is measuring us in the same way.

However, this is the opposite to how God wants us to approach our lives with him. In 1 Corinthians 13 Paul names some of the holy practices people can do and that while they may look great nothing unless we have love. Following daily put simply is

letting love being at the bedrock of everything we do. A deep understanding of God's unerring love for us is where we start our days, and what we centre our lives upon. It doesn't matter how much we read the bible, or how many hours we set aside for prayer, if it is not grounded in or leading us into love, then it is not leading us into God.

We are making a decision to follow daily as a circuit, not out of a desire to pious, but a desire for our lives to dwell in the depths of God. I invite you to reflect again on 1 Cor 13, stay with it and dwell in that scripture, not to achieve anything, simply to be and let the Holy Spirit impart the foundations of love in your heart.

Rev Andrew



## Services in our Anglican Churches

<b>Sunday 2 July</b> <i>Trinity 4</i> <p style="text-align: center;"><i>Welcomer:</i>  <b>Genesis 22.1–14</b>  <b>Romans 6.12–23</b></p> <i>Green</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i> <p style="text-align: center;"><i>Welcomer:</i>            Keith &amp; Janet Capp            Margaret Longworth            Andy Glanville</p> <p style="text-align: center;"><i>Prayers:</i>            Elizabeth Crossley</p>	<b>Tebay, 10.30am</b> <b>Songs of Praise</b> <b>at the Methodist church</b>	<b>Ravenstonedale, 10.00am</b> <b>All Age Worship</b> <i>Tim Parkinson</i>  Richard Best Caroline Morris
<b>Sunday 9 July</b> <i>Trinity 5</i> <p style="text-align: center;"><i>Welcomer:</i>  <b>Genesis 24.34–38, 42–49, 58–67</b>  <b>Romans 7.15–25a</b></p> <i>Green</i>	<b>Orton, 8.30am</b> <b>Holy Communion (BCP)</b> <i>Chris Jenkin</i> <p style="text-align: center;"><i>Welcomer:</i>            Mary Jenkin            John Dunning</p> <p style="text-align: center;"><i>Prayers:</i></p>	<b>Tebay, 10.30am</b> <b>Service of the Word</b> <i>Team</i>	<b>Ravenstonedale, 10.00am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>  Michael Metcalfe-Gibson Sally Metcalfe-Gibson
<b>Sunday 16 July</b> <i>Trinity 6</i> <p style="text-align: center;"><i>Welcomer:</i>  <b>Genesis 25.19–34</b>  <b>Romans 8.1–11</b></p> <i>Green</i>	<b>Orton, 10.30am</b> <b>Café Church style service</b> <i>Team</i> <p style="text-align: center;"><i>Welcomer:</i>            Mary Jenkin</p> <p style="text-align: center;"><i>Prayers:</i></p>	<b>Tebay, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i>	<b>Ravenstonedale, 10.00am</b> <b>Service of the Word</b> <i>Rosemary Campbell</i>  Martin Windle Suesi Windle
<b>Sunday 23 July</b> <i>Trinity 7</i> <p style="text-align: center;"><i>Welcomer:</i>  <b>Genesis 28.10–19a</b>  <b>Romans 8.12–25</b></p> <i>Green</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Brendan Giblin</i> <p style="text-align: center;"><i>Welcomer:</i>            Keith &amp; Janet Capp            Elizabeth Crossley            Andrea Dutton</p> <p style="text-align: center;"><i>Prayers:</i>            Margaret Longworth</p>	<b>Tebay, 10.30am</b> <b>Service of the Word</b> <i>Team</i>	<b>Ravenstonedale, 9.00am</b> <b>Holy Communion</b> <i>Brendan Giblin</i>  Diana Fothergill Martin Lovell
<b>Sunday 30 July</b> <i>Trinity 8</i> <p style="text-align: center;"><i>Welcomer:</i>  <b>Genesis 29.15–28</b>  <b>Romans 8.26–39</b></p> <i>Green</i>	<b>United Benefice Service at St Michael's, Brough, 10.30am</b> <b>Holy Communion</b> <i>Brendan Giblin</i>		



**New Beginnings Church**  
 A PLACE OF HEALING

Welcomes you to...

A place to hear about how we can receive  
 a new beginning in life.

A people who believe in the healing power of God  
 in our lives bringing freedom from long term issues.

A time of singing praise to God, hearing the truth from His Word  
 and receiving prayer for life's struggles and problems.

