



The Link

The Church & Community magazine for Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay



December 23 & January 24

The Link

Published by the churches and communities in Newbiggin-on-Lune, Ravenstonedale, Orton & Tebay

The Link is put together by a group of willing volunteers in our villages, drawing on contributions from across our villages. It is funded by a mix of subscriptions and, donations from individuals and organisations, as well as advertising from local businesses.

We would love to hear from you about **what is happening, what you've been doing**, and what you might like to see in YOUR magazine.

Please email us with

*your ideas,

*your photos,

*your news and

*notices of your events

to: TheLinkMagazine@outlook.com

Please do get in touch with any comments or questions you may have and one of us will answer:

Many thanks ,

Anne, Elizabeth, Linda,
Martin and Paula.

If you want to sign up to receive The Link electronically, you can do so using this link:

<https://tinyletter.com/TheLink>

Views expressed in 'The Link' are not necessarily those of the publishers or editors.

Front page photo:

'Christingle at St James, Tebay'
Martin Lawson

What are you hoping for this Christmas?

We hope that you'll find amidst these pages some opportunities to spend time with family and friends enjoying our community and their churches and chapels as we celebrate together.

Even if you're not celebrating, do use these pages to find things that will stimulate you or encourage you.

This is a double issue — so that those of us who volunteer to put the Link together each month get a chance to break and breathe before the busyness of the New Year.

We're so  thankful to

those volunteers who deliver, the donors who give, the advertisers who advertise through our pages, and those who send in news and events.

Do consider what you might do to help us in the New Year, **we're still looking for those** who might want to become involved, particularly if you have some reasonable skills with Microsoft Publisher, so that we can make our putting together of the magazine less reliant on a couple of us.

Wishing all of our readers a happy Christmas and a peaceful New Year!

Anne, Elizabeth, Linda,
Martin & Paula



Season's Greetings

from Lyon, special sponsors of our colour cover

Supporting The Link

There are lots of ways you can support The Link — first and foremost, do please send us your news, articles, updates, photos, poems, etc. Email them to TheLinkMagazine@outlook.com

If you want to advertise, (which is how we pay for much of the printing costs of the magazine), do please get in touch — it currently only costs £5 per smallest 'square' of advertising per month (email as above if you want to know more).

If you want to support us financially, visit this link: cutt.ly/LinkDonate or scan the QR code on the right with your phone, or get in touch if you need another way to do so. **Thank you**



THE DEADLINE IS THE 13TH OF THE MONTH FOR THE NEXT ISSUE

Please send all copy (ideally not PDF format) including advertising to:

TheLinkMagazine@outlook.com

Payment for advertising or remittance advice to:
Linda Garrick, 015396 24262 / finance@linkmagazine.org

Dear Friends,

What's your favourite Christmas song? My favourite has got to be Middlesborough lad Chris Rea's 'Driving home for Christmas'. I love the sense of expectation - of heading for somewhere warm and welcoming.

Are you home for Christmas? Christmas is a time when we think about home and make plans for where we want to be (or where we do not want to be).

For us, having moved here in the spring, it will be our first Christmas here. Being a bit further away from family and friends adds an extra layer of complexity and challenge. But I am sure what people say is right, in the process of settling in, a first Christmas in a new home is a significant milestone.

'Home', I am aware, is an emotive word. We will all feel different about it. For many people, home is a sanctuary, a space of nurture, safety and love. For others, sadly, home is place of danger, somewhere to escape from. Home, of course, is not just a physical space, but some are denied even this. We know the realities of the housing crisis affecting people even in this area, the problem of homelessness in our nation, and so many people displaced abroad.

'Home' is important, and so is place - homeland. At the moment, in the desperate suffering of so many people in Gaza we witness conflict over homelands. Homelands that are safe are longed for by both Israelis and Palestinians. The loss of life and suffering we currently witness is truly heartbreaking, tragically leaving the prospect of safe homelands ever distant.

What has all this got to do with Christmas? Well, at Christmas we celebrate God making his home with us. As people we yearn for home, we long for the connection, comfort, and security of home. As we look on the many other war zones of the world, of which Gaza and Ukraine are near examples, we wonder how people can live in the rubble, the destruction, and frightening realities of war. A

war zone is the last place anyone would choose to live, let alone move to.

Jesus was born in a land that was occupied by a foreign power and ruled by terror. For a time Jesus, and his family, were refugees in a foreign land - an experience that no one embraces except as the only means to survive.

The good news of Christmas is that God chose to leave the comfort of his heavenly home to make his home among us. Even though this meant being born into poverty, insecurity and becoming a refugee, Jesus made his home in this world with all its glaring injustices.

Why did God do this? Jesus made his home among us so that we can find our way home; so that we can find the peace and security that we yearn for. By being born among us Jesus shows that God has not abandoned his world, but rather has embraced it.

Whatever you are doing at Christmas, wherever you will be, whoever you will be with, I pray that you may know the peace of Christ who made this world his home. This is what we will be celebrating at all our Christmas services. Everyone is most welcome. Come and discover the joy of God making his home among us.

Wishing you a very Happy Christmas, Brendan

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Can't find what you want?

Let us know and we'll see if we can find ways to change — we know people want more photos and more local news — you can help with that!

Do please send in your updates and news

Newbiggin-on-Lune Village News & Events



NEWBIGGIN-ON-LUNE CHAPEL
SUNDAY SERVICES
10.30am every Sunday

Tea and Coffee to follow after the Service.

A Warm Welcome to Everyone

We have the following meetings, please contact us for further details:

Coffee Morning, Prayer & Share,
Sunday School, Bible Study,
Men's Meeting, Ladies Meeting

For further information please contact:

Wilfred - on 015396 23600 or
Angela on 07980 418078



Lune Ladies

have their Christmas meal at
The Bay Horse, Winton
7.30pm, Wednesday 6th December
and on the 3rd of January we have a talk
about the Mountain Rescue.

All welcome!

Indoor Bowls

Come and join us!

Friday night is Indoor Bowls night
at Newbiggin-on-Lune

Starts at 7.30pm
costs £2, (first night free)

you don't need a partner, just turn up!

More information from 07880 706485

- **see you there!**

Newbiggin-on-Lune Public Hall

Chair	Ian Clayton	015396 23226
Secretary	Laura Fowler	07913 676302
Treasurer	Carl McLaughlin	015396 23674
Caretaker	Janet Brownrigg	015396 23689

☼ All bookings should be made with
the Caretaker

☼ All payments should be made with
the Treasurer

Online: [facebook.com/NonLPublicHall](https://www.facebook.com/NonLPublicHall)



FOLK DANCE CLUB

Our local club meets weekly in
Newbiggin-on-Lune Village Hall

On Thursday evenings,
7.45pm to 10pm

Singles & Couples all very welcome
All dances are walked through & called
Beginners welcome

For further details please

ring Catherine: 017683 41549 or
email: trimmers@coldkeld.com

A "Walk" from Newbiggin-on-Lune to Ravenstonedale

The second evening talk in Ravenstonedale Parish History Group's 2023 autumn/winter season on 25th October in the Public Hall in Newbiggin, was given by Caroline Morris, a founder member of the History Group. Caroline showed old photographs from her own collection and the History Group's Parish Archives side by side with later views showing changes in the street scenes in the villages through the years.



From the first photos which showed two views of Newbiggin village from the same place but taken 100 years apart, to the final slides showing the appearance of High Chapel in Ravenstonedale before and after the sweeping changes made by Reverend Pool, who was the Minister there for only one year during the 1860s, there was much to see and learn. The Newbiggin Public Hall itself was built by local subscription to give the young men coming back from the First World War somewhere to socialise, and towards the end of the Second World War the Reconnaissance Corps used it as a base for their gruelling training exercises. The villagers were very kind to them, supplying them with pots of tea at the end of their long days in the field.

Some of the photographs featured well-known local "characters" from the past, including the Brunskill brothers with their penny-farthing bicycles, who were once reputed to have cycled to Liverpool from Newbiggin! Miles Shepherd stands proudly outside the "old" Black Swan in Ravenstonedale, with the sign showing that he was licensed to sell Ales, Wines and Spirits. The photograph of the demolition of this old pub before the present one was built in 1899 clearly shows how the road was even narrower than it is now on "Black Swan corner" – as Caroline said "only seven little girls wide"! The building opposite the pub was also demolished in order to widen the road as much as possible.



An enthusiastic audience of just over 50 people thoroughly enjoyed Caroline's fascinating talk, and much discussion and reminiscing took place during the refreshments afterwards.

Junior Church
1st and 3rd Sunday of every month
at Newbiggin Chapel

MEN'S MEETING

Wed 6th Dec, 7:30pm
at Newbiggin Chapel

Rich Greener from Newbiggin
speaking on the exploits of a
Gurkha Officer

BREWS - BISCUITS - BANTER

MEN'S MEETING

**RAF PILOT,
GRIM GRIMSHAW,**

**WILL BE SPEAKING
ABOUT HIS EXPERIENCES**

Wednesday 3rd Jan,
@ 7:30pm
All ages welcome!

BREW - BISCUITS - BANTER

Ravenstonedale Heritage and Community Centre

Christmas Craft and Produce Fair

Refreshments and Stalls
Pottery, Cards, Jewellery, Paper Crafts, Cakes and
many more stalls

Saturday 2nd December 2023
10am - 2pm



Contact Jan (07876508027) for more information



The Black Swan

28th - 29th DECEMBER
SEE NORMAL OPENING TIMES ON OUR WEBSITE

30th DECEMBER
VILLAGE CHRISTMAS CAROLS, MULLED WINE & MINCE PIES - 3PM

01st - 07th DECEMBER
UNFORTUNATELY WE WILL BE CLOSED THIS YEAR OVER THE
FESTIVE PERIOD FOR OUR TEAM TO SPEND TIME WITH THEIR
LOVED ONES

08th DECEMBER - NEW YEAR'S DAY
SEE NORMAL OPENING TIMES ON OUR WEBSITE

NEW YEAR'S EVE - LIVE MUSIC FROM SAM MN
(SINGER, SONGWRITER & GUITARIST)

02nd JANUARY - 05th JANUARY - CLOSED FOR STAFF ANNUAL
HOLIDAYS

MERRY CHRISTMAS
FROM THE BLACK SWAN
TEAM



ST OSWALD'S

Notes for your diary

A reminder of two Concert events as follows:

a) Saturday 11th November at 3.00pm-5pm
Concert by Iona Brown (Principal First Violin with
Royal Northern Sinfonia Orchestra since 1995)
and Mike Gerrard (Principal Viola with
RNSO since 1987)

b) Sunday 10th December at 3.00-5.00pm
St Oswald's Music presents the acclaimed
Wensley Camerata under the leadership of
Martin Budgett along with the professional
vocal octet The Jervaulx Singers, in an Advent
concert of exhilarating music composed by
JS Bach specifically for Christmas.

The combined forces will perform Cantata No.1
from 'Christmas Oratorio' and
the Magnificat in D, both thrilling
pinnacle works of the 18th century.

The singers will also perform three
unaccompanied carol settings.

Those who experienced the Wensley Camerata
in August (see the review in October's Issue of

The Link) will be taken to the next level of
musical performance and we look forward to

welcoming an even bigger audience

to this 'not to be missed' event !

Further information for all events

will follow in due course.

Please also see local Noticeboards

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 13TH DECEMBER 2023 7.30 PM

RAVENSTONEDALE HIGH CHAPEL
COMMUNITY & HERITAGE CENTRE

Christmas 'Get-Together'



SEASONAL REFRESHMENTS

(Bring & share)

Bring your own Mulled Wine or Soft Drink

Admission: Members £2.00 Visitors £3.00

For more information contact Val Fermer on 07798 688057
or leave a message on www.ravenstonedalehistory.org.uk

How brightly
shines the Star



Benefice of Upper Eden and Upper Lune
Epiphany Carol Service
St Oswald's, Ravenstonedale
Sunday 7th January, 4pm

Come Celebrate Christmas

Ravenstonedale

Community Carols

@ Ravenstonedale Community & Heritage Centre

Christmas Eve

Sunday 24th December 2023

4 – 5 p.m.

Carols + seasonal refreshments

Everyone welcome!

Suitable for families



THE VAGABONDS
PRESENT
**ALICES IN
NEVERWONDERLAND**

An entertainment in words and music

Written & Directed by Joan Barnard

ST OSWALD'S CHURCH
RAVENSTONEDALE

FRIDAY 8TH & SATURDAY 9TH DECEMBER, 2023
7:30pm

DOORS AND BAR (CASH ONLY) OPEN AT 7:00pm
Bar will re-open after the show at 8:45pm

Suitable for all ages

FREE ENTRY
Retiral collection in aid of
Growing Well & St Oswald's Church

**RAVENSTONEDALE COMMUNITY AND
HERITAGE CENTRE**

REGULAR SESSIONS AND MEETINGS:

Monday – Circuits with Jan Hardcastle for Men
5-6pm) (07876508027)
Monday – Circuits with Jan Hardcastle for Women
(6-7pm) (07876508027)

Tuesday – Pilates with Fiona Woolnough
(6-7pm, 7:15-8:15pm) (Clara 07900074886)

Thursday – Ravenstonedale Parish History Group
(2-4pm) (Val 07798688057)

First Sunday of the month – Sound Bath
with Ann Wappett (4-5pm) (07890226445)

First Monday of the month – Community Coffee
Morning (10-12pm)

Monthly – Saturday Sewing Workshop with Jan
Hardcastle (07876508027)

**For more details or if you would like to join our
creative hub, please get in touch.**

ST OSWALD'S CHURCH, RAVENSTONEDALE PRESENTS



BACH AT CHRISTMAS

• PERFORMED BY •

THE WENSLEY CAMERATA
WITH THE
JERVAULX SINGERS
DIRECTOR CHARLIE GOWER SMITH

• PROGRAMME •

BACH'S CANTATA NO.1

from Christmas Oratorio

MAGNIFICAT IN D

Three unaccompanied carol settings



CELEBRATING 300TH ANNIVERSARY

J. S BACH'S

APPOINTMENT TO

**ST THOMAS' CHURCH
LEIPZIG**

• SUNDAY •

10

**DECEMBER
3.00PM - 4.15PM**

RETIRING
COLLECTION

IN SUPPORT OF

**THE HERRIOT
HOSPICE,
THE COMMUNITY
NURSES,
AND THE
CHURCHES**

**SIMPLY ARRIVE ON THE DAY, OR TO RESERVE SEATS PLEASE EMAIL
LADYB@BOLTONESTATE.CO.UK OR CALL 07484 24538**

• SPONSORED BY CLEVELAND STEEL & TUBES LTD & A&P CREATIVE DESIGN •

Cumbria Winter Warmth Appeal

For thousands of older people in our county living in fuel poverty their winter preparations will be accompanied by a feeling of dread and worry over how they will keep themselves warm and safe.

Around 300 older people die in Cumbria each year simply because they cannot afford to heat their home properly. In our worst winters, this figure has risen to more than 500. Most people who suffer premature winter-related death are over 65 and 75% of these deaths are due to the impact the cold has on respiratory and circulatory conditions.