Sunday Morning in Orton Market Hall at 10.30am, CA10 3RU  
 Sunday Evening in The Kirkland Centre, Kendal at 6pm LA9 5AF

WE LOOK FORWARD TO SEEING YOU.

Pastors Barry and Karen Hawthorne 07437 468896

### The Filling Station

*For high quality speakers, sung  
 worship, prayer ministry,  
 and personal testimonies.*

*We meet on 2nd Thursday of the  
 month. Doors open at 7pm for  
 refreshments and chat and our sung  
 worship will begin at 7.30pm.*

*We are looking forward to our next  
 Filling Station gathering, on*

*Thursday, 13th July 2023*

*at the Appleby Hub, Chapel Street,  
 Appleby-in-Westmorland*

*Looking forward to worshipping,  
 praying and sharing with you*





<b>Sunday 6 August</b> <i>Trinity 9</i> <p style="text-align: center;">Welcomer: Keith &amp; Janet Capp</p> <p style="text-align: center;"><b>Genesis 32.22–31</b> <b>Romans 9.1–5</b></p> <i>Green</i> <i>Prayers:</i>	<b>Orton, 10.30am</b> <b>Holy Communion</b> <i>Sandra Ward</i> Welcomer: Keith & Janet Capp	<b>Tebay, 10.30am</b> <b>Songs of Praise</b> <b>at the Methodist church</b>	<b>Ravenstonedale, 10.00am</b> <b>All Age Worship</b> <i>Team</i>  Hilary Law Richard Best
<b>Sunday 13 August</b> <i>Trinity 10</i> <p style="text-align: center;">Welcomer: Mary Jenkin</p> <p style="text-align: center;"><b>Genesis 37.1–4,12–28</b> <b>Romans 10.5–15</b></p> <i>Green</i> <i>Prayers:</i>	<b>Orton, 8.30am</b> <b>Holy Communion (BCP)</b> <i>Chris Jenkin</i> Welcomer: Mary Jenkin Mary Jenkin	<b>Tebay, 10.30am</b> <b>Holy Communion</b> <i>Chris Jenkin</i>	<b>Ravenstonedale, 10.00am</b> <b>Service of the Word</b> <i>Rosemary Campbell</i>  Diana Fothergill Caroline Morris
<b>Sunday 20 August</b> <i>Trinity 11</i> <p style="text-align: center;">Welcomer: Mary Jenkin</p> <p style="text-align: center;"><b>Genesis 45.1–15</b> <b>Romans 11.1–2a, 29–32</b></p> <i>Green</i> <i>Prayers:</i>	<b>Orton, 10.30am</b> <b>Service of the Word</b> <i>Team</i> Welcomer: Mary Jenkin Keith Capp Margaret Longworth Prayers: Elizabeth Crossley	<b>Tebay, 10.30am</b> <b>Service of the Word</b> <i>Team</i>	<b>Ravenstonedale, 10.30am</b> <b>At the showground</b> <i>Details TBC</i>
<b>Sunday 27 August</b> <i>Trinity 12</i> <p style="text-align: center;">Welcomer:</p> <p style="text-align: center;"><b>Exodus 1.8 – 2.10</b> <b>Romans 12.1–8</b></p> <i>Green</i> <i>Prayers:</i>	<b>United Service at St Oswald's, Ravenstonedale, 10.30am</b> <b>Holy Communion (Baptism)</b> <i>Brendan Giblin</i>  Martin Lovell Sarah Lovell		

## Church Contacts

### Anglican Church

Vicar      Brendan Giblin  
 017683 39168 — 07477 049576

revbgiblin@gmail.com

Curate      Charles Cowling

Mission Community Administrator  
 Joyce Keetley      07741 327318  
 applebymc@carlisle-diocese.org.uk

Retired clergy  
 Sandra Ward      24213  
*(Penrith & Keswick Hospital Chaplain)*  
 Christopher Jenkin      24410

### Orton with Tebay

Churchwardens  
 Linda Garrick      24262  
 Martin Lawson      26028

PCC Secretary  
 Susan Thorpe      24166  
 s.thorpe669@btinternet.com

Treasurer  
 Bill Lawler      24465

Local lay minister  
 Rosemary Campbell      24837

### Ravenstonedale with Newbiggin-on-Lune

Churchwardens  
 Ann Brownrigg      23594  
 Martin Windle      07899 907958  
 Tim Parkinson      23393

Secretary  
 Suesi Windle  
 suesi.windle@googlemail.com

Treasurer  
 Tim Parkinson      23353

### Methodist Church

Minister Revd Stephen Radford,  
 017683 71202  
 stephen.radford@methodist.org.uk

Administrator Avril Swinbank  
 ksatcircuit@gmail.com

### Roman Catholic Church

Fr John Winstanley  
 Church of Our Lady of Appleby  
 01768 862273

New Beginnings Church  
 Pastors: Barry & Karen Hawthorne  
 07437 468896

## Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local Church.