This year the situation is likely to be worse due to the continued energy crisis and the impact it is having on fuel bills this winter. It comes at a time when food prices and other household costs are also going up, leaving the vulnerable on low incomes in our county under more pressure than ever before. The annual Winter Warmth Appeal makes sure that older people who may have to choose between heating and eating, can stay warm and well throughout the colder months.

Last winter, we distributed £578,930 and 3,223 older people living on low incomes and with chronic health problems benefitted. You can read our [Winter Warmth Appeal Fund Report 2022-23](#) to see how generous donors like yourself helped keep vulnerable older people living in fuel poverty keep warm and healthy last winter.

Donations proved crucial for Carolyn, 79 who lives in Carlisle: *"Three years ago, I had part of my lung removed because of cancer. I do feel the cold. I can't afford to put the heating on all day, I'm always looking at the thermostat. The grant takes the weight off your mind, knowing that someone's helping. They can't see it but yes, you are helping."*



Any money donated between Monday 13th November and 5pm Friday 11th December will be automatically doubled thanks to generous match funding. You can donate online using [this link](#). We also accept donations by cheque or phone. Please ring 01900 825760 between the hours of 9am-5pm.

If you need help yourself — do get in touch with them using the same number above.

Send us your contributions — TheLinkMagazine@outlook.com

RAVENSTONEDALE PARISH HISTORY GROUP

WEDNESDAY 17TH JANUARY 2024 - 7.30PM

RAVENSTONEDALE HIGH CHAPEL COMMUNITY AND
HERITAGE CENTRE

A VOYAGE THROUGH TIME -

HISTORY NOTES FROM A CRUISE ALONG

THE LENGTH OF THE RIVER THAMES



By STEVE FERMER

Admission: Members £2.00 Visitors £3.00

including refreshments

For more information contact Val Fermer
on 07798 688057 or leave a message on

www.ravenstonedalehistory.org.uk

RAVENSTONDALE COMMUNITY & HERITAGE CENTRE



C o f f e e

&

C h a t

Held on 1st Monday of the month
10.30am to 12 noon

All Welcome

We would love to see you!

* No fixed charge but donations towards
the Centre running costs
are very welcome

Book Swap / Borrow
available



next market

Saturday 9th December

Leanne | Market Coordinator
07969 335598 — info@ortonfarmers.co.uk
www.ortonfarmers.co.uk



Orton Christmas Tree Festival 2023

Once again All Saints' Church, Orton, will have a splendid display of Christmas Trees, donated and decorated by local businesses, community groups, and individuals. We are so grateful to them all for the hard work and artistic flair that was used last year and that we will see displayed again in 2023.

Do come and enjoy them, everyone! They will be on display every day from Saturday 9th December (the day of the Christmas Farmers' Market Coffee Morning), until early January – probably till Friday 5th, Twelfth Night.

Admission is FREE – but donations left in the jar will be very gratefully accepted.

Mary Jenkin: 015396 24410

All Saints Coffee Morning
at the Farmers Market
in November raised £448.80

Orton & Tebay church council (PCC)
We're looking for a volunteer secretary to join our meetings (eight times a year) to take minutes, keep lists, coordinate agenda, etc. If that could be you, please get in touch with someone on PCC at one of our two churches.

Merry Christmas

ORTON CHRISTMAS DROP IN INVITATION

EVERYONE WELCOME

WEDNESDAY 6TH DECEMBER 2023

10.00 am AT CHAPEL SCHOOLROOM
10.15 am ORTON SCHOOL CHOIR

FOLLOWED BY

FRESH COFFEE, CAKES, MINCE PIES



Macmillan Coffee Morning 2023

This certificate is presented to
Macmillan Supporters
& friends

For your kind contribution of
£209.60

To help support those affected by cancer. Thank you.

Celine

Celine & the Coffee Morning Team

7 Nov 2023



Thank you so much!

For supporting those living with cancer

Really kick off Christmas with Carol Singing on Christmas Eve



Silent Night, Holy Night

Come along to the village
Christmas tree in Orton,
(next to the Chocolate Factory)
from 6.30pm for about 30 minutes
On Sunday, 24th December.
Everyone is warmly invited
to come and join in!

*if you drive but prefer not to stand out in the
cold, feel free to park in the market square
and listen or sing along.*

*or, if you are unable to walk down to the
centre of the village and would appreciate
someone collecting you in a car so you can
listen in the warmth, please ask – telephone
numbers below.*

Carol sheets provided

As in previous years, we will be
**collecting for National Children's
Homes (Action for Children)
and the Children's Society.**

(the same as last year, there will be a
collecting box at the Village Shop during
the week leading up to Christmas Eve
should you wish to give at another time
other than on Christmas Eve)

Enquiries to:

Rowland and Rachel Woof – 24372
John and Ruth Bainbridge – 24278



**The Square,
Orton, CA10 3RH
015396 24225**

*****We sell a large selection of general grocery items
including your favourite branded items*****

Opening Hours – Village Stores

Monday	9 am to 6 pm
Tuesday – Saturday	8 am to 6 pm
Sunday	10 am to 12 noon

Opening Hours – Orton Post Office

*(opening hours dovetailing with Tebay Post Office
to provide a services from Monday to Saturday)*

Tuesday	9 am to 5 pm	3:45 pm
Thursday	9 am to 5 pm	3:45 pm
Saturday	9 am to 4 pm	11:20 am

We hope to see you soon.

Jayne and Neville Grove

orton.village.stores@btinternet.com

Mary Corder sends Christmas Greetings
and all good wishes for 2024

*Unfortunately, I was recently told that the
Macular Degeneration was worse and I am
now partially sighted. For this reason, I am no
longer able to send Christmas cards, but wish all
my friends as happy as Happy a Christmas as
possible and a peaceful 2024, I miss my life with
you up there, but to come here was the right
decision, if a hard one and I do enjoy hearing
news from you. (tel. 0115 9211789)*

BOCCIA...

...is a sitting down game of boules. The most
physical activity it entails is getting up from one's
chair to retrieve the ball at the end of the game.
One just needs to throw, fairly accurately, if possible,
but there are tactics involved.

Come and join us every fortnight for some fun
and Boccia on alternate Thursday afternoons
from 1.30pm to 3.30pm in

ORTON MARKET HALL

January 11th and 25th;
February 8th and 23rd;
March 7th and 21st.

No need to book, just turn up, but if you would like
more information please contact Felicity Lawler -
07703318826 Cost - £3.00 per session.

Christmas at All Saints

Orton School Christmas Play



Tuesday 12th December
2pm and 6pm
Tickets must be obtained
from school.
All welcome!



Christingle and Carol Service

Everyone is welcome on
Friday 15th December
in All Saints' Church,
Orton
at 6.30 p.m.

School Carol Service

End of Term Service in
All Saints' Church on
Tuesday 19th December
1.30 p.m.



Merry Christmas

ORTON CHRISTMAS PROP IN
INVITATION
EVERYONE WELCOME

WEDNESDAY 6th DECEMBER 2023

10.00 am AT CHAPEL SCHOOLROOM

10.15 am ORTON SCHOOL CHOIR WILL JOIN
US

FOLLOWED BY
FRESH COFFEE, CAKES, MINCE PIES



We wish you all a
blessed and
peaceful Christmas:
do join us at any of
our events!

Carols by Candlelight



Come and enjoy a service of
Christmas readings, Drama
and Carols with a United
Choir in Orton Church
on Sunday 17th December
at 6.30 p.m.
Mulled wine and mince pies
afterwards!

Christmas Eve

Midnight Communion

11.30 p.m.

St. Oswald's, Ravenstonedale



Christmas Day Family Communion

10.30 a.m. at All Saints' Church, Orton

Bring a present to show!



Orton Methodist Chapel Invite you to a Family Carol Service



Sunday, 24th December
10.30am
Led by Rev Stephen Radford



Seasonal refreshments afterwards
We look forward to
welcoming you

*Look out for the life-size Nativity
Scene as it begins to take shape
in the Chapel grounds, with
different characters arriving to
take their place during the month
of December!*

Christmas Day Service at
Tebay Methodist Chapel, 10.30am

Sunday, 31st December
Joint Service at Ravenstonedale
Methodist Chapel
at 10.30am

A warm welcome to all



Full-Time Nursery Places Available

Did you know that Orton CE Primary School offers Part-Time, Flexible or Full-Time Nursery Places for children from their 3rd Birthday?

Nursery care is offered from 8am—5.30pm Monday to Friday during term time.

Orton CE Primary School is a really happy and caring setting where experienced staff work hard to meet the needs of each individual child.

We accept Nursery vouchers and can support you with applying for any Nursery funding that you may be entitled to.

If you would like to find out more or arrange a visit please get in touch with either Vicky or Emma at the school on 015396 24268

email - head@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.



Free Stay and Play Sessions

We are excited to let you know that we are running weekly Stay and Play Sessions in school.

Our Stay and Play sessions are open to all parents / carers and their children from birth to pre-school. The more the merrier!

These are on Tuesday's from 9.30am—11.30am.

Refreshments are provided.

Booking not required and there is no charge. All welcome.

If you would like to find out more please get in touch the school office on 015396 24268

email - admin@orton.cumbria.sch.uk

<https://www.ortoncofeprimary.co.uk/>

Orton CE School is a
happy place to learn, grow and thrive.

News from rton School



Art with Andi

We have been doing some beautiful artwork with Andi from NISCU at our After School Club. We have been inspired by Bible verses and a range of different drawing and painting techniques.

Tri-Golf

We have been learning new golf skills with Ellie from the Eden Sports Valley Partnership. We love learning new sports skills in the fresh air.



Playleaders

Year 5 and 6 have had PE lessons to learn how to be playleaders for the younger children in school. We have all had lots of fun playing organised games on the playground



Get in touch by email or phone:
admin@orton.cumbria.sch.uk / 01539624268

Follow us on Facebook: www.facebook.com/OrtonCEPrimarySchool

Keep up to date on our website: www.ortoncofeprimary.co.uk

ORTON PARISH COUNCIL

The following issues were discussed at recent meetings of Orton Parish Council:

20 mph Speed Limit

A guest speaker would be invited to the January meeting of the parish council (15/01/24) to talk about the possible implementation of the 20 mph speed limit in the village. All residents would be consulted before agreeing to implement such a scheme and it would not be proceeded with unless widely supported.

Budget

The Parish Council had operated well within its budget for the year and there would be no increase in the precept requested from Westmorland and Furness Authority.

Market Hall

The Market Hall had been refurbished to a high standard and the Trustees of the Market Hall were keen to promote local events and community gatherings. Some work remained to be done before the upgrade could be completed, especially to floors, doors and to the stage. It was agreed that the Parish Council would contribute to the cost of the outstanding works in the sum of £5000.

Street Lighting

The poor condition of the street lights was noted and steps would be taken to identify a source of funding for their improvement. Discussions would be held with National Highways as they might be willing to consider enhancement of the lighting as part of the future project to work on the motorway bridges, due to start in 2026. Closure of sections of the motorway would undoubtedly cause an increase in traffic through the village.

Advance Notice

Orton Methodist Chapel

Invite you hear Michael Hardie share about the work of

The Leprosy Mission

Sunday, 4th February at 2.30pm

followed by Tea

Hear about the work being done to support leprosy patients and the efforts being made to eradicate the disease.

There will be an opportunity to give financially towards the work of The Leprosy Mission for those who wish to do so.

Everyone very welcome

“Worship and the Word”

Praise, Worship & exploring the Bible

Sunday, 28th January 2024 at 6.30pm

Orton Methodist Church

Speaker: Rev Paul Dunstan

For further details contact

Rowland and Rachel Woof - 015396 24372

or Wilf Capstick on 015396 23600



HELP NEEDED

AFTER SCHOOL CLUB ASSISTANT

ORTON CE PRIMARY SCHOOL

We are looking for someone to be an After School Club Assistant three to five afternoons a week. There may also be the opportunity to do some Breakfast Clubs and take on other roles in school.

Full training will be given

To Start 3rd January 2024

HOURS 3.30pm – 5.30pm – Three to five days/ week

Pay: £12 per hour, Holiday Pay & Free Club for own children.

If you are interested please get in touch with Headteacher – Emma Pomfret for an informal discussion. Applications close on Wednesday 13th December 2023 at 12 noon.

Contact Telephone – 015396 24268 / head@orton.cumbria.sch.uk

Orton CE School is a
happy place to learn, grow and thrive.

🎄 **CHRISTMAS** 🎄
🎄 **BINGO** 🎄

ORTON MARKET HALL

FRIDAY 8th DECEMBER

ALL WELCOME
7-30pm

TEA AND COFFEE
RAFFLE

MONEY RAISED TO
ORTON MARKET HALL
AND
AIR AMBULANCE

Forthcoming Dates
12th JANUARY
9th FEBRUARY
8th MARCH



Harry Venning

– the Art of the Cartoonist

Members of Appleby Arts Society arrived at the Market Hall ready to be entertained and amused, and they were not disappointed! Our speaker was Harry Venning, who has been making people laugh for years, for example on Radio 4 with his popular 'Clare in the Community' and many publications including 25 years of cartoons for the Guardian newspaper. Harry started his working life as an actor, but found his cartoons were more productive. He was invited to produce some strip cartoons for free newspapers in Wales, only to arrive there and find they wanted 208 cartoons in 2 weeks!

It was for 'The Stage', the actors' newspaper, that Harry introduced Hamlet the Pig. Hamlet cropped up many times throughout the morning, to laughter from the appreciative audience who were invited to add their own ripostes to the many situations in which Hamlet found himself.

Is Mona Lisa famous for her enigmatic smile, because Leonardo da Vinci didn't have time to give her eyebrows? Harry then gave her several different sets of eyebrows, illustrating how quickly the famous face can be made to show

moods from happy through to very annoyed. He then went to the paper easel and illustrated a series of cartoon devices that are used as visual shorthand – hites, zites, grawlixes, plewds, quimps and of course those speed lines which so easily make cartoon characters appear to whiz by!

The word 'cartoon' comes from the Italian 'cartone' meaning a sketch on thick card, and came from the cartoons in the National Gallery. Hogarth's satirical work led eventually to the modern comic book and the political cartoon and Gillray was one of the first professional artists to use caricature portraits in his work.

There's nothing like a good laugh to cheer you up on a cold wet morning, and Arts Society members left the hall feeling grateful to Harry for lightening their day. taswestmorland.org.uk

CHRISTIAN AID

Emergency Appeal for Gaza

As the Christian Aid Reps for our three parishes, we arranged a collection at the November Coffee Morning in Orton Church & at the Sunday morning service. As a result, £150 will be going to Christian Aid.

Whatever the rights and wrongs of the conflict between Israel and Hamas, it is the many innocent people in Gaza who are being inflicted with an *unbelievable level of suffering*. Can we stand back & do nothing?

We ask everyone to consider if they might help in some small way by donating to [CHRISTIAN AID](#) or another CHARITY if you wish. Perhaps the [DEC \(Disasters Emergency Committee\)](#), which is various Charities working together or perhaps [Médecins sans Frontières / Doctors without borders](#).