If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator:

Joyce Keetley  
 on 07741 327318 or

[applebymc@carlisle-diocese.org.uk](mailto:applebymc@carlisle-diocese.org.uk).

For any Methodist church requirements for membership, marriage, funerals, etc. please make contact in the first instance with Rev Stephen Radford:

[stephen.radford@methodist.org.uk](mailto:stephen.radford@methodist.org.uk)



# KIDS CORNER



Hope you enjoy this page—let us know if you have any ideas of what else you would like to see here.

Read these verses from the Bible:

### Luke 6 v 17-26

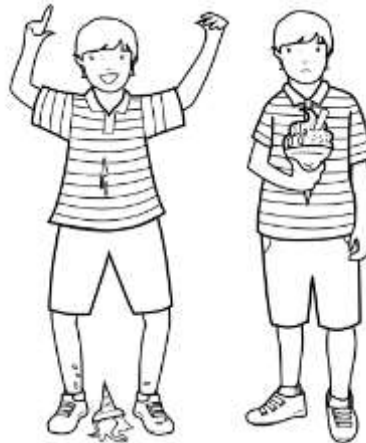
Jesus teaches the people to find hope even when things are difficult.

You can find an online Bible here: <https://www.biblegateway.com/>

We suggest you choose the Message translation.



## Blessings



Can we celebrate even when things don't turn out as we'd hoped? Blessings are not about having everything you want...

## Jesus Love Write

Have a go at writing a diary entry for someone who hears Jesus's message about blessings. How might they change because of it?



Draw a picture of the things that you feel blessed by (e.g. family, friends, pets, sunshine).

## ?????? Puzzle

Draw a line to match up which Jesus says are blessings, and to which people he says 'woe to you' (meaning 'there's trouble ahead...')

Blessed are you who are...

Woe to you who are...

- poor
- rich
- feel left out
- hungry
- popular
- sad
- not liked by others
- full of food
- laughing



## Upper Eden Medical Practice

### Appointments:

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey.accurx.com/p/A82013>

### Dispensary:

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays.

Please allow 3 working days for your prescription to be ready.

### Protected Learning time surgery closures:

The PLT on Wed 15th March has now been CANCELLED and the Surgery will remain open.

The surgery will be closed from 1pm on:

- Thursday 20th April 2023
- Wednesday 17th May 2023
- Thursday 15th June 2023

### Upcoming Bank Holiday Surgery Closures:

#### Easter:

Friday 7th April 2023  
Monday 10th April

Early May Bank Holiday:  
Monday 1st May 2023

**The King's coronation**  
Monday 8th May 2023

Spring Bank Holiday  
Monday 29th May 2023

### Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

### Covid Spring boosters:

Eligible patients: Adults aged 75 years and over • residents in a care home for older adults • individuals aged 5 years and over who are immunosuppressed. We are putting plans in place to vaccinate our care home and eligible household patients. All other eligible patients should book via a local vaccination centre.

### Shingles:

You are eligible for the shingles vaccine if you are aged 70 to 79.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

**☎: 017683 74015**

## Orton Surgery and Shap Medical Practice

### New Procedures @ Shap Surgery

From Monday 12<sup>th</sup> June, the Doctors at the Surgery will return to a pre-COVID appointment system, where appointments can be pre-booked up to two weeks in advance and there will be no telephone triages. The appointments will be either face to face or by the telephone and the Receptionists will ask the patient which appointment type is most suitable for their problem.

Some day appointments are intended for problems that need to be dealt with **as a matter of medical urgency**. We ask patients to phone early in the day if they genuinely require one of these appointments.