Please HELP if you can, if you wish to donate, we suggest that in this age of technology, the easiest way is to go online & donate that way. It really is not too difficult.

If you are not on the internet, perhaps a friend might help you or please contact Olive & Chris Bland on 24258.

If you're reading this online, you can click the links above to visit the relevant web pages for information and donation.

If you're reading this on paper, you can search for the same terms on your phone / tablet / computer and find them — or call Chris or Olive as suggested!

TEBAY PARISH COUNCIL

At recent meetings of Tebay Parish Council the following issues were discussed:

1. Art Work on the Roundabout

Planning permission has been granted for the sculpture of a railway bank engine to be installed on the roundabout and the local highways authority has approved the scheme. However, it transpires that the roundabout is owned by National Highways and is part of the motorway, so their approval of the project is also required.

2. Fencing

A grant has been received to cover the cost of replacing the fencing around the Mount Pleasant play area.

3. Winter "Warm Spot"

It was agreed to make a donation towards the cost of running the winter "Warm Spot" at the Methodist Hall. This has proved to be a popular and important initiative.

4. Grass Cutting and Strimming

The contract for cutting the grass on the verges/ recreation ground/roundabout was reviewed and certain areas were to be designated "No Mow May" areas to preserve wildlife during the month of May.

5. Budget

Likely expenditure for the year 2024/5 was reviewed and there would be a small increase in the amount of finance requested from the Westmorland and Furness authority to cover the increased cost of insurance, grass cutting and upkeep of the play areas, defibrillators and footway lights. The drainage of the recreation ground would be a major project for the coming year.



Over 60's Christmas Dinner

Tebay Sports & Social Club
Saturday 9th December, 1pm
with Music and Carols

Please give names to Judith Gilpin
on 24419 or 07967 131020
by 24th November



Read more about Growing Well's free effective support for mental health at Tebay Services on page 20

THE HUB



Tebay Community Library & Drop In in the Hub
St. James' Church,
Tebay

Every Monday morning
10.30am - 12.30pm

* Refreshments * Books to borrow and buy
All ages welcome



Read more about Hamlet and Harry on the previous page (Appleby Arts Society report)

Do YOU have any spare time on Tuesday afternoons?

Come and join us at
TEBAY METHODIST SCHOOL ROOM
from 1.30pm — 3.30pm,
for games & crafts,
a cup of tea & a natter.

You will be very welcome!



WHAT'S ON?

December

Saturday 2nd - Lunsdale Christmas Party (all welcome)

Saturday 9th - Over 60's Christmas dinner

Sunday 17th - Kids Christmas Party with Santa

Weds 20th - Christmas Darts Competition

Thursday 21st - Book Club Christmas Party

Christmas Eve - Christmas Carols

Thursday 28th - Christmas Domino's

NYE - Family Night with LIVE music from Graham Potter

NYD - celebrate the New Year with LIVE music from Kev Kendal

PLUS live sport including Premiership & EFL Football, Rugby and more....

Opening hours:
Weds, Thurs, Fri 7pm to close
Saturday 4pm to close
Sunday 3pm to close

**Big Screen TV * Sky Sports
BT Sports * Pool table
Snooker table * Darts boards
Function room & kitchen for hire
(free to hire for members)
Prize Bingo & Cash Bingo
on alternating Sundays
Free WiFi**



New Years Eve

No Babysitter? No Taxi? No Problem!

Join us at Tebay Club to see off 2023

**LIVE MUSIC from Graham Potter,
Games, Bacon Butties and more!**

The big room will open at 7pm

Free entry for all

Bring your own board games,
children must be accompanied by an
adult and remain in the big room



Tebay Community Meal

Meal at 12.30pm, stay until 4pm

Sunday 3rd December

We meet every month during the winter to share a meal and a chance to chat, play games, drink tea, do jigsaw puzzles, etc. etc.

Do come and join us — the meal is free, supported by local organisations and individual donations. All welcome!



The amazing Kev Kendal will be joining us to say **HELLO 2024** from 5-7 on New Years Day.

Join us at Tebay Club for a relaxing vibe to see off your hangover and get rid of the January Blues before they even start!



GOODBYE 2023
HELLO 2024

Grandparents visit Class 1

On Friday 20th October, Class 1 children invited their grandparents into school to enjoy some time with their grandchild in the classroom. They took part in an activity making bird feeders before enjoying a cup of tea and a cupcake and biscuit made by the children.



Friends of Tebay School – Big Raffle

What an amazing response and involvement from all our amazing students, friends, family and community!

Our BIG RAFFLE as well as the £250 raised by La Lune Tattoo Raffle has raised a WHOPPING £1,940! This incredible amount could not have been raised without the amazing donations from the businesses involved. A special thanks to :

A W Jenkinson
 English Lakes Ice Cream
 G & S Holding
 West View Photography
 South Lakes Zoo
 Lyon's
 Joe Clark
 Hair by Becky Morland
 Hair Bazaar
 Westmorland Services
 WPS
 Castle Green Hotel
 Lakes Motor Museum

Well done to all the winners including the students who took part in the incentive to sell the most tickets. The highest amount sold by a student was 38 tickets ; Well Done Jaxon, we hope you enjoy your sweets and chocolate hamper!

The money will be used to enhance the outdoor provision.

Action Ants

The children enjoy sessions with Lee from 'Action Ants' every Monday morning.

Action-Ants is professional children's multi-sports coaching organisation They pride themselves on introducing children to a variety of exciting alternative activities from a very young age. The focus of each session is primarily on having fun whilst playing sport or learning essential first aid skills, but it also incorporates physical education with numeracy and literacy skills, which can be

directly linked to the National Curriculum objectives and the Early Years Foundation Stage framework (EYFS) through participation in games.



Every Action-Ants session aims to:

- Promote having fun through physical play.
- Provide praise and encouragement.
- Support your child's individual physical, cognitive, linguistic, social and emotional development.
- Create a positive environment that will encourage your child to develop their sports skills and fitness through fun activities and games.
- Support every child's individual learning through planned and child led activities that are challenging but achievable.
- Provide clear instructions
- Allow adequate time for your child to learn and practice skills to ensure your child has these skills for life.

December dates for diaries

Tuesday 5th December – Whole school (including Nursery) to Lancaster Grand Theatre to see the pantomime 'Jack in the Beanstalk'. Thanks to FOTS for paying for the transport.

Tuesday 12th December – Carol singing at Westmorland Services.

Wednesday 13th December – Whole school Christmas dinner and Christmas jumper day.

Thursday 14th December – Carol service at St James Church, Tebay.

Tuesday 19th December – Christmas party day with a visit from Santa.

The staff and children at Tebay Primary School would like to wish you all a very Merry Christmas and a Happy New Year. *Thank you to everyone who has supported the school in any way.*

Spaces available — do get in touch!

Visit — by arrangement with the school

Online: www.tebay.cumbria.sch.uk

On FB: [facebook.com/TebayPrimarySchool](https://www.facebook.com/TebayPrimarySchool)

On Twitter: [@TebaySchool](https://twitter.com/TebaySchool)

Tracy Morland — School Administrator

admin@tebay.cumbria.sch.uk

Tebay Primary School Tel: 015396 24239



Growing Well stories

Growing Well is a mental health charity that supports recovery through growing and gardening activity. We are located in a new kitchen garden at Tebay Services Northbound. Here are a couple of stories of the impact that this work is having.

Growing Well Volunteer Howard Bell, from Brough, was one of the first Volunteers to seek support from Growing Well at Tebay Services since it opened in January 2023. He told his story to ITV Border reporter Kate Walby during Mental Health Awareness Week in May 2023



"In a former life I was a zoologist and scientist and like many other people here I have suffered from mental health issues, and I've gone through the usual trajectory of going through the GP, and getting lots of little pills that really didn't do a lot for me, so I came here to do something practical and worthwhile and fulfilling."

"Coming here has made quite a lot of difference. Those other things that I've talked about don't change anything structurally, whether it's talking or taking a little pill, it messes with your brain chemistry but it doesn't change your life, your life's still there."



"At Growing Well it's giving you something with purpose, something to do. It's a very, very pleasant and refreshing alternative approach to mental health because Growing Well is and will in the future save lives."

Growing Well Volunteer Sharon Rodhouse, from Clifton, near Penrith, was another of the first Volunteers to seek support from Growing Well at Tebay:

"My husband Mark died by suicide last year and it shattered my world. I used to start to just find things that would help me through a really dark period, and

this just happened to be coming up at the time and I thought, well give it ago.

The pain of losing Mark was so jagged and incomprehensible. It's all day by day but I still wake every morning and think – I have to get through another day, and how am I going to do that? And knowing that Growing Well is here for me once a week is really helpful. The people are so lovely, they are so supportive and it feels like such safe, supportive environment for that reason.

I get a huge amount from coming here. If I'm having a difficult day, being around the people, and the structure of the day is just super-helpful, I always feel better at the end of the day when I go home."

Support Volunteers

Perhaps you're an avid gardener with skills you'd like to share? Or just love being outdoors and want to do something really worthwhile? You will work alongside our staff and support our beneficiaries to engage in horticultural activities. Get in touch by phone 07512 316564 or email refer.tebay@growingwell.co.uk if you would like to get involved.

Christmas Concert

Tebay Community Choir
Melody Makers & Tebay Kids' Choir
Monday 11th December, 7.30 pm
St James' Church, Tebay
Bar and festive refreshments
in Tebay Social Club afterwards.
Come along and get into the festive spirit!

Christmas Darts

Join us on Wednesday 20th December
for our Christmas Darts Competition
7pm onwards, prizes to be won!

Christmas Dominos

Thursday 28th December sees our
Christmas Dominos Competition
7pm onwards, prizes to be won!



Did you know? 

Tebay Primary School offers...

- Flexible nursery provision from 3 years of age for the full 30 hours.
- Nursery provision from 9.00 until 3.30 Monday-Friday.
- Breakfast club from 8.00am.
- After School Club until 5.00pm.
- Small class sizes, all needs are catered for.
- Outstanding outdoor provision.
- Fresh school meals cooked on site.
- Support from Cumbria Education Trust.
- Excellent links with various secondary schools.
- Excellent support for SEND pupils.
- A tailored curriculum enhanced by trips, residential and experiences.

Discover a flourishing environment in the heart of our community.
A small school full of BIG opportunities.

We would be happy to show you around and discuss your child's individual needs

For more details or to arrange a visit contact Tracy Morland on **015396 24239** or email admin@tebay.cumbria.sch.uk

 Website: www.tebay.cumbria.sch.uk
Facebook: www.facebook.com/TebayPrimarySchool

CHURCHES together IN Tebay

Christmas Cream Teas

Tebay Methodist Church


Saturday 2nd December
3pm-4.30pm



Music by Kirkby Stephen
Silver Band

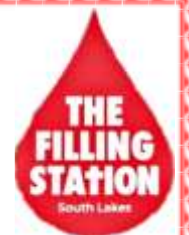


Services in our Anglican Churches


<p>Sunday 3 December <i>Advent 1</i> <i>Purple</i></p> <p style="text-align: right;"><i>Welcomer:</i></p> <p>Isaiah 64.1-9 1 Corinthians 1.3-9 Mark 13.24-37</p> <p style="text-align: right;"><i>Prayers:</i></p>	<p>Orton, 10.30am</p> <p><i>Chris Jenkin</i></p> <p>Mary Jenkin Keith Capp Mary Jenkin Elizabeth Crossley</p>	<p>Tebay, 10.30am</p> <p>Songs of Praise at the Methodist church</p>	<p>Ravenstonedale, 10.00am</p> <p>All Age Worship <i>Team</i></p> <p>Jacky Ousby Michael Metcalfe-Gibson</p>	
<p>Sunday 10 December <i>Advent 2</i> <i>Purple</i></p> <p style="text-align: right;"><i>Welcomer:</i></p> <p>Isaiah 40.1-11 2 Peter 3.8-15a Mark 1.1-8</p> <p style="text-align: right;"><i>Prayers:</i></p>	<p>Orton, 8.30am</p> <p>Holy Communion <i>Brendan Giblin</i></p> <p>John Dunning</p>	<p>Tebay, 4.00pm</p> <p>Christingle Service <i>Pam Lawson</i></p>	<p>Ravenstonedale, 10.00am</p> <p>Holy Communion <i>Chris Jenkin</i></p> <p>Diana Fothergill Richard Best</p>	
<p>Friday 15 December</p>	<p>Orton, 6.30pm Christingle Service</p>			
<p>Sunday 17 December <i>Advent 3</i> <i>Purple</i></p> <p style="text-align: right;"><i>Welcomer:</i></p> <p>Isaiah 61.1-4,8-11 1 Thessalonians 5.16-24 John 1.6-8,19-28</p> <p style="text-align: right;"><i>Prayers:</i></p>	<p>Orton, 6.30pm</p> <p>Carol Service <i>Brendan Giblin</i></p>	<p>Tebay, 10.30am</p> <p>Service of the Word <i>Team</i></p>	<p>Ravenstonedale, 10.00am</p> <p>Service of the Word <i>Carole Marsden</i></p> <p>David Morris Hilary Law</p>	
<p>Wednesday 20 Dec.</p>	<p>Ravenstonedale, 7.00pm Christingle Service</p>			
<p>Sunday 24 December <i>Christmas Eve</i> <i>Purple</i></p> <p style="text-align: right;"><i>Welcomer:</i></p> <p>Isaiah 52.7-10 Hebrews 1.1-4 John 1.1-14</p> <p style="text-align: right;"><i>Prayers:</i></p>	<p>Orton, 10.30am</p> <p>Holy Communion <i>Chris Jenkin</i></p> <p>Keith and Janet Capp Mary Jenkin Andy Glanville Margaret Longworth</p>	<p>Tebay, 10.30am</p> <p>Carol Service at the Methodist church</p>	<p>Ravenstonedale, 11.30pm</p> <p>Holy Communion <i>Brendan Giblin</i></p> <p>Martin Lovell Sarah Lovell</p>	
<p>Monday 25 December <i>Christmas Day</i></p>	<p>Orton, 10.30am</p> <p>Holy Communion, CJ</p>	<p>Tebay, 10.30am</p> <p>at the Methodist church</p>		
<p>Sunday 31 December <i>Christmas 1</i> <i>White</i></p> <p>Isaiah 61.10 - 62.3 Galatians 4.4-7 Luke 2.15-21</p>	<p style="text-align: center;">United Service at Kirkby Stephen, 10.30am</p> <p style="text-align: center;">Holy Communion <i>Brendan Giblin</i></p> <p style="text-align: center;">Zoom meeting number: 894 1727 3600</p>			

The Filling Station

*For high quality speakers, sung worship,
prayer ministry,
and personal testimonies.
We meet on 2nd Thursday
of the month.*



Doors open at 7pm for refreshments and chat and our sung worship will begin at 7.30pm.
We are looking forward to our next Filling Station gathering, on
at the Appleby Hub, Chapel Street, Appleby-in-Westmorland
Looking forward to worshipping, praying and sharing with you www.thefillingstation.org.uk