### Shap Surgery - Dispensary

Medication will be available to be collected from Dispensary at Shap **3 working days** after the prescription has been handed in. Patients will receive a text message to confirm that their medication is ready to be collected. The opening hours for Dispensary is as follows:

9am - 1.00pm and 3.00pm - 6.00pm Mon, Tues, Wed & Fri

9am - 1pm Thurs

### Orton Surgery

We are pleased to say that since the beginning of May we have introduced Nurse appointments for **chronic disease reviews** at Orton. These are pre-booked appointments and are available to all eligible patients. **Medication remains to still be available for collection every Tuesday between 10am and 11am.**

### Protected Learning Dates

Shap Surgery and Dispensary will be closed for training from 1pm on the following dates:

- Thursday 15<sup>th</sup> June 2023
- Wednesday 12<sup>th</sup> July 2023

*We would like to sincerely thank all our patients who kindly donate cakes, biscuits, chocolates and other goodies throughout the year to the staff who work at the Shap Medical Practice & Pharmacy. Your kindness really means a lot to us and we are so very grateful to you all.*

Dr. McCabe Dr. Woodstrover Dr. Judson and all the staff

Tel: 01931 716230 <https://www.shapmedicalpractice.co.uk/>

# Singing Viaduct Celebration

An Aeolian Sound Experience  
and Heritage Celebration  
on Smardale Gill Viaduct.

Friday 1st September to Sunday 3rd  
from 10am until 4pm each day.

A free Accessible walk through an installation of 20 sound sculptures on top of the 90' high viaduct. Aeolian sound sculptures constantly evolve and change as the wind's movement and intensity varies over time, creating an immersive and ever-changing soundscape that is responsive to the natural environment and provides a magical, unique sensory experience for those who interact with it. Created by Cumbrian artist Dan Fox, director of Sound Intervention based in Ulverston.

It's an easy, flat, surfaced gravel path, wheelchair/pushchair accessible surface from the car park at Smardale to Newbiggin-on-Lune, with ramps at both ends. There are benches at intervals from the car park as far as the limestone quarry.

Directions to smardale: <https://www.cumbriawildlifetrust.org.uk/nature-reserves/smardale-gill/directions>

Artist Jill Brown has created a set of voiles which will also be displayed during the event celebrating the line, the area & it's heritage. They look particularly emotive blowing in the wind on the line and will be on view as you walk the line from the Car Park to the Viaduct.

We will also be holding guided walks over the weekend.



To find out more about this event or any of our activities please visit: <https://www.friendsofthelakedistrict.org.uk/Event/singing-viaduct-celebration> or email Nicola Estill: [Nicola-estill@fld.org.uk](mailto:Nicola-estill@fld.org.uk)





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	OUTWARD	RETURN
Brough Clock	10.35	16.15
Kirkby Stephen	10.50	16.00
Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 on A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
Blackhall Road layover 1.45 hours		

## WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

## THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
Mount Pleasant bus stop, Tebay	11.18	15.28
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
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Revised 25-11-21

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Shap V Hall	09.55	13.10/12.40	16.25
Clifton	10.14	12.49/12.19	16.44
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**Mobile: 07875 505 976  
Email: [chris.boustead@btinternet.com](mailto:chris.boustead@btinternet.com)**

## Useful Contacts

Please let us know if there are others to add here...

Phone area code: 015396, unless shown otherwise.

### For children and young people

#### Orton C. of E. School:

Headteacher, Mrs. Emma Pomfret

Office: Vicky Percival: 24268 ,

Friends of Orton School: Joanna Hayward: 07837 767442,

haywardjm75@gmail.com

#### Tebay Primary School:

Head of School: Mrs. Helen Wright

Office: Tracey Morland: 24239

Friends of Tebay School: Claire Penhallurick 07986 692527

#### Catchment Area Secondary School:

 Kirkby Stephen Grammar School: 01768 371693

### For little children:

Ravenstonedale: Dinky Dales Nursery Ltd:

Julie Procter and Keeley Morland: 23670

### For older children and young people:

#### \* Scout Group – Scouts, Cubs, Beavers

Shap area: Jackie Wright: 01931 716490

Kirkby Stephen: Lois Wiseman: 01768 341107

#### \* Appleby Guides: Leigh Wilkinson: 07869 078977

#### \* Appleby Brownies: Sue Grainger: 07876 403895

#### \* Appleby Rainbows: Sue Grainger: 07876 403895

#### \* Kirkby Stephen Brownies & Guides:

Audrey Gray: 07889 093848

#### † Northern Inter-Schools Christian Union (NISCU):

Ruth Evans, [ruth.evans@niscu.org.uk](mailto:ruth.evans@niscu.org.uk)

#### † Tebay Youth Club

Rachel Milburn, [Rachel.Milburn@carlisle-diocese.org.uk](mailto:Rachel.Milburn@carlisle-diocese.org.uk)

#### ⚙️ Families Together in Tebay and Orton:

Pam Lawson: 26028

#### 🎵 Tebay Beginner Brass: Julie Hoggarth: 07866 378392,

[julie@drumandbrass.co.uk](mailto:julie@drumandbrass.co.uk)

### Miscellaneous

Orton/Tebay Parish Clerk: Margaret Longworth: 24900

Upper Eden Medical Practice, Kirkby Stephen

(with Surgery in Tebay): 01768 37136

Shap Medical Practice (with Surgery in Orton): 01931 716230

#### Vets:

Kirkby Stephen: 01768 371359 Appleby: 017683 51507

Shap: 01931 716024

### Local church & community websites:

All Saints': <https://www.achurchnearyou.com/church/12220/>

St Oswald's: <https://www.achurchnearyou.com/church/12221/>

St James': <https://www.achurchnearyou.com/church/12223/>

Methodist: <https://www.ksaandtcircuit.org.uk/>

Orton Community Website: <https://ortoneden.co.uk>

Orton Parish Council: <https://ortonpc-eden.org.uk>

Tebay Parish Council: <https://tebaypc.org.uk>

Ravenstonedale village website: <https://www.ravenstonedale.org>

Ravenstonedale Parish Council: <https://www.rdalepc.uk>

### Adult groups

Alcoholics Anonymous Call FREE 0800-9177-650

email: [help@aamail.org](mailto:help@aamail.org)

S Archaeological Society: Jan Hicks: 01931 714122

V Arts Society, Appleby: Gillian Stoddart: 01768 862501

🏸 Badminton: Richard Percival: 24352

#### 🎧 Bands:

Appleby Town Band: Chris Jenkin: 24410

Kirkby Stephen Silver Band:

Caroline Souter: 017683 72376

🔔 Bell Ringers: Julian Thorpe: 24166

Bingo: Jillian Hewitt: 01931 715000

Boccia: Felicity Lawler: 015396 24465

Book Club: Clare Fox: [clarefox59@gmail.com](mailto:clarefox59@gmail.com)

Judith Cattermole: [judithcattermole2@gmail.com](mailto:judithcattermole2@gmail.com)

Bowls at Newbiggin: Stephen Dickinson: 07766 833500

Combined Churches Choir: Chris Jenkin: 24410

Community Choir: Alison Mott: [Alison@mott.me.uk](mailto:Alison@mott.me.uk)

#### Concerts:

Appleby: North Westmorland Arts: 017684 83777

Kendal: [www.lakelandsinfonia.org.uk](http://www.lakelandsinfonia.org.uk)

Kendal: [www.kendalmiddayconcertclub.org](http://www.kendalmiddayconcertclub.org)

First Responders: Steve Dunkinson: 24286

Folk Dance Club: Catherine 017683 41549

Greenholme Show: Keith Golding: 01931 715446

Heating Oil Syndicate: Chris Jenkin: 24410

Howgill Harriers Running Club: [Admin@howgillharriers.co.uk](mailto:Admin@howgillharriers.co.uk)

Local History Society, R/dale: Val Fermer: 07798 688057

#### Orton Market Hall Bookings :

01539624140, [bookingsortonmarkethall@gmail.com](mailto:bookingsortonmarkethall@gmail.com)

Men's Meeting, Newbiggin: Jonny Capstick: 23141

Orchestra: Cobweb Orchestra: Richard Best: 23470

Quiz Team, Orton: Louis Cotter: [lfc@lfcotter.plus.com](mailto:lfc@lfcotter.plus.com)

Sew and Sews, Orton: Gillian: 23653

Volunteer Social Car Scheme: Dennis Humphreys: 26052

#### Women's Groups:

Orton: Pat Alexander: 24303

Lune Ladies: Wendy Dickinson 07766 833500

Mothers' Union: Angela Milburn: 24382

Women's Institute: Jackie Huck: 24266

### Churches' Facebook pages:

Orton: <https://www.facebook.com/AllSaintsOrton/>

Tebay: <https://www.facebook.com/stjamestebay>

Ravenstonedale: [https://www.facebook.com/](https://www.facebook.com/StOswaldRavenstonedale/)

[StOswaldRavenstonedale/](https://www.facebook.com/StOswaldRavenstonedale/)

Families Together in Tebay and Orton : Pam Lawson

[https://www.facebook.com/](https://www.facebook.com/FamiliesTogetherTebayOrton/)

[FamiliesTogetherTebayOrton/](https://www.facebook.com/FamiliesTogetherTebayOrton/)

Families\_Together@googlegroups.com