<p>Sunday 7 January <i>Ephiphany 1</i> <i>Gold or White</i></p> <p>Genesis 1.1-5 Acts 19.1-7 Mark 1.4-11</p> <p>Welcomer: Mary Jenkin</p> <p>Prayers: Elizabeth Crossley</p>	<p>Orton, 10.30am Holy Communion <i>Chris Jenkin</i></p> <p>Margaret Longworth Keith Capp</p> <p>Prayers: Elizabeth Crossley</p>	<p>Tebay, 10.30am Holy Communion at the Methodist church</p>	<p>Ravenstonedale, 10.00am All Age Worship <i>Team</i></p> <p>Richard Best Diana Fothergill</p>
<p>Sunday 14 January <i>Ephiphany 2</i> <i>White</i></p> <p>1 Samuel 3.1-10,[11-20] Revelation 5.1-10 John 1.43-51</p> <p>Welcomer:</p> <p>Prayers:</p>	<p>Orton, 8.30am Holy Communion <i>Brendan Giblin</i></p> <p>Martin Lawson</p>	<p>Tebay, 10.30am Service of the Word <i>Rosemary Campbell</i></p>	<p>Ravenstonedale, 10.00am Holy Communion <i>Carole Marsden</i></p> <p>Sarah Lovell Caroline Morris</p>
<p>Sunday 21 January <i>Ephiphany 3</i> <i>White</i></p> <p>Genesis 14.17-20 Revelation 19.6-10 John 2.1-11</p> <p>Welcomer: Janet Capp</p> <p>Prayers: Margaret Longworth</p>	<p>Orton, 10.30am Service of the Word <i>Keith Capp</i></p> <p>Andy Glanville Elizabeth Crossley</p> <p>Prayers: Margaret Longworth</p>	<p>Tebay, 10.30am Songs of Praise at the Methodist church</p>	<p>Ravenstonedale, 2.00pm Songs of Praise at the Methodist church</p>
<p>Sunday 28 January <i>Ephiphany 4</i> <i>White</i></p> <p>Deuteronomy 18.15-20 Revelation 12.1-5a Mark 1.21-28</p> <p>Welcomer:</p> <p>Prayers:</p>	<p>United Service at Ravenstonedale, 10.30am Holy Communion <i>Brendan Giblin</i></p> <p>Zoom meeting number: 894 1727 3600</p> <p>Hilary Law Martin Windle</p> 		

Shap Courthouse events in December:

Sat 2nd December Winter Coffee Morning, Shap Bowling Club, The Bower
Sat 10th December St Michael's Christmas Coffee Morning at the Memorial Hall
Fri 15th December, Music at The Old Courthouse, Jilly Jarman, Kenneth Wilson

Sat 17th December Shap Farmers' and Makers' Market, Appleby Town Band

Tue 19th December Village Carol Service, 7pm in the Memorial Hall

Thu 21st December, Carols at the Kings Arms, 7pm

24th December Crib Service at St Michael's, 5.30pm

Baptisms, Weddings and Funerals

If you want to make enquiries about a baptism at any of the Anglican churches, please contact your local Church.

If you would like to ask about a wedding or funeral, please in the first instance contact the Mission Community Administrator:

Joyce Keetley
on 07741 327318 or

applebymc@carlisle-diocese.org.uk.

For any Methodist church requirements for membership, marriage, funerals, etc. please make contact in the first instance with Rev Stephen Radford:

stephen.radford@methodist.org.uk

An Arab Shepherd is Searching for His Goat on Mount Zion

An Arab shepherd is searching for his goat on Mount Zion
And on the opposite hill I am searching for my little boy.
An Arab shepherd and a Jewish father
Both in their temporary failure.
Our two voices met above
The Sultan's Pool in the valley between us.
Neither of us wants the boy or the goat
To get caught in the wheels
Of the "Had Gadya" machine.

Afterward we found them among the bushes,
And our voices came back inside us
Laughing and crying.

Searching for a goat or for a child has always been
The beginning of a new religion in these mountains.

Yehuda Amichai, translated by Chana Bloch and Stephen Mitchell,
from *The Selected Poetry of Yehuda Amichai*

Vineliflife Cumbria Fellowship:
Every Sunday in Orton Market Hall, 10.30 a.m.

Services in our Methodist Churches

	2023/ 2024	3 rd December	10 th December	17 th December	24 th December	31 st December	7 th January	14 th January	21 st January	28 th January
		1 st Sunday in Advent	2 nd Sunday in Advent	3 rd Sunday in Advent	4 th Sunday in Advent		Covenant Sunday			
*Tebay M P 1-1300 M H B	10.30	H Radford OA US	J Worsfold	A Burton	Carol Service OA	SS at R'dale	S Radford Cov US OA	D Askew	T Taylor	LA
	6.30							Cnxn Svce at Warcop		Worship & Word at Orton
Shap (Class of Tebay)	10.30	T Longworth				SS at R'dale	A Dunstan	6.30 Cnxn Svce at Warcop		6.30 Worship & Word at Orton
Orton M P Complete M H B PB EW	10.30	H Hutchinson	LA	T Taylor	S Radford Family Carols	SS at R'dale	J Betts Cov	J & L Riley	S Harrison OA	W Ousby
	6.30			US at PC Candlelight Service	Village Carol Singing			Cnxn Svce at Warcop		Worship & Word P Dunstan
#Newbiggin on Lune M P 1-1250 + More on screen M H B	10.30	R McGregor	M France OA	Candlelight Service OA	W Ousby	SS at R'dale	TP OA	TP OA	S Radford Cov	TP OA
	6.30							Cnxn Svce at Warcop		Worship & Word at Orton
*Ravenstonedale M P 1-1144 M H B H & P	2.00	10.00 US at PC	S Radford HC	Carol Service OA	10.30 To N on L	10.30 A Sterling SS	S Radford Cov	H Radford	S Radford US	LA
	6.30							Cnxn Svce at Warcop		Worship & Word at Orton



Church Contacts

Anglican Church

Vicar Brendan Giblin
017683 39168 — 07477 049576
revbgiblin@gmail.com

Curate Charles Cowling

Mission Community Administrator
Joyce Keetley 07741 327318
applebymc@carlisle-diocese.org.uk

Retired clergy
Sandra Ward 24213
(Penrith & Keswick Hospital
Chaplain)

Christopher Jenkin 24410

Orton with Tebay

Churchwardens
Linda Garrick 24262

Martin Lawson 26028

PCC Secretary
Susan Thorpe 24166
s.thorpe669@btinternet.com

Treasurer
Bill Lawler 24465

Local lay minister
Rosemary Campbell 24837

Ravenstonedale with
Newbiggin-on-Lune

Churchwardens
Ann Brownrigg 23594
Martin Windle 07899 907958
Tim Parkinson 23353

Secretary
Suesi Windle
suesi.windle@googlemail.com

Treasurer
Tim Parkinson 23353

Methodist Church

Minister Revd Stephen Radford,
017683 71202
stephen.radford@methodist.org.uk

Administrator Avril Swinbank
ksatcircuit@gmail.com

Roman Catholic Church
Fr John Winstanley
Church of Our Lady of Appleby
01768 862273

New Beginnings Church
Pastors: Barry & Karen
Hawthorne
07437 468896

Hope you enjoy this page— let us know if you have any ideas of what else you would like to see here.



Advent

Read these verses from the Bible:

Matthew 24.36-44 Jesus talks about his future coming, encouraging his disciples to be alert and prepared for his return. You can find an online Bible here: <https://www.biblegateway.com/> We suggest you choose the Message translation.



How will you be ready for Jesus this Christmas?



Follow this pattern sequence to show how we can prepare for Advent.



How do you get ready for something exciting? Do you set an alarm, mark it on a calendar, plan what you will wear or pack a bag? Draw how you like to prepare in the advent door.



Upper Eden Medical Practice

Appointments:

We are continuing to operate an initial telephone triage system. If it is urgent for the day please contact the Surgery at 8:30am to arrange a telephone triage call. If a face to face appointment is necessary the Doctor will book you an appropriate appointment.

Routine appointments can be arranged via the e-consult link below, and on our website:

<https://florey accurx.com/p/A82013>

Dispensary:

Medication can be collected from Kirkby Stephen surgery from 9am to 6pm Monday to Friday and from our Tebay Surgery from 9am to 12:30 on Tuesdays and 3pm to 6pm on Thursdays.

Please allow 3 working days for your prescription to be ready.

Protected Learning time surgery closures:

The surgery will be closed from 1pm on:

- Thursday 12th October 2023
- Wednesday 15th November 2023

Flu Vaccinations

Appointments are now available please contact the Surgery to arrange an appointment.

Change of personal details:

Please can you inform the practice if your address, telephone or mobile number has change.

Samples

Please note that samples can be dropped at the Surgery Monday to Friday – but on Fridays they must arrive before 10.30am.

Please ensure they are clearly labelled with name, DOB and time sample was taken.

Covid Spring boosters:

Eligible patients: Adults aged 75 years and over • residents in a care home for older adults • individuals aged 5 years and over who are immunosuppressed. We are putting plans in place to vaccinate our care home and eligible housebound patients. All other eligible patients should book via a local vaccination centre.

Shingles:

You are eligible for the shingles vaccine if you are aged 70 to 79.

<https://www.upperedenmedicalpractice.co.uk/News/a778c2d8-e6e9-49a0-a0cf-ba9191fb690b>

☎: 017683 74015

Orton Surgery and Shap Medical Practice

Appointment System

Since June 2023, the Doctors at the Surgery have returned to a pre-COVID appointment system. Now, patients can pre-book appointments up to two weeks in advance and there will be no more telephone triages. These appointments will be available for both face to face and telephone consultations. Our friendly Receptionists will assist you in determining the most suitable appointment for your medical concern.

For medical issues that require immediate attention, we offer same-day appointments. If you genuinely need one of these appointments, please call us early in the day.

Dispensary

During the Christmas period, please allow 5 working days after submitting your prescription for dispensing. Due to the increased demand during this busy time, we won't be able to provide two months' worth of prescription as we have done previously.

Starting in January, you can collect your medication from the Shap Dispensary 4 working days after submitting your prescription. We'll send you a text message to confirm when your medication is ready for pickup.

Please note new Dispensary hours from Monday 4th December:

Monday, Wednesday, and Friday:
9:00 am – 1:00 pm, 3:00 pm – 6:00 pm

Tuesday and Thursday: 9:00 am – 1:00 pm

Orton Surgery

Medication is available for collection every Tuesday between 10am and 11am. Please note there will be no collection on Tuesday 26th December due to the Christmas Bank Holidays.

Protected Learning Dates

Shap Surgery and Dispensary will be closed for training from 1pm on the following dates:

Thursday 22nd February 2024

Thursday 14th March 2024

Staff Changes

We would like to inform you that Dr Allister Woodstrover will be leaving his role as a GP Partner in January. After dedicating 11 years to our Practice and providing exceptional care to our patients, we want to extend our heartfelt gratitude to him. We wish him all the best in his new role at CHO.C.

From everyone at the Surgery, we send our best wishes to all our patients, visitors, and the local community. May your Christmas be filled with joy, and may the New Year bring happiness and good health to all.



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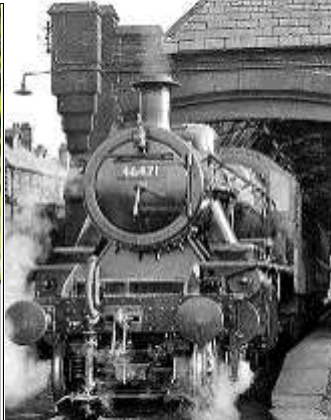
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Kirkby Stephen West Station	10.55	15.53
Ravenstonedale School	11.00	15.45 Garshill
Newbiggin on Lune village hall	11.05	15.40 in A685
Mount Pleasant bus stop, Tebay	11.18	15.29
Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
Stricklandgate	11.51	
Blackhall Road	11.55	14.55
Morrisons layover 1.30 hours depart	13.15	
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WEDNESDAY ROUTE 572:

Kirkby Stephen to Barnard Castle

	OUTWARD	RETURN
Bus Depot	10.00	15.50
Ravenstonedale School	10.10	15.40
Kirkby Stephen Station	10.20	15.30
Kirkby Stephen Square	10.30	15.20
Brough Clock	10.40	15.05
Barnard Castle	11.20	14.30

THURSDAY ROUTE 570: Shap to Kendal

	OUTWARD	RETURN
Ravenstonedale School	10.30	16.10
Shap	10.55	15.50
Orton	11.10	15.35
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Barnaby Rudge bus stop, Tebay	11.20	15.27
Kendal Morrisons bus stop	11.45	15.00
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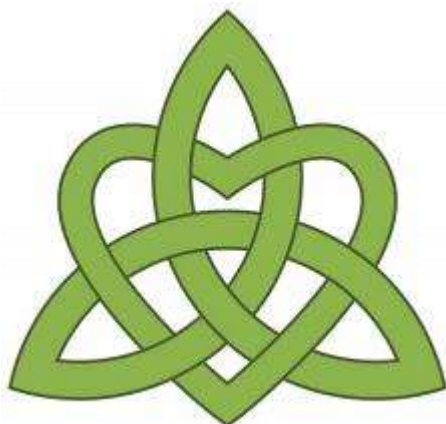
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Tebay Primary School:

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† Northern Inter-Schools Christian Union (NISCU):

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† Tebay Youth Club

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Local community websites:

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Orton Parish Council: <https://ortonpc-eden.org.uk>

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Ravenstonedale village website: <https://www.ravenstonedale.org>

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Local church websites:

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Sat. 9th Dec.
 **ORTON FARMERS' MARKET,**
Coffee Morning & Carols in church with Christmas Tree Festival 

Sun. 10th Dec.
CHRISTINGLE SERVICE
St. James' Tebay
 4.00 p.m.



Thurs. 14th Dec.
GOLDEN OLDIES PARTY  2.00 pm
St. Oswald's, R'dale

Fri. 15th Dec.
CHRISTINGLE SERVICE
All Saints' Orton
 6.30 p.m.



Sunday 17th Dec.
UNITED CAROL SERVICE
Ravenstonedale Methodist Church
 (For Sightsavers) 2.0 p.m.




Sunday 17th Dec.
CAROLS BY CANDLELIGHT
 with choir (and mulled wine and mince pies) 
All Saints, Orton 6.30 p.m.




Sun. 17th Dec.
CANDLELIGHT SERVICE 6.30 p.m.
Newbiggin Methodist Church




Mon. 18th Dec.
CAROLS IN THE PUB 8.00 pm
The Black Swan, Ravenstonedale





Wed. 20th Dec.
CAROLS BY CANDLELIGHT
St. Oswald's, R'dale
 7.00 p.m.




Christmas Eve FAMILY CAROLS
Orton Methodist Church 10.30am

Christmas Eve COMMUNITY CAROLS
Ravenstonedale Community Centre
 with seasonal refreshments. Suitable for families! 4-5 p.m.

Christmas Eve MIDNIGHT COMMUNION
St. Oswald's, R'dale
 11.30 p.m.



Christmas Day FAMILY COMMUNION
All Saints, Orton
 10.30 a.m.



CHRISTMAS DAY JOINT CELEBRATION
Tebay Methodist Church
 10.30 a.m.